Lift the Lip!

Child Care Providers ~ check your children's teeth

Once a month check for white or brown spots on your child's or baby's teeth. (Only touch the outside of the upper lip – <u>Or</u> use clean gloves for each child) Lift the top lip and look closely along the gum line of the top front teeth. Decay often starts there.

If you see any <u>whitish lines near the pink gums</u> or brown areas, tell parents to take their baby to a dentist! <u>White</u> <u>lines can be reversed with fluoride varnish</u>, better brushing with Fluoride toothpaste and by limiting juice drinks, sweets, or white flour treats.

Decay will progress if left untreated, and can cause "life and death" infections.



Baby teeth are important for:

- Chewing
- Speaking
- Jaw development
- Guiding adult teeth into place if there are no teeth to hold their spot, adult teeth may come in crooked and crowded
- A healthy happy smile

Tell parents ~ Make Baby's <u>First Dentist Visit</u> by Age One!