Stay safer doing house cleaning and cooking services

Are you sick or have been exposed to someone who is sick?

**YES**
Stay home. Get tested. Call 311 if you need help or have questions. Available 24/7.

**NO**
Follow these tips to stay well at work and at home!

**Stay safer**
- Everyone must:
  - wear a face covering
  - maintain physical distance
  - wash hands with soap and water frequently
- Residents should leave the home or be in a different room during service
- Open the windows

**Traveling**
- Avoid carpooling or traveling together
- If you must share a car/van to work:
  - wear a mask
  - open all windows and use car fan to bring in fresh air

**Cleaning**
- Remember to clean shared surfaces at the beginning and end of visits, including:
  - doorknobs
  - light switches
  - handles in bathrooms
  - refrigerator doors
  - computer keyboards
  - stair railings
  - any tools/supplies if brought into the home
- Put used tissues, paper towels, and disposable gloves in a bag before putting in garbage can
- Wipe down cleaning equipment with disinfectant afterwards

**Supplies**
- Residents should now provide cleaning/cooking supplies

**Vacuuming**
- Only vacuum rooms without other people in them
- When vacuuming, turn off fans, heat, and air conditioning

City & County of San Francisco
sf.gov/CovidHomeServices