

# SAN FRANCISCO MENTAL HEALTH PLAN FORMULARY

Dec-15

CBHS	Medi-Cal	Antidepressants	Commonly Available Strengths	*Max Daily Dosage	Dosage Form	COMMENT
F	F	amitriptyline	10, 25, 50, 75, 100, 150	250	TAB	
F	F	bupropion	75, 100	450	TAB	bid-tid
F	F	bupropion SR	100, 150, 200	400	TAB	bid
F	F	bupropion XL	150, 300	450	TAB	once daily
F	NF	citalopram	10, 20, 40	40	TAB	
F	F	clomipramine	25, 50, 75	250	TAB	
F	F	desipramine	10, 25, 50, 75, 100, 150	250	TAB	
NF	NF	desvenlafaxine ER	25, 50, 100	100	TAB	
F	F	doxepin	10, 25, 50, 75, 100, 150	300	CAP	
F	F	duloxetine	20, 30, 60	60	CAP	
F	F	escitalopram	5, 10, 20	20	TAB	once daily
F	F	fluoxetine	10, 20, 40	80	CAP	40mg nonformulary (use 2x20mg)
F	F	fluvoxamine	25, 50, 100	300	TAB	
F	F	imipramine	10, 25, 50	300	TAB	
F	NF	isocarboxizid	10	60	TAB	2-4x/day
NF	NF	levomilnacipran ER	20, 40, 80, 120	120	CAP	
F	F	mirtazapine	15, 30, 45	45	TAB	
NF	F	mirtazapine ODT	15, 30, 45	45	TAB	
F	NF	nefazodone	50, 100, 150, 200, 250	600	TAB	liver failure warning -->LFT monitoring
F	F	nortriptyline	10, 25, 50, 75	300	CAP	
F	F	paroxetine	10, 20, 30, 40	60	TAB	
F	NF	phenelzine	15	90	TAB	
F	F	protriptyline	5, 10	60	TAB	
F	F	sertraline	25, 50, 100	200	TAB	
F	NF	tranylcypromine	10	60	TAB	
F	F	trazodone	50, 100, 150	400	TAB	IR only
F	F	venlafaxine XR	37.5, 75, 150	225	CAP	once daily
NF	NF	vilazodone	10, 20, 40	40	TAB	
NF	F	vortioxetine	5, 10, 15, 20	20	TAB	MCAL does not cover 15mg tabs

CBHS	Medi-Cal	Antipsychotics	Commonly Available Strengths	*Max Daily Dosage	Dosage Form	COMMENT
PAR	F	aripiprazole	2, 5, 10, 15, 20, 30	30	TAB	once daily; liquid formulation discontinued
NF	F	aripiprazole ODT	10, 15	30	ODT	once daily
PAP	NF	aripiprazole ER injection	300, 400	400	INJ	once monthly
PAP	NF	aripiprazole lauroxil ER injection	441, 662, 882	882	INJ	every 4-6 weeks
NF	F	asenapine	5, 10	20	TAB	bid
NF	NF	brexpiprazole	0.25, 0.5, 1, 2, 3, 4	4	TAB	
NF	NF	cariprazine	1.5, 3, 4.5, 6	6	CAP	
F	F	chlorpromazine	10, 25, 50, 100, 200	2000	TAB	
F	F	clozapine	12.5, 25, 50, 100, 200	900	TAB	MCAL forms: 200mg tab and all ODT
F	F	fluphenazine	1, 2.5, 5, 10	40	TAB	
F	NF	fluphenazine decanoate	25mg/ml		INJ	Must order from CBHS Pharmacy Svcs
F	F	haloperidol	0.5, 1, 2, 5, 10, 20	30	TAB	
F	NF	haloperidol decanoate	50mg/ml, 100mg/ml		INJ	Must order from CBHS Pharmacy Svcs
NF	F	iloperidone	1, 2, 4, 6, 8, 10, 12	24	TAB	bid
NF	F	lurasidone	20, 40, 80, 120	160	TAB	
F	F	loxapine	5, 10, 25, 50	250	CAP	
PAR	F	olanzapine	2.5, 5, 7.5, 10, 15, 20	20	TAB	generic
NF	F	olanzapine ODT	5, 10, 15, 20	20	TAB	generic
PAP	NF	olanzapine long acting injection	150, 210, 300, 405	405	INJ	Not recommended- post injection delirium/sedation
NF	NF	paliperidone	1.5, 3, 6, 9	12	TAB	
PAP	NF	paliperidone inj (Sustena)	39, 78, 117, 156, 234	234	INJ	once monthly
PAP	NF	paliperidone inj (Trinza)	273, 410, 546, 819	819	INJ	every 3 months
F	F	perphenazine	2, 4, 8, 16	64	TAB	
PAR	F	quetiapine	25, 50, 100, 200, 300, 400	800	TAB	25mg restricted to <18 and >60 yo. 50mg NF
NF	F	quetiapine XR	50, 100, 150, 200, 300, 400	800	TAB	100mg NF for MCAL
F	F	risperidone	0.25, 0.5, 1, 2, 3, 4	8	TAB	generic
F	NF	risperidone ODT	0.5, 1, 2, 3, 4	8	ODT	
F	F	thiothixene	1, 2, 5, 10, 20	60	CAP	
F	F	trifluoperazine	1, 2, 5, 10	40	TAB	
F	F	ziprasidone	20, 40, 60, 80	200	CAP	

F = Formulary

NF = Non-formulary; may be covered through Medi-Cal with a TAR

PAR = Prior Authorization Required

PAP = Patient Assistance Program (not paid for by San Francisco Mental Health Plan)

RF = Restricted formulary

**CBHS Pharmacy Service 415-255-3659**

**MedImpact 800-788-2949**

**MediCal 800-541-5555**

All oral dosage forms (tablet, capsule and liquid) and strengths are covered unless otherwise indicated.

\*Max Daily Dosage and common daily dosage are provided as an arbitrary reference, each patient must be individually titrated to tolerance and response.

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CBHS	Medi-Cal	Anxiolytics/Sedatives/Hypnotics	Commonly Available Strengths	*Max Daily Dosage	Dosage Form	COMMENT
NF	NF	alprazolam	0.25, 0.5, 1, 2	4	TAB	
F	NF	chloral hydrate conc.	500mg/5ml	1000	CONC	
NF	NF	chloral hydrate capsules	500	1000	CAP	
F	NF	chlordiazepoxide	5, 10, 25	300	CAP	
F	F	clonazepam	0.5, 1, 2	4	TAB	MCAL Quantity limits
NF	RF	diazepam	2, 5, 10	60	TAB	
F	F	diphenhydramine	25, 50	400	CAP	
NF	NF	eszopiclone	1, 2, 3	3	TAB	
F	RF	flurazepam	15, 30	30	CAP	
F	F	hydroxyzine HCl (Atarax)	10, 25, 50	400	TAB	
F	F	hydroxyzine pamoate (Vistaril)	25, 50	400	CAP	
F	F	lorazepam	0.5, 1, 2	10	TAB	MCAL Quantity limits
NF	NF	ramelteon	8	8	TAB	
NF	NF	suvorexant	5, 10, 15, 20	20	TAB	
NF	NF	tasimelteon	20	20	CAP	
F	RF	temazepam	7.5, 15, 22.5, 30	30	CAP	7.5mg and 22.5mg NF CBHS, 22.5mg NF MCAL
F	NF	zaleplon	5, 10	20	CAP	
F	RF	zolpidem	5, 10	10	TAB	
NF	NF	zolpidem CR	6.25, 12.5	12.5	TAB	

CBHS	Medi-Cal	Stimulants	Commonly Available Strengths	*Max Daily Dosage	Dosage Form	COMMENT
F	RF	amphetamine salts (Adderall)	5, 7.5, 10, 12.5, 15, 20, 30	40	TAB	
F	NF	amphetamine salts (Adderall XR)	5, 10, 15, 20, 25, 30	30	CAP	
NF	NF	dexmethylphenidate (Focalin)	2.5, 5, 10	20	TAB	
NF	RF	dexmethylphenidate XR (Focalin XR)	5, 10, 15, 20, 25, 30, 35, 40	40	CAP	
F	RF	dextroamphetamine IR	5, 10	40	TAB	
F	NF	dextroamphetamine ER	5, 10, 15	40	CAP	
NF	NF	dextroamphetamine IR liquid	5mg/5mL	40	SOLN	bubble gum flavored
NF	RF	lisdexamfetamine (Vyvanse)	10, 20, 30, 40, 50, 60, 70	70	CAP	
F	RF	methylphenidate IR	5, 10, 20	60	TAB	
NF	NF	methylphenidate IR chewable	2.5, 5, 10	60	TAB	
NF	NF	methylphenidate IR oral solution	5mg/5mL, 10mg/5mL	60	SOLN	grape flavored
NF	NF	methylphenidate CD (Metadate CD)	10, 20, 30, 40, 50, 60	60	CAP	biphasic
F	NF	methylphenidate ER (Metadate ER)	10, 20	60	TAB	slow release
F	NF	methylphenidate ER (Concerta)	18, 27, 36, 54	72	TAB	triphasic
NF	NF	methylphenidate XR suspension (Quillivant XR)	5mg/mL	60	SUS	banana flavored
NF	NF	methylphenidate LA (Ritalin LA)	10, 20, 30, 40	60	CAP	biphasic
F	NF	methylphenidate SR (Ritalin SR)	20	60	TAB	slow release
NF	NF	methylphenidate transdermal patch	10, 15, 20, 30	30	PATCH	To be worn for 9 hours or less per day

CBHS	Medi-Cal	Miscellaneous	Commonly Available Strengths	*Max Daily Dosage	Dosage Form	COMMENT
F	F	amantadine	100	400	CAP	
F	F	atenolol	25, 50, 100	100	TAB	
NF	NF	atomoxetine	10, 18, 24, 40, 60, 80, 100	100	CAP	
F	F	benztropine	0.5, 1, 2	6	TAB	
F	F	bethanechol	5, 10, 25, 50	400	TAB	
PAR	NF	buprenorphine	2, 8	16	TAB	Call OBIC 552-6242
PAR	NF	buprenorphine/naloxone	2/0.5, 8/2	16	TAB	Call OBIC 552-6242
F	F	buspirone	5, 10, 15, 30	60	TAB	
F	F	carbamazepine	100, 200	1200	TAB	
F	F	clonidine	0.1, 0.2, 0.3	0.4	TAB	
F	F	clonidine patch	0.1, 0.2, 0.3	0.4	PATCH	applied once every 7 days
F	NF	cyproheptadine	4	32	TAB	
F	F	disulfiram	250, 500	500	TAB	
F	F	divalproex (Depakote)	125, 250, 500	60mg/kg/day	TAB	
F	F	divalproex ext release (Depakote ER)	250, 500	60mg/kg/day	TAB	80% as bioavailable as divalproex
F	F	divalproex sprinkles (Depakote Sprinkles)	125	60mg/kg/day	CAP	sprinkle on food; swallow, do not chew
F	F	docusate sodium	100, 250	500	CAP	
F	F	folic acid	0.4, 0.8, 1		TAB	0.4mg RF
F	F	guanfacine	1, 2	4	TAB	
NF	NF	guanfacine ER	1, 2, 3, 4	7	TAB	
F	F	gabapentin	100, 300, 400, 600, 800	3600	CAP/TAB	
F	F	lamotrigine	25, 100, 150, 200		TAB	
F	F	levothyroxine (T4, Synthroid)	multiple doses	0.3	TAB	
F	NF	liothyronine (T3, Cytomel)	0.005, 0.025, 0.05	0.1	TAB	
F	F	lithium carbonate	150, 300		CAP	MCAL 300mg only
F	NF	lithium carbonate SR (Eskalith-CR)	450		TAB	
F	F	lithium carbonate ER (Lithobid)	300		TAB	
NF	NF	modafinil	100, 200	400	TAB	
F	NF	multivitamin			TAB	
F	F	naloxone	0.4mg, 2mg/2ml			for overdose prevention, call CBHS 255-3659
F	RF	naltrexone (oral)	50	50	TAB	
PAR	F	nicotine transdermal patch	7, 14, 21		PATCH	for use with behavioral modification
PAR	F	nicotine gum	2, 4		GUM	for use with behavioral modification
NF	F	oxcarbazepine	150, 300, 600	2400	TAB	
F	F	prazosin	1, 2, 5	15	CAP	
F	F	propranolol	10, 20, 40, 60, 80	120	TAB	
F	NF	psyllium powder			POW	
F	F	trihexyphenidyl	2, 5	15	TAB	
F	F	valproic acid	250	60mg/kg/day	CAP	

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