



# San Francisco Transgender Resource Manual 2014



Created by the San Francisco Department of Public Health  
Office of Cultural Competence

## **CHILDREN/YOUTH/FAMILY SERVICES**

### **Balboa Teen Health Center**

1000 Cayuga Avenue  
San Francisco, CA 94112  
Phone: 415-469-4512

Contact: Maureen McCarthy  
415-469-4512

Services: Free mental health, substance abuse, medical, and health education services for youth 11-18 yrs old. Individual, group and family counseling are available.

### **Dimensions Queer Youth Health Clinic**

Castro Mission Health Center  
3850 17th Street (between Noe Street & Sanchez Street)  
San Francisco, CA 94114  
Phone: 415-934-7789  
Website: [dimensionsclinic.org](http://dimensionsclinic.org)

Contact: Amy Peterson, MFT  
Director of Behavioral Health, SFDPH Community  
Health Programs for Youth  
415-934-7716  
[amy.peterson@sfdph.org](mailto:amy.peterson@sfdph.org)

Services: Dimensions Clinic provides integrated medical, mental health, substance abuse, social support, and case management services to transgender and gender variant youth ages 12-25. Health services include primary care, physicals, hormone therapy, health education, STD testing & treatment, psychotherapy, and more.

Clinic Hours: Thursdays 5:00-8:00pm  
Saturdays 12:00-3:00pm  
And by appointment throughout the week

Groups: Weekly transgender/gender-variant drop-in support group for youth 25 and under on Thursdays from 6:30pm - 7:30pm.

**Homeless Children's Network**

3265 17th Street, Suite 404  
San Francisco, CA 94110  
Phone: 415-437-3990 x313  
Fax: 415-437-3994

Contact: Kathy O'Shea, LMFT, Program Director  
[Kathy@hcnkids.org](mailto:Kathy@hcnkids.org)

Services: Individual and family therapy, with adjunct case management services, to clients 0-18 years old. Homeless Children's Network provides EPSDT services specifically for LGBTTQQ youth with full-scope Medi-Cal.

**La Casa de las Madres**

1663 Mission Street, Suite 225  
San Francisco, CA 94103  
24 Hour Crisis Line- Adults- 1-877-503-1850  
24 Hour Crisis Line- Teens- 1-877-923-0700  
Phone: 415-503-0500  
[www.lacasa.org](http://www.lacasa.org)

La Casa de las Madres provides adults, teens, and children threatened by domestic violence with safety and services to support their individual needs. Services are free of charge, multilingual, and available to survivors of all ages and backgrounds who are experiencing any kind of control or abuse in a relationship, not limited to physical abuse. La Casa hotlines are state-wide and services are not limited to residents of San Francisco.

Services:

- two 24-hour crisis hotlines (see above)
- emergency shelter program
- drop in center with counseling & support groups
- legal support
- teen services
- later-in-life services

- crisis response
- advocacy
- information and referrals

**Seneca Center**

Connections Community Based Services  
2513 24th Street  
San Francisco, CA 94110  
Phone: 415-642-5968  
[www.senecacenter.org](http://www.senecacenter.org)

Connections (at Seneca Center) is a San Francisco wrap around program which is generally a 12-18 months service for program children, youth, and their families.

Contact: Larkin Sealy - for Seneca Center Connections Program  
Residentially-based Services  
415-415-264-8221  
[larkin\\_sealy@senecacenter.org](mailto:larkin_sealy@senecacenter.org)  
Kim Mangarin - Seneca Center WRAP Programs  
415-271-3766  
[Kim\\_mangarin@senecacenter.org](mailto:Kim_mangarin@senecacenter.org)

Services: case management, 1-1 counseling, family support, and therapy both individual and family therapy. All of referrals are handled through the county MAST Committee.

**Special Programs for Youth (SPY)**

375 Woodside Avenue  
San Francisco, CA 94127  
Phone: 415-753-7779  
Fax: 415-753-7822

Services: Free primary care, behavioral health services, dental care, and health education for youth detained at the Juvenile Justice Center (ages 11-18), including transgendered youth. Services: family planning, pregnancy screening, treatment of sexually transmitted diseases, and HIV testing. Languages spoken: Spanish, Cantonese, and Tagalog. Interpretation services for other languages can be arranged. Wheelchair accessible.

**Victor Treatment Center**

Santa Rosa, CA area

Phone: 707-360-1924

Fax: 707-360-1960

Contact: Kris E. Rouse, Client Services Coordinator

**Services:**

A level 14 residential program, is currently serving transgender youth. Individual, group and family therapy is made available within the structure of the residential program and specialty Mental Health Services are offered as assessed and authorized by the placing county. Victor's residential milieu program is specifically designed to teach social skills, values, enhance community involvement, develop personal health and safety education, and develops leisure skills training and independent living skills.

**Services Eligibility and Assessment:**

All youth referred are first screened by an interagency screening committee or IEP team to determine qualifications for eligibility for program services. Each youth must be certified by their local Mental Health Department as qualified for a Level 14 program and/or the IEP team placing the youth must determine the youth's eligibility as Seriously Emotionally Disturbed and note the need for a level 14 program. The individual youth is then assessed by a Victor mental health professional, through application and interview.

## **ADULT / OLDER ADULT SERVICES**

### **Alliance Health Project**

UCSF Division of LGBTQ Services  
1930 Market Street  
San Francisco, CA 94102  
Phone: 415-476-3902  
[www.ucsf-ahp.org](http://www.ucsf-ahp.org)

Services: Alliance Health Project provides a broad range of mental health services for transgender clients who meet the criteria for SMI through our CBHS contract, including: transgender mental health support services groups (individual and weekly groups), HIV+ support groups and treatment services, substance abuse support services (individual and group).

Other:

- AIDS & Substance Abuse Program Drop-in  
Mon, Wed, Thurs & Fri - Closed on Tuesdays  
1:00 pm - 4:00 pm
- AHP Triage  
Mon - Fri Call or Come Walk In  
9:00 am - 11:00 am
- HIV testing and counseling support: Drop In & by appointment  
Tues: 5:00pm - 7:00pm  
Wed: 12:00pm - 7:00pm  
Thurs: 12:00pm - 7:00pm  
Fri: 12:00pm - 5:00pm  
Sat: 9:00am - 12:00pm

### **Castro-Mission Health Center**

3850 17<sup>th</sup> Street (at Noe Street)  
San Francisco, CA 94114  
Phone: 415-934-7700

Program: Transgender Life Care

Services: mental health counseling, clinical case management, and psychiatric services. In additional services include HIV clinic providing medical services and counseling to people with AIDS/ARC or those who are HIV positive, as well as preventative care as well as medical assistance to symptomatic individuals.

**Central City Older Adults Clinic**

90 Van Ness Avenue  
San Francisco, CA  
Phone: 415-558-5900

Contact: Officer-of-the-Day  
415-558-5900

Services: mental health counseling, case management, and psychiatric medication services. Other: Outreach and home-visits in the Tenderloin, SOM/civic center area of the city. Languages of services include Cantonese, Spanish, Tagalog, and German.

**Central City Hospitality House**

290 Turk Street  
San Francisco, CA 94102  
Phone: 415-369-3043  
Fax: 415-749-2136  
[info@hospitalityhouse.org](mailto:info@hospitalityhouse.org)

Central City Hospitality House has served the homeless community in San Francisco's Tenderloin district since 1967. Through their unique combination of peer-led programs and advocacy efforts, many homeless and low-income people have been empowered to unite their voices to stimulate social change.

Services: Transgender support groups (call for current groups and activities), creative arts, community and service linkage services, and case management services.

Clinic Sites:

- Tenderloin Self-Help Center 415-749-2143
- Sixth Street Self-Help Center 415-369-3040
- Community Arts Program 415-553-4525 ext. 301
- Shelter Program 415-749-2103

**Community United Against Violence (CUAV)**

427 South Van Ness Avenue (15th and 16th Streets)  
San Francisco, CA 94103  
Phone: 415-777-5500  
Fax: 415-777-5565  
Safety Line: 415-333-HELP (4357)  
[www.info@cuav.org](http://www.info@cuav.org)

Services: Peer-based counseling, direct assistance, education and outreach, grassroots organizing, and policy advocacy

- Wellness Wednesdays: 4:00pm-8:00pm Drop-Ins
- SAFETY LINE: 415-333-HELP (4357)

**Gaylesta, Inc.**

584 Castro Street, #230  
San Francisco, CA  
94114-2594  
Phone: 415-729-3996  
[www.gaylesta.org](http://www.gaylesta.org)

Gaylesta is the gay, lesbian, bisexual, transgender, queer psychotherapists' association of the greater San Francisco bay area.

Services:

- Seminars, Consultations, and Speakers offered by members on such LGBTQ-related topics as homophobia, coming out, gay marriage, HIV/AIDS, alternative families, parenting, gender identity, S/M/B/D, as well as how anxiety and depression affect our community
- A Referral Service for community members looking for an LGBTQ therapist to meet their specific needs. Both a telephone consultation and/or an on-line search are available
- Annual fundraising events for LGBTQ service provider organizations
- Maintaining a presence at many community events.

**Institute on Aging**

3575 Geary Blvd,  
San Francisco, CA 94118  
Phone: 415-750-4111  
Fax: 415-750-5338  
Senior Information Line: 415-750-4111  
[www.ioaging.org](http://www.ioaging.org)

Contact: Rick Appleby, Intake and Referral Manager  
415-750-4111 x204

Services:

- Geriatric Health Needs Assessments
- In Home Care & Assistance
- Adult Day Programs & Health Services
- Social & Life Quality Enrichment
- Counseling & Telephone Support
- Caregiver Resources
- Care Management Services
- Support Group Services

**La Casa de las Madres**

1663 Mission Street, Suite 225

San Francisco, CA 94103

24 Hour Crisis Line- Adults- 1-877-503-1850

24 Hour Crisis Line- Teens- 1-877-923-0700

415-503-0500

[www.lacasa.org](http://www.lacasa.org)

Contact: 415-503-0500 (business line) or  
877-503-1850 (for 24/7 support)

Services: La Casa de las Madres provides adults, teens, and children threatened by domestic violence with safety and services to support their individual needs. Services are free of charge, multilingual, and available to survivors of all ages and backgrounds who are experiencing any kind of control or abuse in a relationship, not limited to physical abuse. La Casa is located in San Francisco but the hotlines are state-wide, and services are not limited to residents of San Francisco.

- two 24-hour crisis hotlines
- emergency shelter program
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- later in life services
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**Lyon-Martin Health Services**

1748 Market Street Suite 201  
San Francisco, CA 94102  
Phone: 415-565-7667  
Fax: 415-252-7512  
[info@lyon-martin.org](mailto:info@lyon-martin.org)

Lyon Martin Health Clinic provides personalized healthcare and support services to women and transgender people who lack access to quality care because of their sexual or gender identity, regardless of their ability to pay.

Services: Transgender-specific health care, including: primary care medical services, HIV-primary care, gynecologic care, breast health services, mental health services, integrated behavioral health, healthy living information and referrals.

**LYRIC**

127 Collingwood Street  
San Francisco, CA  
Phone: 415-703-6150  
[www.lyric.org](http://www.lyric.org)

LYRIC's mission is to build community and inspire positive social change through education enhancement, career trainings, health promotion, and leadership development with LGBTQQ youth, their families, and allies of all races, classes, genders & abilities.

Services:

- School-Based Initiatives
- Workforce Development - work placements
- Community Building Groups, including Transmagic
- Case Management Support
  - Legal Name and Gender Change
  - Documentation
  - Housing
  - Employment and Housing Support
  - HIV/STD Testing Support

**Mental Health Service Act (MHSA) - Transgender Wellness & Recovery Services**

1380 Howard Street  
San Francisco, CA  
Phone: 415-255-3615

Contact:                    Jamie Armstrong  
                                  415-255-3615  
                                  Kadi Patterson  
                                  415-255-3684

Services:

- Wellness Support Group
  - o Thursday 3:00pm - 4:30pm

**Mission Neighborhood Resource Center**

165 Capp Street  
San Francisco, CA  
Phone:        415-869-7977

Mission Neighborhood Resource Center is a safe and clean space for the adult (18+) homeless communities of the Mission, including comprehensive transgender-specific services. MNRC advocates for housing and shelter and enhances the physical, social, emotional, and economic health of homeless residents of the neighborhood. Drop-in respite from the streets offering bathroom access, showers, laundry services and lockers targeting Mission homeless communities and those at risk, in particular Spanish-speaking immigrants, LGBT, women, active drug users and SRO tenants

Homeless Services:

- o Primary Care Services
- o Mental Health & Substance Abuse Services
- o Case Management
- o Medication Adherence Support
- o Homeopathy Services
- o Housing Advocacy
- o Drop-In Services
- o

Clinica Esperanza (Clinic of Hope) - Adult HIV Services

240 Shotwell Street  
San Francisco, CA 94110  
Phone:        415-431-3212

Services:

- o Medical Services and HIV Primary Care
- o Case Management
- o Health Education
- o Nutrition Counseling

- o Treatment Advocacy
- o Medication Advocacy
- o Peer Advocacy
- o Mental Health Services

**Native American Health Center, Inc.**

Two Spirit HIV/HCV & Substance Abuse Prevention Program

160 Capp Street, 2<sup>nd</sup> Floor

San Francisco, CA 94110

Phone: 415-621-4371

<https://www.facebook.com/NAHC.Inc>

[www.nativehealth.org](http://www.nativehealth.org)

<https://www.youtube.com/user/NAHctv>

[https://twitter.com/nahc\\_inc](https://twitter.com/nahc_inc)

Contact: Nazbah Tom, MFTI, Program Director

415-621-4371, ext. 525

[nazbaht@nativehealth.org](mailto:nazbaht@nativehealth.org)

Services: Individual prevention counseling and care coordination, community support groups, cultural wellness groups, referral and linkage services, and nurse case management (for individuals living with HIV/AIDS and high risk for HIV/HCV & Substance Abuse). We have several paid studies you can inquire about or stop by for a quick screening in to any of the studies.

Prevention Groups:

- Women's Wellbriety Group (Mondays 11-12:30pm)
  - o [Starts in July]
- Beading Group (Mondays 2-4pm)
- Butterfly Circle (Tuesdays from 3-5pm)
  - o (Talking Circle for LGBT Community)
- Men's Drum Group (Wednesdays 12-2pm)
- Creation Story Circle (Wednesdays 3-5pm)
  - o Skills Building Group Using Writing/Storytelling
- Healthy Living Circle (2:30-4pm)
  - o Support for Chronic Health Conditions (i.e. diabetes, etc.)
- Breath & Movement Group (11-12pm)
- Talking Circle (Thursdays 2-4pm)
- Flicker Feather (12-4pm)
  - o Drop-In Space
- All Nations Red Road (3:30-5pm)

**Newcomers Health Program**

Refugee Medical Clinic - FHC  
995 Potrero Avenue - Bldg.80, Rm. 518  
San Francisco, CA 94110  
Phone: 415-206-8608  
Fax: 415-206-5513  
[www.sfdph.org/newcomers](http://www.sfdph.org/newcomers)  
Facebook: Newcomers Health Program

Contact: Cristy Dieterich  
415-581-2479  
[cristy.dieterich@sfdph.org](mailto:cristy.dieterich@sfdph.org)

Services: Health assessments for refugees, asylees and certified victims of human trafficking. Program staff and providers have worked with many LGBTQ individuals who have fled their countries due to persecution. Besides health assessments, we provide general community resources as well as specific LGBT agencies and contacts.

**Office of Self Help - Transgender Program**

994 Market Street, 7<sup>th</sup> Floor  
San Francisco, CA  
Phone: 415-255-3098

Services:

- Friday Night Wellness Support Group
  - o 5pm - 7pm
- Pre-treatment Support Services
  - o Monday 1:00pm -2:30pm

**Pathway to Discovery**

1380 Howard Street, 2<sup>nd</sup> Floor  
San Francisco, CA 94103  
Phone: 415-255-3615  
Fax: 415-252-3079

Contact: Jamie Armstrong  
415-255-3615  
[jamie.armstrong@sfdph.org](mailto:jamie.armstrong@sfdph.org)

Services: Peer advocacy, case management & referral, Transgender & HIV Training and group facilitation.

Groups:

- Weekly Thursday Transgender Support Group  
1380 Howard St. 1<sup>st</sup> Floor  
3:00-4:30 PM

**Queer LifeSpace**

2275 Market Street, Suite 7

San Francisco, Ca 94114

Phone: 415-358-2000

Intake - x 302

Fax: 415-864-1307

[www.queerlifespace.org](http://www.queerlifespace.org)

Queer LifeSpace provides long-term, low fee mental health and substance abuse therapy for the queer community.

Services: Mental health and substance abuse counseling for individuals and couples.

Groups offered:

- GenderQueer/Trans Support Group
- Abstinence Support Group
- Men's Trauma Group
- Intersex Support Group
- Men's Relationship Group
- People of Color Support Group

**San Francisco City Clinic**

356 7<sup>th</sup> Street

San Francisco, CA 94103

Phone: 415-487-5500

Fax: 415-487-5581

[www.sfcityclinic.org](http://www.sfcityclinic.org)

Contact: Deborah Williams, Nurse Manager  
451-487-5514

Services: STD screening, diagnosis and treatment; post-exposure prophylaxis (PEP), HIV-testing and counseling, partner services and linkage to HIV primary care, family planning, emergency contraception. HIV primary care by appointment only.

DROP-IN HOURS

8:00-4:00 M-W-F

1:00-4:00 Thursday

1:00-6:00 Tuesday

On Tuesday from 1:00-3:00 and Thursday from 1:00-4:00 we only see patients with symptoms of an STD or those who have a partner with an STD. Clinic may close early if maximum volume is reached.

\$10 fee, no one turned away for lack of funds

Languages spoken: English, Cantonese, Mandarin, Russian, & Spanish.

**San Francisco General Hospital - The Positive Health Program  
(Ward 86)**

Richard Bargetto - CoE Coordinator  
995 Potrero Avenue, Ward 82  
San Francisco, CA 94110  
Phone: 415-206-6585  
Fax: 415-502-9566

Contact: Contact Person: Karena Franses, LCSW  
415-206-2480

Services: Primary Medical Care, Urgent Care, Nursing Care, Psychiatry, Pharmacy, Social Work (Case Management), Substance Use Counseling, & Mental Health Counseling.

**San Francisco Trans March**

[info@transmarch.org](mailto:info@transmarch.org)

<https://www.facebook.com/transmarch/>

The annual San Francisco Trans March is San Francisco's largest transgender Pride event and one of the largest trans events in the entire world. It's always the Friday of Pride weekend and thousands of people attend.

- The SF March is organized and run entirely by volunteers from the community. A small Board heads up everyone's efforts and makes sure that everything we do supports our [mission](#) and [vision](#). But the event itself is the result of the hard work of many, many people doing things big and small.
- Want to help make SF's best and biggest Trans Pride happen? Volunteer with the Trans March and make a difference in your

community! SAFETY Volunteers are always needed for 3 very important functions of Trans March event. A Safety training is provided and mandatory.

**St James infirmary**

1372 Mission Street  
San Francisco, CA 94103  
Phone: 415-554-8494

Contact: Intake Person  
415-554-9634

Services: Medical and holistic care, HIV testing and counseling, peer counseling, harm reduction support groups and workshops, and hot meals service for all sex workers while preventing occupational illnesses and injuries through comprehensive continuum of care.

- Appointment Thursdays: 1:00pm - 4:00pm  
STRIDE Transgender Healthcare and Hormone Therapy Program  
(By Appointment ONLY)
- HIV/STI testing (By Appointment ONLY)
- Rapid HIV Testing (with same day results)
- Sexually Transmitted Infections (STI) Counseling and Testing

**Tom Waddell Health Center**

50 Lech Walesa (Ivy) Street  
San Francisco, Ca 94102  
Phone: 415-355-7400  
Transgender Info Line: 415-355-7588

Contact: Vanessa Remhof -  
Transgender Clinic Charge Nurse  
415-355-7416  
[vanessa.remhof@sfdph.org](mailto:vanessa.remhof@sfdph.org)

Services: Primary care services for transgender patients. Social workers specialized in TG care (for primary care patients only), health support services (individual and group). Individuals need to be primary care patients here to receive other services (psychosocial, nursing, etc).

- Transgender Clinic: Tuesdays 5:30pm - 8:00 pm  
(Contact person: Vanessa Remhof)
- Intakes by Drop-in basis: Tuesdays 2:00pm - 3:00pm  
(first come, first served)
- Transgender Voicemail Line: 415-355-7588

**Transgender Employment Program TEEI**

1800 Market Street  
San Francisco California 94102  
Phone: (415) 865-5555

Website:

<http://www.sfcenter.org/programs/transgender-employment-services-teei>

Contact: Employment Services  
415-865-5632  
employmentservices@sfcenter.org

Services: The mission of the San Francisco Lesbian Gay Bisexual Transgender (LGBT) Community Center is to connect our diverse community to opportunities, resources and each other to achieve our vision of a stronger, healthier, and more equitable world for LGBT people and our allies. When visitors arrive at the Center, they find free services like career counseling, job fairs, computer lab, social activities, mentorships, youth meals, daycare, various workshops and much more. Here they can connect with other LGBT people and organize to secure our equal rights.

- Employment Support and Case Management
- Networking Clubs and Mentoring
- Life Skills Training and Employment Workshops
- Career Fairs and Employer Spotlight Events
- Employer, Service Provider, and advocacy Trainings
- Legal Services and ID Document Support

Hours of Operation:

- Monday-Friday 12:00pm - 6:00pm
- Saturday 9:00am - 6:00pm



**Transgender Law Center**

870 Market Street, Room 400

San Francisco, CA 94102

Phone: 415-865-0176

Fax: 877-847-1278

[www.transgenderlawcenter.org](http://www.transgenderlawcenter.org)

Program: The Transgender Law Center (TLC) is a civil rights organization advocating for transgender communities. Every day we connect transgender people and their families to technically sound and culturally competent legal services, increase acceptance and enforcement of laws and policies that support California's transgender communities, and work to change laws and systems that fail to incorporate the needs and experiences of transgender people.

Services:

- Community Legal Services
- Legal Information
- Direct Representation
- Transgender Law 101 Workshops
- Legal Rights Information

**Trans Thrive: A Drop-In Center for the Transgender Community**

Asian & Pacific Islander Wellness Center

730 Polk Street, Fourth Floor

San Francisco, CA 94109

Phone: (415) 409-4101

Fax: (415) 922-9231

[www.apowellness.org](http://www.apowellness.org)

[www.transthrive.org](http://www.transthrive.org)

Contact: Nikki "Tita Aida" Calma  
Trans Thrive Program Supervisor  
415-409-4101 x348  
[titaaida@apiwellness.org](mailto:titaaida@apiwellness.org)

*TRANS THRIVE* is a drop-in center that caters to the transgender community in San Francisco. Trans Thrive is a program by Asian & Pacific Islander Wellness Center.

Our services are:

- HIV Prevention & Counseling

- Prevention Case Management
- Individual Risk Reduction Counseling
- Workshops and Support Groups
- Outreach and Free Rapid HIV Testing

Our Drop-in Center has the following amenities:

- Lounge
- Computer Lab
- Clothing Closet
- Mini Library

We have a Drop-in day dedicated to Trans Youth of Color ages 14-24, our schedules are as followed:

- Tuesday 2pm-5pm
- Thursday 2pm-5pm
- Friday 2pm-5pm
- Saturday 2pm-5pm
- Wednesday 4pm-7pm (***Trans Youth of Color-Drop-In***)

#### WORKSHOPS AND SUPPORT GROUPS

- *Seeking Safety- Tuesdays 3-5pm, A therapist-led check-in group focused on topic such as depression, anxiety, bipolar & more.*
- *Healthy You- Thursdays 3-5pm, A group for all trans & gender non-conforming folks to share ways to take care of yourself, featuring a different health topic each week.*
- *Asian & Pacific Islander Transgender Empowerment (ATE) 1<sup>st</sup> & 3<sup>rd</sup> Wednesdays of each month- 5:30-8:30pm,*  
A group specifically for A & PI MTF Transgenders.
- *Tranzotica- Saturdays 3-5pm*  
A group for African American MTF Transgender folks, various topics.
- *Candy Shop- Wednesdays 4-7pm,*

The Candy Shop Youth Drop-In is a sexy, safe and fun space for transgender and gender variant youth between the ages of 14 and 28.

*In Tyce- Wednesdays during Candy Shop Drop- in Hours*

A new leadership and mentorship program for Trans Youth, gender variant and/or questioning and intersexed ages 14-24.

- *Transmasculine- Tuesdays 6-8pm*

This social support group is for female to male (FTM) people & anyone else labeled female or intersex at birth who identifies on the trans-masculine spectrum.

- *Trans Feminine- 2<sup>nd</sup> & 4<sup>th</sup> Tuesdays of each month-6-8pm*

An after- hour discussion and support group for transgender women primarily geared towards those women who can't make it during daytime drop in hours and looking for support around transitioning relevant issues to trans women and more.

### ***Trans Thrive Prevention Programs***

#### *Transform SF*

A San Francisco city-wide HIV testing/prevention collaborative program for the transgender community. This is a multi-agency collaboration of A&PIWellness Center, Instituto Familiar de la Raza, and El/La (a project of LYRIC).

A&PI Wellness Center 415-409-4101  
Instituto Familiar de la Raza, Inc. 415-229-0500  
El/La @LYRIC 415-864-7278

Provides HIV, Hepatitis B (HBV), and Hepatitis C (HCV) testing, linkage to case management services, mental health and substance abuse and counseling, various support groups and workshops, youth and transgender specific services.

*Tm4m (Transmen who have sex with Men)*- Thursdays @ Eros

A prevention program that caters to transmen who play with men (or want to...) and the guys who play with them. Events are held at Eros, 2051 Market Street, SF, CA unless otherwise noted.

Needle Exchange - Tuesday, Thursday, Friday & Saturday 2:00 PM - 5:00 PM

We can exchange them for new, fresh needles.

T-SISTA/SHEROES

An adaptation /research group-level, gender- and culturally relevant intervention designed to increase condom use with MtFs. Please call for schedule.

**Transgender Recovery Program**

Haight Ashbury Free Clinic-Walden House Programs  
Admissions Department  
1735 Mission Street  
San Francisco, CA 94103  
Phone: 415-762-3450

Contact: Admissions Department  
415-762-3450

Services: Specialized 6 months to 12 months residential substance abuse recovery program for transgendered individuals with co-occurring mental health disorders, and/or HIV/AIDS. The program provides TG-specific interventions in a trauma-informed treatment environment, Case management strategies link participants internally to the HAFC-WH Clinic and HIV testing and counseling, and externally to other key providers including legal advocacy, and increase the availability and use of social support. Therapists provide individual, group, and family sessions for participants who have coexisting mental health needs.

**Women's Community Clinic**

1833 Fillmore Street (between Bush and Sutter Streets)  
San Francisco, CA 94115  
Phone: 415-379-7800  
Fax: 415-379-7804  
TTY: 415-386-8232  
[www.womenscommunityclinic.org](http://www.womenscommunityclinic.org)

Services: Free health exams and health-related counseling, outreach services, and health career training programs.

***Please contact the SF Department of Public Health – Ambulatory Care Services, Office of Cultural Competence to update or correct any information provided in this directory at (415) 255-3422 or [nelson.jim@sfdph.org](mailto:nelson.jim@sfdph.org)***