### 8.02 PEDIATRIC ALTERED MENTAL STATUS

#### KNOWN OR SUSPECTED HYPOGLYCEMIA

**BLS Treatment**
- Position of comfort.
- NPO, unless otherwise specified.
- Assess circulation, airway, breathing, and responsiveness.
- **Oxygen** as indicated.
- Provide Spinal Motion Restriction as indicated or position of comfort as indicated.
- Appropriately splint suspected fractures/instability as indicated.
- Bandage wounds/control bleeding as indicated.
- **Glucose Paste** or **oral Glucose** to known diabetic patients with symptoms of hypoglycemia.

**ALS Treatment**

Current American Heart Association Guidelines concerning Emergency Cardiac Care assessments and interventions shall always take precedence over local protocols when there is a conflict concerning techniques of resuscitation.

- Advanced airway if indicated
- IV or IO of **Normal Saline** 10 ml/kg.
- Check blood glucose. If blood glucose <60 mg/dl: administer **Dextrose**
- If no IV or IO access: administer **Glucagon**

#### AMS OF UNKNOWN CAUSE

**BLS Treatment**
- Position of comfort.
- NPO, unless otherwise specified.
- Assess circulation, airway, breathing, and responsiveness.
- **Oxygen** as indicated.
- Provide Spinal Motion Restriction as indicated or position of comfort as indicated.
- Appropriately splint suspected fractures/instability as indicated.
- Bandage wounds/control bleeding as indicated.
- **Glucose Paste** or **oral Glucose** to known diabetic patients with symptoms of hypoglycemia.

**ALS Treatment**

- IV or IO of **Normal Saline** at 10 ml/kg.
- **Naloxone**: Neonate = AVOID use in neonate
- Check blood glucose. If blood glucose <60 mg/dl: administer **Dextrose**
- If no IV or IO access: administer **Glucagon**.
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APPARENT LIFE THREATENING EVENT (ALTE)

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**ALTE** is defined as:

- Age less than or equal to 2 years old.
- Episode frightening to the observer (may think the infant has died) and involves some combination of:
  - Apnea;
  - Color change (cyanosis, pallor, erythema, plethora);
  - Marked change in muscle tone (limpness);
  - Choking or gagging.