



# Substance Abuse Resources

*Primarily for Pregnant Women and Parents with Children*  
*San Francisco*  
*December 2014*

Prepared by the San Francisco Department of Public Health, Maternal and Child Health, Perinatal Services. Questions or changes? Call 415-575-5681.

To print, go to <http://www.sfdph.org/dph/comupg/oprograms/MCH/default.asp> Under Helpful Links click on MCAH Resources. Click on “Substance Abuse Resources in San Francisco Primarily for Pregnant Women and Parents with Children 2014.”

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**☎ Need referral help? Call the San Francisco Department of Public Health’s *Treatment Access Program at 1-800-750-2727.***

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\* All phone numbers in this directory are area code 415 unless otherwise noted.

\* All locations are in San Francisco unless otherwise noted.

## *Substance Abuse Referrals*

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<b>Deaf Community Counseling Services (DCCS)</b>	1500 Franklin St.	474-7310	<p>Substance abuse outpatient program for deaf and hard of hearing clients.</p> <p>Outpatient one on one counseling. Frequency depends on therapist and client. Referral and harm reduction services also offered.</p> <p>Clients can receive services up to 3 days a week.</p>	Need to be hearing impaired. Medi-Cal, Healthy Families accepted.	English, ASL	Call main number
<b>Drug Information Hotline</b>  (SF Suicide Prevention)	PO Box 191350 94119	362-3400 24 hours	<p>Telephone referrals, emotional support and intervention.</p> <p><a href="http://www.sfsuicide.org/">http://www.sfsuicide.org/</a></p>	Free. Open to all.	Telephone translation services offered in 100 different languages.	Emotional Support Line Trained Volunteer
<b>National Council on Alcoholism and Other Drug Addictions - Bay Area</b>	1170 Market St, 6 <sup>th</sup> Floor  Bus: any Market Street bus, Muni streetcar BART: Powell Street	296-9900  Mon-Fri 9am-4pm  Sat 9am-1pm	<p>Telephone and in-person consultations, assessments and referrals to treatment programs. Presentations and education for organizations. Video rental. First time DUI offender program. Project Choice Life Skills Program. Strengthening Families Program (SFP) evidence based parenting program.</p> <p><a href="http://www.nca-ba.org">http://www.nca-ba.org</a></p>	Open to all. Donations accepted. No one refused for inability to pay. DUI: Call for program fees.	English  For DUI program only: English, Cantonese, Mandarin, Vietnamese Korean and Russian	Pedro Torres, Program Director

## *Substance Abuse Referrals*

<b>Relapse Line</b>	PO Box 191350 94119	834-1144  24 hours	Relapse prevention support line, referrals for support services.  <a href="http://www.sfsuicide.org/">http://www.sfsuicide.org/</a>	Free. Open to all.	Telephone translation services offered in 100 different languages.	Emotional Support Line Trained Volunteer
<b>Treatment Access Program</b>  San Francisco Department of Public Health, Community Behavioral Health Services (CBHS)	1380 Howard Street, Suite 1000 94103  Bus: 9 San Bruno 12 Folsom-Pacific Ave 14 Mission Street 19 Polk Street 27 Bryant Street 47 Howard Street & 11th	(toll free) 1-800-750-2727  503-4730  Hours: Mon-Fri 8am-5pm	Assessment and placement for substance abuse treatment. No appointment necessary.  <a href="https://www.sfdph.org/dph/comupg/oservices/mentalHlth/TAP/TAPcontact.asp">https://www.sfdph.org/dph/comupg/oservices/mentalHlth/TAP/TAPcontact.asp</a>	Anyone with alcohol or drug problems. No fee. No insurance needed. Need to be a San Francisco resident.	English Spanish Cantonese Tagalog  Additional telephone translation services offered in different languages.	Walk-in or call main number
<b>UCSF Centralized Opiate Program Evaluation (COPE)</b>	1380 Howard Street, 2nd San Francisco, CA 94103  Bus: 9 San Bruno 12 Folsom-Pacific Ave 14 Mission Street 19 Polk Street 27 Bryant Street 47 Howard Street & 11th	552-6242  Mon-Fri 8:30am-5pm	The COPE service evaluates and links homeless (and marginally housed) opiate –dependent adults with City opiate treatment services, including methadone and buprenorphine treatment.	Anyone with alcohol or drug problems. No fee. No insurance needed. Need to be a San Francisco resident.	English Spanish Cantonese Tagalog  Additional telephone translation services offered in different languages.	Call main number

## *Outpatient Services*

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<b>Bayview-Hunters Point Foundation</b>	1625 Carroll Street (corner of Carroll Street and 3 <sup>rd</sup> Street) 94124  Bus: 29 Sunset Muni T Train	822-8200  Hours: Mon-Fri 6am-2pm  Weekend: Dosing only  Holidays: 6:15am-10am Dosing only	Outpatient methadone maintenance program, short term and long-term detoxification support services, individual counseling, AIDS Emotional Support Unit (AESU). No methadone treatment for pregnant women.	SF resident. 18 years and older. Sliding scale. Fee required.	English	Intake Office
<b>F.A.C.E.T. (Family Addiction Center for Education and Treatment)</b>	433 Turk Street 94102 (between Larkin & Hyde)  Bus: 19 Polk 38 Geary Civic Center Muni Station and BART	928-7800  Hours: Mon, Tues, Thurs, Fri 7am-3pm  Wed 7am-1pm	Methadone maintenance and counseling, medical assessments for mother and baby, group counseling, aftercare, childcare, prenatal care services, nutrition classes.  <a href="http://www.baartprograms.com">http://www.baartprograms.com</a>	Adult Primary Care Clinic. 18 years and older. Opiate-addicted pregnant or parenting women needing methadone or buprenorfin treatment. Will follow postpartum women for up to 2 years.  SF Health Plan, Healthy San Francisco, Medi-Cal, some uninsured.	English Spanish	Call main number

### *Outpatient Services*

<b>Iris Center</b>	12 Gough Street 94103  Bus: 14 Mission 49 Mission-Van Ness	864-2364  Hours: Mon-Fri 9am-5pm	Daily programs with individual and group counseling, case management, child care, recovery and parenting training. Urinalysis required. Abstinence and harm reduction tracks. HIV mental health services, HIV prevention, dual diagnosis program and women's mental health services. Families and individuals.	Women 18 years and older. Specialty services include lesbian, bisexual and transgender services. Medi-Cal accepted. Sliding scale.	English Spanish	Call Front Desk
<b>Lee Woodward Counseling Center</b>  (Asian American Recovery Services)	2166 Hayes Street Suite 303 94117 (Between Shrader and Cole Streets)  Bus: 1 California 5 Fulton 21 Hayes 33 Stanyan	776-1001  Intake: 541-9404  Fax: 876-6850 776-1066  Hours: Mon-Fri 9am-5pm	Individual and group counseling. Child care and day care therapy, parenting, drug and alcohol education. Dual diagnosis clients.	Chemically dependent women. 18 years and older. Medi-Cal. Sliding scale or free.	English Cantonese Mandarin Tagalog	Intake Case Manager
<b>Mission Council Family Day Treatment Program</b>	474 Valencia Street #115 94103 (between 15 <sup>th</sup> & 16 <sup>th</sup> )  Bus: 26 Valencia 14 Mission 22 Fillmore BART: 16 <sup>th</sup> Street Station	864-0554  Hours: Mon-Fri 10am-7pm  Sat 9am-4pm	6 month program providing day treatment.  Individual, family and group counseling. Substance abuse educational groups, life skills training, parenting, family systems, anger management, nutrition, case management, childcare, breakfast and lunch provided. Option of abstinence or harm reduction model.	Couples, single parents, dual parents, legal guardians, minor parents with substance abuse problems. Free.	Spanish	Call main number

## *Outpatient Services*

<p><b>OTOP (Opiate Treatment Outpatient Program/ Ward 93)</b></p>	<p>995 Potrero Ave, Building 90, 3<sup>rd</sup> Floor (Brick building on SFGH Campus) 94110</p>	<p>206-8412  Fax 206-6875  Hours: Mon-Fri 6:45am- 11am 12:30pm- 2pm  Sat-Sun 7:30am- 11am and 12:30pm- 2pm</p>	<p>Treatment of opiate dependence (heroin and other opiates) with methadone detoxification and maintenance. Integrated HIV care including on site psychiatric services, social work, and primary care.</p>	<p>Available to SF residents meeting SFGH eligibility requirements. No payment required for services. Focus on services for indigent and homeless patients. Priority for maintenance treatment based on medical and psychiatric severity. Medi-Cal patients accepted.</p>	<p>English Spanish Tagalog Russian Croatian</p>	<p>Bryan Jackson, Detoxification Program Coordinator, 206-4288 or 719-3730 (pager)</p>
<p><b>Citywide STOP (Stimulant Treatment Outpatient Program)</b></p> <p>(A program of Citywide Case Management)</p>	<p>982 Mission St. (between 5th and 6th St)</p> <p>Bus Lines: 5 Fulton 6 Parnassus 9 San Bruno 14 Mission 21 Hayes 26 Valencia 27 Bryant 31 Balboa 71 Haight Powell Muni/BART station.</p>	<p>STOP 597-8038, 597-8000, Fax 597-8004</p>	<p>Dual diagnosis outpatient substance abuse treatment program for clients of Citywide Case Management/ Community Focus (CW/CF), an intensive case management program. Services include group and individual or family addiction counseling for people with chronic mental health concerns. Includes trauma-informed, stage-based, motivational, and harm reduction approaches. Clinicians have training in both addictions and mental health treatment, and work in collaboration with other CW/CF staff who provide case management, psychotherapy, psychiatric medication management, drug testing, and vocational rehabilitation.</p>	<p>Enrolled as a client at Citywide Case Management or Community Focus. Payment: Medi-Cal, Healthy San Francisco, or standard county outpatient substance abuse sliding scale (UMDAP).</p>	<p>English</p>	<p>Client referral to Citywide STOP, contact client's Citywide/Community Focus Case Manager 597-8000.</p> <p>For other inquiries, contact Valerie Gruber, PhD, Program Director 206-3943.</p>

## *Outpatient Services*

<p><b>SAGE Project, Inc.</b></p> <p>(Standing Against Global Exploitation)</p>	<p>68 12<sup>th</sup> Street, 2<sup>nd</sup> Floor, Suite 200A</p> <p>Bus: 5 Fulton 6 Parnassus 14 Mission 21 Hayes 49 Van Ness/Mission 71 Haight/Noriega JKLMN MUNI cars BART: Civic Center</p>	<p>905-5050</p> <p>Hours: Mon-Fri 9am-5pm</p>	<p>Trauma recovery services, substance abuse treatment, referrals, acupuncture, health education, mental health services. Group support and individual case management.</p> <p>Women's Drop-in screenings daily 9:30am -12pm.</p> <p><a href="http://www.sagesf.org/">www.sagesf.org/</a></p>	<p>Adults and youth, women, transgender, survivors of addiction, trauma, commercial sexual exploitation.</p>	<p>English Spanish Russian</p>	<p>Call main number</p>
<p><b>Walden House/Haight-Ashbury Free Clinic</b></p> <p>(Multi-Services)</p>	<p>1735 Mission Street 94103</p> <p>Bus: 14 Mission 22 Fillmore BART: 16th Street Station</p>	<p>934-3450</p> <p>Hours: Mon-Fri 8:30am - 5pm</p>	<p>Outpatient day treatment (daily program. 90 days +). For HIV positive clients there is either a 45 day or a 6 month program. Individual and group counseling. Case management. Relapse prevention, HIV education, anger management, parenting classes and groups/harm reduction model. Meals provided.</p> <p><a href="http://www.waldenhouse.org">http://www.waldenhouse.org</a></p>	<p>SF residents only. Women and men 18 years and older or emancipated. Sliding scale.</p>	<p>English</p>	<p>Steve Maddox, Admissions Director</p>
<p><b>Westside Community Services Methadone Clinic</b></p>	<p>1301 Pierce St 94115</p> <p>Bus: 31 Eddy 38 Geary</p>	<p>563-8200</p> <p>Mon-Fri 7-10:45am &amp; 12-1:45pm Sat, Sun &amp; holidays 8am-11am</p>	<p>Methadone maintenance, detoxification, substance abuse.</p> <p><a href="http://www.westside-health.org">http://www.westside-health.org</a></p>	<p>Adults. 18 years or older</p> <p>Medi-Cal Sliding scale</p>	<p>English Spanish Russian Tagalog</p>	<p>Intake Counselor</p>



<b>Residential Treatment</b>						
<b>Name</b>	<b>Address Bus Lines</b>	<b>Phone</b>	<b>Services</b>	<b>Eligibility</b>	<b>Languages</b>	<b>Contact</b>
<b>Ashbury House</b>  (Progress Foundation)	212 Ashbury Street 94117 (between Hayes Street and Fell Street)  Bus: 21 Hayes 71 Haight-Noriega	775-6194 24 hours  Fax 775-1120	Residential treatment program for dual diagnosed mothers. Up to 12 month stay. Meals, toiletries, diapers, and clothing provided. On-site psychiatrist and nurse practitioner, 24-hour counseling and advocacy, independent living skills program Medi-Cal day treatment program, weekly parenting workshops.	Single parent and pregnant women, ages 18-59 years. Dual diagnosis. Child Protective Services (CPS) case must be open. SF resident.  Medi-Cal All entitlements of check minus \$125 for one child, and \$150 two children	English Spanish Mandarin	Alisa Birgy, Program Director  Kathy Brady, Assistant Program Director
<b>Aviva House</b>  (Latino Commission)	1724 Bryant Street  Bus: 22 Fillmore 33 Stanyan 27 Bryant 9 Potrero 292 Potrero	558-9125 Staffed 24 hours	Bilingual/bicultural (Latino) residential treatment. Culturally proficient, reaffirmation treatment providing individual, group, and family counseling. Program includes parenting classes, life skills training, family reunification, substance abuse treatment, and employment readiness to reintegrate back into the community.	Pregnant women and women over the age of 18 with one child under the age of 5.	English Spanish	Maria Guerrero, Main Counselor  Marivel Leiva, Program Manager
<b>Baker Places</b>  (Joe Healy Medical Assisted Detox )	120 Page Street @ Gough 2nd-3rd floors  Bus: 14Mission 9 San Bruno 47 Van Ness 19 Polk 12 Folsom 27 Bryant	864-1515	Medically assisted detox provides 24/7 on-site medical coverage in a community-based, non hospital residential setting for detoxification from alcohol and other drugs. Duration of stay is 7-21 days. Clients in reasonably good health needing assistance with drug and alcohol withdrawal are appropriate for these services.	Anyone with alcohol or drug problems. No fee. No insurance needed. Need to be a San Francisco resident	English Spanish  Additional telephone translation services offered in different languages.	Intake 336-8672 cell Bob 864-4965

## *Residential Treatment*

<p><b>Casa Maria</b>  (Latino Commission)</p>	<p>105 McLain Road Brisbane, CA 94005</p> <p>Bus: Samtrans 292 San Francisco – SF Airport – Hillsdale S.C.</p>	<p>General Public: (650) 244-1444</p> <p>Mon-Fri 8am-6pm Closed 12pm-1pm</p>	<p>Bilingual/bicultural (Latino) residential treatment. Culturally proficient, reaffirmation treatment providing individual, group, and family counseling. Program includes parenting classes, life skills training, family reunification, substance abuse treatment, and employment readiness to reintegrate back into the community. Women pregnant or women with young child.</p>	<p>Any woman or transgender adult with a substance abuse issue. Pregnant women, or women with young child under the age of 5yrs.</p>	<p>English Spanish</p>	<p>Camillo Gonzalez, Intake Coordinator</p>
<p><b>Epiphany Center for Families in Recovery</b></p>	<p>100 Masonic Ave.</p> <p>Bus: 31 Balboa 38 Geary 43 Masonic</p>	<p>567-8370 #4241 #4212</p> <p>Mon-Fri 9am-5pm (Intake Weds)</p>	<p>6 - 12 month stay. Maximum 12 months.</p> <p>Individual and group counseling, family psychotherapy, life skills, health education, HIV/AIDS education, case management, childcare and parenting classes.</p> <p>Full pediatric clinic.</p> <p>Fee – 60% of monthly income (40% goes into an incentive program returned to client if she stays 6 months).</p> <p><a href="http://www.msjse.org">http://www.msjse.org</a></p>	<p>Single women (18 years and older) with or without children (0-2 years).</p> <p>Epiphany Residential – 24 hours clean.</p>	<p>English Spanish</p>	<p>Residential Intake Case Manager</p> <p>Karen Banks</p> <p>Suzanne Tavaoinsky</p>
<p><b>The Family Program</b>  (Jelani, Inc.)</p>	<p>1638 Kirkwood Avenue 94124 (off Third Street)</p> <p>Bus: Muni T Line</p>	<p>970-0438 24 hours</p>	<p>Six–nine month residential treatment. Individual group and family counseling. Life skills and job retention training. Parenting, relapse prevention, seeking safety, aftercare, domestic violence education and anger management. Mental health services available. Special services for children, including childcare.</p>	<p>Substance abusing couples 18 years or older and single men with children. Do not need to have children with them.</p>	<p>English</p>	<p>Norman Mathis, Intake Coordinator 822-5945</p>

## *Residential Treatment*

<p><b>Jelani House</b>  (Jelani Inc.)</p>	<p>1601 Quesada 94124 (at Lane)</p> <p>Bus: 24 Divisadero 54 Felton T Third Line</p>	<p>822-5977</p>	<p>Long-term perinatal residential facility, 6-9 months stay. Parenting, life skills, medical, counseling. Substance abuse, domestic violence and mental health services.</p>	<p>Prenatal and postpartum women with children up to 5 years old. Pre-school on site. SF Bay Area resident seeking safety program. Childcare.</p>	<p>English</p>	<p>Norman Mathis, Intake Coordinator 822-5945</p>
<p><b>Walden House/ Haight- Ashbury Free Clinic</b> (Health RIGHT 360)</p> <p>Intake and Residential, Detox, BASN, Drug Court &amp; Satellite (2 locations)</p>	<p>Intake: 1735 Mission Street or 558 Clayton Street</p> <p>Bus: 14 Mission 22 Fillmore BART: 16<sup>th</sup> Street Station</p>	<p>Intake: 226-1775</p> <p>Hours: Mon-Sat 8:30am- 5pm</p>	<p>6 month program.</p> <p>Individual and group counseling. Parenting classes, groups and outings. Relapse prevention, anger management, GED prep and CalWorks classes.</p> <p>Special services for HIV+ patients. 45 day or 6 month program. Mental health services.</p> <p>Residential: Walden House Adult residential is for adult poly substance abusers who live in San Francisco. The following services are available to clients: room and board, individual and group substance counseling, supervision of compliance to prescribed medications, psychiatric evaluations, and treatment services, case management</p> <p><a href="http://www.waldenhouse.org/">http://www.waldenhouse.org/</a></p>	<p>Men and women 18 years and older. San Francisco residents only.</p> <p>Will accept pregnant women and methadone users on individual basis. Anyone with alcohol or drug problems. No fee. No insurance needed.</p>	<p>Intake English Spanish</p> <p>Residential English</p>	<p>Intake</p> <p>Steve Maddox, Admissions Director</p>

## *Transitional Housing*

Clients are generally referred to transitional housing after receiving case management or treatment services from substance abuse providers. Residences can last up to two years and includes program fees (30% of individual or family income is the standard).

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<b>Cameo House Program</b>	424 Guerrero Street, 94110 (at 16 <sup>th</sup> Street)  Bus: 22 Fillmore 26 Valencia 14 Mission 47 Van Ness 49 Mission-Van Ness BART: 16 <sup>th</sup> Street Station	703-0600 24 hours	Up to 12 month stay. Weekly case management. Counseling services. Child reunification. Treatment plans. Transition plans.  Groups 4 days a week include: Substance abuse, peer support groups, money management, parenting, relapse prevention, relationships, self-esteem, independent living skills, job placement.	Female ex-offender who is pregnant or with up to two children from 0-6 years old. Homeless.  Fee – Sliding scale, 30% of monthly income.	English	Call main number
<b>Compass Clara House</b>  (Compass Community Services)	111 Page Street 94102 (between Gough Street and Octavia Street)  Bus: 6 Parnassus 7 Haight 71 Haight-Noriega Muni: J,K,L,M F Trolley	644-0504 ext 5104  Hours: Mon-Fri 7am-6pm	Up to 24 month stay. Licensed childcare & after-school program on-site. Counseling and workshops include group, individual, and family psychotherapy, children’s play therapy, peer support groups, weekly substance abuse counseling group, case management, life skills, nutrition/health education, weekly education/employment coordination, monthly education and employment group, housing search assistance, parenting support, GED preparation, links to college courses. Wheelchair accessible.  <a href="http://www.compass-sf.org/">http://www.compass-sf.org/</a>	Families with children, pregnant women in 3 <sup>rd</sup> trimester. 18 years and older or emancipated minor. Six months sobriety and in recovery program. Homeless. Social service agency referral only. Fee - 30% of monthly income (plus additional 20% for savings program).	English Spanish (limited) Chinese (limited)  Interpreter available.	Brad Harms, Intake Coordinator 644-0504 ext 5104

## *Transitional Housing*

<p><b>Dream House</b></p> <p>(Jewish Family and Children's Services)</p> <p><i>*This facility is a safe house for survivors of domestic violence.</i></p>	<p>JFCS Main Office: 2150 Post Street 94115 (between Scott Street and Pierce Street)</p> <p>Bus: 2 Clement 3 Jackson 4 Sutter 38 Geary</p>	<p>449-1243</p> <p>Hours: Mon, Tues, Thurs, Fri 9am-5pm</p>	<p>Up to 12 month stay. Comprehensive services including case management, counseling and parenting skills. Weekly support groups and art activities and play groups for children.</p> <p><a href="http://www.jfcs.org/">www.jfcs.org/</a> Search: Dream House</p>	<p>Single parent and pregnant women who are domestic violence survivors. 18 years &amp; older. Six months sobriety and no longer requiring substance abuse treatment. Homeless. Fee -\$350 a month (\$210 program fees and \$140 savings to client they receive upon exit).</p>	<p>English</p>	<p>Sarah Mark, Case Manager</p>
<p><b>Hamilton Family Center's Transitional Housing Program</b></p>	<p>1631 Hayes Street 94117 (between Central Street and Lyon Street)</p> <p>Bus: 5 Fulton 21 Hayes 24 Divisadero 43 Masonic</p>	<p>409-2100 24 hours</p>	<p>Up to 18 month stay. Case management, counseling, educational and recreational programs for children, housing referral, advocacy, and financial assistance. Wheelchair accessible.</p> <p><a href="http://www.hamiltonfamilycenter.org">http://www.hamiltonfamilycenter.org</a></p>	<p>Homeless families with children, pregnant women. 18 years and older. Parents must have custody of children. Case-by-case sobriety requirement. Agency referral only. Fee - 30% of monthly income (plus additional 20% for savings program).</p>	<p>English Spanish</p>	<p>Contact front desk 409-2100 ext. 0</p>

### *Transitional Housing*

<b>Harbor House</b>  (Salvation Army)	407 9th Street 94103 (at Harrison Street)  Bus: 19 Polk 27 Bryant 47 Van Ness	503-3029 24 hours	On-site state licensed secondary substance abuse treatment program available. Must already be 6 months sober. Up to 24 months stay. Licensed childcare on site.  Work force services and recovery.  Can help a single parent fighting for custody. Will do interviews in prison.  Employment and educational training and referrals. Wheelchair accessible.  <a href="http://www.harborhousesf.org">http://www.harborhousesf.org</a>	Homeless families with children 17 or younger. Pregnant women. Male or female single parents with or without custody. Six months sobriety. Agency referral only.  Fee - 30% of monthly income. (10% being saved for client) If they do not have an income, there will be no fee.	English	Call main number
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### *Self-Help Organizations*

Name	Address Bus Lines	Phone	Services	Eligibility	Languages	Contact
<b>Al-Anon/Alateen</b>	Administrative Office (Flood Building) 870 Market Street Suite 318 94102	Main number 834-9940  Spanish (650) 794-9654	Self-help program for relatives and friends of problem drinkers. Some meetings especially for teens, others for adult children of alcoholics. Some groups have childcare. Approximately 30 meetings a week in different locations throughout San Francisco. Do not need to sign-up, just drop-in.  <a href="http://www.al-anonsf.org">http://www.al-anonsf.org</a>	Free.	English Spanish	Call office voicemail to receive contacts or to get meeting schedule.

## Self-Help Organizations

<b>Alcoholics Anonymous (AA)</b>	1821 Sacramento 94109 (at Van Ness)  Bus: 1 California, 19 Polk 27 Bryant 47 Van Ness 49 Mission/Van Ness  California Street Cable Car	English 24 hours 674-1821  Spanish 24 hours 824-1834  Office Hours: Mon-Fri 10am-6pm Except holidays Saturdays 10-2pm.	Mutual-help program for alcoholics. Contact for group locations and times. Some groups specifically for women, men, transgender, gay and lesbian. One meeting location has childcare.  Over 500 meetings a week offered. Information on AA programs for San Francisco and Marin counties.  <a href="http://www.aasf.org/">http://www.aasf.org/</a>	People who think they have an alcohol problem and a desire to stop drinking. Free.	English Spanish  Have literature in a variety of languages.	Call main number
<b>Cocaine Anonymous (CA)</b>		226-1300	Self-help program for drug abusers and all other mind-altering substances. 12 Step program. Meetings at various locations. Call for group locations and times.  <a href="http://www.norcalca.com/">http://www.norcalca.com/</a>	Desire to stop using cocaine and all mind-altering drugs. Free.	English Spanish Chinese	Call phone number for information and contact person.
<b>Narcotics Anonymous (NA)</b>	Mailing Address: 1290 Filmore Street #13 San Francisco, CA 94115	24 hour helpline 621-8600  Office: Saturday 12pm-4pm	Mutual-help program for substance abusers. Some groups specifically for women, transgender, gay and lesbian. Children welcome at most groups.  <a href="http://www.sfna.org">http://www.sfna.org</a>	Desire to stop all mood-altering drugs. Free.	English Spanish	Call helpline to talk to a volunteer or get schedule of meetings and other activities (dances, retreats, etc.).
<b>Nar-Anon</b>	No office just different meeting locations  <a href="mailto:sf.naranon@gmail.com">sf.naranon@gmail.com</a>	625-3241	Self-help program for anyone whose life is affected by someone else's chemical dependency. Meetings and in-home support by telephone available.  <a href="http://www.sf-naranon.org">http://www.sf-naranon.org</a>	Free.	English	Volunteers

<b>Self-Help Organizations</b>						
<b>Mission Council on Alcohol Abuse for the Spanish Speaking Population</b>	154-A Capp	826-6767	Drug and alcohol counseling for those mandated by the court. Facilitate groups that would like to hold AA meetings. Counselors are bicultural and bilingual.	Anyone in need of help with alcohol or drugs & mandated by the court.	English Spanish	Mr. Roberto Alfaro
<b>SMART Recovery Self Management And Recovery Training</b>	St Francis Hospital 900 Hyde, 2 <sup>nd</sup> Floor Hoffman Room/ Weyerhaeuser Room 94109  Bus: 2 Clement, 3 Jackson 4 Sutter 27 Bryant	673-2848	Self help group meetings for those addicted. An alternative to the 12 step approach. Meets every Mon, Wednesday, and Friday from 7pm – 8:30pm including holidays. No meetings on the 4 <sup>th</sup> Mondays and Fridays in the months of January, April, July and October. Also, no meeting on the 1 <sup>st</sup> Wednesday of December. Meetings will take place in either the Hoffman Room or the Weyerhaeuser Room.  <a href="http://www.threeminutetherapy.com/">www.threeminutetherapy.com/</a>	Open to all. Free.	English	Dr. Michael Edelstein

<b>Parent-Child Services</b>						
<b>Name</b>	<b>Address Bus Lines</b>	<b>Phone</b>	<b>Services</b>	<b>Eligibility</b>	<b>Languages</b>	<b>Contact</b>
<b>Public Health Nursing</b>  (SF Department of Public Health)		1-800-300-9950  Hours: Mon-Fri 8am-5pm	Home visits. Ongoing assessments and interventions to improve disabling conditions and prevent complications.	San Francisco residents.	English, Spanish, Cantonese, Mandarin.  Interpreter services available.	Call main number



***Parent-Child Services***

<p><b>APA Family Support Services</b></p> <p>(formerly Asian Perinatal Advocates)</p>	<p>10 Nottingham Place San Francisco, CA 94133</p>	<p>617-0061</p> <p>Hours: Mon-Fri 8:30am-5pm</p> <p>Sat 9am-5pm (some programs &amp; counseling by appointment only)</p>	<p>Bilingual/bicultural home visits by paraprofessional family visitors providing in-home support, counseling, case management, health education and referrals.</p> <p><a href="http://www.apafss.org">http://www.apafss.org</a></p>	<p>At-risk family with children 0-14 years. San Francisco residents. Free and sliding scale.</p>	<p>English Cantonese Mandarin Vietnamese Cambodian Tagalog Thai Laotian Samoan</p>	<p>Call main number</p>
<p><b>Epiphany In-Home Services</b></p> <p>(Mt. St. Joseph's – St. Elizabeth's)</p>	<p>100 Masonic 94118 (at O'Farrell)</p> <p>Bus: 31 Balboa 38 Geary 43 Masonic</p>	<p>567-8370 #4222</p>	<p>Evidence based parent education program for parents with children 0-8 years. Safe-care parenting education program.</p> <p><a href="http://www.theepiphanycenter.org/how-we-help/in-home-services/">http://www.theepiphanycenter.org/how-we-help/in-home-services/</a></p>	<p>Families at risk of out-of-home placement of child 0-8 years.</p>	<p>English Spanish Mandarin Cantonese</p>	<p>Deborah White, Program Coordinator</p>
<p><b>Family Developmental Center</b></p> <p>(Family Service Agency)</p>	<p>2730 Bryant 94110 (btw 25<sup>th</sup> &amp; 26th Street)</p> <p>Bus: 9 San Bruno 9 Limited 27 Bryant 48 24<sup>th</sup> Street</p>	<p>282-1090</p> <p>Hours: Mon-Fri 7:30am-4:30pm</p>	<p>Developmental childcare provided for high risk, low income and special needs children. Special needs children are mainstreamed throughout. Center nurse, physical therapist, speech-language therapist, mental health therapist provides onsite services to children. Individual/family counseling.</p> <p><a href="http://www.felton.org">http://www.felton.org</a></p>	<p>Low income families with children 0-5 years. Preschool offered for 3 1/2–5 years.</p> <p>Priority given to CPS, teen parents in high school/training program.</p>	<p>English Spanish Tagalog</p>	<p>Call main number</p>

## *Parent-Child Services*

<b>Golden Gate Regional Center (GGRC) Early Start Program</b>	1355 Market St., Suite 220  Bus: Any Market Street bus BART: Civic Center Station	546-9222  Hours: Mon-Fri 8am-5pm	Development Assessment, follow up and provision of early intervention service and service coordination for children who indicate developmental delays, a high risk for developmental disabilities; or have a diagnosed developmental disability that is expected to continue indefinitely.  <a href="http://www.ggrc.org/">http://www.ggrc.org/</a>	Children birth to 3 years with combination perinatal risk factors, including substance exposure, combination of two or more biomedical risk factors, established risk condition or development delay.	English Spanish Chinese  Call to arrange for other languages.	Dominique Gallagher, Intake & Assessment Supervisor  Intake Number 1-888-339-3306
<b>Grandparents Who Care Kinship Support Network</b>	1801 Vicente Street 94116 (between 28 <sup>th</sup> & 30 <sup>th</sup> Ave)  Bus: 29 Sunset/Vicente 66 30 <sup>th</sup> (9 <sup>th</sup> & Judah) L Taravel	681-3211  Hours: Mon-Fri 9am-5pm	Case management, information/referral, support groups, health education for grandparents and relatives raising their families' children.  <a href="http://www.edgewood.org">http://www.edgewood.org</a>	Relative caregivers.	English Spanish Cantonese Mandarin	Call main number
<b>Homeless Prenatal Program</b>	2500 18 <sup>th</sup> Street 94110 (at Potrero)  Bus: 9 San Bruno 33 Stanyan  BART: 16 Street and take the bus #22 or #33	546-6756 Fax 546-6778  Hours: Mon- Thurs: 9am-5pm Fri 9am-4pm Closed on first Friday of month.	Referrals for prenatal care. Referrals to housing, drug treatment and substance abuse support group. Client advocacy, support groups with childcare, counseling, ESL, computer classes, NA meetings, and parenting classes. New Beginnings is a program that provides additional support for pregnant women who are substance abusers.  <a href="http://www.homelessprenatal.org">http://www.homelessprenatal.org</a>	Serving primarily families with children less than 17 years of age to get their lives back in order, case management, support groups, and prenatal classes.	English Spanish	Call front desk  Nancy Frappier, Wellness Center and New Beginnings Coordinator

## *Parent-Child Services*

<b>Infant-Parent Program</b>	2550 23 <sup>rd</sup> Street at SFGH Building 5 in 6B  Bus: 9 San Bruno 10 Townsend 19 Polk 33 Stanyan 48 Quintara-24th Street	206-5270  Hours: Mon-Fri 8am-5pm	Outpatient mental health services focused on difficulties in the relationship between parents and children under 3 years. Home visits.  <a href="http://psych.ucsf.edu/sfgh/ipp">http://psych.ucsf.edu/sfgh/ipp</a>	Residents of SF Medi-Cal, Healthy San Francisco, Healthy Families, accepted or families without insurance. Eligibility varies case by case; someone without immigration papers may be eligible.	English Spanish Cantonese Mandarin	Call main number
<b>Kalmanovitz Child Development Center Parent-Infant Program</b>  (California Pacific Medical Center)	1625 Van Ness, 3 <sup>rd</sup> floor 94109 (at California St)  Bus: Any Van Ness bus	600-6200  Hours: Mon-Fri 8:30am-5pm	Weekly toddler and baby classes with parents. Home and individual sessions with multidisciplinary staff, support group for families of children with developmental delays.  <a href="http://www.cpmc.org/advanced/pediatrics/services/child_development.html">http://www.cpmc.org/advanced/pediatrics/services/child_development.html</a>	0-3 years with delays or at risk for developmental delays.	English Spanish Cantonese	Stephanie Collins, Parent-Infant Program Provider 600-6272
<b>Parent Training Institute</b>	1380 Howard Street, 5th Floor 94103  Bus: 9 San Bruno 12 Folsom-Pacific Ave 14 Mission Street 19 Polk Street 27 Bryant Street 47 Howard Street & 11th	255-3412  Hours: Mon-Fri 8:30am-5pm	The Parent Training Institute (PTI) provides technical assistance and implementation support to community-based agencies running evidence-based parenting programs. The PTI does not provide direct services, but families can find the dates and locations of upcoming parenting classes on the PTI website. All PTI-sponsored parenting programs are approved by HAS.  <a href="http://www.pti-sf.org">http://www.pti-sf.org</a>	Triple P Parenting: caregivers of children ages 2-12 & Teens Incredible Years: Caregivers of children 3-10.	Classes are held in: English Spanish Cantonese Mandarin Vietnamese Japanese	Stephanie Romney  stephanie.romney@sfdph.org  255-3412

## *Parent-Child Services*

<p><b>TALK Line Family Support Center</b></p> <p>(San Francisco Child Abuse Prevention Center)</p>	<p>1757 Waller Street 94117 (between Stanyan and Shrader)</p> <p>Bus: 6 Parnassus 7 Haight 33 Stanyan 43 Masonic 71 Haight-Noriega N Judah</p>	<p>24 hour Hotline (Safe Start) 441-KIDS or 441-5437</p> <p>Main line 668-0494</p>	<p>24-hour parental stress line (TALK Line). Emergency respite care, single parent network, drop-in center with therapeutic child care (Mon-Thurs 9am-2pm and Mon evening 5pm-7pm). Crisis counseling, short-term and long-term therapy. Parent education and support groups, job assistance and individual support for working parents. AA and NA groups with childcare. Individual counseling and groups for parents in recovery. Childcare provided for all groups.</p> <p>Call for an updated schedule.</p> <p><a href="http://www.sfcapc.org">http://www.sfcapc.org</a></p>	<p>Any parent or caretaker of minor child.</p> <p>For SafeStart services, kids 0- 6 years old who have been exposed to violence.</p>	<p>English Limited Spanish and Cantonese</p>	<p>Call main TALK line number</p> <p>Jacky Bloom, Family Support Center Director</p> <p>Daniel Sapoznick, TALK Line Director</p>
<p><b>TAPP</b></p> <p>(Teenage Pregnancy and Parenting Program)</p>	<p>2730 Bryant, 2<sup>nd</sup> Floor 94110 (near 25th Street)</p> <p>Bus: 9 San Bruno 14 Mission 27 Bryant 48 24<sup>th</sup> St./Quintara</p>	<p>282-1090</p> <p>Hours: Mon-Fri 8:30am- 5pm</p>	<p>Comprehensive case management providing health, education and support services. On site services include mental health therapists, domestic/relationship violence counseling, child development services, nutritional counseling, academic counseling/GED preparation, and vocational services.</p> <p><a href="http://www.felton.org">http://www.felton.org</a></p>	<p>Pregnant and parenting young women up to 18 years old can receive one-on-one counseling. Women up to 24 years old can go to the resource center to receive peer counseling and group sessions. Residents of SF.</p>	<p>English Spanish</p>	<p>Call main number</p>

### ***Parent-Child Services***

<b>A Woman's Place Drop-in Center</b>  (CATS)	211 13 <sup>th</sup> Street 94102  Bus: 14 Mission 49 Mission	293-7360 24 hours 420-1420	Case management, information and referral, crisis intervention, drop-in support groups. Drop-in 24 hours daily, seven days a week. Family interventions.  <a href="http://www.catsinc.org/">http://www.catsinc.org/</a>	Single adult women and families. Transgender male identifying as female.	English Spanish	Call main number for Case Manager
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### ***Information and Referral Lines***

<b>HELPLINK 211-San Francisco</b>  (United Way of the Bay Area)	211 – Main line (800) 273-6222  24 hours/ 7 days a week	Confidential information and referral services to community resources.  <a href="http://www.211sf.org">http://www.211sf.org</a>	Serves anyone. Free and confidential.	English Spanish  Interpreters for over 150 languages	Call main number
<b>Maternal and Child Health Referral Line</b>  (SF Department of Public Health)	1-800-300-9950  Hours: Mon-Fri 8am-5pm	Referrals for health care for women, children and youth including family planning, pregnancy testing, prenatal care, breast and cervical cancer screening, dental care, children's exams and immunizations, WIC, and tobacco cessation programs. Public Health Nurse referrals taken.  <a href="http://www.sfdph.org/dph/comupg/oprograms/MCH/default.asp">http://www.sfdph.org/dph/comupg/oprograms/MCH/default.asp</a>	Serves women, children and youth residing in San Francisco.  Free.	English Spanish Cantonese Mandarin	Call main number

### ***Community Behavioral Health Services Organization Provider Manual***

**2014 Community Behavioral Health Services Organizational Provider Manual – San Francisco Department of Public Health**

<https://www.sfdph.org/dph/files/CBHSdocs/CBHSPProviderManual-2014.pdf>

