

If you are taking any of the following medications....

Clozapine (Clozaril, Fazaclo)

Risperidone (Risperdal)

Olanzapine (Zyprexa)

Quetiapine (Seroquel)

Ziprasidone (Geodon)

Aripiprazole (Abilify, Aristada)

Paliperidone (Invega)

Asenapine (Saphris)

Iloperidone (Fanapt)

Lurasidone (Latuda)

Brexpiprazole (Rexulti)

Cariprazine (Vraylar)



There are benefits and potential side effects

These medications are very effective. They can cause side effects, including:

- Weight gain
- High blood sugar
- High cholesterol
- And others

To help manage side effects, your health care provider will need to:

- Weigh you
- Check your blood pressure
- Check your waist size
- Take occasional blood tests



Strategies for Healthy Living

- Maintain a healthy weight.
- If you smoke, use drugs or drink alcohol, consider cutting down or quitting.
- Even small amounts of weight loss help. To lose weight, eat less and exercise more.
- Work with your health care provider to improve your health.
- Take your medications as prescribed.

Talk to your health care provider. All questions are welcome.

We're here to help!

