

# What is CHIPPS ?

The Community and Home Injury Prevention Program for Seniors (CHIPPS) provides:

- Educational Presentations
- Home Safety Assessments
- Small Home Modifications

**ALL SERVICES ARE FREE**

- For San Francisco residents
- 60 years and older or have a disability
- Renter or Homeowner

### Our Staff Speak

- English
- Russian
- Spanish
- Mongolian
- Cantonese & Mandarin

Community and Home Injury Prevention Program for Seniors (CHIPPS)

25 Van Ness Ave., Suite 500  
San Francisco, CA 94102  
628-206-7695  
CHIPPS@sfdph.org

# Emergency Numbers



**911** For Police or Fire  
Emergencies Only

SF Police Department  
Non-emergency  
**415-553-0123**

## Your Emergency Contact

Name \_\_\_\_\_

Phone \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_

Name \_\_\_\_\_

Phone \_\_\_\_\_



## Resources Guide



# CHIPPS

Community & Home  
Injury Prevention Program  
for Seniors

San Francisco Department of Public Health  
Community Health Equity & Promotion





# San Francisco Community Resources

## Did you know...

These two agencies provide the services below:

- ♦ San Francisco Department of Disability & Aging Services (DAS)

415-355-6700 [DAAS@sfgov.org](mailto:DAAS@sfgov.org)

- ♦ Institute on Aging (IOA)

415-750-4111 [www.ioaging.org](http://www.ioaging.org)

- In-Home Care Support Service
- Food Support/Meal Delivery
- Senior Services
- Case Management
- Housing and Shelter
- Social Day Programs
- Education & Training
- Transportation support
- Immigration & Benefits
- Healthcare & Counseling
- Legal & Financial Services
- Home repair and Maintenance
- And More...

## 211 Bay Area

- Connect with community services, such as food, shelter, counseling, employment assistance, senior services, and more
- Provide incident-specific information in coordination with local emergency services
- By phone, dial **2-1-1**
- Text your zip code to **898211**

## Get Texts from AlertSF

- regarding emergencies disrupting vehicular or pedestrian traffic, watches and warnings for tsunamis, flooding, and Citywide post-disaster information
- Text your zip code to **888-777**

## Pedestrian Safety Hazards

Report potholes or broken sidewalks that are tripping hazards

Dial 311

## Assistive Technology Portal

<https://testing.myatprogram.org/home>

**Loan or Borrow Equipment** such as: computers, laptops, portable ramps, listening and visual devices.

## Durable Medical Equipment

Ask your doctor to obtain items like:

- **Oxygen supplies:** concentrators, monitors, ventilators...
- **Personal care aids:** bath chairs, dressing aids, and commodes...
- **Mobility aids:** walkers, canes, crutches, wheelchairs, and scooters...
- **Bed equipment:** hospital beds, pressure mattresses, blankets, and lift beds...
- And more...

## Social Support and Friendship

- Little Brothers- Friends of the Elderly **415-771-7957**
- The Friendship Line **1-800-971-0016**



## Adult Day Programs

- Felton Institute: **415-474-7310**
- SteppingStone: **415-974-6784**
- Catholic Charities: **415-452-3500**
- Self-Help for the Elderly: **415-677-7556**
- Openhouse+On Lok Community Day Services: **415-292-8302**

## Adult Abuse Hotline:

**1-800-814-0009 (24hrs)**

## SF Suicide Prevention

**(415) 781-0500 (24 hrs)**