



City and County of San Francisco  
Edwin M. Lee, Mayor

## San Francisco Department of Public Health

Barbara A. Garcia, MPA  
Director of Health

### **Director's Report for Health Commission Meeting of**

**October 1, 2013**

*A current overview of issues affecting the state of public health in San Francisco*

<http://www.sfdph.org/dph/comupg/aboutdph/insideDept/dirRpts/default.asp>

#### **Political Activity by City Employees and Officers**

The City Attorney's office has asked us to remind the Commissioners and staff to review the updated Political Activity Memorandum, which describes the rules governing political activities by City employees and officers. The memo is available on the City Attorney's website, under the Legal Opinions tab at

<http://www.sfcityattorney.org/Modules/ShowDocument.aspx?documentID=1339>.

#### **The Village Celebrates Grand Reopening in Visitacion Valley**

It was my privilege to address the nearly 200 residents of Visitacion Valley who attended the grand re-opening of "The Village" at 1099 Sunnydale Avenue on September 24th. Built in 2004 and renovated in 2011, the Village is a 15,000 sf modern three-story facility designed to meet the needs of community-service providers serving the residents of Visitacion Valley. It opens as a re-imagined neighborhood hub of co-located and coordinated services from 11 different providers or programs, including workforce development, education, public health, family support and youth services. Key components include the San Francisco Department of Public Health Hawkins Clinic, the Visitacion Valley Family Center, the Visitacion Valley Neighborhood Access Point, and the San Francisco Sheriff's Five Keys Charter School, to name just a few of the initiatives that will be operating out of the 1099 Sunnydale Avenue address. Many thanks to Lisa Zayas-Chien for her excellent work on behalf of DPH in bringing this facility on line.

#### **San Francisco Preparing for the Public Health Challenges of Climate Change**

For the past three years, the San Francisco Department of Public Health has been working on several initiatives to help us better understand the potential health impacts of climate change at the local level. EHPES has led this effort in collaboration with PHEPR, EMS, DEM and the City Administrator's office. Together the group worked towards improving climate change understanding, preparedness and resilience in San Francisco. I am pleased to note that, during the first week of September, all of the materials from the culmination of the three years of work on Climate and Health were posted on The Program on Health, Equity and Sustainability website at [www.sfphes.org](http://www.sfphes.org).

The Whistleblower Program, operated by the Controller's Office, receives complaints regarding the misuse of City funds, improper activities by City officers and employees, deficiencies in the quality and delivery of government services, and wasteful and inefficient City government practices. There are a number of ways to file a complaint. Go to [www.sfcontroller.org](http://www.sfcontroller.org) and click on the Frequently Requested tab to access the Whistleblower complaint instructions in the drop down menu.

---

Funding for the Climate and Health program was made possible by the Centers for Disease Control and Prevention (CDC). I am also pleased to announce that SFDPH, in conjunction with the Office of the City Administrator, has been awarded \$675,000 over the next three years to empower San Francisco communities to address the health effects of climate change.

Investing in our public health system to help understand, prevent, respond and adapt to the impacts of climate change is critical to the health of our City. I am grateful to all of the staff that has contributed to the success of the Climate and Health program and is committed to its future.

### **Heat Vulnerability Index**

Climate change is a reality we can no longer ignore. A devastating consequence of climate change is the effect rising temperatures are having on the overall health of residents in cities, especially among at risk neighborhoods and populations. From the work we are doing on climate change, we have released new data to help city agencies and residents understand these risks and challenges. The data has been a massive effort and includes satellite imagery, temperature data and other data sets based on culture, behavior and other demographic characteristics of the City's different and diverse neighborhoods.

With all of this data, EHPES has created the San Francisco Health Vulnerability Index. Besides being a boon to researchers, policy makers and planners, the heat index is another example of our compliance with the Mayor's open data initiative. For a link to coverage of the heat vulnerability index, go to <http://www.emergencymgmt.com/health/San-Francisco-Health-Heat-Vulnerability-Index.html>.

### **Por Mi Salud y la Salud de Mi Familia: Community Health Event with the San Francisco Giants**

On September 10, the San Francisco Immunization Coalition hosted their annual event with the San Francisco Giants. The event spotlighted some of the unique health issues that affect the Latino community in SF and California including pertussis (whooping cough), obesity/nutrition, and access to health care.

Giants pitcher Sergio Romo spoke at the event, met and participated in a Zumba demonstration as an example of the importance of being active to fight obesity and diabetes. Three pregnant women and Supervisor David Campos received a Tdap vaccine (adult pertussis booster) to illustrate the importance of preventing a disease that has had a significant impact on the Latino community in San Francisco and California. [Check out pictures, media coverage and videos of the event here.](#)

### **Celebrating a Decade of Behavioral Health Court**

Behavioral Health Court will celebrate its tenth anniversary this year. In 2003, the San Francisco Superior Court created a program to redirect clients with mental illness out of the jails and into community based mental health treatment. The court started with a modest goal of helping 10-20 people in the jail that were incarcerated for showing signs of untreated mental illness in public. Ten years later, the court has a capacity of 150 clients and the program is a fully integrated and necessary part of the criminal justice system in San Francisco. Behavioral Health Court has been the subject of numerous research studies and has become a leader in the movement to decriminalize mental illness, reduce violence, and spend precious mental health resources more effectively. For more information, contact [bhcevent@gmail.com](mailto:bhcevent@gmail.com), 597-8077.

---

### **Screening of Lead Documentary**

The San Francisco Childhood Lead Poisoning Prevention Program and Get the Lead Out are sponsoring a free screening of a new feature-length documentary, *MisLEAD: America's Secret Epidemic*, on Friday, October 25<sup>th</sup> at two different times and locations. The first showing is at the San Francisco Main Library, 100 Larkin St., at 2 p.m. and the second showing is at James Lick Middle School, 1220 Noe St, at 7:30 p.m. *MisLEAD* is a provocative, emotionally-compelling inquiry directed by Tamara Rubin, an Oregon mother whose sons were poisoned by lead. The documentary follows her as she travels the country meeting with experts and other parents of poisoned children. I am attaching a flyer to the Director's Report.

### **English as a Second Language (ESL) Classes Offered**

SFGH's Community Wellness Program began a 10-week WOW - ESL class series, on Saturday, September 14<sup>th</sup> in the Community Wellness Center. We know that limited English proficiency is linked with poor health outcomes. Many of our patients/clients want to become more proficient in English but lack a safe, affordable, and fun place in which to improve their English skills.

The WOW-ESL class series teaches English language skills with a focus on wellness and improving health literacy. Along with practicing conversation and improving their comprehension skills, participants are learning the benefits of healthy eating and active living, how to talk to their healthcare providers and how to prevent and manage conditions such as high blood pressure and diabetes. Flyers were distributed in English, Spanish, Chinese, Russian, Mongolian, Burmese, and Arabic.

### **San Francisco Coalition Recognizes Local Businesses for Family-Friendly Policies**

On Monday, September 9<sup>th</sup>, the San Francisco Department of Public Health and Department on the Status of Women teamed up to honor local businesses with the *Healthy Mothers Workplace Awards*. It was my privilege to be one of the speakers at this event to celebrate and acknowledge a number of San Francisco businesses that have policies in place to support parental leave, lactation accommodations, and work-family balance. The event included representatives from San Francisco based companies **LinkedIn** Corporation, **Bi-Rite** Market and Creamery, **Morrison & Forrester** LLP, and **Square** Inc. and local and federal officials.

### **Healthy Food Retail Incentive Program**

The Healthy Food Retail Incentive Program ordinance was unanimously passed by the Board of Supervisors on September 3<sup>rd</sup>. This program builds on an existing SFDPH pilot program that partners with community coalitions in Bayview Hunters Point and the Tenderloin through the Community Health Equity and Promotion Branch Shape Up program. Proof of the success of this pilot program is visible in the abundance of fresh affordable produce now available at Lee's Food Mart in the BVHP, only one year after the store's redesign. Supervisor Mar's newly adopted ordinance takes this a step further by establishing a program housed in the Office of Economic and Workforce Development (OEWD) in partnership with SFDPH to incentivize San Francisco's corner stores to increase healthy and fresh foods offerings and reduce unhealthy influences (alcohol, tobacco and foods hi in salt/fat/sugar) through a combination of community outreach and store redesign activities. I know the Commissioners join me in congratulating all of the staff who have worked to make this initiative a success.

---

## **Nursing Leadership Prepares for Healthcare Reform**

San Francisco General Hospital and Laguna Honda Nursing Leadership in collaboration with SEIU 1021 organized a learning session on "Implementation of the Affordable Care Act" on September 27. The focus was on the impact and challenges of the Affordable Care Act to our residents and staff. I was joined by Deputy Director Colleen Chawla, San Francisco General Hospital CEO, Sue Currin, Director of Community Programs, Marcellina Ogbu and Laguna Honda Hospital Executive Administrator, Mivic Hirose in addressing the group.

## **Focus on Discharge**

In FY 2012-2013, Laguna Honda's initiatives for appropriate level of care focused on improving the process for admissions. This fiscal year, LHH's planning efforts will focus on discharge flow. Adopting the principles established during the HMA process, implementation will include:

- (1) Discharging residents who are ready to the best available placement if the ideal placement is unavailable,
- (2) Preparing residents for discharge from the moment they enter the system of care, and
- (3) Promoting resident independence and wellness.

Laguna Honda's first discharge flow meeting for FY 2013-2014 was held on August 29. The planning group includes a team of multi-disciplinary clinical and administrative staff from Laguna Honda, San Francisco General Hospital and Community Placement.

## **Medi-Cal Hospital Reimbursement Improvement and Restoration Act of 2013**

The Medi-Cal Hospital Reimbursement Improvement and Restoration Act of 2013 (Senate Bill 239) will prospectively restore Medi-Cal payments to all hospital distinct part skilled nursing facilities by removing the rate freeze at 2008-2009 levels and eliminating the ten percent cuts. Senate Bill 239 successfully passed the California state legislature on September 11 having received no negative votes during committee hearings or floor votes. The bill now heads to the Governor's desk for signature. The restoration is effective October 1, 2013.

## **Smoke Free Campus**

To promote a healthier and safer environment for residents, staff, visitors and volunteers, Laguna Honda continues to move towards becoming a smoke free campus. As of August, 22, 2013 twenty-four residents who are unable to smoke without supervision have stopped smoking. On the North Mezzanine, North 5 and North 6 neighborhoods, there are no residents who smoke. Smoking cessation classes for residents, provided by SATS staff, began in August and are held two days a week. The *Lights Out Club* was created and designed to support residents who are interested in quitting by using meditation, exercise and smoking diversion activities. Congratulations to the work each Division is contributing to help us meet our February 2014 goal to have a smoke free campus.

## **Chinatown Public Health Center's Nutrition Services Graduates Another Class**

The We Can!® Chinese families campaign graduated another class of Chinese families on August 24<sup>th</sup> at the We Can!® Graduation celebration held at Salvation Army. Health Commissioner Dr. Edward Chow was the guest speaker who addressed the families and urged the graduates to adopt healthy eating habits. State Senator Leland Yee issued a California State Resolution commending the program for its distinguished record of public service to the advancement of a healthy community and its leadership and vision.

---

The We Can!® Chinese” families campaign is a bilingual nutrition and physical activity program which helps children, youth and parents stay at a healthy weight through a series of four classes designed to improve food choices, increase physical activity, and reduce screen time. The campaign partners with over 30 community agencies including the YMCA and the faith based channels to help create an environment for healthy eating and active living. To date, over 550 low-income Chinese families have benefited from the program.

### **Champions for Change honors Bayview HEAL Zone**

The Bay Area Nutrition and Physical Activity Collaborative (BANPAC) honored the Bayview HEAL Zone team members Christina Goette, Rheema Calloway, Kenneth Hill, Susana Hennessey Lavery, Andrea Tacdol, Jazz Vassar, and Antonia Williams, as *Champions for Change* on September 12. The award recognized the outstanding contributions of individuals and organizations who are promoting healthy eating, active living, and food security with the goal of preventing obesity, type 2 diabetes, hypertension, heart disease and other diet-related chronic diseases in our Bay Area community.

### **KALW Sights and Sounds Features a Food Guardian**

For the past several months, public radio KALW has been reporting on people who live, work, and make a difference in Bayview. Kenneth Hill, a Food Guardian with the Bayview HEAL Zone, was a featured personality on KALW's *Sights and Sounds Bayview* event at the Bayview Opera House on September 19. The event was broadcast on KALW 91.7FM, and is posted online at <https://www.facebook.com/events/202063183294920/>  
<http://www.sfartscommission.org/CAE/about-cae/cae-press-media/2013/08/09/live-radio-event-at-historic-bayview-opera-house/>

### **Heart of City Celebrates National Fruits and Vegetables Month**

Staff from the Nutrition Services Program spent the morning of September 11<sup>th</sup> at the Civic Center Farmer's Market to bring attention to the annual observance of National Fruits and Vegetables Month. The affordable, high-quality produce available at local Farmers' Markets is a nutritional boon to many urban families. Staff from the Feeling Good Project and the San Francisco Department of Public Health WC Program gave out cookbooks, answered nutrition questions and distributed nutrition education items to farmers. In addition to providing a reliable year round source of fresh food, shopping at local Farmers' Markets also supports family farms.

**COMMUNITY HEALTH NETWORK  
SAN FRANCISCO GENERAL HOSPITAL & TRAUMA CENTER**

**September 2013**  
**Governing Body Report - Credentialing Summary**  
(8/15/13 BUSINESS-MEC)

	<b>9/2013</b>	<b>07/2013 to 06/2014</b>
<b>New Appointments</b>	<b>52</b>	<b>71</b>
Reinstatements		
<b>Reappointments</b>	<b>56</b>	<b>165</b>
Delinquencies:		
Reappointment Denials:		
<b>Resigned/Retired:</b>	<b>42</b>	<b>76</b>
<b>Disciplinary Actions</b>		
<b>Administrative Suspension</b>		
<b>Restriction/Limitation-Privileges</b>		
<b>Deceased</b>	<b>1</b>	<b>1</b>
<b>Changes in Privileges</b>		
Voluntary Relinquishments	<b>8</b>	<b>38</b>
Additions	<b>9</b>	<b>44</b>
Proctorship Completed	<b>26</b>	<b>62</b>

<b>Current Statistics – as of 8/5/13</b>		
Active Staff	<b>486</b>	
Courtesy Staff	<b>479</b>	
Affiliated Professionals (non-physicians)	<b>245</b>	
<b>TOTAL MEMBERS</b>	<b>1,210</b>	

<b>Applications in Process</b>	<b>136</b>
<b>Applications Withdrawn Month of September 2013</b>	<b>1</b>
<b>SFGH Reappointments in Process 10/2013 to 12/2013</b>	<b>145</b>

# LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER

## SEPTEMBER 2013

### Health Commission - Director of Health Report

(September 12, 2013 Medical Exec Committee)

	September	(FY 2013-2014) Year-to-Date
<b>New Appointments</b>	2	8
Reinstatements	0	0
<b>Reappointments</b>	3	13
Delinquencies:	0	0
Reappointment Denials:	0	0
<b>Resigned/Retired:</b>	1	4
<b>Disciplinary Actions</b>	0	0
<b>Restriction/Limitation-Privileges</b>	0	0
<b>Deceased</b>	0	0
<b>Changes in Privileges</b>		
Additions	0	0
Voluntary Relinquishments	0	0
Proctorship Completed	1	3
Proctorship Extension	0	0

<b>Current Statistics – as of 9/3/2013</b>		
Active Medical Staff	38	
As-Needed Medical Staff	14	
External Consultant Medical Staff	45	
Courtesy Medical Staff	1	
Affiliated Professionals	6	
<b>TOTAL MEMBERS</b>	<b>104</b>	

<b>Applications in Process</b>	<b>0</b>	
<b>Applications Withdrawn Month of September 2013</b>	<b>0</b>	