

**City and County of San Francisco  
Department of Public Health**



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**Monthly Director's Report**  
**March 2015**

**1. Assisted Outpatient Treatment (AOT) Care Director**

Please join CBHS in welcoming Angelica Almeida, PhD. into the position of AOT Care Director. Currently, she is the Deputy Director of Jail Health Reentry Services and the staff psychologist for the broader Behavioral Health Services with the San Francisco County Jail. She also serves as an adjunct faculty member at Argosy University, a graduate school for Psychology, Bay Area campus. Dr. Almeida brings a wealth of knowledge, experience and dedication to this position. A primary focus of her work has been to engage marginalized and indigent populations in services. We are privileged to have her leading this team. Her start date will be March 30, 2015.

**2. Chinatown North Beach Mental Health Services (CTNBMHS)/Chinatown Public Health Center (CPHC) Behavioral Health Home**

On January 8, 2015, Henrietta Tran, NP from Chinatown Public Health Center, assisted by Wen Fen Liu, HW from Chinatown North Beach Mental Health Services, cared for the first "Behavioral Health Home" client at Chinatown North Beach Mental Health Services. For many years a dream of CPHC and CTNBMHS to bring primary care directly to individuals with serious mental health conditions and multiple barriers to receiving primary care, the behavioral health home is the culmination of many months of planning, training and overcoming logistical obstacles.

The Affordable Care Act of 2010 created an optional Medicaid State Plan benefit for states to establish Health Homes to coordinate care for people with Medicaid who have chronic conditions. Health Home providers focus on care of the whole person and will integrate and coordinate all primary, acute, behavioral health, and long-term services and supports to treat the whole person. The CTNBMHS/CPHC Behavioral Health Home targets a population of individuals with serious mental illness in need of primary care to manage existing chronic conditions and/or to prevent the development of chronic conditions for which they are at risk. The majority of the targeted population have significant barriers related to their mental health conditions such that they are unable to access or link to primary care services effectively. By bringing primary care directly to them at CTNBMHS, the dedicated behavioral health home teamlet of Nurse Practitioner and Health Worker works closely with the CTNBMHS team including psychiatrists, case managers and RNs to holistically care for these clients. The post-clinic huddle, for example, enables increased communication between the teamlet and the case managers and psychiatrists. In the future, other models such as health coaching will be piloted to improve care of these clients in between visits. The CTNBMHS/CPHC Behavioral Health Home Clinic is held weekly on Thursday afternoons.

South of Market Mental Health Mental Health Services and Mission Mental Health have operational Behavioral Health Homes. Sunset Mental Health Services and Ocean Park Health Center are targeting April 2015 to start their behavioral health home providing primary care services to clients on site at Sunset Mental Health.

### **3. Impact of Prop 47**

The Legislative Analyst's Office this week issued a new report on the impact of Proposition 47 on State Corrections. The changes implemented by Prop. 47 will reduce the state prison population and associated costs by (1) making fewer offenders eligible for prison and (2) reducing the terms of the inmates resentenced by the courts. Over half of these inmates were incarcerated for drug offenses. One of the LAO's conclusions is that the administration may be underestimating the population reductions from Proposition 47 because it made very cautious assumptions about its effects. Beginning in 2016, 65% of the savings generated by the prison and jail population reductions will be directed into mental health and substance use disorder treatment and diversion programs

### **4. CYF Directors Report**

After more than a decade of cross departmental advocacy San Francisco will have the opportunity to utilize shared information across departments to improve service delivery. The shared youth database is a collaborative effort of the SF Department of Public Health, Human Services Agency, Juvenile Probation Department, and the Unified School District. The system is designed to securely share data from each agency in order to identify families and individuals with high or special needs and direct appropriate services to them in hopes of improving outcomes and reducing duplication. It will also allow for cross-agency data research in the aggregate to inform policy and program decision-making. The system, initiated by Public Health, has been designed to protect all client's privacy and follow specific agency rules on data maintenance and exchange. This project has been identified as a model program by the National League of Cities who will be releasing an article about the initiative very soon.

CYFSOC has continued to strengthen its work with San Francisco Unified School District with goal of deepening alignment of service flow. Started in January, both systems have initiated the Students Behavior Triage team meeting to discuss and address high risk cases. This meeting takes place on 1st and 3rd Monday mornings. CYFSOC brings in cases from Risk Level-2 and/or students care that require high level case specific problem solving. In addition, we have allocated staff time to assist with navigating and bridging referrals from SFUSD to our system of care. This pilot effort includes 3 high school Wellness Centers with high volume of behavioral health service needs, referrals for students with 504 plans (students with disabilities accommodation needs), and, new this month, referrals from Truancy Court where judges hold truancy related hearings at 3 elementary school sites (El Dorado, Bret Harte & Visitation Valley).

#### Chinatown Child Development Center

Dr. Diana Wong, LMFT, Chinatown Child Development Center's Community Liaison, participated in the Asian Pacific Islander Health Parity Coalition Steering Committee Retreat. CCDC is an active Steering Committee member. API Health Parity Coalition established in 2006 aims to promote a "mentally healthy API community" be educating the community on mental health issues, de-stigmatizing mental illness and help-seeking behaviors, promoting workforce development, and providing culturally relevant services to the API Communities.

It is with deep regret that I am announcing the resignation of Dr. Alex Chen from the staff team of Chinatown Child Development Center effective April 3, 2015. Dr. Chen worked with the Department of Public Health Children, Youth, and Family System of Care for over a decade. He has provided child psychiatric services for many clinics. Dr. Chen served as medical director at Southeast Child/Family Therapy Center, Comprehensive Child Crisis Services, and most recently at Chinatown Child Development Center. We will celebrated Dr. Chen's on Wednesday, March 18<sup>th</sup> from 12:00PM to 1:00PM with a "potluck" party greeting him with our goodbyes.

Our weekly Infant Group, co-facilitated by Diana Wong, Becky Yu & Sam Eath, celebrated Chinese Lunar New Year with the group's primary care providers and infants. The primary care providers brought food to share during the meeting as well as sharing culturally relevant stories to celebrate the Year of the Ram.

### Comprehensive Crisis Services

The Comprehensive Crisis Services had an eventful month filled with changes and celebrations. The New UCSF Benioff Children's Hospital at Mission Bay has just opened where Child Crisis will respond for crisis evaluation of kids in their state-of-art emergency room. Edgewood's Crisis Stabilization Unit was closed for one day due to construction to better accommodate children and families who show up at the CSU for evaluation and stabilization. The Child Crisis team conducted 60 crisis evaluations both in the field and at the CSU with primary location to see clients at the CSU. February was also a month of cultural celebrations. Our Comprehensive Crisis Services celebrated Black History month recognizing the achievements and contributions from prominent African American figures. Aside from food, music, trivia games, and festivities, staff provided an educational component to discuss the struggles as well as accomplishments particularly for African American pioneers in the Medical/Mental Health field. Dr. Charles Drew's breakthrough and research on blood plasma is especially highlighted for his life-saving work in the medical practice. In the same month, staff also celebrated the Lunar New Year with food, festivities, red envelopes, and decorations to welcome the year of the Sheep/Ram/Goat. Aside from festivities, the clinic also begun to interview for our full-time senior clerk position to help support the administrative duties of the team as a whole. February was a tremendous month and we will continue to strive for excellence and overall improvement on serving our children and families in crisis.

### L.E.G.A.C.Y

On February 4<sup>th</sup>, L.E.G.A.C.Y. hosted the annual EQRO consumer interviews. The seven participants were given the opportunity to share their experiences of receiving CYF behavioral health services. Their feedback is utilized so that we may improve upon our delivery of services.

LEGACY's Family Support Night held on February 22 celebrated Black History Month. Our evening's speaker focused on empowerment. Additionally, one of our TAY youth performed a very moving praise dance routine. LEGACY also joined in with FMP's Black History Month celebration that included readings, songs, a raffle and therapeutic drumming.

Black Infant Health had their 20<sup>th</sup> Annual Afrocentric Parenting Conference and Dr. Joy DeGruy and Dr. Wade Nobles were the highlighted speakers. Five staff were chosen to attend this popular and informative event. LEGACY was honored by BIH at least year's event as an "Outstanding Community Partner."

### Mission Family Center

MFC participated in the community meeting called by district supervisors in response to residents who were victims of recent fires. Various city departments and community based agencies were present to provide direct linkages and MFC was among them. In addition, MFC staff outreached to Edison Charter School where the majority of the K-8 aged children and youth who were fire victims are students. MFC remains ever available to provide additional support as needed. MFC hosts the monthly CBHS workgroup on unaccompanied minors in effort to strengthen our resources and knowledge and to streamline our processes for children, youth and their families who are reuniting after many years of separation. MFC also represented CBHS at the Unaccompanied Minors Legal Services quarterly collaborative meeting. Staff have begun planning for transition to DSM 5 and are using a variety of tools to prepare for our clinical discussions. Clinical and administrative staff are collaborating in this process using the strengths of their various roles and talents. Finally, MFC staff were honored to be invited and participate in the Family Mosaic Project Black History Month event "Honoring Our Ancestors – a Drumming and Healing Family Celebration."

### Family Mosaic Project

On February 26th, Family Mosaic Project celebrated Black History Month. On this day we were able to honor the many contributions by African Americans to United States history. The event was for clients, families, staff and community leaders. The main event of the program was the Drumming Circle led by Roselyn Womack. A drum circle is a group of individuals who are creating and sharing a rhythmical experience. There are many healing benefits to a drum circle. Some of the benefits can be the release negative feelings, emotional trauma, a medium for self-realization, and reduce stress. This event was possible by the hard work and donations by staff and the community.

### Southeast Child & Family Therapy Center

Maryanne Mock began transitioning towards her retirement as of 2/13. Ines took on the role of Acting Interim Director beginning on February 16th. Lucia Hammond, LMFT will be the acting assistant director. Psychologists, Toni Jung and Vilma Entrenas will also support in supervision and administrative tasks.

Southeast offered 28 intake slots for February, of which 17 were scheduled. Southeast currently does not have a wait for services, as we recently filled our 20 hour as needed position with Paula Cordova, who was able to absorb our cases. In addition, we took four Spanish speaking cases from Mission Family Center.

We continue to work on our PDSA to improve access to psychiatric evaluations and are now also focusing on referring meds only cases back to Primary Care to increase access to new referrals. PLAAAY is ramping up and we met with 5 African American male mentors who may be partnering with us in providing the services. We are applying to implement the program at Palega Rec Center and hoping to start in mid-April. The girls empowerment group is up and running at Silver!

## 5. Suicide Safe Is Now Available for Download!

Today at the National Press Club, SAMHSA Administrator Pamela S. Hyde, J.D., unveiled Suicide Safe, the latest mobile app from SAMHSA.

The app, based on the nationally recognized [Suicide Assessment Five-Step Evaluation and Triage \(SAFE-T\) card](#), is designed to help primary care and behavioral health providers integrate suicide prevention strategies into their practices and address suicide risk among their patients.

Suicide Safe is now available for free on iOS® and Android™ mobile devices. Be among the first to try this new suicide prevention learning tool—optimized for tablets.

**Tell us your clinic story and we will add it to the upcoming Director's Reports**

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<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/CBHSdirRpts.asp>

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