

DISTRICT 9**DEMOGRAPHIC INFORMATION**

Population (Estimates)	
Total	76,720
Households	26,880
Average household size	2.8 persons
% family households	52%
% households with children	28%
% households with single person	30%
Seniors	
60+	12,584
65+	8,716
% living alone	30%
Children (0-17)	10,578 (4th highest)

Income and Poverty (Estimates)	
Median Income by Household	\$67,989 (7th highest)
Per Capita Income	\$33,703 (9th highest)
All residents below 200% of poverty level*	31% (4th highest)
Residents below 100% of poverty level**	11%
Homeless	
Total sheltered and unsheltered	571 (3rd highest)
Total unsheltered	247 (6th highest)
Seniors (65+) below 200% of poverty level ⁹	38%

Employment	
Employed residents	47,820
Unemployment rate	7%

Housing (Estimates)	
# of Housing Units	28,680
Units lacking complete kitchens***	1,766

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*Given the high cost of living in San Francisco, individuals and families whose income is below 200% of the Federal Poverty Guidelines are at risk for food insecurity. For a family of four in 2013, their income would be no more than \$47,100.

**In 2013 at 100% of the Federal Poverty Guidelines, income for a family of four would not exceed \$23,550.

***A "complete kitchen" must contain a sink with a faucet; a stove or range; and a refrigerator.

DISTRICT 9**PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

Food Resources	
CalFresh	
All individuals receiving	4,649 (8% of all cases Citywide), 4th highest
Seniors (60+)	395
Children (0-17)	2,240 (4th highest)
Women, Infants and Children (WIC)	2,511 (3rd highest)
All individuals receiving	

*Non-disabled seniors are eligible for CalFresh. However, at 65, low-income seniors – those who do not have earnings-based Social Security to draw from - receive SSI instead. In California (only), SSI recipients are ineligible for CalFresh. This policy explains in part the low numbers for CalFresh participation by seniors.

Food Access	
School Meals (daily)*	(Total enrollment: 5,557 in 12 schools)
# eligible for free or reduced priced meals	4,445 (80% of enrolled)
# eating school lunch	2,867 (52% of enrolled)
# eating school breakfast	702 (13% of enrolled)
Summer Lunch for Children	
# of sites (SFUSD/DCYF)	8/10
# of children/day (average SFUSD/DCYF)	767/463
# days open (average SFUSD/DCYF)	22/36 days
On-site Lunch (City funded)	
# of meals/day; 5 days/week	
For Seniors	156 (9th highest)
For Young Disabled Adults (18-59)	0 (tied for last with 4 other Districts)
Home-delivered Meals (City funded)	
# of meals/day; 6 days/week	
For Seniors	227 (8th in the City)
For Young Disabled Adults (18-59)	8 (6th in the City)
Food Pantries	
Weekly food pantries	28
Residents served	18,063 (23.54% of residents), 2nd highest
Free Dining Rooms	Data not available

*Note that children may not reside in the same District where they attend school.

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DISTRICT 9

PROGRAMS AND SERVICE COVERAGE (continued from previous page)

Shelter Meals funded by HSA (approximately 2 meals per day; 7 days/week)	101
Retail	
Supermarkets (total number)	8
- Number that accept CalFresh EBT	8 (100%)
- Number that accept WIC	3 (37%)
Grocery Stores (total number)	15
- Number that accept CalFresh EBT	14 (93%)
- Number that accept WIC	1 (7%)

Key Challenges and Recommendations



Challenges key to this District

District 9 residents have the seventh highest median income by household in the City - about \$68,000 compared to the City's median household income of \$71,416.

About 31% of District 9 residents (approximately 23,500) have incomes of less than 200% of poverty and are at risk for food insecurity. The income of 11% of residents in District 9 falls below 100% of the poverty level – around 8,400 residents. While it is not possible to ascertain precisely how many District 9 residents are eligible for CalFresh, at least 7,711 appear qualified based on income and age, not accounting for other disqualifiers.^{xi} However, there are only 4,650 people receiving CalFresh benefits in the District. District 9 has the third largest number of WIC recipients in the City.

Impressively, all of the District's eight supermarkets, and 93% of its 15 grocery stores accept CalFresh EBT benefits. However, only three of the supermarkets and one of the grocery stores accept WIC benefits.

^{xi} Not accounting for other disqualifiers such as receipt of SSI benefits by people under 65 years of age, minimally 8,439 residents are qualified based on incomes below 100% of the poverty level (this sum does not include those residents whose income is between 100% and 130% of the poverty level, also qualified by income for CalFresh). From this number are subtracted the 728 seniors, aged 65 or over (low-income seniors without Social Security to draw from, receive SSI, rendering them ineligible for CalFresh benefits).

FOOD RESOURCES

Recommendations key to this District

- Increase enrollment in CalFresh especially for families with children, families receiving WIC benefits, working adults and households with mixed immigration status.
- Develop a local food assistance supplement for food insecure San Franciscans beginning with SSI-recipients (like "Healthy SF" for health access).



FOOD ACCESS

Challenges key to this District

Food pantry access is the second highest in the City - while 31% of District 9 residents are at risk for food insecurity, food pantries serve 23.54% of the population.

Nearly 80% of the 5,557 K-12 students attending schools in District 9 qualify for free or reduced meals. On average, 2,867 students in District 9 schools eat lunch and 702 eat breakfast each day, leaving an opportunity to serve more students healthy school meals. Children's food security suffers when school is out for the summer. In District 9, 1,230 eat at summer lunch programs. There are approximately 55 weekdays during summer break; summer lunches are available in this District on average between 22 days (SFUSD) and 36 days (DCYF) of the summer break.

The seniors at risk of food insecurity in District 9 require 9,971 meals a day, but only 3,122 are provided by City and nonprofit agencies, including CalFresh, leaving up to 6,849 daily to be funded for this most vulnerable population.⁹

Shelters provide 101 meals per day for the 324 homeless individuals residing in shelters in District 9.

Adults (18-59) with disabilities are served through an average of six home-delivered meals (3rd lowest in the City). There are no on-site, congregate meal programs for this population in District 9.

There is one national chain restaurant in District 9 that accepts CalFresh benefits, adding to the inaccessibility of prepared meals to people who are homeless or otherwise unable to cook.³¹

There are 15 community gardens in District 9.⁴²

Recommendations key to this District:

- Increase outreach to ensure 90% of supermarkets, grocery stores and other affordable food outlets accept EBT cards, and 90% of supermarkets accept WIC benefits.
- Increase number and variety of CalFresh Restaurant Meal Program vendors, including local restaurants that bring cultural, nutritional and geographical choices to beneficiaries.
- Develop ways to meet high demand for neighborhood-based food programs that are the most respectful and least disruptive for the clients and neighborhoods in which they live.

DISTRICT 9**FOOD ACCESS**

- Increase funding for successful programs (home delivered meals, home delivered groceries, shelter meals, free dining rooms).
- Fund a mandate that all seniors and adults with disabilities on the citywide waitlist for home-delivered meals are served within 30 days.
- Incorporate affordability into the analysis of the “accessibility” of food at retail establishments.
- Explore options to continue to increase participation in school meals breakfast and lunch programs.
- Develop a plan to expand summer lunch and afterschool meal programs.

**FOOD CONSUMPTION****Challenges key to this District**

- Over 6% of the housing units in District 9 do not have complete kitchens, compromising 1,766 household's abilities to prepare nutritious food.

Recommendations key to this District

- Significantly increase the number of complete kitchens in housing units.
- Increase culturally appropriate nutrition and cooking education.
- Create and maintain a centralized city resource website for healthy food access and preparation in San Francisco. Include special recommendations for those without complete kitchens and locations of grocery stores, healthy corner stores, and information on EBT and WIC acceptance.
- Support educational efforts around healthy food choices, healthy food preparation, nutrition, and how to find/access affordable healthy food outlets.
- Improve food recovery for use in food programs, and reduce food waste.

Needs of Vulnerable Subpopulations in this District

- **Seniors and Adults with Disabilities:** 38.1% of seniors living in the District have incomes below 200% of the poverty level, the 4th highest percentage in the City. Seniors in District 9 may benefit from additional meal programs.
- **Children and Families:** 36% of the households in this District have children, double the citywide average of 18%. 2,240 children receive CalFresh benefits, the fourth highest number in San Francisco. District 9 has over 7,000 children between 5-17 years that may benefit from additional meal programs during the summer and after school.
- **People Who are Homeless:** District 9 has the third largest number of homeless people, and sixth largest number of unsheltered homeless residents. A full 43% of the District's homeless population is unsheltered, meaning that they have no access to shelter meals, or to cooking facilities.