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Michele M. Seaton
Executive Secretary

TEL (415) 554-2666
FAX (415) 554-2665

Web Site: <http://www.sfdph.org>

MINUTES

CITYWIDE HEALTH PLANNING AND EFFECTIVENESS COMMITTEE

Tuesday, January 20, 2009
2:00 p.m.

101 Grove Street, Room 302
San Francisco, CA 94102

1) CALL TO ORDER

Commissioner Melara called the meeting to order at 2:00 p.m.

Present: Commissioner Sonia E. Melara, MSW, Chair
Commissioner Margine A. Sako, Member
Commissioner Steven Tierney, Ed.D., Member
Commissioner James M. Illig, Ex Officio

Staff: Anne Kronenberg, Policy and Planning; Jim Soos, Policy and Planning.

Guests: Phil Arnold, Human Services Agency; Bill Haskell; Human Services Agency, Diana Jensen, Human Services Agency; Marie Jobling, Long Term Care Coordinating Council; Sandy Mori, Long Term Care Coordinating Council

2) **APPROVAL OF THE MINUTES OF THE October 21, 2008 CHPEC MEETING**

Action Taken: The Committee (Melara, Sako, Tierney) approved the minutes of the October 21, 2008 Citywide Health Planning and Effectiveness Committee meeting.

3) **PRESENTATION AND DISCUSSION OF LONG-TERM CARE: LIVING WITH DIGNITY PART I**

Phil Arnold, Deputy of Finance and Administration at the Human Services Agency, gave a presentation about Long Term Care in San Francisco. He sought to complement the discussion that occurred at the October 21st CHPEC meeting about Department of Public Health (DPH) long term care activities. In his presentation, Mr. Arnold provided details about:

- The composition and role of the Long Term Care Coordinating Council (LTCCC)
- Demand and utilization of long term care community-based services
- Local public agencies and departments that play a key role in delivery or utilization of long term care services
- Costs of long term care services
- Trends in long term care client populations
- Challenges for Citywide long term care
- Goals for the Living with Dignity Strategic Plan

Comments/Follow Up

- Commissioner Tierney asked about improved outcomes such as length of life, morbidity and client satisfaction for those who age in a community setting. Phil Arnold responded that the consistently high demand for community based care and its associated quality of life remains compelling. Commission Sako agreed that choice, such as the Adult Day Center at St. Mary's is important. Anne Kronenberg said some people who could be served at the community setting don't have a home to go to. Conversations between DPH and the Department of Aging and Adult Services (DAAS) require coordinating due to different money streams and the need to pay for housing. The LTCCC recognizes that housing is critical, and less expensive than institutional care.
- Commissioner Melara asked if any LTC programs are currently in jeopardy, and Phil Arnold responded that no entitlements are at risk except that the Governor wants to cut wages to \$8/hour, which San Francisco cannot backfill. He said there will be no reduction in paratransit, and no decrease in the total number of meals delivered. Additionally, he reported that PACE, which is entirely off the City budget, has surplus capacity. Public conservator, and guardian are not cutting back, and the Community Living Fund (CLF) is returning to \$3 million (from \$4 million one year only).
- Commissioner Sako asked about any disconnect between projected need and capacity. Phil Arnold reported that the older old are growing, and Diana Jensen reported that yes, there is a long-term disconnect in that projections from the California Dept of Finance say that older old will double by 2030. She said that it is tough to plan that far ahead, but even a 50% increase would be huge. Bill Haskell reported that growing demand for dementia care services exists and will continue. Some of this can be home and community based. Diana Jensen reported that the Alzheimer's Association estimates that 1 in 2 over 85 years of age have some form of dementia
- Commissioner Illig asked about an organizing principle such as the primary care model to follow. Bill Haskell said that according to a Chronic Care Management model: illness is managed, not cured, which links directly to the need for medical homes. Barbara Garcia is

expected to address at an upcoming meeting the DPH model and what it means for chronic care. Commissioner Illig also raised the issue of the County's mandate to serve the poor and funding for this model. Phil Arnold reported income levels for access to services and Diana Jensen reported that Medicare does not cover long term care. Some folks have primary care covered under Medicare, but long term care is covered only in part by Medi-Cal. Phil Arnold suggested studying the institutional need for a community the size of San Francisco. He reported that 780 seems realistic.

- Commissioner Sako asked whether the loss of facilities in the 1980s created a problem for the number of licensed beds. Bill Haskell said that Board and Care facilities are licensed by the Department of Social Services, and reimbursement is not currently adequate for a city with expensive real estate such as San Francisco. He said that San Francisco has minimal resources for assisted living centers where the cost can amount to \$5,000 per month. Commissioner Sako asked about the Golden Gate Regional Center and Marie Jobling reported that they have some funding to pay higher rates and have created some competition. Commissioner Illig suggested that scattered site supportive housing has worked and may be some middle ground to pursue now. Bill Haskell added that Greenhouse is another model supported by the Robert Wood Johnson Foundation.
- Commissioner Illig said that the Mayor's intent for the LTCCC is to look at coordinating, and when the Department's make cuts they should go to the LTCCC to determine a cumulative effect of cuts, being sensitive to budget schedules. Marie Jobling said there are a lot of opportunities to support each other, and she would like to see community based services treated equitably in the budget process. Demographics are changing and the urgency they see on the Council is that they have to figure out how to do things across departments. She asked if the City could have a LTC budget and be more proactive keeping people in their own homes – especially rent controlled homes – to avoid institutionalization. Commissioner Illig stated that right now all of City government has to constrict, but when it is grown back, a LTC budget could be useful, and Commissioner Melara agreed that coordination is critical. Phil Arnold said that current goals include determining and protecting the core value of services (e.g., daily contact, meal, caloric content).

4) **EMERGING ISSUES**

Commissioner Sako raised a concern about the effect on proposed cuts on the loss of licensed slots for Adult Day Health (ADH). She wants to know how the City can maintain the service given that a license suspension can only last 12 months and there is a moratorium on issuing new licenses.

- Marie Jobling, Long Term Care Coordinating Council, said that there is concern about the \$15 million for assisted living spent on Laguna Honda construction costs. She urged cross-Departmental decision making, reported difficulty placing individuals, and expressed concern about the overall loss of beds, and now 90 slots for ADH.
- Commissioner Illig remarked that slots in ADH represent current openings with current staffing, and private facilities could take more folks if a patch on top of the Medi-Cal rate were available. Marie Jobling wondered about the strategic benefits of such a move, and Commissioner Illig noted the need to preclude double-dipping under such a scenario.
- Commissioner Sako recommended saving the state license and proposed preparation of a resolution to that effect. All Commissioners agreed that cross-Departmental review of common interests, budgeting and planning would be useful.

Commissioner Melara posed a question to the room as to whether the current Health Commission Committee structure is effective.

- Anne Kronenberg said that there does appear to be overlap between the committees.

- Commissioner Melara said that budget concerns are driving discussion on both committees.
- Commissioner Illig said that this year the Commission will be meeting with individual Supervisors to discuss the City's underlying principles and structure for the Commission.
- Commission Illig raised the issue of institutional committee requirements. Commissioner Tierney and Anne Kronenberg reported they could be handled by the full Commission.
- Commissioner Sako asked if there's also a better way to handle public comment, which Commissioner Illig noted is a Commission responsibility according to City Charter. Commission Tierney thought that there should be an easier way for the public to comment.
- Anne Kronenberg agreed to contact the City Attorney to determine what is required and possible regarding institutional committees and public comment.

5) **PUBLIC COMMENT**

Guests were allowed to participate throughout the meeting. No additional public comment was taken.

6) **ADJOURNMENT**

The meeting was adjourned at 3:05 p.m.

Alicia Neumann for Jim Soos
Acting Health Commission
Executive Secretary