



Edwin M. Lee
Mayor

City and County of San Francisco
Department of Public Health
San Francisco Health Network
Behavioral Health Services
1380 Howard Street, 5th Floor
San Francisco, CA 94103

April 6, 2017

Dear Colleagues,

Spring Greetings! Here at Behavioral Health Services, we are planning many interesting & engaging events in celebration of **MAY IS MENTAL HEALTH MONTH**.

In fact, this year it will be difficult to look in any direction on any day in May without seeing a BHS/MHSA sponsored event. **STIGMA BUSTERS**, founder of the original *Open Mic* event at the San Francisco Public Library in 2015, is at it again with the 3rd Annual Open Mic.

This year there is added outreach to the Residential Care providers and residents, Youth (**YOUTH MIND MATTERS**), the A&PI community at Chinatown North Beach Mental Health Clinic, the Richmond Community Health Festival, and joining the Asian Pacific American Mental Health Day (on May 10th) in partnership with RAMS.

Relax in the middle of the month with the **STIGMA BUSTERS'** Friday fun, family-friendly film night. This year's movie is Pixar's animated feature "UP", a tender movie about how an earnest young boy and his dog befriend a sad & lonely widower, and form a powerful and sustaining friendship.


Enclosed is the Calendar of events, and posters for all of the events & activities which you, your clients, their families and friends can attend.

Everyone is invited! Come one, Come all!

CELEBRATE, LEARN, and LIVE.

MAY IS MENTAL HEALTH AWARENESS MONTH!

See you there.


Victor Gresser
STIGMA BUSTERS Facilitator
Peer Outreach Specialist (RAMS, Inc.)


Kavoos Ghane Bassiri
Director, Behavioral Health Services



San Francisco Dept. of Public Health (SFPDH) and Behavioral Health Services (BHS) presents
EACH MIND MATTERS (EMM)



Events for May 2017
 May is Mental Health Awareness Month
FREE OPEN to the PUBLIC

DATE	DAY of WEEK	TIME	EVENT	LOCATION
April 29	Saturday	11AM-12:30PM	Youth Minds Matter!! Panel Presentation, Resources & More	San Francisco Main Library Latino/Hispanic Room 100 Larkin St @ Grove SF, CA 94102
May 4	Thursday	9AM-1PM	Vocational Client Services and Stigma Buster Presentation Exploring Meaningful Purpose for Clients and Residents	25 Van Ness Avenue near Market Room 610 SF, CA 94102
May 15	Monday	1PM-3PM	3rd Annual Open Mic! SHARE YOUR TALENT! Poetry, Song, Art, Dance, Self-Expression Artists, please sign up early	San Francisco Main Library Latino/Hispanic Room 100 Larkin St @ Grove SF, CA 94102
May 16	Tuesday	9AM-12:30PM	Vocational Summit Information, Resources, Counselors & Prizes	San Francisco Main Library Latino/Hispanic Room 100 Larkin St @ Grove SF, CA 94102
May 19	Friday	5PM-8PM	Film Festival Pixar's Animated Film "UP" FRIDAY FUN FILM NIGHT! with Facilitated Discussion	25 Van Ness Avenue near Market Room 610 SF, CA 94102
May 25	Thursday	9AM-11:30AM	Advocacy and Self Care Resources for the Community	Chintown/North Beach Mental Health Services 729 Filbert Street SF, CA 94133

For more information or to RSVP, please contact Victor Gresser at 415-255-3651 or victor.gresser@sfdph.org

For interpreter or ADA accomodation request, please contact Victor a week in advance.

Sponsored by San Francisco Department of Public Health (SFPDH), Behavioral Health Services (BHS), Mental Health Service Act (MHSA)



**May Is Mental Health Month Kick Off
Each Mind Matters**

YOUTH MINDS MATTER

Saturday, April 29, 2017

11:00 a.m.-12:30 p.m.

Free Event

SF Public Library

100 Larkin Street (or Grove St. Entrance)

Latino/Hispanic Room Lower level

**Are you experiencing mental health
and/or substance use challenges?**

You are not alone

**Hear about wellness & recovery from
others ages 15-26**

Light Refreshments Provided



Limited Space, please RSVP to: Jeanne Kwong at jeanne.kwong@sfdph.org
Or for more information contact: Micaela Scofield at micascof@gmail.com



Sponsored by the San Francisco Department of
Public Health (SFDPH) Behavioral Health Services
(BHS) & Mental Health Service Act (MHSA)

This is not a San Francisco Public Library sponsored program

EACH MIND MATTERS (EMM)

May is Mental Health Awareness Month

Monday, May 15, 2017

1:00 P.M. – 3:00 P.M.

The San Francisco Public Library
100 Larkin (or Grove Street Entrance)
Latino/Hispanic Room, downstairs lower level

Poets, singers, dancers, writers, actors, visual artists



SHOW YOUR ART!

PLAY YOUR MUSIC!

SING YOUR SONGS!



3rd ANNUAL OPEN MIC

for Clients, Family and Friends

POETRY

SPEAK YOUR WORDS!

PERFORM

SHARE YOUR TALENT!

APPLAUSE

SHOW YOUR SUPPORT!

Seating is limited. For more information & to RSVP, contact:

Victor Gresser at 415-255-3651 or victor.gresser@sfdph.org

For interpreter or ADA accommodation, contact Victor in advance.

Artists, please sign up in advance

Sponsored by San Francisco Department of Public Health (SFDPH), Behavioral Health Services (BHS), Mental Health Service Act (MHSA)



This is not a Library sponsored event.

San Francisco Behavioral Health 2nd Annual Vocational Summit May 16, 2017 9:00 am – 1:00 pm SF Public Library, 100 Larkin Street Hispanic/Latino Room Lower level

You are invited to the 2nd Annual BHS Vocational Summit celebrating the many successes of clients receiving training, internship, and employment services with jobs as network engineer, gardener, inventory associate, window washer, security guard, peer counselor, and carpenter, etc.,

We will provide information on the Vocational CO-OP programs (RAMS, Citywide, Caminar, Positive Resource Center, Toolworks, and Occupational Therapy Training Program.) with referrals to Access4jobs (<http://bit.ly/SFVOC>). You will also hear directly from program alumni speaking about their journey from contemplating employment training to now being a working professional.

The summit is open to all members of the behavioral health community.

Please RSVP to Travis Hill at william.hill@sfdph.org to reserve your space or call 415-255-3607 for more information.

Please also contact Travis to request for interpreter services or disability-related accommodations at least 7 days before this event.

Thank you and we look forward to seeing you at the summit!

Light refreshment and lunch provided



This is not a San Francisco Public Library sponsored program

FREE! FREE!

Empowerment!

May is Mental Health Awareness Month 2017

Each Mind MATTERS

Join us for our second annual
Friday Fun facilitated Film screening
Friday, May 19th; 5:30 – 8:00 pm
Featuring

**Each Mind MATTERS: Stories of Hope, Resilience & Recovery, and
Pixar's 2009 Animated Movie:**

“UP”

*A tender story about how a boy and his dog befriend a sad and lonely widower
and form a powerful and meaningful friendship*

Post-screening discussion led by: Victor Gresser, CTS & Gloria Frederico, MFT

THIS IS A KID-FRIENDLY EVENT

25 Van Ness Ave near Market Street, Room #610
SF, CA 94102

Sponsored by San Francisco Department of Public Health (SFDPH), Behavioral
Health Services (BHS), Mental Health Service Act (MHSA), Stigma Busters

For more information contact Victor Gresser at 415 255-3651
or victor.gresser@sfdph.org

