

SAN FRANCISCO MENTAL HEALTH PLAN FORMULARY

Dec-11

CBHS	Medi-Cal	Antidepressants	Common Daily Dosage Range	Commonly Available Strengths	Common Daily Dose	*Max Daily Dosage	Dosage Form	COMMENT
F	F	amitriptyline	100-250	10, 25, 50, 75, 100, 150	100	250	TAB	
F	F	bupropion	200-300	75, 100	300	450	TAB	bid-tid
F	F	bupropion SR	150-300	100, 150, 200	300	400	TAB	bid
F	F	bupropion XL	150-300	150, 300	300	450	TAB	once daily
F	NF	citalopram	20-60	10, 20, 40	20	40	TAB	
F	F	clomipramine	50-200	25, 50, 75	100	250	TAB	
F	F	desipramine	100-200	10, 25, 50, 75, 100, 150	100	250	TAB	
F	F	doxepin	75-150	10, 25, 50, 75, 100, 150	100	300	CAP	
F	F	duloxetine	40-60	20, 30, 60	60	60	CAP	
PAR	F	escitalopram (Lexapro)	10-20	5, 10, 20	20	20	TAB	once daily
F	F	fluoxetine	20-60	10, 20, 40	40	80	CAP	40mg nonformulary (use 2x20mg)
PAR	F	fluvoxamine	100-300	25, 50, 100	200	300	TAB	
F	F	imipramine	50-150	10, 25, 50	100	300	TAB	
F	NF	isocarboxizid (Marplan)	40-60	10	40	60	TAB	2-4x/day
F	F	mirtazapine	15-45	15, 30, 45	30	45	TAB	
NF	F	mirtazapine ODT	15-45	15, 30, 45	30	45	TAB	
F	NF	nefazodone	300-600	50, 100, 150, 200, 250	300	600	TAB	liver failure warning -->LFT monitoring
F	F	nortriptyline	75-150	10, 25, 50, 75	100	300	CAP	
F	F	paroxetine (Paxil)	20-50	10, 20, 30, 40	30	50	TAB	
PAR	F	paroxetine CR (Paxil CR)	25-62.5	12.5, 25, 37.5	37.5	62.5	TAB	
F	NF	phenelzine (Nardil)	45-90	15	60	90	TAB	
F	F	protriptyline (Vivactil)	15-60	5, 10	40	60	TAB	
F	F	sertraline	50-200	25, 50, 100	100	200	TAB	
F	NF	tranlycypromine (Parnate)	30	10	30	60	TAB	
F	F	trazodone	50-100	50, 100, 150, 300	100	400	TAB	
F	F	venlafaxine XR (Effexor XR)	75-225	37.5, 75, 150	150	225	CAP	once daily

CBHS	Medi-Cal	Antipsychotics						
PAR	F	aripiprazole (Abilify)	10-30	2, 5, 10, 15, 20, 30	15	30	TAB	once daily
NF	F	aripiprazole ODT (Abilify)	10-30	10,15	15	30	ODT	once daily
NF	F	asenapine	10-20	5, 10	10	20	TAB	bid
F	F	chlorpromazine	200-800	10, 25, 50, 100, 200	400	2000	TAB	
F	F	clozapine	300-450	12.5, 25, 50, 100, 200	400	900	TAB	12.5, 50, 200mg non formulary
F	F	fluphenazine	1-20	1, 2.5, 5, 10	20	40	TAB	
F	F	fluphenazine decanoate	12.5-50 q3wks	25mg/ml	25 q3wk		INJ	Must order from CBHS Pharmacy Svcs
F	F	haloperidol	1-20	0.5, 1, 2, 5, 10, 20	10	30	TAB	
F	F	haloperidol decanoate	50-300 q4wks	50mg/ml	100 q4wk		INJ	Must order from CBHS Pharmacy Svcs
NF	F	iloperidone (Fanapt)	12-24	1, 2, 4, 6, 8, 10, 12	12	24	TAB	bid
F	F	loxapine	60-100	5, 10, 25, 50	50	250	CAP	
PAR	F	olanzapine (Zyprexa)	5-20	2.5, 5, 7.5, 10, 15,20	15	20	TAB	generic
PAR	F	olanzapine ODT (Zyprexa Zydis)	5-20	5,10,15,20	15	20	TAB	generic
PAR	NF	paliperidone palmitate (Invega Sustenna)	39-234 q4wks	39, 78, 117, 156, 234	117 q4wks		INJ	
F	F	perphenazine	12-24	2, 4, 8, 16	16	64	TAB	
PAR	F	quetiapine (Seroquel)	400-600	25, 50, 100, 200, 300, 400	400	800	TAB	25mg restricted to <18 and >60 yo. 50mg NF
NF	F	quetiapine XR (Seroquel XR)	400-600	50,100, 150, 200, 300, 400	400	800	TAB	
F	F	risperidone	4-6	0.25, 0.5, 1, 2, 3, 4	4	8	TAB	generic
F	NF	risperidone ODT (Risperdal M-Tabs)	4-6	0.5, 1, 2, 3, 4	4	8	ODT	
F	F	thiothixene	15-30	2, 5, 10, 20	20	60	CAP	
F	F	trifluoperazine	15-20	1, 2, 5, 10	15	40	TAB	
F	F	ziprasidone (Geodon)	40-160	20, 40, 60, 80	120	200	CAP	

F = Formulary
 NF = Non-formulary
 PAR = Prior Authorization Required
 RF = Restricted formulary

CBHS Pharmacy Service 415-255-3659
 MedImpact 800-788-2949
 MediCal 800-541-5555

All oral dosage forms (tablet, capsule and liquid) and strengths are covered unless otherwise indicated.
 *Max Daily Dosage and commons daily dosage are provided as an arbitrary reference, each patient must be individually titrated to tolerance and response.

<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/default.asp> Scroll down to "Important Links"

SAN FRANCISCO MENTAL HEALTH PLAN FORMULARY

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CBHS	Medi-Cal	Anxiolytics/Sedatives/Hypnotics	Common Daily Dosage Range	Commonly Available Strengths	Common Daily Dose	*Max Daily Dosage	Dosage Form	COMMENT
PAR	NF	alprazolam	1-4	0.25, 0.5, 1, 2	2	4	TAB	
F	F	bupirone	20-30	5, 10, 15	30	60	TAB	
F	F	chloral hydrate conc.	500-1000	500mg/5ml	500	1000	CONC	
PAR	F	chloral hydrate capsules	500-1000	500	500	1000	CAP	
F	NF	chlordiazepoxide	15-100	5, 10, 25	40	300	CAP	
F	F	clonazepam	1-4	0.5, 1, 2	2	4	TAB	
NF	RF	diazepam	4-40	2, 5, 10	20	60	TAB	
F	F	diphenhydramine	25-100	25, 50	50	400	CAP	
F	RF	flurazepam	15-30	15, 30	15	30	CAP	
F	F	hydroxyzine HCl (Atarax)	25-200	10, 25, 50	100	400	TAB	
F	F	hydroxyzine pamoate (Vistaril)	25-200	25, 50	100	400	CAP	
F	F	lorazepam	2-6	0.5, 1, 2	2	10	TAB	
F	RF	temazepam	15-30	7.5, 15, 22.5, 30	30	30	CAP	7.5mg and 22.5mg non-formulary
F	RF	zaleplon (Sonata)	10-20	5, 10	10	20	CAP	
F	RF	zolpidem (Ambien)	5-10	5, 10	10	10	TAB	
NF	RF	zolpidem CR (Ambien CR)	6.25-12.5	6.25, 12.5	12.5	12.5	TAB	

CBHS	Medi-Cal	Miscellaneous						
F	F	amantadine	100-200	100	200	400	CAP	
F	RF	amphetamine salts (Adderall)	20-40	5, 7.5, 10, 12.5, 15, 20, 30	30	40	TAB	
F	RF	amphetamine salts (Adderall XR)	20-40	5, 10, 15, 20, 25, 30	30	40	CAP	
F	F	atenolol	50-100	25, 50, 100	50	100	TAB	
F	F	benztropine	0.5-6	0.5, 1, 2	2	6	TAB	
F	F	bethanechol	50-100	5, 10, 25, 50	75	400	TAB	
PAR	NF	buprenorphine	16-20	2, 8	16	32	TAB	Call OBIC 552-6242
PAR	NF	buprenorphine/naloxone	16-20	2/0.5, 8/2	16	32	TAB	Call OBIC 552-6242
F	F	carbamazepine	400-1200	100, 200	800	1200	TAB	
F	F	clonidine	0.2-0.6	0.1, 0.2, 0.3	0.4	2.4	TAB	
F	F	clonidine patch	0.1-0.3	0.1, 0.2, 0.3	0.2	0.6	PATCH	applied once every 7 days
F	NF	cyclopropridine	4-20	4	4	32	TAB	
F	RF	dextroamphetamine IR	5-40	5, 10	20	40	TAB	
F	NF	dextroamphetamine SR	5-40	5, 10, 15	15	40	CAP	
F	F	disulfiram	125-500	250, 500	250	500	TAB	
F	F	divalproex	500-1500	125, 250, 500	1000	60mg/kg/d	TAB	
F	F	divalproex ext release (Depakote ER)	500-1500	250, 500	1000	60mg/kg/d	TAB	80% as bioavailable as divalproex immediate release
F	F	divalproex sprinkles (Depakote Sprinkles)	500-1500	125	1000	60mg/kg/d	CAP	sprinkle on food; swallow, do not chew
F	NF	docusate sodium	100-500	100, 250	200	500	CAP	
F	F	folic acid	0.4-1	0.4, 0.8, 1	1		TAB	
F	F	lamotrigine	100-200	25, 100, 150, 200	200		TAB	
F	F	levothyroxine (T4, Synthroid)	0.025-0.2	multiple doses	0.125	0.3	TAB	AD augmentation & Tx SE/hypothyroid;
F	NF	liothyronine (T3, Cytomel)	0.025-0.075	0.005, 0.025, 0.05	0.025	0.1	TAB	AD augmentation & Tx SE/hypothyroid;
F	F	lithium carbonate	900-1200	150, 300, 600	900		CAP	
F	NF	lithium carbonate SR (Eskalith-CR)	900-1350	450	900		TAB	
F	F	lithium carbonate ER (Lithobid)	900-1200	300	900		TAB	
F	RF	methylphenidate IR	10-60	5, 10, 20	20	60	TAB	
F	RF	methylphenidate ER (Concerta)	18-54	18, 27, 36, 54	36	72	TAB	
F	NF	methylphenidate SR (Ritalin SR)	10-60	20	20	60	TAB	
F	NF	multivitamin					TAB	
F	NF	naltrexone	50	50	50	50	TAB	
PAR	F	nicotine transdermal patch		7, 14, 21	14mg/24hrs		PATCH	for use with behavioral modification
PAR	NF	nicotine gum		2, 4	12 pieces		GUM	for use with behavioral modification
NF	F	oxcarbazepine	1200-2400	150, 300, 600	1200	2400	TAB	
F	F	propranolol	30-120	10, 20, 40, 80	60	120	TAB	
F	NF	psyllium powder	2-4 tbsp		2 tbsp		POW	
F	F	trihexyphenidyl	5-15	2, 5	10	15	TAB	
F	F	valproic acid	500-1500	250	1000	60mg/kg/d	CAP	

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