Neighborhoods at a Glance: Bernal Heights, Mission, Excelsior, OMI

September 22, 2011
Neighborhoods at a Glance

+ What am I looking at? What is this telling me?
+ Why is this important to me?
+ What does this data say about health access in my neighborhood?
+ How can I use this information?
Neighborhoods at a Glance

1. Neighborhood Characteristics
2. Healthcare Resources in These Neighborhoods
3. Health Status in These Neighborhoods
4. Safety in These Neighborhoods
5. Maps

For ZIP Codes 94110 and 94112 which include:

Bernal Heights, Mission, Excelsior, Mission Terrace, Outer Mission, Oceanview, Merced Heights, Ingleside
Who Lives in These Neighborhoods
Residents

Compared to San Francisco overall, these neighborhoods have a higher proportion of residents who...

+ are **under 25 years old**
+ are **Latino, “some other race*,” or two or more races**
+ speak **Spanish or Tagalog**
+ did **not complete high school**

* not White, Asian, Black/African-American, American Indian, Alaska Native, Native Hawaiian, or Pacific Islander
Family Structure

- Compared to San Francisco overall, there are more families with children in these neighborhoods.
- Mission & Bernal Heights have more single parent families.
The economy

- Among these neighborhoods, poverty is highest and median household income is lowest in the Mission
- Unemployment in San Francisco has increased dramatically since 2007, from 4% to 9%
Which Healthcare Resources are Used in These Neighborhoods
Top 10 most used hospitals by neighborhood residents

- San Francisco General: 24.6%
- CPMC - Pacific Campus: 27.6%
- St. Luke's Hospital: 14.2%
- Kaiser Hosp - Geary SF: 11.9%
- UCSF Medical Center: 14.0%
- Seton Medical Center: 5.3%
- St. Mary's Medical Center: 3.1%
- Kaiser Hosp - S. San Francisco: 1.3%
- St. Francis Memorial Hospital: 1.9%
- Chinese Hospital: 1.8%

San Francisco: 24.6%
Bernal, Mission, & Excelsior: 27.6%
Primary Care Health Centers

Mission Neighborhood Health Center saw the highest number of patients and provided the greatest number of services in 2009.

The also provided the highest proportion of free and indigent care compared to other primary care health centers in the neighborhood areas.
Health coverage and insurance

Compared to San Francisco residents overall...

+ a larger proportion of Bernal/Mission/Excelsior residents used Medicare and Medi-Cal to pay for services
+ a smaller proportion used private insurance
+ District 9 (Mission, Bernal) had the third most charity care applications at 12%
+ District 11 was about equal to the city in charity care applicants at 7%
Health Status in These Neighborhoods
Deaths

Among the leading causes of deaths there is a higher proportion of deaths in these neighborhoods caused by...

- Alzheimer’s Disease
- Influenza and Pneumonia
- Chronic Lower Respiratory Disease
- Chronic Liver Disease/Cirrhosis
Preventable Emergency Room Visits

+ The rate of preventable emergency room visits is considerably lower than San Francisco and other neighborhoods.

+ Preventable emergency room visits is often used as an indicator of the availability and use of primary care services.
Asthma

Neighborhood data on asthma stand out:

+ Higher overall rate of asthma hospitalizations
  (11 per 10,000 vs 9)

+ Higher rate of adult asthma hospitalizations
  (10 per 10,000 vs. 8)

+ Higher rate of pediatric asthma hospitalizations
  (16 per 10,000 vs 12)

+ Higher rate of emergency room visits for asthma
  (30 per 10,000 vs 28)
Maternal and Child Health

Compared to San Francisco overall, in these neighborhoods...

+ there is a higher proportion of births to mothers under 35 years

+ the rate of low-weight babies is slightly lower at 6% compared to 7%

+ there is a higher proportion of mothers who receive NO prenatal care in the first trimester.
  ▪ 15% for 94110 and 18% for 94112 compared to 12.5% citywide.
Obesity

Although SF has an overall lower rate of obesity compared to CA…

- Latinos and African-Americans are disproportionately affected by obesity in both SF and CA

- This is notable for this neighborhood since there is a significantly higher proportion of Latinos compared to San Francisco overall
Safety in These Neighborhoods
Safety in These Neighborhoods: the Mission Stands Out

Compared to San Francisco residents overall, the Mission has...

+ a greater proportion of commuting done by walking and biking
+ higher rates of pedestrian injuries and deaths
+ higher rates of homicides, and physical assaults
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