

DISTRICT 7**DEMOGRAPHIC INFORMATION**

Population (Estimates)	
Total	72,920
Households	27,890
Average household size	2.5 persons
% family households	58%
% households with children	23% (4th highest percentage)
% households with single person	26%
Seniors	
60+	15,997
65+	11,355
% living alone	32%
Children (0-17)	10,564 (5th highest)

Income and Poverty (Estimates)	
Median Income by Household	\$94,121 (3rd highest)
Per Capita Income	\$49,435 (4th highest)
All residents below 200% of poverty level*	18%
Residents below 100% of poverty level**	9%
Homeless	
Total sheltered and unsheltered	19 (lowest in the City)
Total unsheltered	19 (lowest in the City)
Seniors (65+) below 200% of poverty level ⁹	24%

Employment	
Employed residents	37,460
Unemployment rate	5%

Housing (Estimates)	
# of Housing Units	29,620
Units lacking complete kitchens***	141

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*Given the high cost of living in San Francisco, individuals and families whose income is below 200% of the Federal Poverty Guidelines are at risk for food insecurity. For a family of four in 2013, their income would be no more than \$47,100.

**In 2013 at 100% of the Federal Poverty Guidelines, income for a family of four would not exceed \$23,550.

***A "complete kitchen" must contain a sink with a faucet; a stove or range; and a refrigerator.

DISTRICT 7**PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

Food Resources	
CalFresh	
All individuals receiving	1,314 (2% of all cases Citywide)
Seniors (60+)	225
Children (0-17)	417
Women, Infants and Children (WIC) All individuals receiving	1,156 (4th highest)

*Non-disabled seniors are eligible for CalFresh. However, at 65, low-income seniors – those who do not have earnings-based Social Security to draw from - receive SSI instead. In California (only), SSI recipients are ineligible for CalFresh. This policy explains in part the low numbers for CalFresh participation by seniors.

Food Access	
School Meals (daily)*	(Total enrollment: 8,337 in 11 schools)
# eligible for free or reduced priced meals	3,702 (44% of enrolled)
# eating school lunch	2,371 (28%)
# eating school breakfast	581 (7%)
Summer Lunch for Children	
# of sites (SFUSD/DCYF)	2/4
# of children/day (average SFUSD/DCYF)	260/382
# days open (average SFUSD/DCYF)	14/37 days
On-site Lunch (City funded) # of meals/day; 5 days/week	
For Seniors	121 (2nd lowest)
For Young Disabled Adults (18-59)	0 (lowest with 4 other Districts)
Home-delivered Meals (City funded) # of meals/day; 6 days/week	
For Seniors	202 (9th highest)
For Young Disabled Adults (18-59)	5.57 (9th highest)
Food Pantries	
Weekly food pantries	3
Residents served	2,015 (2.76% of residents)
Free Dining Rooms	0

*Note that children may not reside in the same District where they attend school.

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DISTRICT 7

PROGRAMS AND SERVICE COVERAGE (continued from previous page)

Shelter Meals funded by HSA (approximately 2 meals/day; 7 days/week)	0
Retail	
Supermarkets (total number)	7
- Number that accept CalFresh EBT	7 (100%)
- Number that accept WIC	3 (43%)
Grocery Stores (total number)	7
- Number that accept CalFresh EBT	3 (43%)
- Number that accept WIC	0

Key Challenges and Recommendations



Challenges key to this District

The income available for District 7 residents to use on food is higher than most Districts. District 7 residents have the third highest median income by household in the City, 132% of the Citywide median household income.

Still, 13,344 people (18.3% of the District’s residents) are at risk for food insecurity based on income below 200% of the poverty level.

The income of 9% of residents in District 7 falls below 100% of the poverty level – an estimated 6,500 residents. While it is not possible to ascertain precisely how many District 7 residents are eligible for CalFresh, at least 5,912 appear qualified based on income and age, not accounting for other disqualifiers.^{ix} However, there are only 1,315 people receiving CalFresh benefits in the District. District 7 has the fourth highest number of WIC recipients (1,156).

All of the District’s seven supermarkets accept CalFresh benefits. However, only 3 accept WIC benefits. None of the District’s seven grocery stores accept WIC benefits, and three accept CalFresh.

^{ix} Not accounting for other disqualifiers such as receipt of SSI benefits by people under 65 years of age, minimally 6,562 residents are qualified based on incomes below 100% of the poverty level (this sum does not include those residents whose income is between 100% and 130% of the poverty level, also qualified by income for CalFresh). From this number are subtracted the 650 seniors, aged 65 or over (low-income seniors without Social Security to draw from, receive SSI, rendering them ineligible for CalFresh benefits).

DISTRICT 7

FOOD RESOURCES

Recommendations key to this District

- Increase enrollment in CalFresh especially for families with children, families receiving WIC benefits, working adults and households with mixed immigration status.
- Develop a local food assistance supplement for food insecure San Franciscans beginning with SSI-recipients (like “Healthy SF” for health access).



FOOD ACCESS

Challenges key to this District

Nearly 18.3% of District 7 live below 200% of poverty and are at risk for food insecurity. Although these residents might benefit from additional nutritious food on a regular basis, food pantries serve only 2.76% of the population.

Nearly 45% of the 8,337 K-12 students attending schools in District 7 qualify for free or reduced meals. About 2,370 students eat lunch and 580 eat breakfast daily, leaving an opportunity to serve more students healthy school meals. Children’s food security suffers when school is out for the summer. In District 7, 642 children eat at summer lunch programs each day. There are approximately 55 weekdays during summer break; summer lunches are available in this District on average between 14 days (SFUSD) and 37 days (DCYF) of the summer break.

The seniors living below 200% of poverty and at risk of food insecurity in District 7 require 8,165 meals a day, but only 1,045 are provided by City and nonprofit agencies, including CalFresh, leaving up to 7,140 daily to be funded for this most vulnerable population.⁹

There are no restaurants that accept CalFresh benefits in the District, adding to the inaccessibility of prepared meals to seniors who are unable to cook.³¹

Adults (18-59) with disabilities are served through an average of six home-delivered meals (3rd lowest in the City). There are no on-site, congregate meal programs for this population in District 7.

There are six community gardens in District 7.⁴²

Recommendations key to this District:

- Increase outreach to ensure 90% of supermarkets, grocery stores and other affordable food outlets accept EBT cards, and 90% of supermarkets accept WIC benefits.
- Increase number and variety of CalFresh Restaurant Meal Program vendors, including local restaurants that bring cultural, nutritional and geographical choices to beneficiaries.
- Increase funding for successful programs (home delivered meals, home delivered groceries, shelter meals, free dining rooms).
- Fund a mandate that all seniors and adults with disabilities on the citywide waitlist for home-delivered meals are served within 30 days.

DISTRICT 7

FOOD ACCESS

- Explore options to continue to increase participation in school breakfast and lunch programs.
- Develop a plan to expand summer lunch and afterschool meal programs.

**FOOD CONSUMPTION****Challenges key to this District**

- Although only 141 housing units counted through the Census do not have complete kitchens, this figure may underrepresent additional secondary units.

Recommendations key to this District

- Increase culturally appropriate nutrition and cooking education.
- Create and maintain a centralized city resource website for healthy food access and preparation in San Francisco. Include locations of grocery stores, healthy corner stores, and information on CalFresh and WIC acceptance.
- Support educational efforts around healthy food choices, healthy food preparation, nutrition, and how to find/access affordable healthy food outlets.

Needs of Subpopulations Key to this District

- **Children and Families:** 23% of the households in District 7 have children, compared to the citywide 18%. District 7 has the 5th highest number of children (10,564). Children in this district would benefit from additional meal programs.
- **Seniors and Adults with Disabilities:** District 7 has almost 16,000 seniors and around 5,800 aged 75+ who may benefit from additional meal programs.