Guidance

Notice of Suspension or Restrictions of Indoor and Outdoor Activity

December 04, 2020

San Francisco continues to experience a rapid and significant surge in COVID-19 cases with current projections to overload our hospitals and healthcare systems. In accordance with the State’s recent limited stay at home order, San Francisco will comply and take action to stop the increase in cases. Accordingly, the Health Officer is suspending and restricting certain indoor and outdoor businesses and activities. Businesses must implement the rollbacks in business capacities and other activities required under the amendments to the Order by 10 p.m. on December 06, 2020. If the surge in cases continues, the Health Officer may further restrict or suspend other activities currently allowed under Health Officer Order C19-07.

Important Note: The Health Officer ordered suspensions or restrictions on capacity limits of the activities as shown in the table below. Suspended or restricted businesses may still engage in Minimum Basic Operations as defined in Health Officer Order C19-07. These suspensions or restrictions amend any related orders, directives, or guidance. All impacted people and entities are required to adhere to these new limits and must otherwise continue to monitor and comply with all applicable Health Orders and Directives.

### Business Capacities and Activities Table

<table>
<thead>
<tr>
<th>Activity and Amended Order or Directive</th>
<th>Affected Groups</th>
<th>Indoor or Outdoor</th>
<th>Change as of effective date</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Retail</strong></td>
<td>Retail Stores, Indoor Shopping Centers, Grocery Stores</td>
<td>Indoor</td>
<td>RESTRICTED as of Sunday, December 06, 2020</td>
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<tr>
<td></td>
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<td></td>
<td>1. Implement Metering System to enforce Capacity Limits.</td>
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<td></td>
<td>2. Total Capacity Limits for all Retail reduced to 20%</td>
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<td></td>
<td>3. Provide Special Hours for Older Adults and those with Health Risks.</td>
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<tr>
<td></td>
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<td></td>
<td>4. No Indoor Non-Essential Retail from 10pm–5am</td>
</tr>
<tr>
<td><strong>Dining</strong></td>
<td>Restaurants, Bars with food, Shopping malls with food, Hotels with Restaurants, Museums, Zoos and Aquariums with Restaurants, Gyms with food, Office Cafeterias</td>
<td>Indoor</td>
<td>SUSPENDED as of Saturday, November 14, 2020</td>
</tr>
<tr>
<td><strong>Gyms / Fitness Centers</strong></td>
<td>Gyms, Fitness Centers</td>
<td>Indoor</td>
<td>SUSPENDED as of Sunday December 06, 2020</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>1. No Indoor Gyms / Fitness Center allowed. Suspended until further notice.</td>
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<tr>
<td></td>
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<td>Outdoor</td>
<td>RESTRIC TED as of Sunday, December 06, 2020</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td>1. Total Capacity Limit reduced to 12 people</td>
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<tr>
<td></td>
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<td></td>
<td>2. No Outdoor Gym / Fitness Center from 10pm–5am</td>
</tr>
<tr>
<td><strong>Personal Services</strong></td>
<td>Hair Salons, Barber Shops, Nail Salons, Massage, Estheticians, Skin Care, Cosmetology, Electrology, Tattooing, Piercing, Microblading</td>
<td>Indoor</td>
<td>SUSPENDED as of Sunday, December 06, 2020</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>1. No Indoor Personal Services allowed. Suspended until further notice.</td>
</tr>
<tr>
<td><strong>Movie Theaters</strong></td>
<td>Movie Theaters</td>
<td>Indoor</td>
<td>SUSPENDED as of Sunday, November 29, 2020</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>1. No Indoor Movie Theaters allowed. Suspended until further notice.</td>
</tr>
<tr>
<td>Category</td>
<td>Description</td>
<td>Indoor/Outdoor</td>
<td>Guideline Details</td>
</tr>
<tr>
<td>----------------------------------------------</td>
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</tr>
<tr>
<td><strong>Hotels and Lodging Facilities</strong></td>
<td>Directive 2020-29</td>
<td>Indoor</td>
<td>RESTRICTED as of Sunday, December 06, 2020 1. No Non-Essential Visitors from Out of State unless the visitor quarantines for beginning of the stay</td>
</tr>
<tr>
<td><strong>Office Facilities</strong></td>
<td>Directive 2020-18</td>
<td>Indoor</td>
<td>RESTRICTED as of Tuesday, November 17, 2020 1. Nonessential offices restricted until further notice.</td>
</tr>
<tr>
<td><strong>Religious and Cultural Ceremonies</strong></td>
<td>Directive 2020-34</td>
<td>Indoor</td>
<td>RESTRICTED as of Sunday, December 06, 2020 1. No Indoor Religious and Cultural Ceremonies. Suspended until further notice. Only Exception is Indoor Individual Prayer. 2. No Indoor Individual Prayer from 10pm-5am</td>
</tr>
<tr>
<td><strong>Playgrounds and Family Entertainment Centers</strong></td>
<td>Directive 2020-36 Appendix C-1</td>
<td>Outdoor</td>
<td>SUSPENDED as of Sunday, December 06, 2020 1. No Playgrounds and Family Entertainment Centers. Suspended until further notice.</td>
</tr>
<tr>
<td><strong>Outdoor Recreation, including Tennis, Pickleball, Golf and Swimming Pools</strong></td>
<td>Order No. C19-07 Directive 2020-15 Appendix C-2</td>
<td>Outdoor</td>
<td>RESTRICTED as of Sunday, December 06, 2020 1. Total Capacity Limits: Golf, Tennis and Pickleball with only members of the same Household 2. Total Capacity Limits: up to 2 swimmers from different households per 300 Sq Ft of Shared Outdoor Swimming Pool Space. 3. No Outdoor Recreation from 10pm-5am unless alone or with members of the same Household.</td>
</tr>
<tr>
<td><strong>Gatherings (Drive-In)</strong></td>
<td>Order No. C19-07 Appendix C-2</td>
<td>Outdoor</td>
<td>RESTRICTED as of Sunday, December 06, 2020 1. No Gatherings (Drive-In) allowed. Suspended until further notice.</td>
</tr>
<tr>
<td><strong>Gatherings (Religious Activities and Political Protests)</strong></td>
<td>Order No. C19-07 Appendix C-2</td>
<td>Outdoor</td>
<td>RESTRICTED as of Sunday, November 29, 2020 1. Total Capacity Limit of up to 200 people 2. No Outdoor Special Gatherings from 10pm-5am</td>
</tr>
<tr>
<td><strong>Gatherings (Meal)</strong></td>
<td>Order No. C19-07 Appendix C-2</td>
<td>Outdoor</td>
<td>RESTRICTED as of Sunday, December 06, 2020 1. Outdoor Meal Gatherings with only members of the same Household (maximum 6 people if away from the home) 2. No Outdoor Meal Gatherings from 10pm-5am</td>
</tr>
<tr>
<td><strong>Gatherings (Small Outdoor)</strong></td>
<td>Order No. C19-07 Appendix C-2</td>
<td>Outdoor</td>
<td>RESTRICTED as of Sunday, December 06, 2020 1. Total Capacity Limit with only members of the same Household, no eating or drinking (maximum 12 people if away from the home) 2. No Small Outdoor Gatherings from 10pm-5am</td>
</tr>
</tbody>
</table>
Reopening Institutions of Higher Education and Other Adult Education Programs for In-Person Instruction: Guidance for Academic Year 2020-2021

Updated December 6, 2020

The following guidance was developed by the San Francisco Department of Public Health (SFDPH) for local use, and will be posted at [https://www.sfcdcp.org/covid19](https://www.sfcdcp.org/covid19).

**AUDIENCE:** Educators, administrators and support staff of Higher Education Programs as well as students, contractors and other personnel at these programs. For this guidance, the term "Higher Education Programs" includes public, private non-profit, private for-profit, research-focused, and special mission institutions of higher education (IHEs) including universities and colleges, adult education programs such as those offering vocational training courses, career pathway educational programs, job skills training or adult English as a Second Language (ESL) classes. This guidance does not apply to TK-12 schools or other programs for children.

**Key Points**

- Prevention Plan must include how IHEs will address health and safety violations
- Surveillance testing is strongly recommended for personnel, testing guidance is on page XX.
- Higher Education Programs must take all feasible steps to ensure that any gatherings on campus or other property under the control of the Higher Education Program comply with the Health Orders and Directives.

**PURPOSE:** To provide guidance on health and safety practices needed to safely operate in-person, on-site instruction at Higher Education Programs.

**BACKGROUND:** Higher Education Programs in San Francisco were allowed to reopen for outdoor in-person instruction in small groups, and in limited circumstances, indoor in-person instruction on September 30, 2020. Although young adults are at low risk of **severe** COVID-19 compared to older adults, colleges and universities where students live on campus are an especially high-risk setting, with outbreaks occurring across the country. Since COVID-19 in young adults may be undetected because symptoms are absent or mild, this group can be a significant contributor to community transmission, resulting in spread of infection to older adults and other vulnerable groups. This is why preventing the spread of COVID-19 at higher education programs and promoting safe personal behaviors by all students and staff on- and off-campus is crucial.

This guidance is based on the best science available at this time and current COVID-19 transmission in San Francisco. It is subject to change as new knowledge emerges and as community transmission changes.
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COVID-19 Information

Our current understanding is that COVID-19 is mostly spread from person-to-person in the air through virus-containing droplets in the breath of someone with COVID-19. These droplets enter the air when a person breathes. Even more droplets can get in the air when infected people talk, sing, cough, or sneeze. People with COVID-19 may have no symptoms and can still be breathing out virus-containing droplets that can infect others. Transmission can occur through:

- Larger droplets. These larger droplets are sometimes called “ballistic droplets” because they travel in straight lines and are pulled down by gravity. People nearby, usually within 6 feet, are infected when they breathe in these droplets or if the droplets land in their eyes, nose, or mouth.

- Smaller droplets or infectious particles. These can float in the air for a period of time and/or travel beyond 6 feet on indoor air currents, especially in enclosed spaces with poor ventilation. People sharing the same space are infected when they breathe in these smaller droplets and particles or the droplets or particles land on their eyes, nose, or mouth – even if they are further than 6 feet away. These droplets are sometimes referred to as “aerosols” or “bioaerosols”.

COVID-19 can also spread if a person touches their eyes, nose or mouth after touching a contaminated surface (also known as a fomite), however this is less common.

COVID-19 Prevention

- **Wash your hands often with soap and water.** If soap and water are not available, use a hand sanitizer that contains at least 60% ethanol or 70 % isopropanol.

- **Avoid Close Contact.** To the greatest extent, maintain at least six feet of social distancing between yourself and the people who don’t live in your Household.

- **Wear a Face Covering.** Cover your mouth and nose with a Face Covering in public settings and when around people who don’t live in your Household.

- ** Routinely clean and disinfect** frequently touched surfaces.

- **Monitor Your Health Daily.** Be alert of symptoms such as fever, cough, shortness of breath, or other symptoms. If you are experiencing any of these symptoms, stay home.

Flu vaccines

Flu vaccines are critical in the fight against COVID-19 by (1) keeping workers and communities healthy and (2) reducing strain on our healthcare and testing systems that are responding to COVID-19. Those over the age of 6 months are strongly encouraged to get a flu shot. Find out how to get one at [https://www.sfcdcp.org/flu](https://www.sfcdcp.org/flu)

Indoor Risk

Scientists agree that the risk of transmitting COVID-19 is generally much greater indoors than outdoors. Consider the increased risk to yourself and your community while planning activities and dining. Any increase in the number of people indoors or the length of time spent indoors increases risk. Small rooms, narrow hallways, small elevators, and weak ventilation all increase indoor risk. Each activity that can be done outdoors, remotely, or by teleconference reduces risk. More detail can be found at sfcdp.org/indoorrisk
Applicability

Higher Education Programs must continue to offer distance learning whenever possible. As a rule of thumb, minimize in-person interactions and continue remote or virtual operations as much as possible. Please carefully review the Health Order to assess whether a particular “support service” is considered an essential business operation.

- Offer distance learning options to the extent reasonably feasible.
- Require that students who are able to complete their coursework remotely to do so from their place of residence. For students who live outside the local geographic area and who can otherwise complete their coursework through remote learning, Higher Education Programs must not require those students to travel to the San Francisco Bay Area for the purpose of living in housing under the control of the Higher Education Program.
- Students and staff must be permitted to decline in-person instruction and should be accommodated with distance learning or other options if feasible.

Private Use of Indoor Facilities

When allowed by the Health Order, Higher Education Programs may permit students to privately use indoor facilities under the control of the Higher Education Program if:

- The student requires access to the facility to access to specialized equipment or space that is not available outside or at their home (such as a music practice room or fine arts studio);
- Only one person (including students, faculty, and other personnel) is permitted access to the facility at a time;
- The facility is cleaned and disinfected between each use;
- The facility is aired out between each use, such as by opening windows or doors, when feasible;
- Use of the facility must be by appointment and staggered to permit at least one hour between uses;
- Face coverings are required at all times except when performing a specific task, such as eating, drinking, or playing a wind instrument.
Indoor In-Person Classes

When indoor, in-person instruction involving two or more students, faculty or other personnel are allowed by the Health Order, they must meet the following conditions:

- Completion of the [Prevention Plan Checklist](#)
- Post a [Prevention Plan](#) that includes a description of how the Higher Education Program intends to prevent and address violations of COVID-19 safety protocols by students and Personnel
- Cooperate with periodic audits by SFDPH, including allowing SFDPH inspectors access to their facilities for inspection and review of health and safety plans.

Requirements for all Higher Education Programs

Higher Education Programs must:

- Designate at least one COVID-19 staff liaison as the point of contact for questions or concerns around practices, protocols, or potential exposure. This person will also serve as a liaison to SFDPH.
- Establish health and safety protocols to prevent COVID-19 transmission, as required by any SFDPH Health Order allowing schools to reopen.
  - Train staff and students on health and safety practices. Avoid having in-person staff development, meetings, or team-building during the two weeks before in-person instruction begins.
  - Create a Health and Safety Plan outlining what the Higher Education Program will do to implement the requirements in this guidance and any relevant Health Officer directives or orders. Share this plan with staff, families, students and other members of the Higher Education Program community.
- Higher Education Programs should consider the role of COVID-19 testing in limiting the transmission of COVID-19. Students and staff who have symptoms, or have been close contacts, must receive testing as soon as possible. Due to concerns of asymptomatic spread of COVID-19, programs should also consider scheduled, periodic surveillance or screening testing of asymptomatic students and staff, particularly for students living in school-owned housing. Programs are encouraged, if feasible, to cover the costs of testing, either by contract with a private testing lab and/or use of primary health care providers to reduce the impact on limited City testing resources.
  - SFDPH strongly recommends surveillance testing for staff, in addition to symptomatic COVID-19 testing. See page 7: “Surveillance Testing for Staff” for guidance.
• Develop an outbreak management plan or Communicable Disease Management Plan which includes protocols to notify SFDPH of any confirmed COVID-19 cases among students, faculty or staff and assist SFDPH as needed with contact tracing. Such a plan should include a protocol to isolate or quarantine any ill or exposed persons. The SFDPH Education Hub will provide case consultation and guidance in cases of individuals testing positive for COVID-19.

• Establish procedures to record daily schedules and attendance of all personnel and students who are in-person at your Higher Education Program. Retain these records for three weeks, for contact tracing purposes in the event of an outbreak. If your Higher Education Program does not already collect contact information for students, asking students to voluntarily provide their contact information is recommended. Find out more at https://covid19.ca.gov/contact-tracing

• Establish protocols for staff and students with symptoms of COVID-19 and for communication with staff, students and families after COVID-19 exposure or a confirmed COVID-19 case in the Higher Education Program.

• Establish a plan to prevent and address violations of COVID-19 safety protocols, including the terms of the Health Officer’s directive, by students and Personnel.

• If the program will be providing housing to students, maintain records concerning the number of students who are or will be living on campus and demonstrating compliance with Section 4 of the Directive 2020-22 concerning including those sections mandating occupancy limitations and strongly discouraging students from returning to San Francisco unless they are required to attend classes in person.

• Flush out the stagnant water from the plumbing lines by running water through fixtures to prevent water-borne infections such as Legionnaires’ disease. See detailed guidance at https://www.sfwater.org/flushingguidance.

• Ensure that any organizations affiliated with the Higher Education Program, such as off-campus clubs, fraternities and sororities, also follow these guidelines. Develop systems to enforce and hold affiliated organizations accountable for adhering to this guidance.

Quarantine residents after moving or travel to prevent COVID-19 transmission

Higher Education Programs must have a plan in place to ensure that students and staff quarantine for 14 days if they have returned to or moved to the San Francisco Bay Area from another area and engaged in activities that would put them at higher risk of contracting the virus that causes COVID-19 in that area.

• Higher Education Programs are strongly encouraged to require students quarantine for 14 days upon return to San Francisco from non-essential travel outside the State or Bay Area.

• Higher risk activities include people interacting within 6 feet of individuals outside their household if they or those around them were not wearing face coverings at all times, especially if they were indoors; this includes travel on planes, buses, or trains when face coverings were not worn at all times by the people in these enclosed spaces.

• This quarantine recommendation does not apply to students and staff who regularly commute to a Higher Education Program from places outside of San Francisco.

• Review additional guidance on quarantine at https://www.sfcdcp.org/I&Q

• Review additional guidance on travel at www.sfcdcp.org/travel.
• Review special considerations for quarantining students in the section below Housing Under Authority of Higher Education Programs.

Strategies to prevent spread of COVID-19 in Higher Education Programs

Screen everyone entering the campus

• Ask all persons entering indoor or outdoor campus properties about symptoms and exposure to COVID-19, including staff, students, parents/caregivers, contractors, visitors, and government officials. Emergency personnel responding to a 9-1-1 call are exempted.
  o For details about screening, refer to COVID-19 Health Checks at Programs for Children and Youth (students under 18) and Asking COVID-19 Screening Questions at Any Business, Organization or Facility (adults).
  o SFDPH does not recommend measuring temperatures of students and staff of Higher Education Programs. Please visit https://www.sfcdcp.org/screening for further guidance regarding measuring temperatures.

• Individuals with symptoms or exposure to COVID-19 should not be allowed on campus. Individuals with symptoms should be sent home. (See page 16: "When a staff member or student has symptoms of COVID-19").

Surveillance Testing for Staff

• SFDPH strongly recommends that all staff working in-person, which may include, instructors, paraprofessionals, contracted janitorial staff, security, therapists, aides, essential volunteers, interns, and student teachers be tested for COVID-19 on an ongoing basis as follows:
  o Testing should be done via nucleic acid diagnostic test or other test as authorized by the San Francisco Department of Public Health (“DPH”). All processing of tests must be conducted by a lab that complies with Health Officer Order No. C19-10
  o Each staff person should be tested ideally within seven days, but no more than 14 days, before first returning to campus for essential operations or instruction (“pre-return test”).
  o Each staff person also should be tested at least every two months after returning to work following the pre-return test as long as they have been on campus at any point during that two-month period. For the every-other monthly testing, the Higher Education Program may choose to test 25% of the staff in the facility every two weeks, or 50% of the staff in the facility every month. Each Higher Education Program should ensure that every staff person is tested at least every two months after return to on-site work and completion of the pre-return test.
  o Each Higher Education Program should maintain a log of testing for all School-Based Personnel who work or provide services onsite (the “Testing Log”).
  o A Higher Education Program should not allow any staff person to come to work or otherwise enter the School’s premises if that person refuses to be tested.
  o Higher Education Programs should take all steps necessary to ensure it receives the results of these tests promptly.
Staff Considerations

- Maximize the number of personnel who work remotely from their place of residence.
- Protect staff, especially those at higher risk of severe COVID-19 illness. See sfcdcp.org/vulnerable for a list of groups at higher risk for severe COVID-19.
  - Offer options that limit exposure risk to staff who are in groups at higher risk for severe COVID-19 illness (e.g. telework, reassignment, or modified job duties to minimize direct interaction with students and staff).
  - Prioritize portable plexiglass barriers or other partitions for staff who are in groups at higher risk of severe COVID-19 or who must interact directly with large numbers of people.
  - Consider the use of face shields, to be used with face coverings, for staff whose duties make it difficult to maintain 6 feet of distancing, such as clerical staff.
- Monitor staff absenteeism. Plan for staff absences of 10-14 days due to COVID-19 infection or exposure in the event that community transmission increases. Be prepared to offer distance learning to students whose instructors must stay home due to COVID-19 infection or exposure.

Restrict non-essential visitors

- Limit, to the greatest extent permitted by law, external community members, especially with individuals who are not from the local geographic area, from entering the site and using campus resources, as the number of additional people on-site and/or intermixing with students, faculty, and staff increases the risk of virus transmission.
- Prohibit in-person college tours or open houses.
- Staff should document all visitors to in-person classes who are not regular participants. Such records will assist with contact tracing if there is a positive COVID-19 case.

Keep instructors and students in small, stable cohorts

A cohort is a stable group that has the same people each day, stays together for classes, and avoids mixing with students or staff outside the group. Keeping instructors and students in the same group lowers their exposure risk by decreasing the number of people they come into contact with each day. Smaller class sizes further reduce risk of exposures. When in-person instruction is allowed:

- Limit cross-over of students and instructors to the extent possible. Cross-over of students between cohorts is permitted to meet students’ educational needs.
- Classes are limited to 25 participants, including students and instructors. Indoor classes are limited by the space required to maintain 6 feet social distancing.
- Classes must not interact with other outdoor classes or groups of people who are gathering at the same time.
- Prevent groups participating in instruction from interacting with each other, including before and after the session.
  - Groups participating in different outdoor instructions must be separated by physical distance and/or physical barriers between groups.
  - Stagger class schedules for arrival/dismissal to prevent mixing of cohorts.
Designate specific routes for entry and exit to the campus for each cohort, using as many entrances/exits as feasible.

- Minimize movement of students through indoor hallways.
  - Stagger class change times so that only one cohort is in the hallway at any given time.
  - Consider creating one-way hallways to minimize congestion.
  - Place physical guides, such as tape, on floors and sidewalks to mark one-way routes.

**Limit class duration**

- Limit instruction to as short a duration as possible to minimize risks of person-to-person transmission. Limit mixing of cohorts, including their assigned staff.
- Higher Education Programs must prohibit students and Personnel from congregating before and after the scheduled classes and programs.

**Indoor classes and programs must be no longer than two hours.**

Higher Education Programs that seek to offer indoor courses lasting longer than two hours may submit a written request to schools-childcaresites@sfdph.org. The request must include: (1) The type of class(es); (2) The number of students proposed for each class; (3) An explanation as to why the class cannot be limited to two-hours, such as State-mandated course requirements; and (4) Statements that the Higher Education Program is: (a) Enforcing social distancing and face covering requirements (b) Complying with SFDPH’s ventilation requirements, and (c) Not allowing eating and drinking in the class.

Higher Education Programs may exceed the two-hour limit only upon receiving approval in writing by SFDPH and upon satisfying any conditions of approval.

*Last updated Dec. 6, 2020*

**Require face coverings**

Face coverings keep people from spreading the infection to others, by trapping respiratory droplets before they can travel through the air.

- Require face coverings for ALL participants
  - Keep a supply of face coverings for individuals who have forgotten to bring one.
- Participants who are exempt from wearing a Face Covering under the Face Covering Order may only participate if they can wear another acceptable type of covering, such as a face shield with a drape on the bottom edge.
- Speech and language therapists and staff working with hard-of-hearing students may also use a face shield with a cloth drape tucked into the shirt, if a face covering interferes with their ability to work with students. A clear mask or clear portable barrier such as a plexiglass barrier may also be used. A barrier generally provides the best protection for both student and staff.
Physical Spaces

Mandatory Signage Requirements

- Add all COVID-19 related signage as required by Sections 4.g and 4.h of the Stay-Safer-At-Home Order.
  - At places where students congregate or wait in line, mark spots on the floor or the walls 6 feet apart to indicate where to stand.
  - Occupancy limit signage should be posted outside of any shared indoor spaces, including bathrooms.
- The Outreach Toolkit for COVID-19 includes printable resources including many of the signs required in this document such as signage about proper hygiene, social distancing, Face Coverings, health screening, the risks of indoor transmission, testing and getting vaccinated for the flu.

Ventilation

Good ventilation controls droplets and infectious particles to prevent COVID-19 transmission by:

- Removing air containing droplets and particles from the room,
- Diluting the concentration of droplets and particles by adding fresh, uncontaminated air, and
- Filtering room air, removing droplets and particles from the air

Ensure that rooms or spaces that are shared with people from different households have good ventilation and that doors and windows are open, if possible.

<table>
<thead>
<tr>
<th>Make Necessary Ventilation Improvements, If Feasible, Including</th>
</tr>
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<tbody>
<tr>
<td>□ HVAC systems (if one is present)</td>
</tr>
<tr>
<td>□ Ensure HVAC systems are serviced and functioning properly.</td>
</tr>
<tr>
<td>□ Evaluate possibilities for upgrading air filters to the highest efficiency possible.</td>
</tr>
<tr>
<td>□ Increase the percentage of outdoor air through the HVAC system, readjusting or overriding recirculation (“economizer”) dampers.</td>
</tr>
<tr>
<td>□ Disable “demand controls” on ventilation systems so that fans operate continuously, independently of heating or cooling needs.</td>
</tr>
<tr>
<td>□ Evaluate running the building ventilation system even when the building is unoccupied to maximize ventilation. At the minimum, reset timer-operated ventilation systems so that they start operating 1-2 hours before the building opens and 2-3 hours after the building is closed.</td>
</tr>
<tr>
<td>□ Increase natural ventilation by opening windows and doors when environmental conditions and building requirements allow.</td>
</tr>
<tr>
<td>□ Consider installing portable air cleaners (“HEPA filters”).</td>
</tr>
<tr>
<td>□ If the establishment uses pedestal fans or hard mounted fans, adjust the direction of fans to minimize air blowing from one individual’s space to another’s space.</td>
</tr>
</tbody>
</table>
Instruction Spaces

**Outdoor instruction is generally safer** than indoor instruction due to increased air flow, increased opportunities for social distancing, and increased dispersal of infectious virus. The following applies to both indoor and outdoor instructional spaces.

- Hold smaller classes in larger spaces. Limit capacity to maintain 6 feet social distancing between people.
- During outdoor instruction, the Higher Education Program may use tents or other similar outdoor shelters designed to provide shade or minimize exposure to rain or wind. Any tents or outdoor shelters require appropriate approval and permitting from the City. Such shelters:
  - may contain a roof or awning;
  - may not be enclosed – only one side may have a vertical covering;
  - the space must not be designed in any other way that would restrict normal airflow.
- Have students sit in the same seats each day if feasible. This will help make contact tracing easier if someone tests positive for COVID-19.
- Arrange seats facing in the same direction, so that students do not sit facing each other; for indoor instruction, consider rearranging indoor furniture, setting partitions between desks, and marking classroom floors, to maintain separation indoors.
- When students must sit less than 6 feet apart, consider use of privacy boards or clear screens.
- Snacks/meals should not occur during instruction as they require removal of face coverings. If participants must remove their face covering to taste food or a beverage, as might be required during a culinary class, the removal of face coverings should be as brief as possible.
- Implement procedures for turning in assignments to minimize contact, such as electronic submission of assignments.

Housing under authority of a Higher Education Program

SFDPH has issued [guidance for congregate housing settings](#) where individuals have their own rooms or living quarters but share bathrooms or cooking areas with others who are not in their household. Student housing, such as dormitories, is a type of congregate housing. SFDPH has also issued [guidance on shared laundry facilities](#) and [ventilation](#) that should be reviewed by Personnel implementing the campus housing program.

- Campus housing should prioritize those with limited housing options, including those with difficulty accessing virtual learning.
- SFDPH requires that accommodations, excluding family housing, are limited to one resident per bedroom, with a maximum of two residents per bedroom if both residents provide informed consent to sharing a bedroom. Programs may not discriminate against students who choose not to have a roommate, including that they may not be penalized financially.
- Individuals with high risk medical conditions must maintain single occupancy. Higher Education
- When there are two residents per room, ensure at least six feet between beds, and require residents sleep in opposite directions (head to foot).
- Face coverings are required by ALL when in common areas.
• Moving and services for moving are considered essential activities and are permitted with usual social distancing, face covering, and hygiene precautions. Stagger move-in times to help decrease crowding during move-ins.

• Prohibit social gatherings. A dormitory unit, or bedroom, constitutes a household unit and the Stay Safer at Home Health Order does not allow indoor gatherings of individuals from different households. Create a plan for preventing and addressing misconduct that violates any of the Health Officer’s COVID-19 Orders or Directives.

Bathrooms
• Minimize the number of residents per bathroom. When shared bathrooms are used, increase the frequency of cleaning.
• Encourage residents to consistently use the same bathroom and shower facilities to contain any possible transmission to within that cohort.
• Add physical barriers, such as plastic flexible screens between bathroom sinks, especially when they cannot be at least six feet apart. When sinks are closer than six feet, disable every other sink to create more distance.

Quarantine or Isolation in Campus Housing
• Higher Education Programs should reserve a supply of available rooms to accommodate any needs for quarantine and isolation. A contingency plan, such as additional off-campus housing, or hotel rooms, should be established in the event those rooms are exhausted.
• Students who are quarantining or isolating should stay in their residence except to seek medical care. They should use a separate bathroom and not go into any public areas, take public transportation or rideshares. The Higher Education Program should plan to have food delivered to these students.

Other shared spaces
• Close nonessential shared spaces, such as game rooms and lounges
• Prohibit indoor group study spaces. San Francisco Health Orders do not permit indoor gatherings with people from outside one’s household, which would include studying with others in an indoor setting, such as a study hall or library. Consider outdoor study spaces, or individual study in one’s residence.
• Limit occupancy of essential shared spaces, such as bathrooms, elevators, locker rooms, staff rooms and similar shared spaces to allow 6 feet of distancing. Adjacent bathroom stalls may be used. Post signs with occupancy limits.
• Add physical barriers, such as plastic flexible screens between bathroom sinks, especially when they cannot be at least six feet apart. When sinks are closer than six feet, disable every other sink to create more distance.
Hygiene and Cleaning

Handwashing

*Frequent handwashing and hand sanitizer use removes COVID-19 germs from people’s hands before they can infect themselves by touching their eyes, nose or mouth.*

- Develop routines and schedules for all staff and students to wash or sanitize their hands at staggered intervals, especially before and after eating, upon entering/re-entering a classroom, and before and after touching shared equipment such as computer keyboards.
- Every classroom/instructional space and common area (staff work rooms, eating areas) should have hand sanitizer or a place to wash hands upon entering.
- Establish procedures to ensure that sinks and handwashing stations do not run out of soap or paper towels, and that hand sanitizer does not run out.
- Post signs encouraging hand hygiene. A hand hygiene sign in multiple languages is available for download at https://eziz.org/assets/docs/IMM-825.pdf.

Limit sharing

- Consider suspending or modifying use of site resources that necessitate sharing or touching items.
- Suspend use of drinking fountains and instead encourage the use of water refilling stations and reusable water bottles.
- Limit sharing of art supplies, lab supplies, and other high-touch materials as much as possible. If feasible, have a separate set of supplies for each student.
- Avoid sharing electronic devices, sports equipment, clothing, books, games and learning aids when feasible. Clean and disinfect shared supplies and equipment between students.

Cleaning and Disinfection

Many household disinfectants are effective against COVID-19. Refer to [EPA’s List N](https://www.epa.gov) for EPA-approved disinfectants effective against COVID-19. Follow [CDC guidelines on cleaning and disinfecting facilities](https://www.cdc.gov) and [Interim Guidance: Cleaning and Disinfection for Non-Healthcare Businesses and Workplaces](https://www.cdc.gov), including:

- Clean and disinfect frequently touched surfaces at least daily. Routine cleaning focuses on frequently touched surfaces like door handles, desks, countertops, phones, keyboards, light switches, handles, toilets and faucets.
- Encourage students, faculty, and staff to keep their personal items (e.g., cell phones, other electronics) and personal work and living spaces clean. Encourage students, faculty, and staff to use disinfectant wipes to wipe down shared desks, lab equipment, and other shared objects and surfaces before use.
- When cleaning after a suspected or known case of COVID-19 use the same cleaning agents and disinfectants as for routine cleaning, and follow [CDC guidelines for cleaning and disinfection after persons suspected/confirmed to have COVID-19 have been in the facility](https://www.cdc.gov) including the following steps:
  - Open windows and use fans to increase outdoor air circulation in the areas to be cleaned.
  - Wait 24 hours, or as long as practical, before cleaning and disinfection.
Clean and disinfect all surfaces in the areas used by the ill person, including electronic equipment like tablets, touch screens, keyboards, and remote controls. Vacuum the space if needed.

Specific situations
Consider regularly visiting https://www.sfcdcp.org/covid19whatsnew as updated content is frequently added. Relevant content for Higher Education Programs may include guidance on food facilities and food delivery workers, faith based gatherings, social interactions, transport vehicles, persons experiencing homelessness, and reopening guidance for certain business sectors, such as retail and office facilities.

Off-campus in-person activities
Students at vocational schools, including students training in the counseling and the healing arts, are permitted to provide in-person essential services, such as direct patient care. For example, a nursing student may provide direct patient care in-person at a hospital under appropriate supervision.

Transportation
Since vehicles are small enclosed spaces that do not allow social distancing, they can be settings with higher risk of COVID-19 transmission. Biking and walking are lower risk than shared vehicles.

• If transport vehicles (e.g., buses) are used by the Higher Education Program, drivers should practice all safety actions and protocols as indicated for other staff (e.g., hand hygiene, cloth face coverings). Drivers should be provided disinfectant wipes and disposable gloves to wipe down frequently touched surfaces.
• Drivers and passengers must wear face coverings over their nose and mouth, unless a student has a documented medical or behavioral contraindication. Drivers should carry a supply of face coverings in case a passenger forgets theirs.
• Passengers must sit at least 6 feet away from the driver.
• Maximize space between passengers.
• Keep vehicle windows open when weather and safety permit.
• Buses, vans or other vehicles used by the Higher Education Program should be cleaned and disinfected daily following the guidance for transport vehicles. Buses should be cleaned after transporting any individual who is exhibiting symptoms of COVID-19.

Libraries
• San Francisco Health Order permits libraries to open only for curbside/outside pickup and drop off of items.
• Libraries cannot be used for indoor gatherings, including study spaces.

Food Service and Dining Halls
Eating together is especially high risk for COVID-19 transmission because people must remove their masks to eat and drink. People often touch their mouths with their hands when eating. In addition, meals are usually considered time for talking together, which further increases risk, especially if students must speak loudly to be heard.
• Review and comply with SFDPH guidance for food facilities, outdoor dining and food delivery.
  o Outdoor eating areas may be covered (e.g. with an awning), as long as no more than one side is closed, allowing sufficient air movement.
• Do not use shared tables or self-service buffets. Mark places 6 feet apart for sitting.
• Make sure that students and staff wash their hands or use hand sanitizer immediately before and after eating.

Student Health Facilities

Providers of ambulatory care services, including counseling and other healing arts should carefully review and follow Health Officer Directive 2020-20 (Ambulatory Care, Counseling, and Healing Arts), to determine how your profession is affected, and what are the required best practices for providing care in-person. Guidance written for the healthcare provider audience is available.

Staff Offices/Break Rooms

Staff often do not view themselves and colleagues as sources of infection, and may forget to take precautions with co-workers, especially during social interactions such as breaks or lunch time, in the copy room, when checking mailboxes, etc.

• Set up staff workspaces so that staff do not work within 6 feet of each other.
• Encourage video conferencing for staff meetings, even if all staff are on campus.
• Discourage staff from eating together, especially indoors. Consider creating a private outdoor area for staff to eat and take breaks.
• Open windows and doors to maximize ventilation, whenever safe and feasible.

Group Singing/Chorus, Musical Instruments

Avoid group singing. Suspend choir and wind instruments (band). These activities are higher risk for COVID-19 transmission due to the larger numbers of respiratory droplets produced. Percussion and string instruments are allowed. Instruction involving two or more people must not include any singing, chanting, or wind instruments of any kind.
Collegiate Athletics and Fitness Activities

Exercising is an area of higher risk for transmission due to the potential for close contact and increased breathing.

Higher Education Programs wishing to resume collegiate athletics programs, as well as organized practices, games, or tournaments in San Francisco are required to seek prior written authorization from SFDPH. For further information please see the state’s guidance regarding collegiate athletics and www.sfdph.org/directives.

Students receiving special services

Additional accommodations may be needed for students to safely attend class. For example, a student who cannot tolerate a face covering due to a medical or developmental condition may need a desk with clear screens or privacy barriers.

When a staff member or student has symptoms of COVID-19

- Identify isolation rooms for individuals with symptoms of COVID-19, and refer to the Higher Education Program’s procedures for handling ill persons with symptoms of possible COVID-19.
- Staff who become ill while at a Higher Education Program must notify their supervisor and leave work as soon as feasible. Staff should be encouraged to get tested as soon as possible.
- Open windows in areas used by the sick person to maximize outdoor air circulation. Close off those areas as soon as feasible, until they can be cleaned and disinfected.
- Students with symptoms must be sent home. Students must be encouraged to get tested as soon as possible.
- Find alternative locations for classes whose regular classroom is being cleaned or disinfected.

When a staff member or student tests positive for COVID-19

Contact the SFDPH Schools and Childcare Hub as soon as possible.
Call (628) 217-7499 or email Schools-childcaresites@sfdph.org

- SFDPH will provide consultation and guidance to help Higher Education Programs take initial steps to identify individuals who had close contact with the person with COVID-19. Exposed individuals should be notified, know how to get tested, and understand when they can return to the Higher Education Program, usually 14 days after the exposure.
- Notify all staff, families, and students that an individual in the Higher Education Program has had confirmed COVID-19. Do not disclose the identity of the person, as required by the Americans with Disabilities Act, and the Family Education Rights and Privacy Act.
- SFDPH will help the Higher Education Program determine if the classroom, cohort, or institution needs to be closed. Higher Education Programs with smaller and more contained cohorts are less
likely to require institution-wide closure. If there are several cases in multiple cohorts or if a significant portion of students and staff are affected, then institution-wide closure may be required.

- Review the SFDPH guidance document [What to do if Someone at the Workplace Has COVID-19](https://www.sfcdcp.org/covid19).
- Students and staff cannot return to Higher Education Program until they met the criteria depending on their age group:
  - Students 18 and over: [Interim Guidance: Ending Isolation or Returning to Work for Those Who Have Confirmed or Suspected COVID-19](https://www.sfcdcp.org/covid19).
  - Students under 18: “[COVID-19 Health Checks at Programs for Children and Youth](https://www.sfcdcp.org/covid19)”

### Resources

San Francisco Department of Public Health (SFDPH)

  Schools-childcaresites@sfdph.org
- COVID-19 guidance for the public, including schools and employers [https://www.sfcdcp.org/covid19](https://www.sfcdcp.org/covid19)
  - Safer Social Interactions During COVID-19
  - Businesses and Employers
  - If Someone at the Workplace Tests Positive for COVID-19
  - Isolation and Quarantine
  - Ending Home Isolation and/or Returning to Work
  - Reopening Guidance for Businesses and Employers
  - Congregate Living Settings
  - Food Facilities and Food Delivery Workers
  - Testing in San Francisco

- Orders and [Directives](https://www.sfcdcp.org/covid19) Issued by the San Francisco Health Officer Relevant to COVID-19
- [Outreach Toolkit for Coronavirus](https://www.sfcdcp.org/covid19), Posters and flyers on social distancing, hand hygiene, face masks, health screenings, getting tested, and other COVID-19 topics

California Department of Public Health (CDPH)


Centers for Disease Control and Prevention (CDC)

- [Guidance for Colleges, Universities and Higher Learning](https://www.sfcdcp.org/covid19)
- [Cleaning and Disinfection for Community Facilities](https://www.sfcdcp.org/covid19)