

## 1. INFLUENZA VACCINATION SAVES EMPLOYERS MONEY

Even taking into account an estimated cost of \$10 per vaccination and 30 minutes of lost work time, the cost savings overall is estimated at \$46 per person vaccinated. Most of the savings are in reduced lost work time, a direct savings to the employer.

## 2. INFLUENZA VACCINATION DECREASES EMPLOYEE LOST WORK TIME

Days of absence are 53% lower in those employees who receive the flu vaccine (9.9 versus 21.1 days per 100 subjects). Those who do receive the vaccine have 43% fewer days of sick leave from work due to upper respiratory illness.

## 3. INFLUENZA VACCINATION PREVENTS EMPLOYEE ILLNESS

The vaccine can be up to 90% effective in preventing illness due to influenza viruses. The vaccine, however, only prevents influenza infections; it does not prevent flu-like-illness from other viruses. Not all fever and respiratory illness in the winter is due to flu. When someone says that they were vaccinated and got the "flu" anyway, it was probably from a flu-like-virus other than influenza.

## 4. INFLUENZA VACCINATION DOES NOT CAUSE SIGNIFICANT SIDE EFFECTS

When vaccine is compared to placebo injections, the incidence of side effects (except for arm soreness) is no different in those receiving vaccine than those receiving placebo. In a study of 849 working adults, one out of three recipients of both placebo and vaccine reported fever, muscle aches, fatigue, and headaches. This indicates that, when these symptoms occur after vaccination, they are usually not due to the vaccine.

Sources:

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