NEW Tuberculosis (TB) Screening Policy for Preschool and K-12 School Entry

The Tuberculosis Prevention and Control Program of the San Francisco Department of Public Health now recommends a risk assessment for TB screening, rather than universal TB testing with a skin or blood test. If a child has no risk factors, then the TB screening is complete. A TB (blood or skin) test should only be for children with identified risk factors. TB testing in low risk children can result in unnecessary costs to families, a national shortage of TB skin testing solution (as occurred in 2013), and more false positive results. To view the new policy, please refer to the link: http://www.sftbc.org/


As a reminder, a TB risk assessment should be performed and documented at every CHDP well child exam. CHDP Periodicity Schedule: http://www.dhcs.ca.gov/services/chdp/Documents HealthPeriodicity.pdf

If you have any questions or concerns, please contact your local CHDP Provider Relations Nurse.
Healthy Smiles: Denti-Cal ~ Now Covers Pregnant Women for Fillings!

Great news for our incoming babies and their moms! As of October 1, 2014, Denti-Cal covers all Medi-Cal eligible pregnant women for their fillings and other needed treatments, regardless of immigration status.

To find clinics that accept pregnant women:

Research suggests an association between periodontitis and pre-term birth/low birth weight. In addition, high levels of cariogenic bacteria in the mother can lead to high caries incidence in infants and toddlers. It has been documented that mothers can transmit cariogenic bacteria to their young children.

Pregnancy presents challenges for maintaining optimum oral health. Morning sickness increases acidity in the mouth, which elevates the risk of tooth decay. Hormonal changes can lead to “pregnancy gingivitis” and periodontal disease.

Good oral care includes brushing with fluoride toothpaste twice a day, flossing daily, eating a balanced diet and limiting unhealthy snacks. Dental visits on a regular basis are essential. Early and routine dental care has been shown to be, not only safe, but necessary during pregnancy.
http://www.mchoralhealth.org/PDFs/PerinatalBrief.pdf

Pregnancy is an opportune time to educate the mother-to-be about the importance of both her and her baby’s oral health.
Children need healthy teeth for speaking, eating and good self-esteem. Improving the oral health of all children in San Francisco is fundamental to ensuring their future health, success, and quality of life.

Although almost entirely preventable, tooth decay (dental caries) continues to be the most common chronic disease in childhood in the U.S., and can lead to pain, loss of function, infection, and puts children at an increased risk for a lifetime of dental problems. Here in San Francisco, in 2013, more than 1 out of every 3 Kindergarten children in the San Francisco Unified School District (SFUSD) experienced tooth decay.

The burden of dental disease is unequally distributed. Disparities are found among low-income families and in underserved neighborhoods. The need is great, but the availability of care is insufficient. The comparatively small dental safety net cannot meet the demand for care for children. Dental caries in children is a multifactorial and complex problem in San Francisco that needs a collaborative, coordinated, and strategic approach.

In the Fall of 2013, a diverse group of children’s oral health stakeholders came together to begin San Francisco’s first ever citywide strategic planning process for children’s oral health. In November 2014, the San Francisco Health Improvement Partnership (SF HIP) Children’s Oral Health Strategic Plan was finalized.

To read the entire SF HIP Children’s Oral Health Strategic Plan~
http://www.sfhip.org/index.php?module=Tiles&controller=index&action=display&alias=COH
Don’t forget BMI Percentiles!

At all CHDP health exams, please remember to measure and document the child’s height and weight on the PM 160. For all children 2 years and older, BMI percentile should be calculated accurately and recorded.

The BMI-for-age percentile is a clinical screening of health and nutrition status for children over 2 years of age. It is an early indicator of other health risk factors such as hyperlipidemia, elevated insulin, and high blood pressure. If percentiles fall outside the normal range, recheck measurements, plots, and calculations. If measurements are correct, further evaluation may be needed to determine the cause. In some cases, referral to pediatric weight management may be needed.

<table>
<thead>
<tr>
<th>Weight Status Category</th>
<th>BMI Percentile Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>Obese</td>
<td>≥ 95th percentile</td>
</tr>
<tr>
<td>Overweight</td>
<td>85th to &lt; 95th percentile</td>
</tr>
<tr>
<td>Normal</td>
<td>5th to &lt; 85th percentile</td>
</tr>
<tr>
<td>Underweight</td>
<td>&lt; 5th percentile</td>
</tr>
</tbody>
</table>

Don’t forget BMI Percentiles!

ACTive Zones: A Physical Activity Resource for Your Patients

In May 2014, CHDP and other healthcare providers completed the Community Health Resources Survey and indicated a need for specific information to refer children to physical activity opportunities. Leadership from San Francisco Recreation & Parks, Boys & Girls Clubs of San Francisco, YMCA, and the National Parks Service have worked together with San Francisco Department of Public Health (SFDPH) to develop **free, entry-level, drop-in, physical activity programs** for neighborhoods across San Francisco.

As healthcare providers, you can use this resource to “prescribe” physical activity that promote health and well-being, and prevent chronic disease.

Please be on the look out in your email for an ACTive Zones PDF poster that can be posted in your clinic or printed for distribution. A survey for feedback, comments and concerns is also included in the email. Below is a summary of the poster’s contents.
Nutrition Tip: Staying Healthy During the Holidays

The holidays are a time to enjoy friends, family and food. All three can be had without putting on the extra pounds!

“Studies indicate that, on average, Americans gain one to two pounds during the holiday season.” - Academy of Nutrition and Dietetics

Although only a couple pounds gained, research shows that the weight accumulate over the years. Those pounds can be avoided through mindful eating in moderation and a few simple strategies and tips.

This holiday season, share with your patients some of these tips on staying healthy during celebrations:

- **Do not skip meals and eat breakfast**: Skipping breakfast until the afternoon may lead to binging later on.
- **Hydrate**: Make sure to drink water throughout the day to stay hydrated - thirst could be misinterpreted for hunger.
- **Eat slow**: Savor every bite and chew slowly to help reduce calorie intake and allow the body to feel full quicker.
- **Use a smaller plate**: This encourages proper portion sizes.
- **Skip the seconds**: Wait 20 minutes before filling up the dinner plate again.
- **Load up on the vegetables**: Vegetables can take up a lot of space, leaving less space for fattening foods.
- **Watch out for danger foods**: Many holiday foods, especially sides, may seem healthy but may be high in fat and sugar. Watch out for green bean casserole, mash potatoes, cranberry sauce, appetizers and finger foods.
- **Avoid the turkey skin**: Turkey skin is mainly fat and has a lot of calories.
- **Don't deny dessert**: The holidays shouldn’t be about restricting certain foods – enjoy them in moderation.
- **Go for a walk**: Try a morning walk before the holiday meal or after dinner as a family event.

Welcome to our new CHDP Public Health Nurse Lisa Brennan. She has a passion for working locally and globally with underserved populations. Since becoming a RN in 2010, she has worked in a California State Men’s Prison and a pregnancy and parenting high school taking care of teenaged mothers and their newborns. She has traveled to Central America to volunteer as a nurse working with at-risk children. She is a 3rd generation Bay Area native and in her spare time rides her bike, takes pictures and tries to fit as many fruit trees into her backyard as she can.
PIN # 14-2 07-24-14. Revision of Health Assessment Guideline to incorporate Additional Information About Preparticipation Physical Examination.

No New Provider Information Notice since PIN#14-2

CHDP Bulletin

Bulletin # 119 – September 2014

1. ICD-10 Implementation Date Finalized. October 1, 2015 is the new compliance date for health care providers, health plans & health care clearinghouses to transition to ICD-10, the tenth revision of the International Classification of Diseases.

2. Reminder: Confidential Screening Billing Report – ICD Indicator Not Required. The Confidential Screening/Billing Report (PM160) and Confidential Screening/Billing Report Information Only (PM160 Information Only) will NOT require and ICD indicator even though most claims submitted to Medi-Cal will require an ICD indicator effective Sept 22, 2014.

3. ICD-10 FAQs Updated.

4. System Update to Reimburse CHDP Services Rendered with Aid Code 8E.

5. New PFC/PPCW Aid Codes 9V and 9W. These aid codes will be assigned by California Children’s Services (CCS) program county staff in conjunction with a full-scope, no Share of Cost (SOC) Medi-Cal aid code.

6. Clarification to California Children’s Services Program Aid Code 9D. These CCS beneficiaries are enrolled in a specified CCS 1115 Waiver Demonstrator Project, and are not Medi-Cal recipients.

Bulletin # 120 – October 2014

1. Fee-for-service CHDP Administration of Non purchased Influenza Vaccine. Code 53 is used on claims for administration of nonpurchased influenza virus vaccine, split virus, for intramuscular use.

2. New Recovery Audit Contractor Program. The RAC program’s purpose is to identify and correct improper Medicaid payments through the collection of overpayments and reimbursement of underpayments. The program will enable the Centers for Medicare & Medicaid Services (CMS) to implement actions that will prevent future improper payments in all 50 states.

Bulletin # 121 – November 2014

1. Clarification for Walk-Up Claim Delivery Address. Providers are reminded that all hand-delivered claims and correspondence are to be delivered and addressed to Xerox State Healthcare, LLC at the following location:

   Xerox State Healthcare, LLC
   820 Stillwater Road
   West Sacramento, CA 95605-1630

   These claims are NOT to be hand-delivered to the security desk in the lobby of the 820 building but instead to be placed in the mail bin located inside the doorway of the warehouse double doors of the 820 building, located at the ground level by the loading area. There is a sign-off sheet next to the bin for couriers to fill out. This location does NOT accept claim forms or other hard copy information for beneficiaries.

   For all Medi-Cal inquiries for providers and/or beneficiaries, call the Telephone Service Center (TSC) at 1-800-541-5555 or visit the Medi-Cal website.

   Providers with Denti-Cal inquiries can call 1-800-423-0507. Beneficiaries with Denti-Cal inquiries can call 1-800-322-6384. Further information can be found on the Denti-Cal website.

2. Get the Latest Medi-Cal News: Subscribe to MCSS Today. MCSS is a free service that keeps you up-to-date on the latest Medi-Cal news. Subscribing is simple! Just go to http://files.medi-cal.ca.gov/pubsdoco/mcss/mcss.asp, the MCSS Subscriber Form and enter your email address and ZIP code. You can customize your subscription by selecting subject areas. You will receive a welcome email after submission. For more information about MCSS, please visit the MCSS help page at http://files.medi-cal.ca.gov/pubsdoco/mcss/mcss_help.asp
Upcoming Events & Trainings

Vision Screening Training

ATTN:
Sponsored by: SF Child Health & Disability Prevention (CHDP) Program
(Must attend Lecture and One Practicum)

**Lecture:** Monday morning January 12th, 2015 from 9am to 12pm
& at 30 Van Ness Avenue, Suite 210 Large Conference Room

**Practicum Sessions:**
Conducted by Jeremy Shumaker, Pediatric and Developmental Optometrist
1) Monday afternoon January 12th, 2015 or
2) Tuesday morning January 13th, 2015 or
3) Tuesday afternoon January 13th, 2015

Register early as enrollment is limited. Deadline to register is December 24, 2014.
To register, call Tina Panzier at 415-575-5712 for a registration form.
There is a $10 charge to confirm your registration for this training.

*This training is only open to CHDP providers, with priority given to San Francisco CHDP providers.*

Bright Futures in Practice:
**Oral Health—Pocket Guide** (2nd ed.)
**CALL:** 415-575–5719 to receive your free copy


**Free CHDP Trainings** can be scheduled and conducted at your clinic by licensed CHDP staff members:
- PM 160 Training
- Oral Health Training
- Assessing Child Growth Using the Body Mass Index (BMI)-for-Age Growth Charts
- Counseling the Overweight Child
- For more information, contact: your CHDP nurse consultant, dental hygienist or nutritionist
  (Listed on address page)

CHDP Fluoride Varnish Training
- Oral Health Training - “in-office”
- Learn how to apply Fluoride Varnish!
- **FREE** Box of Fluoride Varnish (worth $150) with the training.

415-575-5719
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