## Lift the Lip!

## Child Care Providers ~ check your children's teeth

Once a month check for white or brown spots on your child's or baby's teeth. (Only touch the outside of the upper lip – <u>Or</u> use clean gloves for each child) Lift the top lip and look closely along the gum line of the top front teeth. Decay often starts there.

If you see any <u>whitish lines near the pink gums</u> or brown areas, tell parents to take their baby to a dentist! <u>White</u> <u>lines can be reversed with fluoride varnish</u>, better brushing with Fluoride toothpaste and by limiting juice drinks, sweets, or white flour treats.

Decay will progress if left untreated, and can cause "life and death" infections.



## **Baby teeth are important for:**

- Chewing
- Speaking
- Jaw development
- Guiding adult teeth into place if there are no teeth to hold their spot, adult teeth may come in crooked and crowded
- A healthy happy smile

**Tell parents** ~ Make Baby's <u>First Dentist Visit</u> by Age One!