Purpose:
1) To protect clients and staff from second hand smoke
2) To support cessation efforts by clients who smoke/use tobacco

Background:
1) CBHS clients use tobacco at more than five times the rate of other San Franciscans.
2) Individuals with a mental health, alcohol or other drug use disorder can improve their health status by engaging in tobacco use cessation treatment.
3) Health care provider brief interventions and supports significantly improve the likelihood that clients will reduce or stop tobacco use.
4) Exposure to second hand smoke is a significant health risk.

Policy:
CBHS staff and CBHS funded agencies shall implement this tobacco use and second hand smoke policy. Service levels may vary by program, as defined below.

To maintain a Smoke Free and Low Risk environment:
1) Smoking and tobacco use is prohibited in or around CBHS funded facilities
2) Staff members shall not smoke or display tobacco in the presence of clients.
3) Staff members shall not provide or share tobacco with clients.

To support improved tobacco use cessation for clients who smoke/use tobacco:
Programs must regularly assess each client's use of tobacco and exposure to second hand smoke, record the assessment in the client's chart (or EHR), and provide support for quitting.
Programs may implement one of three levels of care, as resources permit:

GOLD: Each client is assessed at each care plan revision, tobacco plan is updated. Treatment and support groups are offered on site.

SILVER: Each client is assessed annually, and the tobacco plan is updated. Linkage to treatment and support groups is provided.

BRONZE: Each client is assessed at intake, and the tobacco plan is updated. Referral for treatment and support groups is offered.

Contact Person: Deputy Director, Community Behavioral Health Services, 255-3717

Distribution:
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