Reflecting on how our American Indian and Alaska Native children and youth clients are doing at this time as we celebrate AI/AN Heritage Month

This celebration provides an opportunity to reflect on how American Indian and Alaska Native (AI/AN) children, youth, and their families are doing at this time. The number of AI/AN clients aged 6 thru 20 years in San Francisco’s Children, Youth and Families System of Care is small.

During a period before the COVID-19 crisis (i.e., April 2019 to February 2020), a baseline Child and Adolescent Needs and Strengths (CANS) assessment was completed for 14 AI/AN children/youth clients, and during the COVID-19 crisis (i.e., April 2020 to February 2021), a baseline CANS assessment was completed for 11 AI/AN children/youth clients. These numbers represent 0.5% of all child/youth clients aged 6 thru 20 years who have a baseline CANS assessment during these time periods. Nevertheless, this proportion is double the 0.2% that AI/AN children/youth aged 6 thru 20 comprise in the population of San Francisco County. ¹

The CANS assessment completed before and during the COVID-19 crisis showed that a larger percentage of AI/AN clients experienced traumatic stress symptoms such as emotional/physical dysregulation, issues with functioning such as family functioning, and cultural stress during than before the COVID-19 crisis (see data story on the next page). In reviewing the data shown in the chart, it is important to keep in mind that due to the small number of AI/AN child/youth clients, the difference of one or two children can make a drastic difference in the percentages of reported needs and strengths. For example, the percentage of Runaway risk behavior decreased from 14% before the COVID-19 crisis to 0% during the COVID-19 crisis; these percentages reflect 2 versus 0 children reporting actionable scores on the Runaway item.

Thus, it is equally important to acknowledge AI/AN cultural stress and trauma experiences from the qualitative stories in our assessments such as this one: “Youth client and her family strongly identify with their Native American heritage. Client has moved many times in her life and knowing that she can connect with Native people in different places is a source of comfort for her. Client is aware of past genocide of her people and the ongoing discrimination that Native

Americans experience and is cautious about who she trusts. She responds well to spending time outdoors and near the water which is line with cultural values.”

Given these data stories, when working with AI/AN clients and their families, it is essential to adapt our practices using a trauma-informed and culturally responsive lens as we intervene with cultural stress. For resources, you can check out: Working with AI/AN Children/Youth and Families section of the CYF TIPS (Tools to Improve Practice) website: https://sites.google.com/view/cyftips/diversity-tools/american-indian-and-alaska-native.

Please reach out to Petra Jerman of QM (petra.jerman@sfdph.org) for questions around the CANS data, and Ritchie Rubio of CYF (ritchie.rubio@sfdph.org) for consult around practice.
Top Three CANS Strengths and Needs* Among American Indian and Alaska Native Children and Youth
Before and During the COVID-19 Crisis

Before (Apr 2019 - Feb 2020) the COVID-19 Crisis (N = 14)
- Strengths
  - Resiliency: 92.8%
  - Cultural Identity: 85.7%
  - Talents and Interests: 78.6%

- Traumatic Experiences
  - Disruptions Caregiving/Attachment Losses: 61.5%
  - Witness to Family Violence: 61.5%
  - Witness to Community Violence: 53.8%

- Traumatic Stress Symptoms
  - Emotional/Physical Dysregulation: 64.3%
  - Avoidance: 42.9%
  - Hyperarousal: 42.9%

- Behavioral/Emotional Needs
  - Anxiety: 42.8%
  - Depression: 42.8%
  - Adjustment to Trauma: 21.4%

- Impact on Functioning
  - Family Functioning: 42.8%
  - School Achievement: 42.8%
  - Social Functioning: 21.4%

- Risk Behaviors
  - Runaway: 14.2%
  - Danger to Others: 14.2%
  - Suicide Risk: 7.1%

- Cultural Stress
  - 21.4%

During (Apr 2020 - Feb 2021) the COVID-19 Crisis (N = 11)
- Strengths
  - Resiliency: 81.8%
  - Cultural Identity: 81.8%
  - Talents and Interests: 81.8%

- Traumatic Experiences
  - Disruptions Caregiving/Attachment Losses: 61.5%
  - Witness to Family Violence: 61.5%
  - Witness to Community Violence: 61.5%

- Traumatic Stress Symptoms
  - Emotional/Physical Dysregulation: 54.6%
  - Avoidance: 33.3%
  - Hyperarousal: 33.3%

- Behavioral/Emotional Needs
  - Anxiety: 45.5%
  - Depression: 36.4%
  - Adjustment to Trauma: 27.3%

- Impact on Functioning
  - Family Functioning: 54.6%
  - School Achievement: 45.5%
  - Social Functioning: 45.5%

- Risk Behaviors
  - Runaway: 0.0%
  - Danger to Others: 0.0%
  - Suicide Risk: 0.0%

- Cultural Stress
  - 27.3%

*Note: Percentages may not sum to 100 due to rounding.
TAY SOC Program Spotlight:
Larkin Street Youth Services Promotes Suicide Prevention Awareness Month

Importance of Suicide Prevention Awareness
The stigma around discussing mental health has decreased significantly over the past few years, but some topics, such as suicide, can still be difficult for many people to talk about. Therefore, Suicide Prevention Awareness Week occurs annually with the goal of educating and engaging healthcare workers and community members around suicide prevention, warning signs, risk factors, and how to navigate mental health crises.

Stats & Impacts on TAY
- Stigma and lack of awareness of mental health resources are two of the leading factors that prevent people from seeking support for mental health, [1]
- Suicide is the tenth leading cause of death in the U.S., [2]
- Suicide is the second leading cause of death for transition age youth (15-25). [3]

Larkin Street Youth Services Event
One of our TAY partners, Larkin Street Youth Services, hosted an event last month on September 10th in recognition of Suicide Prevention Awareness Week. The Larkin Behavioral Health Team held a Suicide Prevention Awareness Week event for TAY and staff in their Engagement Community Center, located at 134 Golden Gate. They had hotline resources cards (English & Spanish), including suicide awareness ribbons, and suicide awareness bracelets with messages of hope on one side and the National Suicide Hotline on the other. They also led two activities: Making personal soothing essential oil aromatherapy sprays and candle decorating (using LED candles) in honor of someone lost to suicide, struggling with suicide or is a suicide survivor.

Suicide Prevention Resources
National Suicide Prevention Lifeline: (800) 273-8255
San Francisco Suicide Prevention 24/7 Hotline: (415) 781-0500
National Institute of Mental Health Suicide Prevention: Warning signs, risk factors, treatment & therapies, and research
Psychiatric Emergency Services: (415) 206-8125

For more information about the Behavioral Health TAY System of Care, contact kali.cheung@sfdph.org.
Mayor London Breed Announces Expansion of Street Overdose Response Team to Include Long-Term Follow Up Care for Survivors of Drug Overdoses

Posted Date: Thursday, October 07, 2021

San Francisco’s Street Overdose Response Team expands to include a dedicated follow-up team to support people within 72-hours of an overdose and through ongoing care and coordination

San Francisco, CA — Mayor London N. Breed, the San Francisco Department of Public Health (SFDPH), and the San Francisco Fire Department (SFFD) announced today an expansion of the Street Overdose Response Team (SORT) to include a follow-up team of health care specialists in substance use who can provide long-term, continual care for drug overdose survivors to support them on the path toward wellness.

Like many communities throughout the country, San Francisco has seen a rapid increase in drug overdoses in recent years due to the proliferation of the powerful, synthetic opioid fentanyl. As part of the City’s urgent response to the overdose crisis, SORT launched on August 2, 2021 with a medical clinician and community paramedic to immediately engage with people following an overdose. In its first six weeks, SORT responded to more than 300 calls, of which about half, or 153 people, were cases of overdoses. The team distributed harm reduction supplies like fentanyl test strips and naloxone (Narcan) to more than 115 people, and helped more than 20 people start the opioid treatment medication buprenorphine.

The newly expanded follow-up team, led by SFDPH’s Street Medicine program, will re-engage with those same individuals within 72-hours to provide medical care in the field, maintain a connection over the long-term and guide them to care, treatment, and other overdose prevention measures. This could include ongoing buprenorphine treatment, primary care, and connections to mental health services to reduce risk of future risk of overdose. This follow-up team anticipates building a case list of approximately 700 targeted individuals who will receive ongoing care beyond the 72-hour follow-up.

“The Street Overdose Response Team has started out strong, and it’s exciting to see the team take this next step in providing long-term follow-up care,” said Mayor Breed. “We know how important it is to keep engaging with people who are at risk, getting them the care they need, and showing them that there is a way out of their crisis.”

By bringing the “clinic” to the person, SORT builds on the City’s effective street team model of care to target people vulnerable to overdoses. SORT is designed to specifically support people
experiencing homelessness, whose rate of overdose deaths has doubled in the past year and who account for at least one-quarter of all overdose deaths in the City.

“San Francisco is responding to the drug overdose crisis through expanding multiple effective programs and services, however, what sets SORT apart, is the targeted and focused intervention immediately after an overdose,” said Director of Health, Dr. Grant Colfax. “SORT provides us with a unique opportunity to reach our residents at the highest risk of drug overdose and connect them with life-saving treatment.”

San Francisco saw a steep increase in overdose deaths beginning in the second half of 2018, which continued through 2019. In 2020, San Francisco saw approximately 700 overdoses, more overdose deaths than ever before. Overdose deaths are still at record highs, although after seeing peaks in January and February of 2021, monthly totals have decreased by approximately 30 percent according to preliminary data from the Office of the Chief Medical Examiner (OCME).

SORT targets its efforts to reach those most impacted by the drug crisis and those who experience the most significant barriers to accessing City services. This includes our residents experiencing homelessness who contend with instability that makes treatment challenging and members of the Black/African American community who face structural racism in their path to wellness. Initial data from SORT shows that the team is meeting those most in need—of the total people served thus far, a quarter identify as Black/African American and over half are unsheltered.

“The Firefighters, EMTs, and paramedics of the Fire Department respond to dozens of drug overdose emergencies every day,” said Fire Chief Jeanine Nicholson. “The Street Overdose Response Team is a pioneering effort to actively identify and engage overdose survivors in real time, begin meaningful treatment at the scene, and provide continued and coordinated care across City agencies.”

SORT and other new initiatives build on our existing programs and efforts to curb overdose deaths and provide low-barrier access to addiction treatment. San Francisco has taken major steps towards enhancing overdose prevention programs, including opening the SoMa RISE Center, a drug sobering center in the South of Market neighborhood, this winter. This center is a place where people can recover off the street from methamphetamine, opiate and other drug intoxication and be connected to care.

More information about SORT can be found at: sf.gov/street-overdose-response-team

Read the press release here: https://sfmayor.org/article/mayor-london-breed-announces-expansion-street-overdose-response-team-include-long-term
The goal of the San Francisco Street Crisis Response Team is to provide rapid, trauma-informed response to calls for service about people experiencing crisis in public spaces to reduce law enforcement encounters and unnecessary emergency room use.

The SCRT now has six fully operational teams that provide full geographic coverage across San Francisco. These teams operate 7 days per week, 24 hours per day. As of April, all teams are supported by the Office of Coordinated Care staff who continue to provide follow-up and linkage support to clients within 24 hours of the initial encounter.

### Key Performance Indicators

#### Crisis Calls Handled by SCRT
- **September**: 666
- **Cumulative**: 3,834

#### 800-B Calls that Received SCRT Response**
- **September**: 54%
- **Cumulative**: 35%

#### Average Response Time
- **September**: 16 min
- **Cumulative**: 15 min
Referral Source: Cumulative

<table>
<thead>
<tr>
<th>Referral Source</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>911 Dispatch</td>
<td>83%</td>
</tr>
<tr>
<td>SCRT Observed in Community - &quot;On view&quot;</td>
<td>10%</td>
</tr>
<tr>
<td>Non-Crisis Community Support</td>
<td>4%</td>
</tr>
<tr>
<td>Other</td>
<td>2%</td>
</tr>
</tbody>
</table>

*Cumulative counts are on data since pilot launch (November 30, 2020 – September 30, 2021)

** 800- Bs are a type of call code from 911 emergency communications center which indicate an individual in behavioral health distress with no weapon involved. In 2019, SF 911 received over 10,000 of these calls. Percentage shown excludes "800-B On Views" and a small number of 800- Bs not dispatched to SCRT for other reasons. SCRT aims to respond to 100% of dispatched 800-Bs once fully launched.

Client Engagements

<table>
<thead>
<tr>
<th></th>
<th>September</th>
<th>Cumulative</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>271</td>
<td>2,150</td>
</tr>
</tbody>
</table>

Engagement Outcomes: Cumulative

<table>
<thead>
<tr>
<th>Outcome</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Crisis resolved on scene; client remained safely in community</td>
<td>63%</td>
</tr>
<tr>
<td>Client transported to hospital</td>
<td>15%</td>
</tr>
<tr>
<td>Client linked &amp; transported to social or behavioral setting</td>
<td>15%</td>
</tr>
<tr>
<td>5150s initiated on scene</td>
<td>7%</td>
</tr>
</tbody>
</table>

*A single client engagement may result in multiple outcomes.
### Office of Coordinated Care Follow Up Rate

<table>
<thead>
<tr>
<th>Month</th>
<th>September</th>
<th>Cumulative</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>59%</td>
<td>33%</td>
</tr>
</tbody>
</table>

### Connections to Care: Cumulative

<table>
<thead>
<tr>
<th>Category</th>
<th>Percentage</th>
</tr>
</thead>
<tbody>
<tr>
<td>Connected with existing provider or treatment facility</td>
<td>34%</td>
</tr>
<tr>
<td>Direct client follow up</td>
<td>33%</td>
</tr>
<tr>
<td>Unable to locate individual</td>
<td>27%</td>
</tr>
<tr>
<td>Other</td>
<td>4%</td>
</tr>
<tr>
<td>Individual declined support</td>
<td>2%</td>
</tr>
</tbody>
</table>

*Cumulative counts are on data since Office of Coordinated Care launch (April 5th, 2021 – September 30, 2021)*

### Client Characteristics: Cumulative

**Race & Ethnicity**

- Black or African Descent: 45%
- White/Caucasian: 4%
- Asian/Pacific Islander: 16%
- Hispanic/Latinx: 27%
- Unknown/No Entry: 6%
- Other: 4%

A monthly report from BHS System of Care Leadership: BHS-Director-Communications@sfdph.org
**Client Living Situation**

- Experiencing Homelessness: 18%
- Housed/Other: 7%
- Unknown/No Entry: 75%

“Other” category is comprised of race entries representing less than 1% of total.

**The SCRT strives to collect demographic information from each client, but this data is sometimes difficult to gather given the circumstances of the encounter.**
The goals of the San Francisco Street Overdose Response Team are to reduce the risk of opioid-related death of individuals who have recently experienced an overdose, contribute to an overall reduction in overdose deaths through referrals and care coordination with community-based organizations, and to provide support to people who have survived any overdose.

**KEY PERFORMANCE INDICATORS**

<table>
<thead>
<tr>
<th>Category</th>
<th>10/4 – 10/17</th>
<th>Cumulative*</th>
</tr>
</thead>
<tbody>
<tr>
<td>CallsHandled by SORT*</td>
<td>56</td>
<td>392</td>
</tr>
<tr>
<td>Calls Including an Overdose</td>
<td>43</td>
<td>226</td>
</tr>
<tr>
<td>Calls That Include Buprenorphine** Starts</td>
<td>3</td>
<td>22</td>
</tr>
<tr>
<td>Clients who accepted harm reductions supplies</td>
<td>37</td>
<td>176</td>
</tr>
</tbody>
</table>

*Cumulative counts are on data since pilot launch (August 2, 2021 – October 17, 2021). The SORT Response Team monitors and responds to calls that clearly state or appear to be for an overdose as there is not an overdose-specific dispatch call code. As a result, some calls the team responds to might not include an overdose.
Buprenorphine is a medication that is used for treatment of opioid use disorder. It is prescribed by SORT’s Street Medicine providers. Buprenorphine prevents withdrawal and reduces cravings. Because it’s somewhat similar to opioids, there are some effects from it that are similar to opioids (mild sedation, respiratory depression, and euphoria) but to a much lesser extent. If someone is taking buprenorphine every day, their risk of overdose is greatly reduced.
### November 2021 Trainings Calendar

<table>
<thead>
<tr>
<th>Time</th>
<th>Training</th>
<th>Location</th>
<th>Trainer</th>
<th>CE’s Offered</th>
</tr>
</thead>
<tbody>
<tr>
<td>MWF 11/1</td>
<td>11:45 am – 12:00 pm Trauma Informed Systems (TIS) Mindful Moment</td>
<td><a href="https://us02web.zoom.us/j/87186407110">https://us02web.zoom.us/j/87186407110</a></td>
<td>SF TIS Team</td>
<td>N/A</td>
</tr>
<tr>
<td>Tue 11/2</td>
<td>9:00 am – 10:30 am BAAHI Equity Learning Series: Race, Discrimination, and Cardiovascular Disease</td>
<td><a href="https://us02web.zoom.us/meeting/register/tZwrcOmpoppG9Kvju2xh8e6p640bJUCBby">https://us02web.zoom.us/meeting/register/tZwrcOmpoppG9Kvju2xh8e6p640bJUCBby</a></td>
<td>Gavin Morrow-Hall</td>
<td>N/A</td>
</tr>
<tr>
<td>Tue 11/2</td>
<td>12:00 pm – 1:30 pm Health Equity and the Social Determinants of Health</td>
<td><a href="https://www.eventbrite.com/e/health-equity-and-the-social-determinants-of-health-tickets-183134170477aff#sebsdopopgrof11e">https://www.eventbrite.com/e/health-equity-and-the-social-determinants-of-health-tickets-183134170477aff#sebsdopopgrof11e</a></td>
<td>Sarah de Guia, JD, CEO; Mario Ortega; Dr. John Ruiz, PhD; Tina Yuen, MPH, MCP</td>
<td>N/A</td>
</tr>
<tr>
<td>Wed 11/3</td>
<td>9:00 am – 11:00 am The Spirit of MI: Introduction to Motivational Interviewing (small training)</td>
<td>STEP 1: Create a free account at <a href="https://learnsfdph.org/">https://learnsfdph.org/</a></td>
<td>Rachel Jackson, NHRC</td>
<td>2 CE available for RN, LMFT, LCSW, LPCC, LEP, and CCAPP</td>
</tr>
<tr>
<td>Thu 11/4</td>
<td>8:30 am – 12:00 pm ASAM Criteria Training: Documentation and Other Procedures (ASAM - B)</td>
<td><a href="https://ucla.zoom.us/meeting/register/tJMrdeGsrj0GDeYuV5orDyKWyKCeL7vRu">https://ucla.zoom.us/meeting/register/tJMrdeGsrj0GDeYuV5orDyKWyKCeL7vRu</a></td>
<td>James Peck, PsyD, UCLA Integrated Substance Abuse Programs</td>
<td>3 CE available for LMFTs, LCSWs, LPCCs, and drug counselors</td>
</tr>
<tr>
<td>Thu 11/4</td>
<td>9:00 am – 11:00 am The Spirit of MI: Introduction to Motivational Interviewing (large training)</td>
<td>STEP 1: Create a free account at <a href="https://learnsfdph.org/">https://learnsfdph.org/</a></td>
<td>Rachel Jackson, NHRC</td>
<td>2 CE available for RN, LMFT, LCSW, LPCC, LEP, and CCAPP</td>
</tr>
<tr>
<td>Fri 11/5</td>
<td>9:00 am – 12:00 pm Transdiagnostic CBT Treatment of Anxiety with/without Co-Occurring Conditions in Children, Adolescents, and their Families (Part 2-4)*</td>
<td><a href="https://outlook.office365.com/mail/id/AAQkAAGU3ZjIMG0xLTQsYWhvMkOWS1ODMwTc4Nz2NDw94Nj2ZAAAQQ9GgMmWNE12439h0%1D">https://outlook.office365.com/mail/id/AAQkAAGU3ZjIMG0xLTQsYWhvMkOWS1ODMwTc4Nz2NDw94Nj2ZAAAQQ9GgMmWNE12439h0%1D</a></td>
<td>Christine Frazita, LCSW</td>
<td>12 CME/CE (MD/DO, RN, Pharm, PhD, PsyD, LMFT, LCSW, LPCC, CCAPP)</td>
</tr>
<tr>
<td>Mon 11/8</td>
<td>3:30 pm – 5:00 pm DBT-Informed Consultation Group: Building motivation for change</td>
<td><a href="https://www.eventbrite.com/e/new-employee-tis-101-transforming-stress-trauma-during-covid-training-tickets-147862742443">https://www.eventbrite.com/e/new-employee-tis-101-transforming-stress-trauma-during-covid-training-tickets-147862742443</a></td>
<td>Sabrina Darrow, PhD</td>
<td>N/A</td>
</tr>
<tr>
<td>Tue 11/9</td>
<td>9:00 am – 12:30 pm New Employee TIS 101: Transforming Stress &amp; Trauma During COVID</td>
<td>For more information contact <a href="mailto:lisa.reyes@sfdph.org">lisa.reyes@sfdph.org</a> <a href="mailto:Kristina.wallace@sfdph.org">Kristina.wallace@sfdph.org</a> <a href="mailto:Nikke.gibson@sfdph.org">Nikke.gibson@sfdph.org</a></td>
<td>For more information contact <a href="mailto:lisa.reyes@sfdph.org">lisa.reyes@sfdph.org</a> <a href="mailto:Kristina.wallace@sfdph.org">Kristina.wallace@sfdph.org</a> <a href="mailto:Nikke.gibson@sfdph.org">Nikke.gibson@sfdph.org</a></td>
<td>N/A</td>
</tr>
<tr>
<td>Tue 11/9</td>
<td>9:00 am – 10:30 am BAAHI Equity Learning Series: Why Grocery Stores are Avoiding Black Neighborhoods</td>
<td><a href="https://us02web.zoom.us/meeting/register/tZYvfsrDgpe9EfcsMlad0As_yYbbkJGIHZ">https://us02web.zoom.us/meeting/register/tZYvfsrDgpe9EfcsMlad0As_yYbbkJGIHZ</a></td>
<td>Gavin Morrow-Hall</td>
<td>N/A</td>
</tr>
<tr>
<td>Date</td>
<td>Time</td>
<td>Event Title</td>
<td>Event Details</td>
<td>Facilitator</td>
</tr>
<tr>
<td>----------</td>
<td>---------------</td>
<td>-----------------------------------------------------------------------------</td>
<td>-------------------------------------------------------------------------------</td>
<td>-----------------------</td>
</tr>
</tbody>
</table>
| Tue 11/9 | 9:00 am – 11:00 am | Trauma and Substance Use (large training)                                  | STEP 1: Create a free account at [https://learnsfdph.org/](https://learnsfdph.org/)  
STEP 2: Click on the 'Course Catalog' and then click on the course you are interested in.  
STEP 3: To enroll, simply click the 'Enroll' button | Rachel Jackson, NHRC | 2 CE available for RN, LMFT, LCSW, LPCC, LEP, and CCAPP |
| Mon 11/15 | 10:00 am – 11:00 am | Team-based care, Interprofessional Communication, Advocacy & Policy issues in IBH | [https://sfu.zoom.us/webinar/register/WN_zWmKkaioQWuCmUNyMTeh5g](https://sfu.zoom.us/webinar/register/WN_zWmKkaioQWuCmUNyMTeh5g) | Deena Lahn          | 1 CE available for LMFTs, LCSWs, LPCCs |
| Tue 11/16 | 9:00 am – 11:00 am | Trauma and Substance Use (small training)                                   | STEP 1: Create a free account at [https://learnsfdph.org/](https://learnsfdph.org/)  
STEP 2: Click on the 'Course Catalog' and then click on the course you are interested in.  
STEP 3: To enroll, simply click the 'Enroll' button | Rachel Jackson, NHRC | 2 CE available for RN, LMFT, LCSW, LPCC, LEP, and CCAPP |
| Tue 11/16 | 12:00 pm – 1:30 pm | BAAHI Equity Learning Series: The Intersection of Black Lives Matter and Public Health | [https://us02web.zoom.us/meeting/register/tZUlfu4GppszEiQMJXrNqQN1kvB0ty16Uk5](https://us02web.zoom.us/meeting/register/tZUlfu4GppszEiQMJXrNqQN1kvB0ty16Uk5) | Gavin Morrow-Hall    | N/A                  |
| Tue 11/23 | 9:00 am – 10:30 am | BAAHI Equity Learning Series: Dismantling Racism: National Day of Mourning - What You Don’t Know About Thanksgiving | [https://us02web.zoom.us/meeting/register/tZUkduc56Giwos56AtpmkOb76Y5dh](https://us02web.zoom.us/meeting/register/tZUkduc56Giwos56AtpmkOb76Y5dh) | Gavin Morrow-Hall    | N/A                  |
| Mon 11/29 | 10:00 am – 11:15 am | Youth and Families Gender Consultation Group: For Providers Supporting Transgender, Nonbinary, and Gender Expansive Children, Youth, and their Caregiving Systems | [https://ucsf.zoom.us/j/91769027924?pwd=KzV5MUJeU09UMkRQTEG0rJ1V3bF5jQ10](https://ucsf.zoom.us/j/91769027924?pwd=KzV5MUJeU09UMkRQTEG0rJ1V3bF5jQ10)  
Or enter Meeting ID: 917 6902 7924, and Password: 315218 | For questions, please contact: jessie.cohen@ucsf.edu | N/A                  |
| Tue 11/30 | 12:00 pm – 1:30 pm | BAAHI Equity Learning Series: Equity Currents (Topic TBD)                    | [https://us02web.zoom.us/meeting/register/tIZ0fjmuuklG0dXPTd7ycUdGw_s7GEOXwwx](https://us02web.zoom.us/meeting/register/tIZ0fjmuuklG0dXPTd7ycUdGw_s7GEOXwwx) | Gavin Morrow-Hall    | N/A                  |

If you have feedback including future training suggestions, please contact Michelle Meier, LCSW, BHS Training and Internship Manager (Michelle.Meier@sfdph.org).
New BHS Webinar Recording Available Online

**Psychiatric Medications at BHS: An Overview for Clinicians and Healthcare Workers**

Recorded October 26, 2021

*Psychiatric Medications at BHS: An Overview for Clinicians and Healthcare Workers*

**October 5, 2021 | 2:00 to 4:00 PM**

**October 26, 2021 | 9:00 to 11:00 AM**

**Training Description:**
Psychiatric medications are one tool used within BHS to treat mental health disorders. This training aims to provide a broad overview of the most commonly used medications within BHS. It is intended for clinicians and health workers to provide additional support to medical staff and clients with regards to medication use. In this training, participants learn the names, common side effects and monitoring parameters for some psychiatric medications. Additionally, this training will briefly discuss some medication use initiatives within BHS.

**Trainer: Reisel Berger, PharmD, BCPP**

All archived BHS Training Webinars are available on the [BHS Training Unit Google Drive](https://drive.google.com/). All recorded webinars can be viewed at [Behavioral Health Webinars Vimeo Showcase](https://vimeo.com/).
Healthy Holiday Challenge

November - December 2021

CHECK OUT ALL SFHSS EVENTS:

sfhss.org/events

Scan QR code with mobile device:

Keep Up Healthy Habits

Join the Healthy Holiday Challenge to focus on self-care, gratitude and stress management throughout the holiday season.

Mark your calendar and participate in what matters most to you:

- Lifestyle Coaching
  - Nov 15-19, Dec 6-10
- Food Demos
  - Nov 11, 17 and Dec 15
- Lunch & Learns
  - Practicing Self-Care- Nov 18
  - Managing Holiday Stress- Dec 8
- Chair Stretches
  - Weekly Tuesdays at 3pm