



DIRECTIVE OF THE HEALTH OFFICER No. 2020-27

**DIRECTIVE OF THE HEALTH OFFICER OF
THE CITY AND COUNTY OF SAN FRANCISCO REGARDING REQUIRED BEST
PRACTICES FOR OUTDOOR GYMS OR OUTDOOR FITNESS CENTERS**

(PUBLIC HEALTH DIRECTIVE)

DATE OF DIRECTIVE: September 8, 2020

By this Directive, the Health Officer of the City and County of San Francisco (the “Health Officer”) issues industry-specific direction that businesses offering outdoor gyms and fitness centers as described below, must follow as part of the local response to the Coronavirus Disease 2019 (“COVID-19”) pandemic. This Directive constitutes industry-specific guidance as provided under Section 4 of Health Officer Order No. C19-07h issued on September 1, 2020 (the “Stay-Safer-At-Home Order”) and, unless otherwise defined below, initially capitalized terms used in this Directive have the same meaning given them in that order. This Directive goes into effect on September 9, 2020 at 9:00 a.m., and remains in effect until suspended, superseded, or amended by the Health Officer. This Directive has support in the bases and justifications set forth in the Stay-Safer-At-Home Order. As further provided below, this Directive automatically incorporates any revisions to the Stay-Safer-At-Home Order or other future orders issued by the Health Officer that supersede that order or reference this Directive. This Directive is intended to promote best practices as to Social Distancing Requirements and sanitation measures, helping prevent the transmission of COVID-19 and safeguard the health of workers, customers, and the community.

**UNDER THE AUTHORITY OF CALIFORNIA HEALTH AND SAFETY CODE
SECTIONS 101040, 101085, AND 120175, THE HEALTH OFFICER DIRECTS AS
FOLLOWS:**

1. This Directive applies to all owners, operators, managers, and supervisors of any business operating outdoor gyms or outdoor fitness centers, as set forth in Section 16 of Appendix C-1 the Stay-Safer-At-Home Order (“Outdoor Gyms”).
2. Attached as Exhibit A to this Directive is a list of best practices that apply to Outdoor Gyms (the “Best Practices”). Each Outdoor Gym must comply with all of the relevant requirements listed in the Best Practices.
3. Each Outdoor Gym, before it begins to offer outdoor gym space, services, or equipment, or allow Personnel onsite on or after 9 a.m. on September 9, 2020, must create, adopt, and implement a written health and safety plan (a “Health and Safety Plan”). The Health and Safety Plan must be substantially in the form attached to this Directive as Exhibit B.
4. Guidance from the Department of Public Health related to Outdoor Gyms is attached to this Directive as Exhibit C, each Outdoor Gym must follow that guidance. The guidance is available at <http://www.sfdph.org/directives>.
5. If an aspect, service, or operation of the Outdoor Gym is also covered by another Health Officer directive (all of which are available at <http://www.sfdph.org/directives>), then the Outdoor Gym must comply with all applicable directives, and it must complete all relevant Health and Safety Plan forms.



Health Officer Directive No. 2020-27

- 6. Each Outdoor Gym must (a) make the Health and Safety Plan available to a customer and Personnel on request, (b) provide a summary of the Health and Safety Plan to all Personnel working on site or otherwise in the City in relation to its operations, and (c) post the Health and Safety Plan at each entrance to any physical business site within the City. Also, each Outdoor Gym must provide a copy of the Health and Safety Plan and evidence of its implementation to any authority enforcing this Directive upon demand.**
- 7. Each Outdoor Gym subject to this Directive must provide items such as Face Coverings (as provided in Health Order No. C19-12c issued on July 22, 2020, and any future amendment to that order), hand sanitizer or handwashing stations, or both, and disinfectant and related cleaning supplies to Personnel, all as required by the Best Practices. If any such Outdoor Gym is unable to provide these required items or otherwise fails to comply with required Best Practices or fails to abide by its Health and Safety Plan, then it must cease operating until it can fully comply and demonstrate its strict compliance. Further, as to any non-compliant Outdoor Gym, any such Outdoor Gym is subject to immediate closure and the fines and other legal remedies described below, as a violation of the Stay-Safer-At-Home Order.**
- 8. Each Outdoor Gym must screen all Personnel daily and each customer on the day of gym use using the standard screening questions attached to this Directive as Exhibit D (the “Screening Handout”). A copy of the Screening Handout should be provided to anyone on request, although a poster or other large-format version of the Screening Handout may be used to review the questions with people verbally. Any person who answers “yes” to any screening question is at risk of having the SARS-CoV-2 virus, must be prohibited from entering the outdoor Gym, and should be referred for appropriate support as outlined on the Screening Handout. Screening must occur before people enter the facility or location in order to prevent the inadvertent spread of the SARS-CoV-2 virus.**
- 9. For purposes of this Directive, “Personnel” includes all of the following people who provide goods or services associated with an Outdoor Gym: employees; contractors and sub-contractors (such as those who sell goods or perform services onsite or who deliver goods for the business); independent contractors; vendors who are permitted to sell goods onsite; volunteers; and other individuals who regularly provide services onsite at the request of the Outdoor Gym. “Personnel” includes “gig workers” who perform work via the business’s app or other online interface, if any.**
- 10. This Directive and the attached Best Practices may be revised by the Health Officer, through revision of this Directive or another future directive or order, as conditions relating to COVID-19 require, in the discretion of the Health Officer. Each Outdoor Gym must stay updated regarding any changes to the Stay-Safer-At-Home Order and this Directive by checking the Department of Public Health website (<https://www.sfdph.org/directives>) regularly.**
- 11. Implementation of this Directive augments—but does not limit—the obligations of each Outdoor Gym under the Stay-Safer-At-Home Order including, but not limited to, the obligation to prepare, post, and implement a Social Distancing Protocol under Section 4.d and Appendix A of the Stay-Safer-At-Home Order. The Outdoor Gym must follow these industry-specific Best Practices and update them as**



**City and County of
San Francisco**

**Department of Public Health
Health Officer Directive**

Health Officer Directive No. 2020-27

necessary for the duration of this Directive, including, without limitation, as this Directive is amended or extended in writing by the Health Officer and consistent with any extension of the Stay-Safer-At-Home Order, any other order that supersedes that order, and any Health Officer order that references this Directive.

This Directive is issued in furtherance of the purposes of the Stay-Safer-At-Home Order. Where a conflict exists between this Directive and any state, local, or federal public health order related to the COVID-19 pandemic, including, without limitation, the Social Distancing Protocol, the most restrictive provision controls. Failure to carry out this Directive is a violation of the Stay-Safer-At-Home Order, constitutes an imminent threat and menace to public health, constitutes a public nuisance, and is a misdemeanor punishable by fine, imprisonment, or both.

A handwritten signature in blue ink that reads "Tomás Aragón".

Tomás J. Aragón, MD, DrPH,
Health Officer of the
City and County of San Francisco

Date: September 8, 2020



Exhibit A to Health Officer Directive No. 2020-27 (issued 9/8/2020)

Best Practices for Businesses Offering Outdoor Gym Services

In addition to preparing, posting, and implementing the Social Distancing Protocol required by Section 4.d and Appendix A of Health Officer Order No. C19-07h (the “Social Distancing Protocol”), each Outdoor Gym that operates in the City must comply with each requirement listed below and prepare a Health and Safety Plan substantially in the format of Exhibit B, below.

1. Section 1 – General Requirements for Outdoor Gyms:

1.1. All gym or fitness services, equipment, and space must be provided entirely outdoors including, but not limited to, therapy or other services unless such services are permitted under the Ambulatory Care Directive (Directive No. 20-20b, Issued September 1, 2020) in which case all requirements of that directive must be met. All indoor spaces such as locker rooms, shower facilities, changing areas, lounges, and lobbies must remain closed to customers and the general public, except as expressly provided in this Section 1.1 below.

1.1.1. Customers must remain outdoors at all times except they may enter an establishment to use the restroom or reach an outdoor space that is only accessible by traveling through the establishment. Outdoor gyms should encourage customers to use the restroom before coming to the gym. Customers must not use the restroom solely to wash their hands and must sanitize their hands before and after touching common use surfaces in bathrooms such as door handles.

1.1.2. Customers may enter an establishment if otherwise permitted under the State Health Order, Health Officer Order No. C19-07h (the “Stay-Safer-at-Home Order”), and any applicable industry-specific directives or guidance. For example, customers may enter a space that currently qualifies as an In-store Retail business that operates in compliance with all applicable Health Officer Orders and Directive No. 2020-17. Copies of industry-specific directives are available online at <https://www.sfdph.org/directives>.

1.1.3. Outdoor gyms must consider the risks associated with local streets, sidewalks, traffic, pedestrians, and bicyclists. Outdoor Gyms must take all reasonable and feasible efforts to reduce customer and Personnel exposure to traffic and bike lanes, minimize blocking visibility of other travelers (whether vehicle, pedestrian, or bicyclist), and minimize or eliminate potential blockages of passageways, including ADA-compliant public access to sidewalks for persons with disabilities. Outdoor Gyms must comply with state and local laws, regulations, and permitting requirements (e.g., ADA access and compliance with applicable zoning), including, but not limited to, the placement of outdoor structures and service stations. Outdoor Gyms must take all reasonable and feasible steps to protect passersby from exposure to exhalations of customers using the Outdoor Gym and must arrange the Outdoor Gym space to allow pedestrians (including, but not limited to, those using wheelchairs or other assistive devices) sufficient adjacent sidewalk space so that they may pass by the Outdoor Gym while maintaining at least six feet of physical space from customers. For example, Outdoor Gyms may post signage or use tape to directing passersby to move along the building line to maximize gym space while



maintaining social distance.

- 1.1.4.** Outdoor Gyms must address the potential hazards that result from moving outside, including: (1) ensuring use of electrical devices and extension cords in compliance with Cal/OSHA's Guide to Electrical Safety; and (2) ensuring there are no tripping hazards from cords or other equipment.
- 1.1.5.** Outdoor Gyms must comply with the Cal/OSHA standards for heat and air quality illness prevention for outdoor Personnel, including an effective heat illness prevention plan with written procedures. Outdoor Gyms are permitted to use sun or weather shelters in accordance with Section 1.8 of this Directive and any applicable SFDPH guidance.
- 1.2.** Customers and Personnel must maintain physical distancing of at least six feet from people outside of their Household at all times. Customers must be reminded of their obligation to maintain at least six feet of distance from Personnel, particularly when Personnel are carrying out sanitation or other work-related duties.
- 1.3.** Outdoor Gym capacity is determined by the number of people who may safely fit in the Outdoor Gym space at any time while at all times adhering to Social Distancing requirements under this Directive and the Stay-Safer-At-Home Order.
 - 1.3.1.** Evaluate the facility to determine the number of people (including customers and Personnel) who may safely fit in the Outdoor Gym area at any time while at all times adhering to Social Distancing Requirements under this Directive and the Stay-Safer-At-Home Order. For assistance in understanding the impact of occupancy on social distancing, see: https://www.usfa.fema.gov/coronavirus/planning_response/occupancy_social_distancing.html. Educate Personnel about capacity limits and require them to enforce limits by, for example, spacing out customer reservations.
 - 1.3.2.** Arrange Outdoor Gym equipment and space to facilitate physical distancing of at least six feet between and among Customers and Personnel. Alter or enhance the physical space to encourage appropriately-distanced movement into, out of, and within the Outdoor Gym. For example, use signage, floor tape, or other indicators to assist Personnel and customers in maintaining Social Distance and moving safely around the Outdoor Gym space.
 - 1.3.3.** Create a system for managing capacity, enforcing Social Distancing and Face Covering requirements, and conducting Customer symptom screening. To more effectively fulfill these requirements, it is strongly recommended that Outdoor Gyms create a reservation system for gym access or particular high-use equipment.
 - 1.3.4.** If an Outdoor Gym cannot ensure maintenance of at least six-foot distance within the facility between and among customers and Personnel, such as by moving workout stations or spreading Personnel out, then it must reduce the number of people permitted in the facility at any given time accordingly.
 - 1.3.5.** Outdoor Gyms are strongly encouraged to set aside spaces or times for use by community members who are particularly vulnerable to poor health outcomes from COVID-19.



- 1.4.** Customers and Personnel must be screened in accordance with Section 8 of this Directive before entering the Outdoor Gym. Customers who have tested positive for SARS-CoV-2, the virus that causes COVID-19 in the past 14 days, have come into close contact with a person who tested positive for the virus in the past 14 days, or have any of the symptoms listed in this Section 1.4 within 24 hours of being screened must not enter the Outdoor Gym. The symptom screening questions are:
- 1.4.1.** Has the person had any one or more of the following symptoms which is new or not explained by a pre-existing condition that day or within the preceding 24 hours?
The symptoms include:
- For adults (individuals 18 years or older): temperature greater than 100.4F (38.0C); cough; sore throat; shortness of breath; chills; headache; body aches; fatigue; loss of smell or taste; diarrhea; runny nose; nasal congestion; or other symptoms if there is associated clinical concern for COVID-19.
- For children (those younger than 18 years): temperature greater than 100.4F (38.0C); sore throat; new uncontrolled cough that causes difficulty breathing (for youth with chronic allergic/asthmatic cough, a change in their cough from baseline); diarrhea, vomiting, or abdominal pain; new onset of severe headache, especially with a fever; or other symptoms if there is associated clinical concern for COVID-19.
- If any listed symptom is present, the person might be positive for SARS-CoV-2 and should be referred for testing.
- 1.5.** Customers must wear a Face Covering or alternative face covering as described in Health Officer Order No. C19-12c (the “Face Covering Order”) at all times they are present at an Outdoor Gym, including while exercising. Personnel must wear a Face Covering or alternative face covering at all times as required by the Face Covering Order. If any customer refuses to comply with the Face Covering Order or other provision of this Directive, then the Outdoor Gym must refuse service to the individual and request that the individual leave the facility.
- 1.6.** Customers may only engage in self-directed fitness in the Outdoor Gym space unless otherwise permitted by the Stay-Safer-At-Home-Order. For example, customers may individually use treadmills, free weights, or other fitness equipment and may engage in outdoor fitness classes in accordance with this Directive and Section B.(1) of Appendix C1 to the Stay-Safe-At-Home Order.
- 1.7.** Outdoor Gyms must develop a plan and implement sanitation requirements that exceed standard industry requirements. Outdoor gyms must implement all applicable sanitation requirements of the Social Distancing Protocol.
- 1.7.1.** Equip the entrance with a hand washing station or hand sanitizer or sanitizing wipes. Require all customers and Personnel to wash hands for 20 seconds in soap and warm water or use hand sanitizer before entering the Outdoor Gym space. Place hand sanitizer or sanitizing wipe dispensers in the Outdoor Gym space for use by customers and Personnel particularly near any common touch equipment. If wipes are used, ensure that lined, non-touch trash receptacles are available nearby.



- 1.7.2.** Require all customers to disinfect any fitness machine, accessories, or other equipment they used both before and after each use by people from different Households. Make disinfectant spray and wipes available to customers at convenient locations around the Outdoor Gym space. Post signage reminding customers of their obligation under this paragraph.
- 1.7.3.** Wherever possible, install touchless, automatic water dispensers for use with personal, reusable water bottles or single-use, disposable paper cups. Display signage reminding Personnel and customers that the bottle or cups should not touch the water dispenser. If a touchless water dispenser is not feasible, encourage customers to bring their own water and remind Personnel and customers to wash their hands or use proper hand sanitizer before and after touching the water release button on drinking fountains. Amenities or other items not directly related to self-directed fitness activities are not permitted in the Outdoor Gym space.
- 1.7.4.** Place signage around the Outdoor Gym emphasizing basic infection prevention measures, including the requirements to wear a Face Covering and maintain proper social distance at all times, stay home when feeling sick, and wash or sanitize hands frequently.
- 1.7.5.** Disinfecting products must be approved for use against COVID-19 on the Environmental Protection Agency (EPA) – approved list available at: <https://www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2-covid-19>). Outdoor Gyms must follow all product and safety instructions.
- 1.7.6.** Require Personnel to regularly clean and disinfect high touch areas and surfaces, fitness machines, gear, accessories, sanitation stations, or other equipment throughout the day following CDC guidelines available at: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>. Provide Personnel adequate time and space to complete all sanitation duties.
- 1.8.** Consistent with the limitations of the State Health Order, the Stay-Safer-at-Home Order, and guidance from SFDPH, Outdoor Gyms may, subject to any applicable permit requirements, conduct their operations under a tent, canopy, or other sun or weather shelter, but only as long as no more than one side is closed, allowing sufficient outdoor air movement. Also, the number and composition of barriers used for outdoor services must allow the free flow of air in the breathing zone.
- 1.9.** If all or part of an Outdoor Gym’s establishment has been vacant or dormant during the Stay-Safer-At-Home Order, then the Outdoor Gym must ensure plumbing is functioning and that pipes are flushed before use. The San Francisco PUC provides guidance for flushing and preparing water systems at: <https://sfwater.org/index.aspx?page=1327>. Outdoor Gyms must conspicuously post a copy of this Directive and all attachments, the Health and Safety Plan, and the Social Distancing Protocol (1) on any public facing website and (2) at the physical Outdoor Gym site.

Health Officer Directive No. 2020-27 (Exhibit B) Health and Safety Plan (issued 9/8/2020)

Each Outdoor Gym must complete, post onsite and online, and follow this Health and Safety Plan.

Check off all items below that apply and list other required information.

Business/Entity name:

Contact name:

Facility Address:

Email / telephone:

(You may contact the person listed above with any questions or comments about this plan.)

- Reviewed and completed all requirements set forth in Health Officer Directive No. 2020-27, available at: <http://www.sfdph.org/directives>.
- Completed any necessary adjustments to the layout of the business to allow for proper social distancing
- Obtained any necessary permits needed for outdoor shelters.
- Completed evaluation of electrical safety and implemented all required precautions.
- Plumbing is functioning and, if the facility was dormant, then the pipes are flushed.
- Developed a plan to ensure Personnel and customers comply with social distancing requirements and to limit the number of people at the outdoor business at a given time, consistent with the requirements in the Stay-Safer-at-Home Order.
- Require customers to wear a Face Covering or alternative Face Covering at all times. Personnel are required to wear Face Coverings as provided in the Face Covering Order.
- Ensure daily COVID-19 symptom self-verifications are completed for all Personnel as required by the Social Distancing Protocol. Ensure that all Customers complete verbal COVID-19 screening before entering the Outdoor Gym space. Anyone who answers "yes" to a screening question must be prevented from entry.
- Provided hand washing stations or hand sanitizer at entrance to Outdoor Gym and at convenient locations throughout Outdoor Gym Space.
- Implemented all sanitization requirements as described in Directive 2020-27, including requirement that Customers clean equipment before and after use.
- Personnel and customers have access to cleaning supplies so that they can clean surfaces as required.
- High touch surfaces in common areas are cleaned and disinfected routinely throughout the day.
- Posted signage reminding customers of their obligations to disinfect equipment before and after use, maintain social distance, wear a Face Covering, and wash or sanitize hands frequently.
- Reviewed and implemented all industry-specific guidance in the Directive.



Tip Sheet and Frequently Asked Questions for Businesses Offering Outdoor Gym Services

09/09/2020

The following Tip Sheet and FAQ was developed by the San Francisco Department of Public Health for use by local facilities and will be posted at <http://www.sfchcp.org>. Information may change.

AUDIENCE: Businesses offering outdoor gym services during COVID-19 pandemic.

BACKGROUND: On September, 09, 2020 the Health Officer issued directive No. 2020-27 (found at the www.sfdph.org/directives) authorizing and providing guidance for businesses offering Outdoor Gym services.

PURPOSE: This document addresses major points in, but does not replace, the Directive.

Tips for opening Outdoor GYMS

This Tip sheet is a summary. It is highly advised for Business Owners to read the Public Health Directive.

Gyms can open outdoors. Now what? Here are tips for opening a gym space outdoors while complying with the Health Officer issued Directive No. 2020-27.

Prepare, post and implement the following:

- Health and Safety Plan (see Exhibit B of Directive No. 2020-27, posted at www.sfdph.org/directives)
- Social Distancing Protocol (see Appendix A of the Shelter in Place Health Order, posted at www.sfdph.org/healthorders)

All gym services must be provided outdoors including, but not limited to, therapy or other services unless such services are permitted under the [Ambulatory Care Directive](#).

- Indoor spaces such as locker rooms, shower facilities, changing areas, lounges and lobbies must remain closed to customers and the general public.
 - Customers may enter an establishment to:
 - use the restroom. Outdoor gyms should encourage customers to use the restroom before coming to the gym. Customers must not use the restroom solely to wash their hands and must sanitize their hands before entering the facility;
 - reach an outdoor space that is only accessible by traveling through the establishment;
 - access space that currently qualifies as an In-Store Retail business. Must comply with all applicable Health Officer Orders.



San Francisco Department of Public Health

Exhibit C

- Outdoor Gyms may, subject to any applicable permit requirements, conduct their operations under a tent, canopy, or other sun or weather shelter, but only so long as not more than one side is closed, allowing sufficient outdoor air movement. Ventilation is key to mitigating the spread of COVID-19.
- Outdoor Gyms must address potential hazards and comply with state and local laws, regulations and permitting requirements.
- For more information about setting up your outdoor space please visit San Francisco's Shared Spaces Program at <https://sf.gov/shared-spaces>.
- Outdoor Gyms must be in compliance with the [Cal/OSHA Guide to Electrical Safety](#) and the [Cal/OSHA standards for heat illness prevention](#).

Physical Distancing:

- Customers and personnel must maintain physical distancing of at least six feet from people outside their household at ALL TIMES.
 - Evaluate the outdoor space to determine the number of people (including customers and personnel) who may safely fit in the Outdoor Gym area.
 - Whenever possible set up work-out stations so customers are facing **away** from each other.
 - It is highly recommended that Outdoor Gyms create a reservation system to manage capacity for gym access and high-use equipment.
 - Gyms are responsible for maintaining the six-foot separation between customers and personnel. Using signage, floor tape and/or directional guidance can help to ensure physical distancing as personnel and customers move around the space.
- Customers should engage in self-directed fitness, for example, customers may individually use treadmills, free weights or other fitness equipment.
- Outdoor Gyms are encouraged to set aside spaces or times for use by community members who are vulnerable to poor health outcomes from COVID-19.

Screening:

- Customers must be verbally screened before entering the Outdoor Gym and if they answer yes to any of the following, they must **not** enter the Outdoor Gym. See the Screening Document here: <https://www.sfdph.org/dph/alerts/covid-guidance/covid-screening.pdf>
 - Have you tested positive or have come in close contact with a person who has tested positive for COVID-19 in the past 14 days?
 - Have you recently felt feverish or had other COVID-19 symptoms which are new or not explained by a pre-existing condition that day or within the preceding 24 hours, such as cough, shortness of breath, sore throat, nausea, vomiting, diarrhea, tiredness, chills, headache, muscle/body aches, confusion or loss of taste/smell?



Facial Coverings:

- Customers and personnel must wear a Face Covering at all times they are present at an Outdoor Gym. If anyone refuses, the Outdoor Gym must refuse service and request the customer leave the facility for the day. See [Health Order C19-12c](#), the Face Covering Order, for more information and exemptions.

Sanitation Requirements:

- Outdoor Gyms must develop a plan and implement sanitation requirements that **exceed** standard industry requirements.
 - Must provide a washing station or hand sanitizer or sanitizing wipes for customers and personnel.
 - Require personnel to regularly clean and disinfect high touch areas and surfaces, fitness machines, gear, accessories, sanitation stations and other equipment throughout the day following CDC guidelines found at: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>
 - Require customers to disinfect any fitness machine, accessories or other equipment before and after each use. Make disinfectant spray and wipes available for customers at convenient locations. Ensure that lined, non-touch trash receptacles are available. Post signage to remind customers of this requirement.
 - Disinfecting products must be approved for use against COVID-19. An approved list can be found at: <https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/cleaning-disinfection.html>
 - Wherever possible, install touchless, automatic water dispensers for use with personal, reusable water bottles or single-use, disposable paper cups. Display signage reminding Personnel and customers that the bottle or cups should not touch the water dispenser. If a touchless water dispenser is not feasible, remind workers and patrons to wash their hands or use proper hand sanitizer before and after touching the water release button on drinking fountains.

Frequently Asked Questions

I've created the plans, so am I done now?

At least on a weekly basis, think about how your business and personnel are doing, how well you are complying with your Health and Safety Plan and your Social Distancing Protocol, and what changes are needed to improve your response to the COVID-19 pandemic. Look for new guidance from the SFDPH Communicable Disease Control and Prevention site (www.sfdcp.org/covid19) or the frequently updated page on sf.gov with [comprehensive resources for businesses during the COVID-19 pandemic](#).

What if someone at my Outdoor Gym tests positive for COVID-19?

People may be able to transmit the virus 48 to 72 hours before they develop symptoms of COVID-19. Some people **never** develop symptoms and can still transmit the virus.



See SFDPH guidance [What to do if Someone at the Workplace Has COVID-19](#). A list of personnel and customers from the organization will help SFDPH with contact tracing.

Some of our customers use gloves for weightlifting and other exercise activities. Are they allowed?

Customers may wear their gloves while working out but should be reminded about disinfecting and hand washing. Gloves do not replace disinfecting, hand washing or other sanitizing protocols.

What about towels?

Encourage guests to bring their own towels. If your establishment decides to provide towel service, used towels will need to be stored in a lidded container. Personnel who handle dirty laundry should wear gloves. Launder items according to the manufacturer's instructions. Use the warmest appropriate water setting and dry items completely. Towels, whether provided by the establishment or brought by the guests do not replace the requirement to disinfect fitness machines, accessories, or other equipment used by the customers.

What if our guests want to be spotted when they are lifting weights? Can gym personnel spot them?

NO. Guests can only be spotted by someone from their own household.

Resources

- Printable resources available in the COVID-19 toolkit.
 - <https://sf.gov/outreach-toolkit-coronavirus-covid-19>
- San Francisco Department of Public Health (SFDPH)
 - <https://www.sfdcp.org/covid19>
- San Francisco Department of Public Health – Health Orders
 - <https://www.sfdph.org/dph/alerts/coronavirus-health-directives.asp>
- Centers for Disease Control and Prevention (CDC)
 - List of Guidance documents
<https://www.cdc.gov/coronavirus/2019-ncov/communication/guidance-list.html>

City and County of San Francisco Health Officer Directive No. 2020-27 – Exhibit D
Screening Handout (September 8, 2020)

Each facility must screen Personnel, customers, and other visitors prior to entry. Go to www.sfcddcp.org/covid19 for more info or a copy of this form.

Part 1 – You must answer the following questions **every day** before entering this facility.

1. Within the last 10 days have you been diagnosed with COVID-19 or had a test confirming you have the virus?
2. Do you live in the same household with, or have you had **close contact (see reverse side of this sheet)** with someone who in the past 14 days was diagnosed with COVID-19 or had a test confirming they have the virus?

If the answer to either question is “yes”, do **not** enter the facility and follow the steps listed in **Part 2** below.

3. Have you had one or more of these symptoms today (based on your age group) or within the past 24 hours, which is new or not explained by a pre-existing condition?

For ALL ages:

- Fever or temperature greater than 100.4F (38.0C)
- Sore throat
- Diarrhea

For ADULTS 18 years old or older:

- Cough
- Headache
- Loss of taste or smell
- Shortness of breath
- Body Aches
- Runny nose
- Chills
- Fatigue
- Nasal congestion

For YOUTH under 18 years old:

- New uncontrolled cough that causes difficulty breathing (for youth with chronic allergic/asthmatic cough, a change in their cough from baseline)
- Vomiting
- New onset of severe headache, especially with a fever
- Abdominal pain

If the answer to Question 3 is “yes”, do **not** enter the facility and follow the steps listed in **Part 3** below.

Part 2 –

- If you answered **yes to Question 1**: you are subject to the Health Officer **Isolation** Directive.

Follow Isolation Steps at: <https://www.sfdph.org/dph/alerts/covid-guidance/Guidance-Isolation-and-Quarantine.pdf>

- If you answered **yes to Question 2**: you are subject to the Health Officer **Quarantine** Directive.

Follow Quarantine Steps at: <https://www.sfdph.org/dph/alerts/covid-guidance/Guidance-Isolation-and-Quarantine.pdf>

- Do **not** socialize with others until the Isolation or Quarantine Steps tell you it is safe to do so!

Part 3 – If you answered **yes to Question 3**:

You may have COVID-19 and **must be tested for the virus** in order to know if you have the virus. Follow these steps:

1. Contact your usual healthcare provider about getting tested for the virus, or sign up for free testing at CityTestSF <https://sf.gov/get-tested-covid-19-citytestsf>.
2. Wait for your test results at home while minimizing exposure to those you live with. A good resource is <https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/steps-when-sick.html>
3. If your result is positive (confirms that you have the virus) go to **Part 2** above and follow **Isolation Steps**.
4. If your result is negative, do not socialize with others until you have had at least **24 hours** without fever or other symptoms.

SEE REVERSE SIDE FOR MORE INFORMATION

If you have questions about any part of this Handout, please call 3-1-1

City and County of San Francisco Health Officer Directive No. 2020-27 – Exhibit D
Screening Handout (September 8, 2020)

Questions

What do I do if I answered “yes” to a question on the reverse side based on the listed symptoms?

It is important that you take whatever steps you can to stay safe and healthy right now. You cannot enter the facility because you will put others at risk of getting the virus that causes COVID-19.

If you are feeling sick, you should talk to your healthcare provider. If you are feeling very ill, you may want to contact an urgent care center. If this is an emergency, you should call 9-1-1 or seek care from a hospital.

How do I know if I am a **Close Contact for Question 2 on the reverse side of this handout?**

In order to determine if you are a “close contact”, answer the following questions:

- 1) Have you been around another person who in the last 14 days either has or had a COVID-19 diagnosis or has or had a confirmed SARS-CoV-2 infection? (A “COVID-19 Positive Person”)
- 2) Were you around the COVID-19 Positive Person during the period any time between 48 hours before they had symptoms or had a confirmed infection and the time after their symptoms or infection resolved?
- 3) During that same period, did the COVID-19 Positive Person do any of the following:
 - a) Live or stay overnight with you;
 - b) Was your sexual partner;
 - c) Took care of you or allowed you to take care of them;
 - d) Stayed within 6 feet of you for more than 15 minutes (regardless of whether they were or were not wearing a face covering); or
 - e) Exposed you to direct contact with their body fluids or secretions (such as coughing or sneezing on you) while you were not wearing a face mask, gown, and gloves?

If you answered yes to all of 1), 2), and 3), then you are a “close contact”.

The meaning of **Close Contact** is explained in more detail in the Isolation and Quarantine Guidance, which is available online at <https://www.sfdph.org/dph/alerts/covid-guidance/Guidance-Isolation-and-Quarantine.pdf>