

CHDP NEWS

San Francisco Child Health and Disability Prevention (CHDP) Program



Volume VII Issue II
Summer 2014

SF CHDP's quarterly newsletter - a great way to stay abreast of CHDP updates to assist your practice!
Contact Tina by email at tina.panziera@sfdph.org, if you prefer an e-copy.

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NEW 2014 – 2015 CHDP Gateway Program Income Eligibility Guidelines

Effective April 1, 2014, through March 31, 2015, providers are to use the following income guidelines when determining patient eligibility for pre-enrollment in Medi-Cal through the Child Health and Disability Prevention (CHDP) Gateway program. Providers should disregard all previous CHDP Gateway income eligibility charts.



Number of Persons in Household	Monthly Income	Annual Income
1	\$2,587	\$31,043
2	\$3,487	\$41,842
3	\$4,387	\$52,642
4	\$5,287	\$63,441
5	\$6,187	\$74,241
6	\$7,087	\$85,041
7	\$7,987	\$95,840
8	\$8,887	\$106,640
9	\$9,787	\$117,439
10	\$10,687	\$128,239
For households of more than 10 persons, for each additional person, add:	\$900	\$10,800

Encourage patients to "Choose Healthy Drinks"!

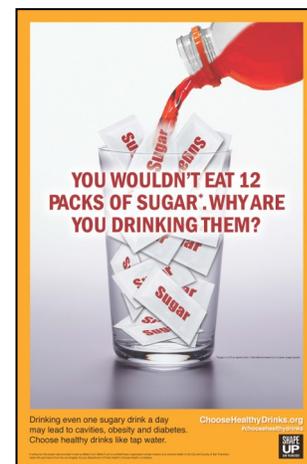
Studies have shown that kids tend to gain weight during the summer months. During this time, children may be off school or participate in summer related activities and may reach for a sugary thirst-quencher. Drinking even one sugary drink a day may lead to unhealthy weight gain, type 2 diabetes, heart disease, and tooth decay.

The Shape Up San Francisco Initiative, a public-private partnership staffed by the Department of Public Health, is currently implementing the "Choose Healthy Drinks" campaign to increase awareness about how much sugar we drink and their harmful effects, and to encourage people to choose healthy drinks like tap water. Shape Up SF has a limited supply of Choose Healthy Drinks posters in English, Spanish and Chinese. Contact Marianne Szeto at mszeto@shapeupsfcoalition.org to request some today.

Come visit Shape Up SF at Sunday Streets! These are free events in SF that encourage recreation, community activities and fun, and Sunday Streets is Soda Free! The

upcoming Sunday Streets are June 8th at the Great Highway, July 13th in the Richmond, and August 24th in the Mission. Participants who share why they are soda free will receive a free Shape Up SF reusable water bottle, so be sure to find the Shape Up SF booth to get yours and enjoy a soda free summer! For more information about Sunday Streets, visit www.sundaystreetssf.com.

Encourage your patients to "choose healthy drinks" and be active! For more information about the Shape Up SF Coalition, visit www.shapeupsfcoalition.org.



Choose Healthy Drinks



Drink unsweetened tap, bottled, or sparkling water, unsweetened low-fat milk, or 100% fruit juice in limited amounts (1/2 to 1 cup).



Flavor plain or sparkling water by adding slices of lemon, lime, cucumber, orange, watermelon or even a splash of juice.



Carry a water bottle with you and refill it throughout the day.

Cut Back on Sugary Drinks



Avoid the sugary drink aisle at the supermarket.



Make a rule not to have sugary drinks in your house.

Don't introduce sugary drinks to your kids. If they don't have them, they won't want them.



Cut back to only having a sugary drink as a rare treat or not at all.

If you are going to drink a sugary drink, choose a smaller size.

What to do when a tooth is too far “gone” for a simple filling?

Dental decay is almost entirely preventable. Stopping any dental decay from occurring in the first place is our number one goal! To this end, AAP recommends, and CHDP requires, that medical providers perform early oral assessments and routine dental referrals at every well child exam. Unfortunately, sometimes the necessary preventive home care and dental visits do not take place, and you are faced with a severely decayed tooth. When this happens, it is important to triage the patient to appropriate dental treatment, so they can receive prompt care.

What is Endodontic Treatment?

In lay terms, endodontic treatment is a “root canal.” In primary (baby) teeth, removal of this infected nerve pulp is done fairly easily, and called a pulpotomy, where only coronal pulp is removed. In a pulpectomy the entire nerve to a baby tooth is removed. In secondary (adult) teeth, the procedure becomes more complicated and is commonly called a “root canal”. <http://www.aae.org/patients/treatments-and-procedures/root-canals/root-canals.aspx>

Who needs Endodontic Treatment?

Endodontic treatment is needed when dental decay extends past the enamel, the hard outer surface of the tooth, into the dentin, the softer interior of the tooth, and infects the nerve pulp of the tooth. Dentin dissolves in higher pH (6),



than enamel (5.5) and is quickly destroyed if poor nutrition (frequent fermentable carbohydrates) and ineffective oral home-care continue. When pathogenic/acidogenic bacteria enter the nerve pulp chamber, the tooth's nerve will become infected and will die. The only way to clear this infection is to remove the infected necrotic nerve pulp.

Antibiotics will reduce the level of infection, but only temporarily. Once antibiotic therapy stops, the infection in the nerve pulp often will reappear and continue to spread into other tissue, sometimes leading to cellulitis.

Trauma is another reason the nerve in a tooth may die, requiring endodontic treatment. The tooth may appear

greyer than neighboring teeth. In some cases, a fistula or drainage track can be seen at the approximate location of the root tip, on the gum's movable mucosa. Any severely decayed, painful tooth should be referred to a dentist who can provide endodontic treatment.



What is an Endodontic Specialist?

As in the field of medicine, general dental providers frequently refer patients to a specialist when faced with a dental condition which they cannot address in their practice. Dental specialties include: orthodontics (malocclusion-improper bite), periodontics (gum disease), pedodontics (pediatrics), oral surgery (tooth extractions and jaw surgery), and endodontics (root canal), among others.

"Denti-Cal covers root canals, pulpotomies and pulpectomies for children and teens!"

Finding a General Dentist who can Perform Endodontic Treatment in SF

California has the 49th lowest Medicaid dental reimbursement rate in the nation. Because of this, it is extremely difficult to find a dental specialist who accepts Denti-Cal. In SF, there are no endodontists who accept Denti-Cal!

However, there are some general dentists who perform this procedure safely and routinely. Referring a CHDP patient to one of these dentists will save critical time and prevent your patient from being shuffled from clinic to clinic. **(See attached list of general Denti-Cal dentists for “endo” treatment.)**

What to Expect at the Dentist?

All dentists, perform a dental exam first before treatment planning for endodontic treatment. During this initial appointment, the dentist may prescribe antibiotics to reduce any swelling. Parents should expect that any treatment will happen at a second appointment in almost all cases.

PLEASE NOTE: Not all severely decayed teeth are candidates for pulpotomy/root canal treatment, due to a variety of reasons. An alternative treatment for these teeth is extraction - an option that is often chosen for baby teeth.

Margaret Fisher, RDHAP ~ 415-575-5719
CHDP Oral Health Consultant

2014 U.S. Preventive Services Task Force Issue a Draft Recommendation for Fluoride Varnish

The United States Preventive Services Task Force is "an independent panel of experts in primary care and prevention that systematically reviews the evidence of effectiveness and develops recommendations for clinical preventive services .

The Task Force reviewed recent studies on the benefits and harms of actions that doctors or nurses can take to prevent tooth decay in infants and children up through age 5. They found two ways that primary care professionals can help:

- Prescribing fluoride supplements (drops, tablets, or lozenges) to children whose water supply does not have enough fluoride. The supplements should start when children are 6 months old.
- Painting a thin coating of fluoride, called **fluoride varnish**, on a child's teeth. This should be started when the child's primary teeth begin coming in.

The Task Force recommends that primary care clinicians apply fluoride varnish to the primary teeth of infants and children starting at the age of primary tooth eruption.

The Task Force also found that doctors or nurses can determine whether a child has tooth decay, but there is not enough evidence to determine whether automatically



San Francisco low-income children are twice as likely to suffer dental decay, as their more affluent peers!

screening all children will improve a child's future health. They recommended further research was needed in this area. CHDP providers serve low and very low income children. Low income children have a greater risk for dental caries than their more affluent peers.

All CHDP clients must be assessed for dental problems at every well child visit, and referred routinely to a dentist, (or more often if problems are suspected or noted) beginning at age one. <http://www.uspreventiveservicestaskforce.org/uspstf12/dentalprek/dnchfact.pdf>



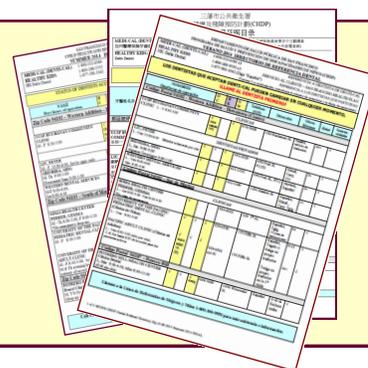
For more information, training or materials to set up a Fluoride Varnish protocol in your office or clinic:
Margaret Fisher, RDHAP at 415-575-5719
margaret.fisher@sfdph.org

Updated CHDP Dental Directory for Summer 2014 now "on-line"

http://www.sfdph.org/dph/files/dentalSvcdocs/CHDPDentalDir_062012_Eng.pdf
http://www.sfdph.org/dph/files/dentalSvcdocs/CHDPDentalDir_062012_Chi.pdf
http://www.sfdph.org/dph/files/dentalSvcdocs/CHDPDentalDir_062012_Span.pdf

Also on our SF CHDP Website :

<http://www.sfdph.org/dph/comupg/oprograms/MCH/CHDPOral.asp>



CHDP Providers Information

<http://www.dhcs.ca.gov/services/chdp/Pages/CHDPPLPIN.aspx>



PIN # 14-01 03-03-14. Updated Child Health and Disability Prevention (CHDP) Provider Office Training, “Using Body Mass Index-For-Age Growth Charts for the CHDP Well-Child Exam”

CHDP Bulletin

<http://www.medi-cal.ca.gov/> Click on Provider Bulletins, scroll to bottom. Click on CHDP Gateway to Health Coverage under Specialty Programs

Bulletin # 113 – March 2014

1. New Aid Code for Access for Infants and Mothers Program

Effective retroactively for dates of services on or after November 1, 2013, through December 31, 2013, new aid code E7 will identify infants and children up to 2 years of age in the Access for Infants and Mothers (AIM) program with family income above 250% up to and including 300 percent of the federal poverty level (FPL), and family income above 266% up to and including 322% of the FPL from January 1, 2014, onward.

2. New Aid Code for Enrolling CalFresh Eligible Children in Medi-Cal.

Effective for dates of service on or after February 1, 2014, new aid code 7W will be used to enroll Cal-Fresh eligible children under 19 years of age into Medi-Cal through the Express Lane Enrollment project. The Express Lane Enrollment project streamlines enrollment into Medi-Cal by granting eligibility without submitting an application or a determination of eligibility for 12 months to CalFresh eligible children who are not blind or disabled, and who are not currently covered under Medi-Cal. Recipients will receive full-scope, no cost Medi-Cal benefits.

3. MCSS Customer Service Survey Now Available.

Since the launch of the Medi-Cal Subscription Service (MSCC), subscribers have received email notifications for urgent, high-impact announcements and monthly news updates shortly after posting to the Medi-Cal website. Medi-Cal is committed to keeping you up-to-date on the latest news and invites you to take the [MCSS Customer Service Survey](#). The information collected will be used to improve MCSS and to better accommodate the provider community with the latest Medi-Cal news and policy updates. If you have not subscribed to MCSS, Medi-Cal encourages you to visit the [MCSS Subscriber Form](#) page and take advantage of this convenient service. Subscribing is simple and free – 1) Just enter your email address and ZIP code; 2) Customize your subscription by selecting

subject areas for *NewsFlash* announcements, *Medi-Cal Update* bulletins and/or System Status Alerts. After submitting the form, a welcome email will be sent to the provided email address. If you are unable to locate the welcome email in your inbox, check your junk email folder.

Bulletin # 114 – April 2014

1. 2014 - 2015 CHDP Gateway Program Income Eligibility Guidelines. Please refer to page 1 of this Newsletter

2. New Aid Code for Enrolling CalFresh Eligible Parents in Medi-Cal.

Effective for dates of service on or after April 1, 2014, new aid code 7S will be used to enroll Cal-Fresh eligible parents 19 through 64 years of age into Medi-Cal through the Express Lane Enrollment project. The Express Lane Enrollment project streamlines enrollment into Medi-Cal by granting eligibility without submitting an application or a determination of eligibility for 12 months to Cal-Fresh eligible parents who are not blind or disabled, and who are not currently covered under Medi-Cal. Recipients will receive full-scope, no cost Medi-Cal benefits.

3. Toll-free Telephone Number for TAR Inquiries.

Effective for dates of service on or after April 1, 2014, providers in the Sacramento area should call the Telephone Service Center (TSC) toll-free at 1-800-541-5555 with all Treatment Authorization Request (TAR)-related inquiries. TSC operators will answer TAR-related inquiries previously directed to the Sacramento Medi-Cal Field Office or the Department of Health Care Services TAR Inquiries Line. Providers outside of the Sacramento area may continue to contact the appropriate Medi-Cal Field Office in addition to the TSC. Until October 1, 2014, providers may continue to call any of the previously listed TAR support telephone numbers and they will be automatically redirected to the TSC.

It is that time again...get ready for the back-to-school rush 2014!

Before you know it, the summer is in full gear & families go away for vacation.

- Get kids in for their checkups and shots especially for entry into kindergarten, 1st or 7th grade and transfers into schools. <http://www.healthiersf.org/Forms/documents/SchoolHealthForm2014-2015.pdf>
- Older kids may need a sports participation clearance <http://www.cisf.org/admin/forms/PreparticipationPhysical2.pdf> or camp form, remember to get their annual check ups too!
- Aim for required paperwork to be done by July 1st.

New this School Year: Immunization Waivers & Personal Belief Exemption Form

You may notice something different this year. Some families may come in asking you to sign an immunization waiver form. There is a new immunization waiver requirement due to AB2109 effective January 1, 2014.

Families who do not want their children to be immunized for school must submit a *Personal Belief Exemption (PBE)* form signed by a health provider for a child to start preschool or school (Kindergarten, 7th grade, or transfers). This form states that the family declines vaccines after having a discussion with you, as their provider, on the risks and benefits of immunizing their child. Signing the form does not indicate that you agree with their choice, only that you have had the conversation.

The California Department of Public Health provides additional information about school-entry vaccines, this new law and as well as access to the PBE form.

Personal Beliefs Exemption (AB2109) FAQ : <http://www.shotsforschool.org/pbe-faqs-2/>
PBE Form, available in 12 languages: <http://www.shotsforschool.org/immunizationlaws/>
Educational Tools for Parents and Providers: <http://eziz.org/resources/parented/>



**Consider making extra time on your schedules this summer and around the start of school, to get in new patients or last-minute requests - at least to get shots (or have the talk) so kids can go to school... and schedule those yearly check ups!*



MNIHA Code (Medically Necessary Interperiodic Health Assessment)

- CHDP will pay for the necessary checkup performed before the next regularly scheduled CHDP physical examinations for *sports or school entrance*.
- Provider to record the appropriate MNIHA code and document the preventative health services provided to the patient in the *Comments/ Problems* section on the PM160 form.
- Frequency of health assessments are limited for individuals who require more frequent visits because of unidentified condition, such as anemia, otitis media or asthma, are not benefits of the CHDP program.
- For more information, please contact your local CHDP provider relations nurse, Amy Au, PHN, at 415-575-5705.

Preventative Health Services	MNIHA code
Sport/Camp physical	1
Foster care/out of home placement	2
School/preschool exam	3
Additional anticipatory guidance	4
History of prenatal problems	5
Significant developmental disabilities	6
Completion of health assessment requirements	7



New CHDP Nutritionist – Teresa Chan, RD, MPH



Teresa Chan, the new Nutritionist to the CHDP team, is a San Francisco native. She is excited to serve the vulnerable population of her hometown through collaboration with CHDP providers around nutrition-related health issues. Teresa comes to CHDP from San Mateo County Health System but has also worked as a dietitian in a variety of settings in the public, private and non-profit sectors of the San Francisco Bay Area. She received her Bachelor of Science in nutrition from California Polytechnic State University, San Luis Obispo and Masters in Public Health from San Francisco State University.

Upcoming Events & Trainings



FREE

Colorful Oral Health Brochures
Call: 415-575-5719

Free CHDP Trainings can be scheduled and conducted at your clinic by licensed CHDP staff | members:

- PM 160 Training
- Oral Health Training
- Assessing Child Growth Using the Body Mass Index (BMI)-for-Age Growth Charts
- Counseling the Overweight Child
- For more information, contact: your CHDP nurse consultant, dental hygienist or nutritionist (listed on address page)

CHDP Fluoride Varnish Training



CHDP Oral Health Training offers “in-office”

- ◆ **Fluoride Varnish Application**
- ◆ Early Dental Assessment & Referral
- ◆ **FREE** Box of Fluoride Varnish (worth \$150)
- ◆ Call **575-5719** to schedule a **Free CHDP Oral Health** training for you and your staff





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default.aspx](http://www.dhcs.ca.gov/services/chdp/Pages/default.aspx)

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Vacant Nursing position