



# Substance Abuse Resources

*Primarily for Pregnant Women and Parents with Children*  
*San Francisco*  
*2007*

Prepared by the San Francisco Department of Public Health, Maternal and Child Health, Perinatal Services.  
Questions or changes? Call 415-575-5681. To print, go to <http://www.dph.sf.ca.us/> Click on “Frequently Called Numbers.” Click on “Maternal & Child Health.” Click on “Substance Abuse Resources in San Francisco Primarily for Pregnant Women and Parents with Children 2007.”

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**☎ Need referral help? Call the San Francisco Department of Public Health's *Treatment Access Program at 1-800-750-2727.***

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\* All phone numbers in this directory are area code 415 unless otherwise noted.

\* All locations are in San Francisco unless otherwise noted.

## *Substance Abuse Referrals*

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<b>Treatment Access Program</b>  (SF Department of Public Health, Community Behavioral Health Services)	679 Bryant Street 94103 (between 4 <sup>th</sup> and 6 <sup>th</sup> Street) Bus: 47- Bryant 9-San Bruno  Note: Office will move to 1380 Howard, 1 <sup>st</sup> floor by 2008.	1-800-750-2727 (toll free)  538-5500  Hours: Mon-Fri 8am-5pm	Assessment and placement for substance abuse treatment. No appointment necessary.  <a href="http://www.tapsf.org">http://www.tapsf.org</a>	Anyone with alcohol or drug problems. No fee.	English Spanish Cantonese	Officer of the day
<b>Drug Information Hotline</b>  (Suicide Prevention)	PO Box 191350 94119	362-3400  24 hours	Telephone referrals, emotional support and intervention.  <a href="http://www.sfsuicide.org/html/about.html">http://www.sfsuicide.org/html/about.html</a>	Free. Open to all.	Any language	Trained volunteer
<b>National Council on Alcoholism and Other Drug Addictions - Bay Area</b>	944 Market, 3 <sup>rd</sup> Floor 94102 (between 5 <sup>th</sup> & 6 <sup>th</sup> Streets)  Bus: any Market Street bus, Muni streetcar BART: Powell Street	296-9900  24 hours	Telephone and in-person consultations, assessments and referrals to treatment programs. Presentations and education for organizations. Video rental. First time DUI offender program. Youth Aware Life Skills Program.  <a href="http://www.ncadaba.com/index.htm">http://www.ncadaba.com/index.htm</a>	Open to all. Donations accepted. No one refused for inability to pay. DUI: Call for program fees.	English For DUI program only: English, Cantonese, Mandarin, Vietnamese Korean and Russian, sign language provided by arrangement	Shelli Fein, Director of Information
<b>Relapse Line</b>  (Suicide Prevention)	PO Box 191350 94119	834-1144  24 hours	Relapse prevention support line, referrals for support services.  <a href="http://www.sfsuicide.org/html/about.html">http://www.sfsuicide.org/html/about.html</a>	Free. Open to all.	Any language	Trained volunteer

## Outpatient Services

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<b>Bayview-Hunters Point Foundation</b>	1625 Carroll Street 94124 (corner of Carroll Street and 3 <sup>rd</sup> Street)  Bus: 15 Third Street 29 Sunset 54 Felton/Daly City Muni T Third Line	822-8200  Hours: Mon-Fri 6am-2pm  Weekend 7-10am	Methadone maintenance, short term and long-term detoxification support services, individual counseling, AIDS Emotional Support Unit (AESU). No methadone treatment for pregnant women.	SF resident. 18 years and older. Sliding scale. Fee required: Detox \$75.	English, Spanish	Intake Department
<b>Epiphany Center for Families in Recovery</b>	100 Masonic Avenue 94118 (at O'Farrell)  Bus: 31 Balboa 38 Geary 43 Masonic	567-8370 #4241  Hours: Mon-Fri 9:30am-3pm	Outpatient drug treatment including individual and group counseling, parenting classes, life skills training, and childcare. Daily lunch. On-site pediatric clinic and health classes. HIV and STD education and prevention group. Psychiatric and mental health services onsite.  <a href="http://www.geocities.com/epiphany_program/">http://www.geocities.com/epiphany_program/</a>	Women (18 years or older) with or without children (0-2 years) or pregnant.  Sliding scale.	English	Deborah Hodges, Case Manager
<b>F.A.C.E.T. (Family Addiction Center for Education and Treatment)</b>	433 Turk Street 94102 (between Van Ness & Polk)  Bus: 19 Polk	928-7800  Hours: Mon-Fri 7am-3pm	Methadone maintenance and counseling, medical assessments for mother and baby, group counseling, aftercare, childcare, prenatal care services, nutrition classes.  <a href="http://www.baartcdp.com/medical_care.htm">http://www.baartcdp.com/medical_care.htm</a>	Opiate-addicted pregnant or parenting women within 60 days postpartum. 18 years and older, with kids under 3 years. SF Medi-Cal, Kaiser or uninsured.	English Spanish  Walk-in	Nadine Laurent, Clinical Director  Alicia Kletter, FACET Director

## *Outpatient Services*

<b>Iris Center</b>	333 Valencia Street #222 94103 (between 14 <sup>th</sup> & 15 <sup>th</sup> Streets)  Bus: 26 Valencia 14 Mission 49 Mission	864- 2364  Hours: Mon-Fri 9am- 5pm	Daily programs with individual and group counseling, case management, child care, recovery and parenting training. Urinalysis required. Abstinence and pre-contemplation tracks. HIV mental health services, HIV prevention, dual diagnosis program and women's mental health services. Families and individuals.  <a href="http://www.iriscenter.org/">http://www.iriscenter.org/</a>	Women 18 years and older. Specialty services include lesbian, bisexual and transgender services. Medi-Cal accepted. Sliding scale.	English Spanish	Intake Counselor
<b>Lee Woodward Counseling Center</b>  (Asian American Recovery Services)	2201 Sutter Street 94115 (at Pierce Street)  Bus: 1 California, 2 Clement, 3 Jackson, 4 Sutter, 22 Fillmore, 24 Divisadero, 38 Geary	776- 1001  Hours: M,W&F 9am- 8pm Tu & Thurs 9am- 6pm	Individual and group counseling. Child care and day care therapy, parenting, drug and alcohol education. Dual diagnosis clients.	Chemically dependent women. 18 years and older. 24 hours clean. Medi-Cal. Sliding scale or free.	English Spanish by appointment	Sara Barnes, Program Director
<b>Mission Council Family Day Treatment Program</b>	474 Valencia Street #135 94103 (between 15 <sup>th</sup> & 16 <sup>th</sup> )  Bus: 26 Valencia 14 Mission 22 Fillmore BART: 16 <sup>th</sup> Street Station	864- 0554  Hours: Mon-Fri 9:30am- 6:30pm  Sat 10am- 2pm	One year program providing 6 months day treatment and 6 months aftercare.  Individual, family and group counseling. Substance abuse educational groups, life skills training, parenting, family systems, anger management, nutrition, case management, childcare, breakfast and lunch provided. Option of abstinence or harm reduction model.	Couples, single, dual parent, legal guardians, minor parents with substance abuse problems. Free	Spanish	Vanessa Padilla, Program Director

### *Outpatient Services*

<p><b>New Leaf Women's Substance Abuse Services</b></p>	<p>103 Hayes Street, First Floor. (cross streets are Market and Polk)</p> <p>Bus: 21 Hayes 47 Van Ness 49 Mission-Van Ness 19 Polk</p> <p>Streetcar and BART: Civic Center Station</p>	<p>626-7000 Ext. # 201</p> <p>Hours: Mon-Thurs 9am-8pm, Friday 9am - 7pm</p>	<p>Women's, men's, transgender substance abuse program.</p> <p>Must attend free drop in orientation prior to intake. Orientations are M-W-F from 5-6pm and Tues-Th from 6-7pm.</p> <p>Youth Substance abuse program age 24 and under call ext. 471.</p> <p>Offers a general mental health program for women, men and people who identify as transgender. Individual, couple, and group psychotherapy to people with HIV.</p> <p><a href="http://www.newleafservices.org">http://www.newleafservices.org</a></p>	<p>Gay, lesbian, bisexual or transgender family with any age child.</p> <p>Medi-Cal (must have a physical before receiving intake in substance abuse).</p> <p>Sliding scale.</p>	<p>English Spanish</p>	<p>Suzanne Berger, Intake and Referral Clinician</p> <p>Mitch Marquez, Director of Intake and Referral and Psychiatry</p>
<p><b>OTOP (Opiate Treatment Outpatient Program/ Ward 93)</b></p>	<p>1001 Potrero Avenue, Building 93 (Brick Building on SFGH Campus) 94110</p>	<p>206-8412</p> <p>206-6875 (fax)</p> <p>Hours: Mon-Fri 7am-11am and 12:30pm-2pm</p>	<p>Treatment of opiate dependence (heroin and other opiates) with methadone detoxification and maintenance.</p> <p>Integrated HIV care including on site psychiatric services, social work, and primary care.</p>	<p>Available to SF residents meeting SFGH eligibility requirements. No payment required for services. Focus on services for indigent and homeless patients. Priority for maintenance treatment based on medical and psychiatric severity.</p>	<p>English Spanish Tagalog</p>	<p>Bryan Jackson, Detoxification Program Manager, 206-4288 or 719-3730 (pager)</p>

## *Outpatient Services*

<b>Positive Directions Equals Change</b>	4716 Third Street 94124  Bus 24 Divisadero Muni T Third Line	401-0199  Hours: 10am-9pm	Intensive outpatient treatment. Women's empowerment support group, certified parenting classes, women's batterer's intervention group, differential response intervention - child welfare department.  <a href="http://www.baycat.org/classwork/cca_webspring07/heather/banner_aboutus.html">http://www.baycat.org/classwork/cca_webspring07/heather/banner_aboutus.html</a>	Adults. Substance abuse. Criminal justice involvement.	English Spanish Tagalog	Juanita Johnson, Coordinator, Women's Program
<b>SAGE Project, Inc.</b> (Standing Against Global Exploitation)	1275 Mission Street 94103 (at 9 <sup>th</sup> )  Bus: 14 Mission 6 Parnassus 7 Haight 71 Haight/Noriega 5 Fulton 21 Hayes BART: Civic Center Station	905-5050  Hours: Mon-Fri 9am-5pm	trauma recovery services, substance abuse treatment, vocational training, housing assistance, acupuncture, health education, mental health services and legal advocacy. Group support and individual case management.  Women's Drop-in screenings Tuesday and Thursday 9:30-11 am.  <a href="http://www.sagesf.org">www.sagesf.org</a>	Adults and Youth, Women, Men, Transgender, Survivors of addiction, trauma, prostitution and sexual exploitation.	English Spanish Russian	Francine Braae, Program Director for Adult Services  Dina Smith, Adult Team Lead
<b>STOP Stimulant Treatment Outpatient Program</b>	3180 18th Street #202 94110 (at Folsom)  Bus: 12 Folsom 33 Stanyan 22 Fillmore 14 Mission 49 Van Ness-Mission 27 Bryant	502-5777  Hours: Mon-Fri 8am-4:30pm	Intensive outpatient cocaine and methamphetamine treatment. Group and individual counseling. Medical evaluation and physicals. Dual diagnosis. Harm reduction group. Drop-in screenings on Monday, Wednesday, and Friday 3pm- 4pm  <a href="http://www.ucsf.edu/stopprogram">www.ucsf.edu/stopprogram</a>	18 years and older. Male and female. Perinatal patients welcome. No fee.	English Tagalog	Any clinical staff.

### *Outpatient Services*

<p><b>Walden House</b> (Multi-Services)</p>	<p>1899 Mission 94103 (at 15th Street)</p> <p>Bus: 14 Mission 22 Fillmore BART: 16th Street Station</p>	<p>934- 3450 or 934- 3451 For HIV clients: 934- 3425 Hours: Mon-Sat 8am- 6pm</p>	<p>Outpatient day treatment (daily program. 90 days +). Individual and group counseling. Case management. Relapse prevention, HIV education, anger management, parenting classes and groups/harm reduction model. Meals provided.</p> <p><a href="http://www.waldenhouse.org/index.php">http://www.waldenhouse.org/index.php</a></p>	<p>SF residents only. Women and men 18 years and older or emancipated. Sliding scale.</p>	<p>English</p>	<p>Steve Maddox, Admissions Director</p> <p>Barbara Nolan, Admissions Manager</p>
<p><b>Westside Alliance Program</b></p> <p>(Westside Community Services)</p>	<p>489 Clementina St. 3<sup>rd</sup> floor San Francisco, CA 94103 (between 5<sup>h</sup> &amp; 6<sup>th</sup> St.)</p> <p>Bus: Any Market Street bus, 12 Folsom, and 27 Bryant BART: Powell street station</p>	<p>(415) 495- 6071</p> <p>Fax: (415) 495- 7359</p> <p>Hours: Mon-Fri 8:30am- 5pm</p> <p>Closed 12-1pm</p>	<p>Provides substance abuse and mental health services including individual and group therapy, case management, urine toxicology screening, psychiatric evaluation, medication support, and HIV testing/counseling/linkages. Services are abstinence-oriented, culturally sensitive, strength-based, and solution-focused supported by Harm Reduction Philosophy. The length of treatment reflects the needs of the individual client.</p> <p>Website: <a href="http://www.westside-health.org">www.westside-health.org</a></p>	<p>18 years and older. Medi-Cal accepted. Sliding scale based on income and ability to pay. Treatment is offered at no charge to clients who cannot afford to pay.</p>	<p>English</p>	<p>Susmita Das, Site Supervisor</p>

## *Outpatient Services*

<p><b>Westside CalWORKS Counseling (2 locations)</b></p> <p>(Westside Community Services)</p>	<p>1663 Mission Street Suite 310 94103 (at 13<sup>th</sup> Street) Bus: 14 Mission 49 Van Ness BART: 16<sup>th</sup> Street Station</p> <p>3120 Mission Street 94110 (at Cesar Chavez) Bus: 14 Mission 49 Van Ness BART: 24<sup>th</sup> Street Station</p>	<p>581-0449 Mon-Fri 8:30am-5:00pm</p> <p>401-4825 Mon, Thurs, Fri 8:30am-5:00pm</p> <p>Fax 581-0458</p>	<p>Provides a wide range of mental health services including assessments for substance abuse/mental health needs and problems, treatment planning, individual, group and family therapy; clinical case management, crises intervention; medication and psychiatric services, peer support groups, outreach advocacy services by community liaisons, referrals for more intensive services, assistance with SSI, anger management, parenting and domestic violence groups. On-site childcare.</p> <p><a href="http://www.westside-health.org">www.westside-health.org</a></p>	<p>CalWORKS clients only. Adults and children at 1663 Mission. Adults only at 3120 Mission. No fee.</p>	<p>English Spanish</p>	<p>Veronica Lara, Referral Counselor</p> <p>Cherrlynn Hubbard, Program Supervisor</p>
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<b><i>Residential Treatment</i></b>						
<b>Name</b>	<b>Address Bus Lines</b>	<b>Phone</b>	<b>Services</b>	<b>Eligibility</b>	<b>Languages</b>	<b>Contact</b>
<b>Ashbury House</b>  (Progress Foundation)	212 Ashbury Street 94117 (between Hayes Street and Fell Street)  Bus: 21 Hayes 7 Haight 71 Haight-Noriega	775-6194  24 hours  Fax 775-1120	Residential treatment program for dual diagnosed women. Up to 12 month stay. Meals, toiletries, diapers, and clothing provided. On-site psychiatrist and nurse practitioner, 24-hour counseling and advocacy, independent living skills program, on-site 25 hour per week Medi-Cal day treatment program, weekly parenting workshops.  <a href="http://www.progressfoundation.org/transitional.html">http://www.progressfoundation.org/transitional.html</a>	Single parent and pregnant women, ages 18-59 years. Dual diagnosis. SF resident. Fee – All entitlements, less \$125 for one child, \$150 for two children.	English Spanish Mandarin Japanese	Alisa Birgy, Program Director  Kathy Brady, Assistant Program Director
<b>Aviva House</b>  (Latino Commission)	1724-1726 Bryant Street  Bus: 22 Fillmore 33 Stanyan 27 Bryant	558-9125  Hours: Mon-Fri 9am-5pm	Bilingual/bicultural (Latino) residential treatment. Culturally proficient, reaffirmation treatment providing individual, group, and family counseling. Program includes parenting classes, life skills training, family reunification, substance abuse treatment, and employment readiness to reintegrate back into the community.	Pregnant women and women with children under 5 years old.	English Spanish	Maria Guerrero, Counselor  Marivel Leiva, Program Manager
<b>Casa Maria</b>  (Latino Commission)	105 McLain Road Brisbane, CA  Bus: Samtrans 292 San Francisco – SF Airport – Hillsdale S.C.	468-1914  24 hours	Bilingual/bicultural (Latino) residential treatment. Culturally proficient, reaffirmation treatment providing individual, group, and family counseling. Program includes parenting classes, life skills training, family reunification, substance abuse treatment, and employment readiness to reintegrate back into the community.	Women or transgender	English Spanish	Shirley Nevel, Counselor  Maria Newson, Program Manager

### *Residential Treatment*

<b>Epiphany Center for Families in Recovery</b>	100 Masonic Ave.  Bus: 31 Balboa 38 Geary 43 Masonic	409-6004 or 567-8370 #4248  Intake M-F 9am-5pm	12-18 month stay. Minimum 12 months. Individual and group counseling, family psychotherapy, life skills, health education, HIV/AIDS education, case management, childcare and parenting classes.  Full pediatric clinic.  Fee – 60% of monthly income (40% goes into an incentive program returned to client if she stays 6 months).  <a href="http://www.msjs.org/">http://www.msjs.org/</a>	Single women (18 years and older) with or without children (0-2 years).  Epiphany Residential – 24 hours clean.	English	Patti Pike, Program Coordinator  Rosalyn Washington, Program Coordinator
<b>The Family Program</b>  (Jelani, Inc.)	1638 Kirkwood 94124 (off Third Street)  Bus: 15 Third Street Muni T Line	671-1165  24 hours	Six–nine month residential treatment. Individual group and family counseling. Life skills and job retention training. Parenting, relapse prevention, aftercare, domestic violence education and anger management. Special services for children, including childcare.	Substance abusing couples 18 years or older and single men with children.	English Spanish	Norman Mathis, Intake  Gwen Otis, Program Supervisor
<b>Jelani House</b>  (Jelani Inc.)	1601 Quesada 94124 (at Lane)  Bus: 15 Third Street 23 Monterey 44 O’Shaughnessy T Third Line	822-5977	Long-term perinatal residential facility, 6-9 months stay. Parenting, life skills, medical, counseling. Substance abuse, domestic violence and mental health services.	Pregnant and parenting women, their preschoolers and newborns. Pre-school on site. SF Bay Area resident. Childcare.	English Spanish	Margaret Gold, Director  Norman Mathis Intake 822-5945

## *Residential Treatment*

<p><b>Lodestar House</b> (Haight-Ashbury Free Clinic)</p>	<p>1441 Chinook Court 94130 (at Avenue B) Treasure Island</p> <p>Bus: 108 Treasure Island Board bus at Bus Terminal at First and Mission.</p>	<p>394-9080</p> <p>Hours: 7am-11pm</p> <p>Fax 394-9081</p>	<p>Eight-bed, but can hold twelve, residential program for HIV+ women and women with AIDS. Length of stay from 12 months to 18 months. Meals provided.</p> <p>Individual/group therapy, substance abuse counseling, relapse prevention, recovery skills, anger/stress management, case management, money/fiscal management workshops and nutrition/health education, HIV specific programs, medical monitoring, aftercare and referrals, assistance with child reunification. Wheelchair accessible.</p> <p><a href="http://www.hafci.org/substanceabuse.html">http://www.hafci.org/substanceabuse.html</a></p>	<p>HIV positive women and women with AIDS. 18-60 years. 72+ hours sobriety.</p> <p>If pregnant, requires primary physician's clearance for admission. No children.</p> <p>Fee – 50% of monthly income, if on SSI, must contribute \$100/month for savings account.</p>	<p>English</p>	<p>Lateefah Boykin, Center Manager 394-9079 394-9080 394-9082</p>
<p><b>Mission Recovery House</b> (Jelani Inc.)</p>	<p>2261 Bryant Street 94110 (between 20<sup>th</sup> and 21<sup>st</sup> Streets)</p>	<p>206-1560</p> <p>24 hours</p>	<p>6-9 month residential program. Individual group and family counseling. Provides substance abuse, mental health, domestic violence, relapse prevention, and a focus on family stability.</p>	<p>Pregnant women or women with children under 12 years of age.</p>	<p>English</p>	<p>Phelicia Jones, Program Supervisor</p>

### *Residential Treatment*

<p><b>Smith House</b>  (Haight-Ashbury Free Clinic)</p>	<p>1441 Chinook Treasure Island 94130  Transportation: MAP van</p>	<p>398-4176  24 hours</p>	<p>Nine bed social model detoxification program for women. Program length 3 -7 days, with possible extensions.  Medical health screening, assessment, and individual and group counseling, including educational groups, relapse prevention and referral to health, mental health and other treatment and community resources.  <a href="http://www.hafci.org/substanceabuse.html">http://www.hafci.org/substanceabuse.html</a></p>	<p>Substance abusing women. 18 years or older. If pregnant, requires primary physician's clearance for admission. Does not accept pregnant women over five months pregnant. No children.</p>	<p>English</p>	<p>Regena Grant, Center Manager</p>
<p><b>Smith Ryan Detox House</b>  (Haight-Ashbury Free Clinic)</p>	<p>1441 Chinook Treasure Island 94130</p>	<p>398-4176  24 hours</p>	<p>Three bed social model detoxification program for HIV+ women, program length up to 42 days.  Medical health screening, assessment, and individual and group counseling, including educational groups, relapse prevention and referral to health, mental health and other treatment and community resources.  <a href="http://www.hafci.org/substanceabuse.html">http://www.hafci.org/substanceabuse.html</a></p>	<p>HIV positive, substance abusing women.  18 years or older. If pregnant, requires primary physician's clearance for admission.  Does not accept pregnant women over five months pregnant. No children.</p>	<p>English</p>	<p>Regena Grant, Center Manager</p>

***Residential Treatment***

<p><b>Walden House</b></p>	<p>1899 Mission 94103 (at 15<sup>th</sup> Street)</p> <p>Bus: 14 Mission 22 Fillmore BART: 16<sup>th</sup> Street Station</p>	<p>934- 3450 or 934- 3451 For HIV clients: 934- 3425</p> <p>Hours: Mon-Sat 8am- 4pm</p>	<p>6 month – 1 year program.</p> <p>Individual and group counseling. Parenting classes, groups and outings. Relapse prevention, anger management, domestic violence classes, GED prep and CalWorks classes.</p> <p>Special services for HIV+ patients. Mental health services.</p> <p><a href="http://www.waldenhouse.org/index.php">http://www.waldenhouse.org/index.php</a></p>	<p>Men and women 18 years and older. San Francisco residents only.</p> <p>Will accept pregnant women and methadone users on individual basis.</p>	<p>English</p>	<p>Steve Maddox, Admissions Director</p> <p>Barbara Nolan, Admissions Manager</p>
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## *Transitional Housing*

Clients are generally referred to transitional housing after receiving case management or treatment services from substance abuse providers. Residences can last up to two years and includes program fees (30% of individual or family income is the standard).

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<p><b>Cameo House Program</b></p> <p>(Northern California Service League)</p>	<p>424 Guerrero Street, 94110 (at 16<sup>th</sup> Street)</p> <p>Bus: 22 Fillmore 26 Valencia 14 Mission BART: 16<sup>th</sup> Street Station</p>	<p>703-0600</p> <p>24 hours</p>	<p>Up to 12 month stay. Weekly case management. Counseling services. Therapy sessions. Child reunification. Treatment plans. Transition plans.</p> <p>Groups 4 days a week include: Substance abuse, peer support groups, money management, parenting, relapse prevention, art &amp; recreation, relationships, self-esteem, independent living skills, job placement.</p> <p><a href="http://www.norcalserviceleague.org/cameo.htm">http://www.norcalserviceleague.org/cameo.htm</a></p>	<p>Ex-offender. Single parent with child 6 years &amp; under and pregnant women. 18 years &amp; older. Six months documented sobriety. Homeless.</p> <p>Fee – Sliding scale, 30% of monthly income.</p>	<p>English</p>	<p>Stephanie Hall, Program Director</p>
<p><b>La Casa Mariposa</b></p> <p>(Lutheran Social Services)</p> <p>(This facility is a safe house for survivors of domestic violence.)</p>	<p>LSS Main Office: 290 8<sup>th</sup> Street 94103 (at Folsom Street)</p> <p>Bus: 9 Polk 14 Mission</p>	<p>581-0891</p> <p>Hours: Mon-Fri 9am-5pm</p>	<p>Program length from 6 months to 24 months (2 years). Meals provided once a week for meetings/workshops. Clothing available through donations. On-site case management, independent living skills program (money/fiscal management, nutrition/health education), job training/placement, self esteem building, and parenting workshops.</p>	<p>Single parent women who are domestic violence survivors or in substance abuse recovery. At least 18 years of age. Six months sobriety. SF resident and homeless. Agency referral only.</p>	<p>English</p>	<p>Mecca Cannariato, Program Manager 252-1775</p> <p>Nancy Nielson, Deputy Director 581-0891 #123</p>

## *Transitional Housing*

<p><b>Clara House</b></p> <p>(Compass Community Services)</p>	<p>111 Page Street 94102 (between Gough Street and Octavia Street)</p> <p>Bus: 6 Parnassus 7 Haight 9 San Bruno 71 Haight-Noriega Streetcar: J,K,L,M</p>	<p>863-0681</p> <p>Hours: Mon-Fri 9am-6pm</p>	<p>Up to 24 month stay. Licensed childcare &amp; after-school program on-site. Counseling and workshops include group, individual, and family psychotherapy, children's play therapy, peer support groups, weekly substance abuse counseling group, case management, life skills, nutrition/health education, weekly education/employment coordination, monthly education and employment group, housing search assistance, parenting support, GED preparation, links to college courses. Wheelchair accessible.</p> <p><a href="http://www.compass-sf.org/programsset.html">http://www.compass-sf.org/programsset.html</a></p>	<p>Families with children, pregnant women in 3<sup>rd</sup> trimester. 18 years and older or emancipated minor. Six months sobriety and in recovery program. Homeless. Agency referral only. Fee - 30% of monthly income (plus additional 20% for savings program).</p>	<p>English Spanish (limited)</p>	<p>Jane Schisgal, Program Director</p>
<p><b>Dream House</b></p> <p>(Jewish Family and Children's Services)</p> <p>(This facility is a safe house for survivors of domestic violence.)</p>	<p>JFCS Main Office: 2150 Post Street 94115 (between Scott Street and Pierce Street)</p> <p>Bus: 2 Clement 3 Jackson 4 Sutter 38 Geary</p>	<p>449-1276 (referral line)</p> <p>Hours: Tues-Thurs 9am-5pm</p>	<p>Up to 12 month stay. Comprehensive services including case management, counseling and parenting skills. Weekly support groups and art activities and play groups for children. Wheelchair accessible.</p> <p><a href="http://www.jfcs.org">www.jfcs.org</a> Search: Dream House</p>	<p>Single parent and pregnant women who are domestic violence survivors. 18 years &amp; older. Six months sobriety and no longer requiring substance abuse treatment. Homeless. Fee -30% of monthly income.</p>	<p>English</p>	<p>Maya Cullbertson-Lane, Dream House Coordinator</p>

### ***Transitional Housing***

<p><b>Hamilton Family Center's Transitional Housing Program</b></p>	<p>1631 Hayes Street 94117 (between Central Street and Lyon Street)</p> <p>Bus: 21 Hayes 24 Divisadero 43 Masonic</p>	<p>409-2100</p> <p>24 hours</p>	<p>Up to 18 month stay. Case management, counseling, educational and recreational programs for children, housing referral, advocacy, and financial assistance. Wheelchair accessible.</p> <p><a href="http://www.hamiltonfamilycenter.org">http://www.hamiltonfamilycenter.org</a></p>	<p>Families with children, pregnant women. 18 years and older. Three months sobriety. Homeless. Agency referral only. Fee - 30% of monthly income (plus additional 20% for savings program).</p>	<p>English Spanish</p>	<p>Chris Askew, Intake Coordinator (415) 409-2100 Ext. 108</p>
<p><b>Harbor House</b>  (Salvation Army)</p>	<p>407 9th Street 94103 at Harrison Street</p> <p>Bus: 27 Bryant 47 Van Ness</p>	<p>503-3029</p> <p>24 hours</p>	<p>On-site state licensed substance abuse treatment program available. Up to 24 months stay. Licensed childcare on site.</p> <p>Classes include parenting, budgeting, anger management, stress management, life skills, grief counseling.</p> <p>Employment and educational training and referrals. Wheelchair accessible.</p> <p><a href="http://www.sfharborlight.org/housing.html">http://www.sfharborlight.org/housing.html</a></p>	<p>Families with children, pregnant women. Six months sobriety. Homeless. Agency referral only.</p> <p>Fee - 30% of monthly income.</p>	<p>English Spanish Tagalog</p>	<p>Myra Richmond, Program Manager 503-3023</p>

<b>Self-Help Organizations</b>						
<b>Name</b>	<b>Address Bus Lines</b>	<b>Phone</b>	<b>Services</b>	<b>Eligibility</b>	<b>Languages</b>	<b>Contact</b>
<b>Al-Anon/Alateen</b>	1095 Market, Suite 317 94103	626-5633 contact  626-5634 meeting schedule  (650) 794-9654 Spanish	Self-help program for relatives and friends of problem drinkers. Some meetings especially for teens, others for adult children of alcoholics. Some groups have childcare.  <a href="http://www.ncwsa.org">http://www.ncwsa.org</a>  <a href="http://www.al-anonsf.org/">http://www.al-anonsf.org/</a>	Free.	English Spanish	Call phone number to receive contacts or to get meeting schedule.
<b>Alcoholics Anonymous (AA)</b>	1821 Sacramento 94109 (at Van Ness)  Bus: 1 California, 19 Polk, 47 Van Ness, 27 Bryant, 49 Mission/Van Ness California Street Cable Car	674-1821 English 24 hours  554-8811 Spanish 24 hours	Mutual-help program for alcoholics. Contact for group locations and times. Some groups specifically for women. Some have childcare. Information on AA programs for San Francisco and Marin counties.  <a href="http://www.aasf.org">http://www.aasf.org</a>	Desire to stop drinking. Free.	English Spanish Russian Korean Tagalog Mandarin Cantonese Hebrew Swedish French German Portuguese	Maury Polk, Central Office Manager  Peter Murphy, Office Assistant

## *Self-Help Organizations*

<b>Cocaine Anonymous (CA)</b>		821-6155	Self-help program for drug abusers and all other mind-altering substances. 12 Step program. Meetings at various locations. Call for group locations and times.  <a href="http://www.norcalca.com/">http://www.norcalca.com/</a>	Desire to stop using cocaine and all mind-altering drugs. Free.	English Spanish Chinese	Call phone number for information and contact person
<b>Narcotics Anonymous (NA)</b>	78 Gough 94102 at Market near Haight Saturday 12 noon – 4 pm  Bus: 6 Parnassus 7 Haight 66 Quintara 71 Haight-Noriega F Market Trolley	621-8600  24 hour helpline	Mutual-help program for substance abusers. Some groups specifically for women, transgender, gay and lesbian. Children welcome at most groups.  <a href="http://www.narcoticsanonymous.org">http://www.narcoticsanonymous.org</a>	Desire to stop all mood-altering drugs. Free.	English Spanish	Call helpline to talk to a volunteer or get schedule of meetings and other activities (dances, retreats).
<b>Nar-Anon</b>		292-3241  24 hour machine	Self-help program for anyone whose life is affected by someone else's chemical dependency. Meetings and in-home support by telephone available.  <a href="http://www.naranoncalifornia.org/norcal/">http://www.naranoncalifornia.org/norcal/</a>	Free.	English	Volunteers
<b>Oficina Central Hispana de Alcoholicos Anonimos</b>	383 Valencia 94103  Bus: 26 Valencia	554-8811 24 hour	Self-help program for alcoholics. Contact for group meeting locations and times.	Desire to stop drinking. Free.	Spanish	Volunteers for self-help

### *Self-Help Organizations*

<b>SMART Recovery</b> Self Management And Recovery Training	St Francis Hospital 900 Hyde, 2 <sup>nd</sup> Floor Hoffman Room 94109  Bus: 2 Clement, 3 Jackson, 4 Sutter, 27 Bryant	673- 2848  24 hour	Self help group meetings for those addicted. An alternative to the 12 step approach. Meets every Monday and Wednesday. 7 pm – 8:30 pm including holidays, except no meeting on the 4 <sup>th</sup> Mondays in the months of January, April, July and October. Also, no meeting on the 1 <sup>st</sup> Wednesday of December.  <a href="http://www.threeminutetherapy.com">www.threeminutetherapy.com</a>	Open to all. Free.	English	Dr. Michael Edelstein
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***Parent-Child Services***

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<b>Public Health Nursing</b>  (SF Department of Public Health)		1-800-300-9950  Hours: Mon-Fri 8am-5pm	Home visits. Ongoing assessments and interventions to improve disabling conditions and prevent complications.	San Francisco residents.	English, Spanish, Cantonese, Mandarin French German Farsi	Health Worker
<b>APA Family Support Services (Asian Perinatal Advocates)</b>	Administrative Office: 1001 Potrero, MS6E 94110 (at San Francisco General Hospital between 23 <sup>rd</sup> and 24 <sup>th</sup> Streets)  Bus: 9 San Bruno 48 Quintara, 24 <sup>th</sup> Street  Family Support Center 728-730 Commercial 94108  Family Economic Success: 459 Vienna Street, 94124 1337 Evans Street, 94134  APA Network and Counseling Center 657 Jackson Street 94133  Bus: 1 California 15 Fisherman's Wharf 30 and 45 Stockton	206-5450  Hours: Mon-Fri 8:30am-5pm  616-9797  616-9797  617-0061  Sat 9am-5pm (appointment only)	Bilingual/bicultural home visits by paraprofessional family visitors providing in-home support, counseling, case management, health education and referrals.  <a href="http://www.apasfgh.org/">http://www.apasfgh.org/</a>	At-risk family with children 0-14 years. San Francisco residents. Free and sliding scale.	English Cantonese Mandarin Vietnamese Cambodian Tagalog Thai Laotian Samoan	Mai-Mai Ho, Executive Director 616-9797  Irene Chan, Director of Programs 617-0061  Michelle Taniguchi, Central Intake 617-0061

## *Parent-Child Services*

<p><b>Child Development Center Parent-Infant Program</b></p> <p>(California Pacific Medical Center)</p>	<p>1625 Van Ness, 3<sup>rd</sup> floor 94109 (at California)</p> <p>Mailing address: PO Box 7999 94120</p> <p>Bus: Any Van Ness bus</p>	<p>600-6200</p> <p>Hours: Mon-Fri 8:30am-5pm</p>	<p>Weekly toddler and baby classes with parents. Home and individual sessions with multidisciplinary staff, support group for families of children with developmental delays.</p> <p><a href="http://www.cpmc.org/advanced/pediatrics/services/child_development.html">http://www.cpmc.org/advanced/pediatrics/services/child_development.html</a></p>	<p>GGRC clients 0-3 years with delays or at risk for developmental delays.</p>	<p>English Spanish</p> <p>Asian interpreter by appointment</p>	<p>Dawn Saborit, Program Coordinator</p>
<p><b>Epiphany In-Home Services</b></p> <p>(Mt. St. Joseph's – St. Elizabeth's)</p>	<p>100 Masonic 94118 (at O'Farrell)</p> <p>Bus: 31 Balboa 38 Geary 43 Masonic</p>	<p>567-8370 #4222</p>	<p>Comprehensive in-home service program. Parent education, and support, case management to families with at least one child under age 5.</p> <p><a href="http://www.geocities.com/epiphany_program/inhome.html">http://www.geocities.com/epiphany_program/inhome.html</a></p>	<p>Families at risk of out-of-home placement of child 0-5 years.</p> <p>Sliding Scale.</p>	<p>English Spanish</p>	<p>Danelle Guillen, Program Coordinator</p>
<p><b>Family Developmental Center</b></p> <p>(Family Service Agency)</p>	<p>2730 Bryant 94110 (near 25th Street)</p> <p>Bus: 27 Bryant</p>	<p>282-1090</p> <p>Hours: Mon-Fri 7:30am-4:30pm</p>	<p>Developmental childcare provided for high risk, low income and special needs children. Special Needs children are mainstreamed throughout. Center Nurse, physical therapist, speech - language therapist, mental health therapist provides onsite services to children. Individual/family counseling.</p> <p><a href="http://www.fsasf.org">www.fsasf.org</a></p>	<p>Low income families with children 0-3 years.</p> <p>Priority given to CPS, teen parents in high school/training program.</p>	<p>English Spanish Tagalog</p>	<p>Yohana Quiroz, Deputy Division Director</p> <p>Lisa Aguilar, Program Supervisor</p>
<p><b>Family Support Services of the Bay Area - Family Preservation Program</b></p>	<p>205 13th Street # 3150 94103 (at Mission)</p> <p>Bus: 14 Mission 26 Valencia 49 Van Ness/Mission BART: 16<sup>th</sup> St. Mission</p>	<p>861-4060</p> <p>Hours: Mon-Fri 9am-5pm</p>	<p>Intensive/individualized in-home services, parenting education, household management, community referrals, supportive counseling/crisis intervention. Social Workers carry small caseloads in order to meet regularly and often with each family.</p> <p><a href="http://www.fssba-oak.org">http://www.fssba-oak.org</a></p>	<p>Only referrals from DHS for families whose children are at imminent risk of being removed as a result of abuse or neglect.</p>	<p>English Spanish Cantonese Mandarin</p>	<p>Aysha Franco, Clinical Program Supervisor</p> <p>Stephanie Morgan, Program Director</p>

***Parent-Child Services***

<p><b>Family Support Services of the Bay Area - Respite Program</b></p>	<p>205 13th Street #3150 94103 (at Mission)</p> <p>Bus: 14 Mission 26 Valencia 49 Van Ness/Mission BART: 16<sup>th</sup> Street</p>	<p>861-4284</p> <p>Hours: Mon-Fri 9am-5pm</p>	<p>In-home and out-of-home respite/childcare. Flexible schedules to meet families' needs. Services can be provided to give families a break. Also, for CalWORKS clients: To fill in when regular childcare is disrupted or to provide care when children are mildly ill and cannot attend regular childcare.</p> <p><a href="http://www.fssba-oak.org">http://www.fssba-oak.org</a></p>	<p>DHS and CalWORKS clients and foster parents through the county.</p>	<p>English Spanish</p>	<p>Tony Sanchez, Program Supervisor</p> <p>Bruce Williams, Program Director</p>
<p><b>Golden Gate Regional Center (GGRC) Early Start Program</b></p>	<p>875 Stevenson, 6<sup>th</sup> Floor 94103 at 10<sup>th</sup> and Market</p> <p>Bus: Any Market Street bus BART: Civic Center Station</p>	<p>546-9222</p> <p>Hours: Mon-Fri 8am-5pm</p>	<p>Development Assessment, follow up and provision of early intervention service and service coordination for children who indicate developmental delays, a high risk for developmental disabilities; or have a diagnosed developmental disability that is expected to continue indefinitely.</p> <p><a href="http://www.ggrc.org">http://www.ggrc.org</a></p>	<p>Children birth to 3 years with combination perinatal risk factors, including substance exposure, combination of two or more biomedical risk factors, established risk condition or development delay.</p>	<p>English Spanish Chinese</p> <p>Call to arrange for other languages</p>	<p>Minal Doshi Supervising Social Worker</p> <p>Kimberly Zimmer, English Intake</p> <p>Alex Yuen, Chinese Intake</p> <p>Dina Sandoval, Spanish Intake</p>
<p><b>Grandparents Who Care Kinship Support Network</b></p>	<p>101 15<sup>th</sup> Street 94103 (between Rhode Island and DeHaro Streets)</p> <p>Bus: 19 Polk-Navy Yard or 10 Townsend</p>	<p>865-3000</p> <p>Hours: Mon-Fri 8:30am-5pm</p>	<p>Case management, information/referral, support groups, health education for grandparents and relatives raising their families' children.</p> <p><a href="http://www.edgewood.org">http://www.edgewood.org</a></p>	<p>Relative caregivers</p>	<p>English Spanish Cantonese Mandarin</p>	<p>Anissa Williams, Program Director</p>

***Parent-Child Services***

<b>Homeless Prenatal Program</b>	2500 18 <sup>th</sup> Street 94110 (at Potrero)  Bus: 9 San Bruno and 33  BART: 16 Street and take the bus #22 or #33	546-6756  Fax: 415-546-6778  Hours: Mon-Thurs: 9am-5pm Fri: 1- 4pm Closed on first Friday of each month.	Referrals for prenatal care. Referrals to housing, drug treatment and substance abuse support group. Client advocacy, support groups with childcare, counseling, ESL, computer classes, NA meetings, and parenting classes. New Beginnings is a program that provides additional support for pregnant women who are substance abusers.  <a href="http://www.homelessprenatal.org/">http://www.homelessprenatal.org/</a>  <a href="http://www.helping-sf.org">http://www.helping-sf.org</a>	Serving primarily families with children less than 17 years of age to get their lives back in order, case management, support groups, and prenatal classes.	English Spanish French Cantonese	Michele Hill, Substance Abuse Services Coordinator  Nancy Frappier, Wellness Center and New Beginnings Coordinator  Lee Heagerty, Program Director  Martha Ryan, Executive Director
<b>Infant-Parent Program</b>	2550 23 <sup>rd</sup> Street at SFGH Building 9, Room 130  Bus: 9 San Bruno 48 Quintara-24th Street	206-5270  Hours: Mon-Fri 8am-5pm	Outpatient mental health services focused on difficulties in the relationship between parents and children under 3 years. Home visits.  <a href="http://www.infantparentprogram.org">http://www.infantparentprogram.org</a>	Residents of S.F. Medi-Cal accepted or families without insurance.	English Spanish Cantonese	Betsy Wolfe, Clinical Coordinator

***Parent-Child Services***

<p><b>Oshun Center</b>  (Haight-Ashbury Free Clinic)</p>	<p>101 Taylor 94102 (at Turk in the Tenderloin)</p>	<p>928-6748  24 hours</p>	<p>Case management, information and referral, crisis intervention, drop-in support groups, child watch for mothers attending meetings on site. Drop-in 24 hours daily, seven days a week. Mental health clinic, family interventions, housing workshops, court support, CPS and 24 hour respite.</p> <p><a href="http://www.hafci.org">http://www.hafci.org</a></p>	<p>Women and their families. Transgender male identifying as female.</p>	<p>English Spanish</p>	<p>Helena Guiles, Center Director  Deneen Jones, Case Management</p>
<p><b>Support for Families of Children with Disabilities</b></p>	<p>Drop-in center: 2601 Mission #300 (at 22nd Street)  BART: 24<sup>th</sup> St.   Program Office 2601 Mission #606 94110 (at 22nd Street)</p>	<p>920-5040  Hours: MWF: 9:30-4:30 Tu.&amp;Th. 12:30pm-8:30 pm  282-7494</p>	<p>Family support services for families who have children with disabilities or are at-risk. Services include support groups, sibling program, phone line, lending library, parent education evenings, IEP training workshops, peer parent program and short-term individual/ family counseling. Community resource parents serving Latino, Asian and African-American families. Parent-professional workshops once a month. Child care provided for most groups.</p> <p><a href="http://www.supportforfamilies.org/">http://www.supportforfamilies.org/</a></p>	<p>Any parent or caretaker who cares for a child with disabilities and/or special health, social, emotional or behavioral needs or professionals who work with children with special needs.</p>	<p>English Spanish Chinese</p>	<p>Juno Duenas, Executive Director</p>

***Parent-Child Services***

<p><b>TALK Line Family Support Center</b></p> <p>(San Francisco Child Abuse Prevention Center)</p>	<p>1757 Waller 94117 (between Stanyan and Shrader)</p> <p>Bus: 6 Parnassus 7 Haight 33 Stanyan 37 Corbett 43 Masonic 66 Quintara 71 Haight-Noriega</p>	<p>441- KIDS or 441- 5437</p> <p>24 hour hotline</p> <p>Safe Start services 565- SAVE</p> <p>387- 3684 Business line</p>	<p>24-hour parental stress line (TALK Line). Emergency respite care, single parent network, drop-in center with therapeutic child care (Mon-Thurs 9 am - 2 pm and Monday evening 5:30 – 8:30 p.m.). Crisis counseling, short-term and long-term therapy. Parent education and support groups, job assistance and individual support for working parents. AA and NA groups with childcare. Individual counseling and groups for parents in recovery. Childcare provided for all groups.</p> <p>Call for an updated schedule.</p> <p><a href="http://www.sfcapc.org/">http://www.sfcapc.org/</a></p>	<p>Any parent or caretaker of minor child.</p> <p>For SafeStart services, kids 6&gt; years old who have been exposed to violence.</p>	<p>English Spanish (by appointment)</p>	<p>Katie Albright Executive Director</p> <p>Jacky Bloom, Family Support Center Director</p> <p>Daniel Sapoznick, TALK Line Director</p>
<p><b>TAPP</b> (Teenage Pregnancy and Parenting Program)</p>	<p>2730 Bryant, 2<sup>nd</sup> Floor 94110 (near 25th Street)</p> <p>Bus: 9 San Bruno 14 Mission 48 24<sup>th</sup> St./Quintara 27 Bryant</p>	<p>695- 8300</p> <p>Hours: Mon-Fri 9am- 5pm</p>	<p>Comprehensive case management providing health, education and support services. On site services include mental health therapists, domestic/relationship violence counseling, child development services, nutritional counseling, academic counseling/GED preparation, and vocational services.</p>	<p>Pregnant and parenting young women under 19 years, their male partners 21 years and younger. Residents of SF.</p>	<p>English Spanish</p>	<p>Aisha Queen Johnson, Program Director</p> <p>Dana Hoffman Blustajn, Program Supervisor</p>

### *Information and Referral Lines*

<p><b>HELPLINK 211-San Francisco</b></p> <p>(United Way of the Bay Area)</p>		<p>211 – Main line</p> <p>(800) 273-6222</p> <p>24 hours/ 7 days a week</p>	<p>Confidential information and referral services to community resources.</p> <p><a href="http://www.211sf.org">http://www.211sf.org</a></p>	<p>Serves anyone. Free and confidential.</p>	<p>English Spanish Chinese Cantonese</p> <p>Interpreters for over 150 languages</p>	<p>Edward Schoenberger, Executive Director</p>
<p><b>Maternal and Child Health Referral Line</b></p> <p>(SF Department of Public Health)</p>		<p>1-800- 300-9950</p> <p>Hours: Mon-Fri 6:30am-5pm</p>	<p>Referrals for health care for women, children and youth including family planning, pregnancy testing, prenatal care, breast and cervical cancer screening, dental care, children's exams and immunizations, WIC, and tobacco cessation programs. Public Health Nurse referrals taken.</p> <p><a href="http://www.dph.sf.ca.us/PHP/MCH/MaternalChildHlth.htm">http://www.dph.sf.ca.us/PHP/MCH/MaternalChildHlth.htm</a></p>	<p>Serves women, children and youth residing in San Francisco.</p> <p>Free.</p>	<p>English Spanish Cantonese Mandarin</p>	<p>Health worker on duty.</p>

