# 2.02 ALLERGIC REACTION

## BLS Treatment – ALL Allergic Reactions

- Position of comfort.
- NPO
- **Oxygen** as indicated.
- May help patient administer their personal EpiPen autoinjector or equivalent product.
- If patient does not have a personal autoinjector, give IM EpiPen autoinjector or equivalent product for suspected anaphylaxis and/or severe asthma if EMT has been trained.

## ALS Treatment - SPECIFIC Allergic Reactions

### MILD ALLERGIC REACTION

- Hives, rash and/or itching
- **Diphenhydramine**

### MODERATE ALLERGIC REACTION

- Establish IV/IO **Normal Saline TKO.**
- **Diphenhydramine**
- **Albuterol**

### SEVERE ALLERGIC REACTION (ANAPHYLAXIS)

Altered mental status, hypotension (SBP < 90) and evidence of hypoperfusion. Bronchospasm and/or angioedema

- **Epinephrine**
- Establish IV/IO **Normal Saline TKO.**
- If no response to IM **Epinephrine** or patient is in extremis, administer IV **Epinephrine**.
- **Diphenhydramine**
- **Albuterol**
- If SBP < 90 or signs of poor perfusion, **Normal Saline** fluid bolus.