City and County of San Francisco Health Officer Directive No. 2020-29
Screening Handout for Guests at Lodging Facilities
(updated March 2, 2021)

Per Health Officer Directive No. 2020-29, this handout must be given to you prior to checking-in at a Lodging Facility. It asks questions you must answer to understand your risk of transmitting COVID-19 during your stay. Go to www.sfcdcp.org/travel for more information or a copy of this form.

Note: this form is for Lodging Facilities Guests. Screening forms for Lodging Facility Personnel can be found at www.sfcdcp.org/screening-handout.

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**Part 1 – Answer the following questions.**

**Guests have a right to keep their answers confidential if they choose.**

**Question #1:** In the last 24 hours, including today, have you had ANY of the symptoms below, that is new or not explained by another condition?

- Fever (100.4°F/38°C or greater)
- Chills or shivering*
- Cough
- Sore throat
- Shortness of breath, difficulty breathing
- Feeling unusually weak or fatigued*
- Loss of taste or smell
- Muscle or body aches*
- Headache
- Diarrhea
- Runny or congested nose*
- Nausea*
- Vomiting

*Children and youth under 18 years old don’t have to be screen for symptoms marked by an Asterix. They need to be screened for the other symptoms.

**Question #2:** In the past 10 days, have you been diagnosed with COVID-19 or had a test confirming you have the virus?

**Question #3:** In the past 10-14 days, have you had “close contact” with anyone who has COVID-19, during their contagious period? (Please note: If you have received the COVID-19 vaccine, see www.sfcdcp.org/quarantineaftervaccination. If you meet the exceptions for quarantine explained there, for the purposes of this screening form, you may answer “No” to this question.)

If you have recovered from COVID-19 in the last three months, speak to your healthcare provider.

“Close contact” means having any of following interactions with someone with COVID-19 while they were contagious (they are contagious 48 hours before their symptoms began until at least 10 days after the start of symptoms). If the person with COVID-19 never had symptoms, they are contagious 48 hours before their COVID-19 test was collected until 10 days after they were tested.
- Within 6 feet of them for a total of 15 minutes or more in a 24-hour period
- Having direct contact with their bodily fluids (coughed or sneezed on you or shared food utensils)
- Living or staying overnight with them
- Having physical or intimate contact including hugging and kissing
- Taking care of them, or having them take care of you

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**Part 2 – If you answered “YES” to ANY of the questions in Part 1 (continues on page 2)**

You will need to modify your trip by either cancelling your stay or by making plans to isolate by yourself in your room to avoid any interaction with Personnel or other guests.

Follow Isolation/Quarantine Steps at: www.sfcdcp.org/isolationandquarantine

- Consider cancelling your stay if you are able to isolate/quarantine from others in your home
• If you are staying in the Lodging Facility to isolate/quarantine from others in your home:
  o Follow the Isolation/Quarantine Steps referenced above and treat your temporary room at the Lodging Facility as if it were your residence; meaning do not leave your room to the extent possible until your isolation/quarantine period ends.
  o Ask the front desk for a copy of Isolation/Quarantine Steps if you need it.
  o Ask if there is a designated block of rooms for those who are isolating/quarantining and request a room in that block

• If you answered “YES” to Question 2 OR 3:
  o You MUST follow the rules mandated by the Health Officer Isolation/Quarantine Directive No 2020-03/02. Follow the rules summarized at: www.sfcdcp.org/isolationandquarantine. If you are at the Lodging Facility, ask the front desk for a copy if you need it.
  o For Considerations for Guests Isolating or Quarantining in a Lodging Facility, refer Tips for Staying in Lodging Facilities During COVID-19 at www.sfcdcp.org/travel.

• If you answered “YES” to Questions 1 OR 3 and have not been tested, GET TESTED!
  o If you have insurance, contact your healthcare provider to get tested for COVID-19.
  o If you do not have insurance, you can sign up for free testing at CityTestSF https://sf.gov/get-tested-covid-19-citytestsf.
  o Follow the instructions in www.sfcdcp.org/isolationandquarantine to determine next steps depending on your test result.

Duration of Isolation or Quarantine: If you answered Yes to any of the questions in Part 1, here is how to figure out how long you have to stay in isolation or quarantine:
• As a reminder, if you have been diagnosed with COVID-19 or had a test confirming you have the virus (you answered Yes to Question 1), you are no longer considered contagious if it has been: at least 10 days since your symptoms began, you have not had a fever for at least 24 hours without the use of fever-reducing medicine, AND your symptoms have improved. If you never had symptoms, then you are considered no longer contagious 10 days after the date of your COVID-19 test.

• If you are a “Close Contact” of someone who was diagnosed with COVID-19 or had a test confirming they had the virus (you answered Yes to Question 3), you can stop quarantining 10 days after your last “Close Contact” with that person. A limited number of people must quarantine for 14 days; see more at www.sfcdcp.org/quarantineduration.

• If you answered Yes to Question 1 in Part 1, you might be able to end isolation once you have a negative test. See www.sfcdcp.org/isolationandquarantine for more information.

COVID-19 vaccine is here
The vaccine is one of the most important ways to end the pandemic. The FDA, CDC as well as California’s own Scientific Safety Review Workgroup have reviewed all data from clinical trials to ensure the safety and effectiveness of all COVID-19 vaccines. When the vaccine is available to you, step up for your health, the health of your loved ones, the health of your community, and get vaccinated. While the vaccine may prevent you from getting sick, we still do not know if people who have been vaccinated can still get the virus and spread COVID-19 to others. Therefore it is still very important for those who are vaccinated, and for the rest of the population who waits for their vaccines, to continue using all the tools available to help stop this pandemic: wearing a mask that covers your mouth and nose when outside your home, avoiding get-togethers and gatherings, avoiding being indoors with people you don’t live with, staying at least 6 feet away from others, and washing your hands after touching shared objects or your face. Find out more about the vaccine, including where and when to get it by contacting your healthcare provider in your city or state of origin.