



Don't Let Your Child be Without a Dental Home:

- ✿ Ask for a list of dentists from your insurance company. For Medi-Cal, call Denti-Cal at 1-800-322-6384.
- ✿ Call the San Francisco Women and Children's Health Referral Line 1-800-300-9950.
- ✿ Call the California Dental Association at 1-800-CDA-SMILE (232-7645).
- ✿ Ask friends, family, coworkers about their dental office.
- ✿ Call or visit the dental office and talk to staff before choosing a dental home.



Every Child Needs a
Dental Home





What is a Child's Dental Home?

It is a place to take your child for regular visits to a dentist.

When Should You Find a Dental Home for Your Child?

By the 1st birthday is best. It's never too early or too late to find a dental home.

Why Does Your Child Need a Dental Home?

- To help build a lifetime of healthy dental habits.
- To have a place where the dental staff knows your child and has a record of his/her care.
- To receive sealants, fluoride, and advice to prevent tooth decay.
- To find dental problems early - before they hurt.
- To know where to call when there's a dental emergency.

Tips for Visiting Your Child's Dental Home:

- Arrive 15 minutes early with teeth brushed and flossed.
- Keep all appointments; if you can't, call 2 days ahead.
- Be positive with your child. Don't use words like "pain," "hurt," or "shot".
- Keep children calm and quiet in the dental office.
- Ask questions about your child's oral health and treatment needs.