Per Health Officer Directive No. 2020-29, this handout must be given to you prior to checking-in at a Lodging Facility. It asks questions you must answer to understand your risk of transmitting COVID-19 during your stay. Go to www.sfcdcp.org/travel for more information or a copy of this form.

Note: this form is for Lodging Facilities Guests. Screening forms for Lodging Facility Personnel can be found at www.sfcdcp.org/screening-handout.

Part 1 – Answer the following questions.

Guests have a right to keep their answers confidential if they choose.

Question #1: In the last 24 hours, including today, have you had ANY of the symptoms below, that is new or not explained by another condition?

- Fever (100.4°F/38°C or greater)
- Chills or shivering*
- Cough
- Sore throat
- Shortness of breath, difficulty breathing
- Feeling unusually weak or fatigued*
- Loss of taste or smell
- Muscle or body aches*
- Headache
- Runny or congested nose*
- Nausea*
- Vomiting
- Diarrhea

*Children and youth under 18 years old don’t have to be screen for symptoms marked by an Asterix. They need to be screened for the other symptoms.

Question #2: In the past 10 days, have you been diagnosed with COVID-19 or had a test confirming you have the virus?

Question #3: In the past 10-14 days, have you had “close contact” with anyone who has COVID19, during their contagious period? (Please note: If you have received the COVID-19 vaccine, see www.sfcdcp.org/quarantineaftervaccination. If you do no need to quarantine based on what is explained there, for the purposes of this screening form, you may answer “No” to this question.)

If you have recovered from COVID-19 in the last three months, speak to your healthcare provider.

“Close contact” means having any of following interactions with someone with COVID-19 while they were contagious (they are contagious 48 hours before their symptoms began until at least 10 days after the start of symptoms). If the person with COVID-19 never had symptoms, they are contagious 48 hours before their COVID-19 test was collected until 10 days after they were tested.

- Within 6 feet of them for a total of 15 minutes or more in a 24-hour period
- Having direct contact with their bodily fluids (coughed or sneezed on you or shared food utensils)
- Living or staying overnight with them
- Having physical or intimate contact including hugging and kissing
- Taking care of them, or having them take care of you

Part 2 – If you answered “YES” to ANY of the questions above (info continues on page 2)

You will need to modify your trip by either cancelling your stay or by making plans to isolate by yourself in your room to avoid any interaction with Personnel or other guests.

Follow Isolation/Quarantine Steps at: www.sfcdcp.org/isolationandquarantine

- Consider cancelling your stay if you are able to isolate/quarantine from others in your home
- If you are staying in the Lodging Facility to isolate/quarantine from others in your home:
  - Follow the Isolation/Quarantine Steps referenced above and treat your temporary room at the Lodging Facility as if it were your residence; meaning do not leave your room to the extent possible until your isolation/quarantine period ends.
City and County of San Francisco Health Officer Directive No. 2020-29

- Ask the front desk for a copy of Isolation/Quarantine Steps if you need it.
- Ask if there is a designated block of rooms for those who are isolating/quarantining and request a room in that block

**If you answered “YES” to Question 1...**

- ...AND you are NOT COVID-19 vaccinated: GET TESTED.
  - If you have insurance, contact your healthcare provider to get tested for COVID-19.
  - If you do not have insurance, you can sign up for free testing at CityTestSF https://sf.gov/get-tested-covid-19-citytests.
  - Follow the instructions in www.sfcdcp.org/isolationandquarantine to determine next steps and how long you have to isolate depending on your test result.
- ... AND it has been at least 2 weeks since you completed your COVID-19 vaccination: Talk to a healthcare provider to determine whether you need to isolate during your stay and if you need a COVID-19 test.

**If you answered “YES” to Question 2 OR 3:**

- You MUST follow the rules mandated by the Health Officer Isolation/Quarantine Directive No 2020-03/02. Follow the rules summarized at www.sfcdcp.org/isolationandquarantine which also explains how long you need to isolate/quarantine (likely for at least 10 days). If you are at the Lodging Facility, ask the front desk for a copy if you need it.
  - If you answered “YES” to Question 3 and have not been tested, GET TESTED. See the information above about how to get tested.
- For Considerations for Guests Isolating or Quarantining in a Lodging Facility, refer Tips for Staying in Lodging Facilities During COVID-19 at www.sfcdcp.org/travel.

The COVID-19 vaccine is here

The vaccine is one of the most important ways to end the pandemic. Medical experts and doctors from the CDC and California agree that all approved vaccines are safe and effective at preventing severe illness and death from COVID-19. **When the vaccine is available to you, step up for your health, the health of your loved ones, the health of your community, and get vaccinated.**

Even after being vaccinated, there is still a small chance you can get the virus and spread COVID-19 to others. Therefore it remains important to **wear a well-fitting mask that covers your mouth and nose, choose outdoor settings over indoor, maintain at least 6 feet of distance from those you don’t live with, get tested and isolate if you are ill, and wash your hands often.** Find out more about the vaccine, including where and when to get it by contacting your healthcare provider or visiting www.sf.gov/covidvax.

If you are fully vaccinated (i.e., 14 days have passed since your final shot), you can feel safer about your own health. However, please consider the possible risk you might still pose to those around you, especially those you live with and those who are unvaccinated. Learn more at www.sfcdcp.org/lifeaftervaccine.