

Table 1. STDs among residents, June, 2021. Female syphilis cases include patients assigned as female at birth.

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	2021		2020			
	month	YTD	month	YTD		
Gonorrhea	422	2,069	288	2,071		
Male rectal gonorrhea	131	658	82	597		
Chlamydia	502	2,744	387	3,070		
Male rectal chlamydia	160	786	111	869		
Syphilis (adult total)	144	985	153	832		
Primary & secondary	36	204	52	285		
Early latent	56	397	60	374		
Unknown latent	22	158	20	78		
Late latent	30	226	21	95		
Neurosyphilis	0	14	1	10		
Congenital syphilis	0	1	1	1		
Female syphilis	24	96	21	81		

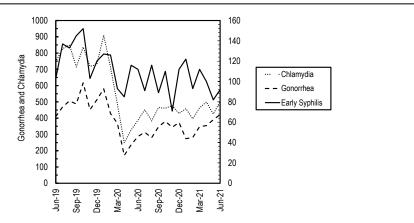


Figure 1. Monthly STD trends for San Francisco. Syphilis cases different scale.

Table 2. Selected STD cases and rates for San Francisco by age and race/ethnicity, 2021 through June only. Rates equal cases per 100,000 residents per year based on 2010 US Census Data.

	(All races)		Asian/PI		African American		Hispanic		White	
	cases	rate	cases	rate	cases	rate	cases	rate	cases	rate
All ages										
Chlamydia	2,744	681.5	325	244.6	342	1,462.1	480	788.4	693	410.7
Gonorrhea	2,069	513.9	188	141.5	334	1,427.9	408	670.1	706	418.4
Early syphilis	601	149.3	83	62.5	67	286.4	150	246.4	237	140.5
Under 20 yrs										
Chlamydia	211	759.1	16	144.5	56	2,381.5	41	648.1	16	261.0
Gonorrhea	58	208.7	4	36.1	19	808.0	9	142.3	8	130.5
Early syphilis	2	7.2	0	0.0	0	0.0	2	31.6	0	0.0

Table 3. HIV testing among City Clinic patients, June, 2021.

June, 2021.				
	2021			
	month	YTD	month	YTD
Tests	310	1,421	216	1,448
Antibody positive	3	16	7	22
Acute HIV infection	0	2	0	0

Note: All statistics are provisional until the annual report is released for the year. Morbidity is based on date of diagnosis. Totals for past months may change due to delays in reporting from labs and providers.

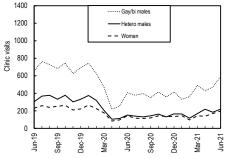


Figure 2. City Clinic visits by gender and orientation.

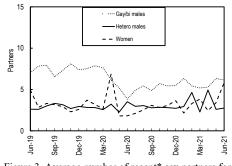


Figure 3. Average number of recent\* sex partners for City Clinic visits by gender and sexual orientation. \*Recall period is 3 months.

## Updated CDC STI Treatment Guidelines Now Available

On July 22<sup>nd</sup> the Centers for Disease Control and Prevention (CDC) released the <u>Sexually Transmitted Infections (STI) Treatment Guidelines</u>, <u>2021</u>. These updated guidelines provide evidence-based recommendations on the prevention, diagnosis, and treatment of STIs. Provider resources include a downloadable wall chart and pocket guide. A new mobile app is coming soon. Key treatment updates include:

- 1. Chlamydia: Doxycycline 100 mg PO BID x 7 days recommended for uncomplicated infection at all sites.
  - Azithromycin 1 g PO x 1 is an alternative, 2<sup>nd</sup> line treatment, though remains 1<sup>st</sup> line if pregnancy cannot be ruled out.
- 2. Gonorrhea: 1st line treatment is now ceftriaxone 500 mg IM x1 MONOTHERAPY
  - Doxycycline 100 mg PO BID x 7 days should be added in cases where chlamydial co-infection has not been ruled out.
- 3. Mycoplasma genitalium (M. gen): Recommended treatment: Doxycycline 100 mg PO BID x 7 days FOLLOWED BY moxifloxacin 400 mg PO daily x 7 days.
  - NAAT testing for M. gen is indicated in patients with recurrent/persistent urethritis.
- 4. Pelvic Inflammatory Disease (PID): 1st line treatment for PID now includes anaerobic coverage for all patients, regardless of whether BV infection is detected.
  - For outpatient therapy: Ceftriaxone IM x 1 (dosed per weight-based GC guidance) PLUS Doxycycline 100 mg PO BID AND Metronidazole 500 mg PO BID (both x 14 days)
- 5. Nongonococcal Urethritis (NGU): Doxycycline 100 mg PO BID x 7 days has replaced azithromycin 1 g PO once as the preferred initial therapy for NGU.
- 6. Trichomonas: Treatment no longer varies by HIV status.
  - Vaginal infection: Metronidazole 500 mg PO BID x 7 days.
  - Penile/urethral infection: Metronidazole or tinidazole, both dosed at 2 gm PO x 1.