## What is fentanyl?

- Fentanyl is a powerful opioid 50-100x more potent than morphine and heroin
- Strength is inconsistent
- Often present in or accidentally sold as other drugs (opioids, benzodiazepine pills, cocaine, crack cocaine)
- Cannot be detected by sight, taste, smell, or touch



## Harm reduction strategies

## Consume safely

- Avoid sharing equipment
- Crush powder as fine as possible
- Test shots
- Have naloxone (Narcan) with you
- Use with a buddy \& stagger use

Know the signs of opioid overdose

- Fentanyl overdose happens FAST
- Breathing slows or even stops
- Unresponsive
- Cold or clammy skin
- Dizziness
- Blue lips or nails
- Extremely small pupils


## San Francisco Department of

 Public Health
## Contact us at


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## A User Guide

## San Francisco Department of Public Health

## FENTANYL

4
FYL

## NO FENTANYL



## What are fentanyl test strips?

- Detects if fentanyl or drugs similar to fentanyl are present or not
- 1 line indicates positive (contains fentanyl), 2 lines indicates negative


## False <br> Positives

## Positive test strip results if drug is not diluted properly

Add more water to samples if any concern for these substances:

1. Methamphetamine
2. MDMA
3. Diphenhydramine (Benadryl)

## User Guide

## Step 1

Place 5 mg of drug in a dry, clean container such as a plastic bottle cap. Cooker or baggie with left over drug residue can also be used as container.

## Step 2

Add 5 mL ( $\sim 1$ teaspoon/1 plastic bottle cap) sterile water \& stir For meth and MDMA: add 5 mg drug to $1 / 2$ cup water


## Step 3

Open test strip and hold by blue end

## Step 4

Dip white end into liquid, hold until liquid runs up white part of strip ( $\sim 15$ seconds)


5 mg is just enough to cover $1 / 2$ of Lincoln's hair or a matchstick head!


Make sure powder is fine- can also use powder residue

## Step 5

Place strip on clean, non-absorbent surface, like a dried sink countertop (NOT a paper towel since it can absorb the liquid and invalidate the test) and wait 5 minutes

## Step 6

Read strip:
Positive (Fentanyl PRESENT)


Negative (Fentanyl ABSENT)

