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Monthly Director's Report JULY 2015



1. Mental Health Loan Assumption Program (MHLAP)

The Mental Health Loan Assumption Program (MHLAP) is a loan forgiveness program that was created and funded by the Mental Health Services Act (MHSA); and aims to **retain qualified professionals working in the Public Mental Health System**. Through the MHSA's Workforce Development Education and Training strategy, \$10 million is allocated each year so that California counties are able to award select public mental health professionals with up to \$10,000 to repay their educational loans, in exchange for a 12-month service in hard-to-fill/hard-to-retain positions. For full details about the Mental Health Loan Assumption Program, please visit <http://www.oshpd.ca.gov/hpef/mhlap.html>

2. Assisted Outpatient Treatment (AOT)

Angelica Almeida, director of the Assisted Outpatient Treatment (AOT) program, has been working to provide trainings to community providers and stakeholders on the implementation of AOT in San Francisco. This program is an engagement and outreach tool designed to assist individuals (age 18 and over) with a severe mental illness who are not engaged in services, are deteriorating, and meet strict eligibility criteria with linking to existing outpatient services in our system of care. In certain circumstances, the law also allows the AOT Care Team to pursue a court order to engage in treatment. As we near implementation on November 1, 2015 there has already been a great deal of interest in scheduling trainings and we are encouraging any interested parties to contact Angelica immediately to ensure that a training occurs at your site. Each training lasts approximately 45 minutes and it is our goal to complete all trainings by the middle of October. Please feel free to contact Angelica (415-255-3722, angelica.almeida@sfdph.org) with any questions or to request an upcoming training.

3. Continuing Education Fees Waived for DPH Staff and our Community Based Organization Partners

The Training Section of Ambulatory Care and Workforce Development acknowledges the superior comprehensive services offered by staff throughout our system of care. In an effort to express our appreciation, we are pleased to announce that beginning FY 15-16 all Continuing Education (CE) fees are waived to Department of Public Health staff and our Community Based Organization partners directly funded through DPH. There has never been a fee to attend our educational activities and now there is no fee to receive Continuing Education Units (CEU). We look forward to offering this new benefit and exceptional educational opportunities for our staff. For comments or questions, please contact Norman Aleman at norman.aleman@sfdph.org

4. Of All U.S. Police Shootings, One-Quarter Reportedly Involve The Mentally Ill NPR News; 7/4/2015

RONALD MANDERSCHIED, PHD.

At least 125 people with signs of mental illness have died in police encounters in the U.S. so far this year, according to the latest accounting from The Washington Post.

This week, the Post published a database with information on every fatal shooting by a police officer in the line of duty in the U.S. And they took the extra step of identifying — when they could — details about the mental health of the deceased.

In evaluating the role that mental or emotional crisis played in police fatalities, investigative reporter Kimberly Kindy says that the Post attempted to be cautious as the paper compiled this data.

“Unless the families identified the deceased as somebody who was mentally ill or the police department identified them as mentally ill, we did not — even if it may on the surface of things [have] appeared as if they might be,” she tells NPR’s Eric Westervelt. “So it’s a conservative number — but even with it being conservative, it was a quarter of the killings.”

5. Children, Family & Youth (CYF)

Chinatown Child Development Center

On June 5th 2015, the Chinatown Child Development Center participated in the Asian-Pacific Islander Family Resource Network Family Day 2015 community event. Drs. Jacqueline K. Cooper and Diana L. Wong, in addition with Thuy Nguyen-Smith, LCSW collaborated efforts with the Asian Pacific Islander Family Resource Network and California Pacific Medical Center to provide psychoeducation and awareness on mental health to the community. Families and children enjoyed the festive ethnic foods and activities provided, in addition to receiving information on maintaining healthy living resources for children and adults.

L.E.G.A.C.Y

The LEGACY Youth Development Team facilitated an 8-week Girl's Circle Group that graduated seven girls on May 27th. The focus of this group was empowerment and positive personal development.

Our TAY group presented at the CYF Providers Meeting on May 18th. This is a group of transitional age youth who share their experiences, both positive and negative, in navigating the mental health, foster care and juvenile justice systems. They give feedback and recommendations on how to improve transition outcomes from the youth to the adult system. On June 16th, the TAY also presented to the BH Executive Team. If you would like this inspirational group to present to your agency, please contact Victor Damian at (415)920-7715.

On June 16th, LEGACY helped co-host the Juneteenth Health and Wellness Celebration that was held on Fillmore and O'Farrell Streets. There was entertainment, children's rides and free health screenings. Thank you to the LEGACY staff who spent a lot of time and energy in helping to make this event a success.

First Impressions, an MHSIA Innovations project that renovates Behavioral Health clinic's reception areas, recently concluded its renovation of our reception area. Due to the office being in such disarray during the renovation process, we cancelled our May and June Family Support Night events. Our next Family Support Night will be on July 20th where we will be hosting a "LEGACY Launch" to celebrate our new and improved office space. TARC (Truancy Assessment & Resource Center) is a one-stop location where students and their families can receive assistance from a variety of City agencies that work collaboratively to combat truancy so that youth can stay in school until graduation. Please come out from 6-8pm to learn about TARC and to celebrate our new space. Hope to see you here!

Mission Family Center

During the month of June, Mission Family Center (MFC) staff celebrated multiple graduations with youth and their families and generally wound down from the school year. The boys group held their all-day year-end outing taking in swimming at Blackberry Farms, lunch and the movies. The youth and parents alike were very pleased with the outcome of the group which fostered positive socialization and transitions in middle school. The boys are looking for ways to continue their friendships in the community. MFC continues to staff the Unaccompanied Children's Workgroup which sponsored a training on working with children, youth & families exposed to the traumas of war torn countries. Ines Betancourt, LCSW and Acting Director of Southeast Family Therapy Center provided this training which was very well received, and may be the beginning of an on-going quarterly training collaborative for staff working with unaccompanied children and their families. MFC spent several staff meeting hours working on values, vision, mission and goals. It has been a creative and fun team building process - laying the foundation for our upcoming annual retreat in July. Stay tuned for a finished product! In keeping with one of MFC goals to become clinically stronger, we held the initial meeting to discuss hosting a Community Reflecting Team here at MFC. We are very excited about this prospect of collaborating with our IFT partners at UC, the FIRST team, AIIM Higher, Comprehensive Crises and Family Mosaic. More to come on this by September! And last but not least we are proud to announce that we look forward to bringing on two new clinicians during the summer months!

Southeast Child Family Therapy Center

June was a busy month at Southeast, despite school being out of session, we still completed 20 intakes. We are currently short staffed in Spanish, so we are working hard to try to absorb the influx of recent cases. We hope that our new PT Spanish speaking clinician will be on board by August 1st.

We continue to provide PLAAY (Preventing Long Term Anger and Aggression in Youth) group for our 13 -17 year old African American teen boys at Palega Recreation Center, together with excellent African American male mentors. The group will run throughout the summer with the graduation planned for September 3rd.

July is an exciting month to kickoff training programs! Southeast is lucky to be a site for the first public psychiatry fellow with a specialty in Child and adolescent psychiatry. Dr. Dawn Sung will be at our Silver Avenue site 3 days a week. Additionally, with a new group of child and adolescent psychiatry fellows starting, we will have a Spanish speaking fellow at our Mission Street site.

Comprehensive Child Crisis

In the summer month of June, The Comprehensive Crisis Services slowed down in crisis evaluations from the previous month since schools are out and children and families tend to have vacation plans. However, the Child Crisis team continues to remain active in providing crisis prevention, stabilization, and appropriate interventions to children and families in need, such as providing case management and linkage to those at risk.

In the summer months, referrals tend to come from HSA, Edgewood and other residential treatment centers, as well as outpatient programs. The staff at the Comprehensive Crisis Services are also diligent in working on summer projects, and created some task force focusing on the following areas: QIQA, training, outreach presentations on our services, collaboration with CSU, as well as self-care and team-building activities. The month of June is also a time of Goodbyes. Our Psychology Interns, Mai Manchanda and Mickey Stein, who have been excellent trainees and valuable colleagues, have ended their training with us and will move on to their next endeavor.

The Comprehensive Crisis Services is also sad to say goodbye to our Clinical Psychologist, Barnett Levin, PhD, who retired from having served us for nearly 20 years at Mobile Crisis Treatment Team, helping adults and families in crisis. Nonetheless, our team will remain strong in providing quality care to individuals and families one crisis at a time and help empower them on the road to wellness.

6. Introducing Universal Medication Scheduling At the CBHS Pharmacy

Universal Medication Scheduling (UMS) is the California Board of Pharmacy and National Council for Prescription Drug Programs recommended system for standardized prescription

label instructions. UMS is a set of basic and specific directions intended to help patients take their medication safely and efficiently. In May of this year, the CBHS Pharmacy adopted this approach in Spanish and English to improve client care. The chart below shows how we have changed our prescription label instructions to UMS which provides more specific instructions for when to take medications.

Old Instructions	New UMS Label Instructions (more specific to help patient better understand when to take medications)
Take one tablet daily.	Take one tablet every morning.
Take one tablet twice a day.	Take one tablet every morning and evening.
Take one tablet three times a day.	Take one tablet every morning, noon, and evening.
Take one tablet four times a day.	Take one tablet every morning, noon, evening, and bedtime.
Old Instructions - Spanish	New UMS - Spanish
Tome una pastilla una ves al dia.	Tome una pastilla por la manana.
Tome una pastilla dos veces al dia.	Tome una pastilla por la manana y al atardecer.
Tome una pastilla tres veces al dia.	Tome una pastilla por la manana, al mediodia, y al atardecer.
Tome una pastilla quarto veces al dia.	Tome una pastilla por la manana, al mediodia, al atardecer, y la hora de acostarse.

7. MHSA Spanish Media Interview in Sacramento

The Mental Health Services Oversight and Accountability Commission (MHSOAC) invited San Francisco Mental Health Services Act (MHSA) to assist with an interview conducted in Spanish by The Maddy Institute (<http://www.maddyinstitute.com>) recorded in Sacramento on June 30, 2015. Dr. Juan G. Ibarra, an MHSA evaluator from the Office of Quality Management, represented San Francisco at this interview. Representatives from the MHSOAC and Solano County Mental Health System were also present. The Maddy Institute, based out of the California State University in Fresno, CA, asked interviewees about MHSA’s original goals, current successes, most pressing challenges, types of services, and accountability at the state level. Dr. Ibarra and the other county representative were able to offer examples of different MHSA services in their respective counties and describe some of the challenges faced by counties in providing services. Dates for the airing or posting online of the interview will be announced to the public by the MHSOAC once scheduled. For more information, please contact Lisa Reyes at 255-3613 or Juan G Ibarra at 255-3693.

8. Mental Health Loan Assumption Program (MHLAP)

Mental Health Loan Assumption Program (MHLAP)
<http://www.oshpd.ca.gov/hpef/mhlap.html>
 &
 Licensed Mental Health Services Provider Education Program (LMHSPEP)
<http://www.oshpd.ca.gov/hpef/lmhsplr.html>

Application Cycle!

August 3rd – September 30th

The Health Professions Education Foundation (HPEF) is excited to share that the MHLAP and LMHSPEP loan repayment programs will be open from August 3rd through September 30th 2015.

Recipients of the MHLAP award receive up to \$10,000 in exchange for a one year service obligation in the public mental health system of California.

Recipients of the LMHSPEP award receive up to \$15,000 in exchange for a two year service obligation in a qualified facility.

Eligible Professions for MHLAP include:

Each county determines which professions are eligible for its hard-to-fill or retain positions. Some of the eligible professions include, but are not limited to:

Registered or Licensed Psychologists	Registered or Licensed Marriage and Family Therapists
Registered or Licensed Psychiatrists	Registered or Licensed Clinical Social Workers
Postdoctoral Psychological Assistants	Licensed Professional Clinical Counselors, Licensed Professional Clinical Counselor Interns
Postdoctoral Psychological Trainees	Registered or Licensed Psychiatric Mental Health Nurse Practitioners
*Support, managerial and/or fiscal staff may be eligible	
Registered or Licensed Psychologists	Registered or Licensed Marriage and Family Therapists
Postdoctoral Psychological Assistants	Registered or Licensed Clinical Social Workers
Postdoctoral Psychological Trainees	Marriage and Family Therapist Interns

Eligible professions for LMHSPEP include:

A link to this information is also available here:

www.healthprofessions.ca.gov

For more information:
916-326-3640
hpef-email@oshpd.ca.gov

Tell us your clinic story and we will add it to the upcoming Director's Reports

Past issues of the CBHS Monthly Director's Report are available at:

<http://www.sfdph.org/dph/comupg/oservices/mentalHlth/CBHS/CBHSdirRpts.asp>

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