April 6, 2017

Dear Colleagues,

Spring Greetings! Here at Behavioral Health Services, we are planning many interesting & engaging events in celebration of MAY IS MENTAL HEALTH MONTH.

In fact, this year it will be difficult to look in any direction on any day in May without seeing a BHS/MHSA sponsored event. STIGMA BUSTERS, founder of the original Open Mic event at the San Francisco Public Library in 2015, is at it again with the 3rd Annual Open Mic.

This year there is added outreach to the Residential Care providers and residents, Youth (YOUTH MIND MATTERS), the A&PI community at Chinatown North Beach Mental Health Clinic, the Richmond Community Health Festival, and joining the Asian Pacific American Mental Health Day (on May 10th) in partnership with RAMS.

Relax in the middle of the month with the STIGMA BUSTERS’ Friday fun, family-friendly film night. This year’s movie is Pixar’s animated feature “UP”, a tender movie about how an earnest young boy and his dog befriend a sad & lonely widower, and form a powerful and sustaining friendship.

Enclosed is the Calendar of events, and posters for all of the events & activities which you, your clients, their families and friends can attend.

Everyone is invited! Come one, Come all!

CELEBRATE, LEARN, and LIVE.

MAY IS MENTAL HEALTH AWARENESS MONTH!

See you there.

Victor Gresser
STIGMA BUSTERS Facilitator
Peer Outreach Specialist (RAMS, Inc.)

Kavoos Ghane Bassiri
Director, Behavioral Health Services
San Francisco Dept. of Public Health (SFDPH) and Behavioral Health Services (BHS) presents

**EACH MIND MATTERS (EMM)**

**Events for May 2017**
May is Mental Health Awareness Month

**FREE OPEN to the PUBLIC**

<table>
<thead>
<tr>
<th>DATE</th>
<th>DAY of WEEK</th>
<th>TIME</th>
<th>EVENT</th>
<th>LOCATION</th>
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</thead>
<tbody>
<tr>
<td>April 29</td>
<td>Saturday</td>
<td>11AM-12:30PM</td>
<td><strong>Youth Minds Matter!!</strong> Panel Presentation, Resources &amp; More</td>
<td>San Francisco Main Library Latino/Hispanic Room 100 Larkin St @ Grove SF, CA 94102</td>
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<tr>
<td>May 4</td>
<td>Thursday</td>
<td>9AM-1PM</td>
<td><strong>Vocational Client Services and Stigma Buster Presentation</strong> Exploring Meaningful Purpose for Clients and Residents</td>
<td>25 Van Ness Avenue near Market Room 610 SF, CA 94102</td>
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<tr>
<td>May 15</td>
<td>Monday</td>
<td>1PM-3PM</td>
<td><strong>3rd Annual Open Mic!</strong> SHARE YOUR TALENT! Poetry, Song, Art, Dance, Self-Expression Artists, please sign up early</td>
<td>San Francisco Main Library Latino/Hispanic Room 100 Larkin St @ Grove SF, CA 94102</td>
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<tr>
<td>May 16</td>
<td>Tuesday</td>
<td>9AM-12:30PM</td>
<td><strong>Vocational Summit</strong> Information, Resources, Counselors &amp; Prizes</td>
<td>San Francisco Main Library Latino/Hispanic Room 100 Larkin St @ Grove SF, CA 94102</td>
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<tr>
<td>May 19</td>
<td>Friday</td>
<td>5PM-8PM</td>
<td><strong>Film Festival</strong> Pixar's Animated Film &quot;UP&quot; FRIDAY FUN FILM NIGHT! with Facilitated Discussion</td>
<td>25 Van Ness Avenue near Market Room 610 SF, CA 94102</td>
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<tr>
<td>May 25</td>
<td>Thursday</td>
<td>9AM-11:30AM</td>
<td><strong>Advocacy and Self Care</strong> Resources for the Community</td>
<td>Chintown/North Beach Mental Health Services 729 Filbert Street SF, CA 94133</td>
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For more information or to RSVP, please contact Victor Gresser at 415-255-3651 or victor.gresser@sfdph.org
For interpreter or ADA accommodation request, please contact Victor a week in advance.

Sponsored by San Francisco Department of Public Health (SFDPH), Behavioral Health Services (BHS), Mental Health Service Act (MHSA)
May is Mental Health Month Kick Off
Each Mind Matters

**YOUTH MINDS MATTER**

Saturday, April 29, 2017
11:00 a.m.-12:30 p.m.
Free Event

SF Public Library
100 Larkin Street (or Grove St. Entrance)
Latino/Hispanic Room Lower level

Are you experiencing mental health and/or substance use challenges?

You are not alone

Hear about wellness & recovery from others ages 15–26

Light Refreshments Provided

Limited Space, please RSVP to: Jeanne Kwong at jeanne.kwong@sfdph.org
Or for more information contact: Micaela Scofield at micascof@gmail.com

Sponsored by the San Francisco Department of Public Health (SFDPH) Behavioral Health Services (BHS) & Mental Health Service Act (MHSA)

This is not a San Francisco Public Library sponsored program
EACH MIND MATTERS (EMM)

May is Mental Health Awareness Month

Monday, May 15, 2017
1:00 P.M. – 3:00 P.M.
The San Francisco Public Library
100 Larkin (or Grove Street Entrance)
Latino/Hispanic Room, downstairs lower level

Poets, singers, dancers, writers, actors, visual artists

SHOW YOUR ART!
PLAY YOUR MUSIC!
SING YOUR SONGS!

3rd ANNUAL OPEN MIC

for Clients, Family and Friends

POETRY SPEAK YOUR WORDS!
PERFORM SHARE YOUR TALENT!
APPLAUSE SHOW YOUR SUPPORT!

Seating is limited. For more information & to RSVP, contact:
Victor Gresser at 415-255-3651 or victor.gresser@sfdph.org
For interpreter or ADA accommodation, contact Victor in advance.
Artists, please sign up in advance

Sponsored by San Francisco Department of Public Health (SFDPH), Behavioral Health Services (BHS), Mental Health Service Act (MHSA)

This is not a Library sponsored event.
San Francisco Behavioral Health
2nd Annual Vocational Summit
May 16, 2017
9:00 am – 1:00 pm
SF Public Library, 100 Larkin Street
Hispanic/Latino Room Lower level

You are invited to the 2nd Annual BHS Vocational Summit celebrating the many successes of clients receiving training, internship, and employment services with jobs as network engineer, gardener, inventory associate, window washer, security guard, peer counselor, and carpenter, etc.,

We will provide information on the Vocational CO-OP programs (RAMS, Citywide, Caminar, Positive Resource Center, Toolworks, and Occupational Therapy Training Program,) with referrals to Access4jobs (http://bit.ly/SFVOC). You will also hear directly from program alumni speaking about their journey from contemplating employment training to now being a working professional.

The summit is open to all members of the behavioral health community.
Please RSVP to Travis Hill at william.hill@sfdpb.org to reserve your space or call 415-255-3607 for more information.
Please also contact Travis to request for interpreter services or disability-related accommodations at least 7 days before this event.

Thank you and we look forward to seeing you at the summit!

Light refreshment and lunch provided

This is not a San Francisco Public Library sponsored program
May is Mental Health Awareness Month 2017

Each Mind MATTERS

Join us for our second annual Friday Fun facilitated Film screening
Friday, May 19th; 5:30 – 8:00 pm
Featuring
Each Mind MATTERS: Stories of Hope, Resilience & Recovery, and Pixar’s 2009 Animated Movie: “UP”

A tender story about how a boy and his dog befriend a sad and lonely widower and form a powerful and meaningful friendship

Post-screening discussion led by: Victor Gresser, CTS & Gloria Frederico, MFT

THIS IS A KID-FRIENDLY EVENT

25 Van Ness Ave near Market Street, Room #610
SF, CA 94102

Sponsored by San Francisco Department of Public Health (SFDPH), Behavioral Health Services (BHS), Mental Health Service Act (MHSA), Stigma Busters

For more information contact Victor Gresser at 415 255-3651 or victor.gresser@sfdph.org