

Department of Aging & Adult Services
(DAAS) Programs and Sugary Drinks
Distributor Tax (SDDT) Funding
June 19, 2019

DAAS Mission Statement

The Department of Aging and Adult Services supports the well-being, safety, and independence of adults with disabilities, older people, and veterans.

Office on the Aging (OOA)

- Unit within the larger DAAS, received and implemented SDDT funds
- Manages services provided via contract with non-profit organizations that support older adults and adults with disabilities to live safely and engaged in the community (such as meal and grocery programs, community service centers, health promotion, and case management)
- Primary Functions
 - Develop program design and scope of services to meet population needs
 - Monitor contracts and provide assistance to non-profit organizations to reach service targets and outcome measures

Office on the Aging cont'd

- All services must be targeted for one or more of the following populations:
 - Low Income
 - Limited English Proficiency
 - Minority
 - Frail
 - Member of LGBTQ+ Community
- Each year:
 - 36,500+ unduplicated clients served across 76,000+ service enrollments
 - 50+ service provider agencies offering 40+ services

SDDT Funding – Thank you!

Home Delivered Meals	Human Services Agency	Increased funding for nutritional supports for low-income, disabled, and senior residents	500,000	Approximately 203K additional home delivered meals on annual basis, for 525 clients <i>(this info represents impact for all \$977k funding to HSA for home delivered meals – see below in healthy addbacks)</i>
Congregate Meal Program	Human Services Agency	Congregate Meal Program A	75,000	48K additional congregate meals served on annual basis –combined results with those immediately below
Congregate Meal Program	Human Services Agency	Congregate Meal Program B	75,000	48K additional congregate meals served on annual basis - combined results with those immediately above
Senior Fitness	Human Services Agency	Senior fitness programming at IT Bookman and George Davis	200,000	Senior fitness programs: nearly 900 unduplicated clients at the centers (not specific to senior fitness participants.
Upgrading services for a food pantry in Ingleside/Ocean Avenue	Human Services Agency - DAS	Renovation and upgrades for a food pantry that serves residents on Ocean Avenue and Ingleside neighborhood	25,000	1200 additional food bags for clients through expansion of food pantry services
Food Security - Home-Delivered Meals (HDM)	Human Services Agency	Address current waitlist: Delivery of nutritious meals, a daily safety-check/friendly interaction to homebound seniors/adults with disabilities who cannot shop or prepare meals themselves. Many providers offer home assessments/ nutrition education/counseling.	477,000	Approximately 203K additional home delivered meals on annual basis, for 525 clients (this info represents impact for all \$977k funding to HSA for home delivered meals – see above SDDT-revenue table)
Food Security - Congregate Lunch Meals	Human Services Agency	Address current waitlist: Daily, hot, nutritious meals for seniors/adults with disabilities	220,000	<ul style="list-style-type: none"> 48K additional congregate meals served on annual basis, combined with other SDDT congregate meal funding

Home Delivered Meals

- Meals for persons who are homebound because of illness, incapacitating disability, isolation, or lack of a support network. In addition to ongoing service, the program provides emergency service for those in immediate need and transitional care service for persons discharged from the hospital.
- SDDT Funding supports 525 consumers and approximately 203,000 home delivered meals annually

Home Delivered Meals Cont'd

- Annual service level (17/18): over 5500 clients, over 2.2 million home delivered meals
- Waitlist status, 6 month average including May 2019 data: 111 clients on waitlist, 41 day median wait time
- Program outcomes via client surveys:
 - 93% of surveyed clients felt the program was beneficial to them
 - >82% report eat more fruits and vegetables as a result of program participation
 - >76% report live more independently at home

Congregate Meals

- Meals provided in a group setting – typically co-located with Community Services. In addition to meals, this service includes nutrition education.
- 45+ DAAS funded Congregate Meal sites in the City
- SDDT funding supports approx. 48,000 congregated meals annually (program wide is approx. 985,000 meals per year for 16,500 clients)
- Program Outcomes via client surveys:
 - >90% report that they eat more fruits and veggies as a result of participation in congregated meal program
 - >90% report the program is beneficial to them

Community Services - Senior Fitness

- Community Services are services that maintain or improve quality of life such as health maintenance (exercise), education, translation, and services that protect elder rights, promote socialization/participation, and assure access and coordination. Community Services are provided in senior centers or activity centers throughout the city.
- SDDT funding supported Senior Fitness programs at Dr. George Davis Center (Bayview) and IT Bookman (OMI)
- Dr. George Davis Center – 703 clients so far this fiscal year
- IT Bookman – 165 clients so far this fiscal year

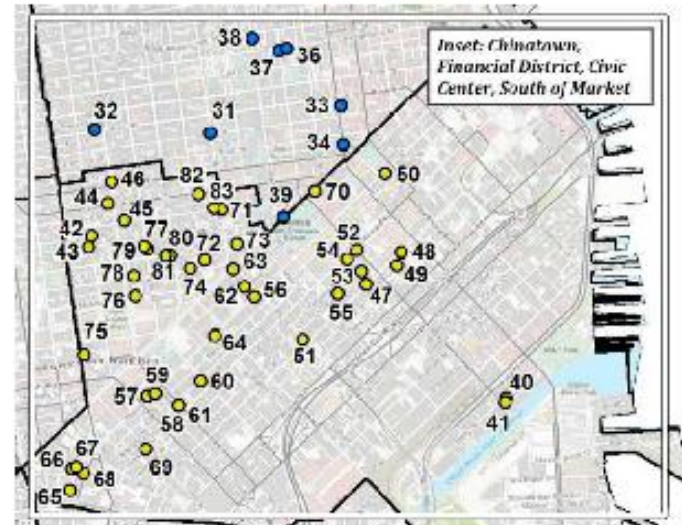
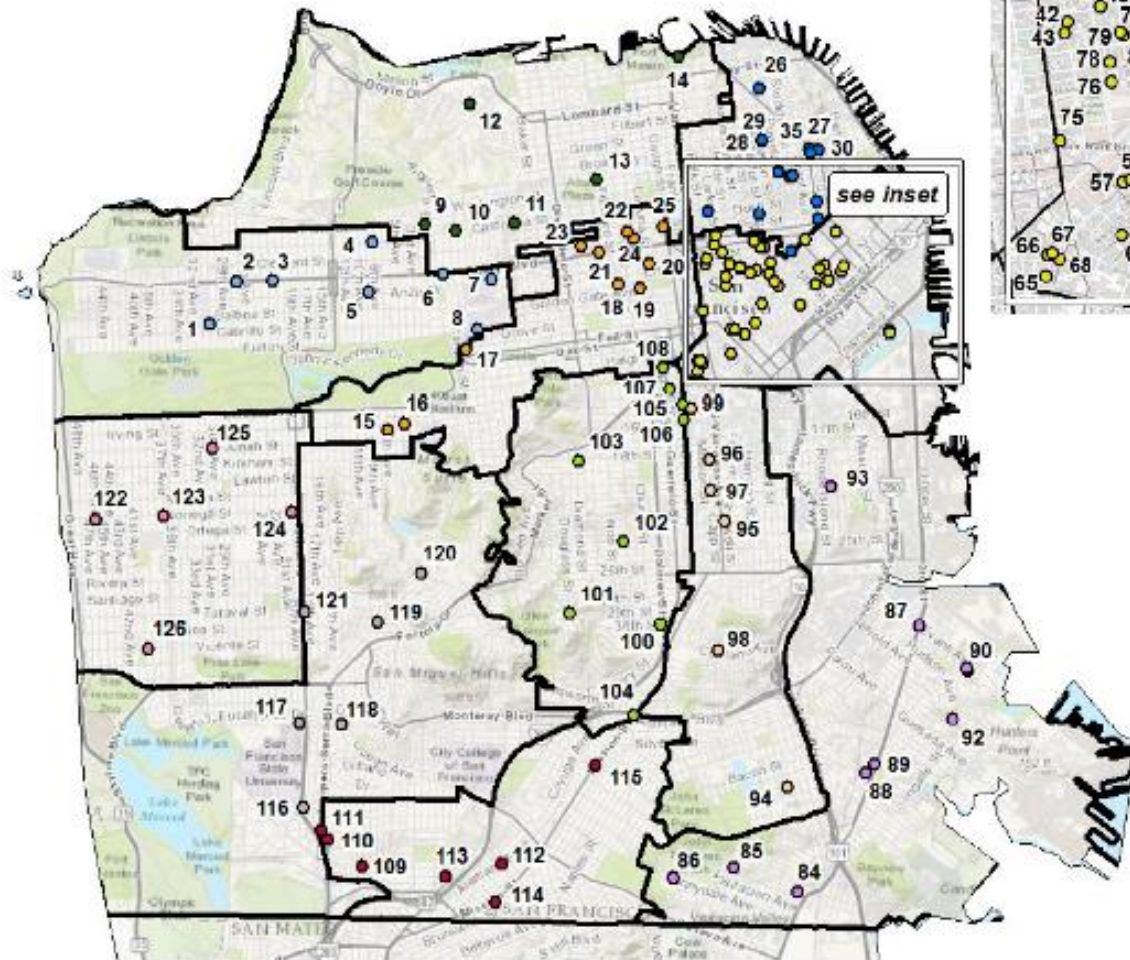
Senior Fitness

- Programs supported include Sit and Fit, QiGong, Line Dancing, Chair Yoga, Cooking classes, partnerships with Wise Health, Rafiki Wellness
- Average attendance at these classes in sum – approx. 70+ (IT Bookman), 100+ (Dr. Davis)
- Program outcomes via client surveys:
 - >75% of overall program surveyed participants indicate they participate in physical activity at least once per week at Community Center
 - >68% report positive impact on health (Bookman)
 - >89% report positive impact on health (Bayview Senior Services)

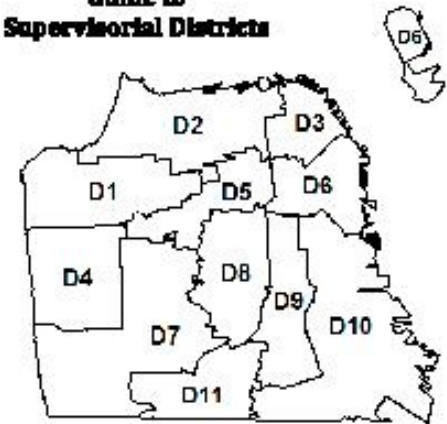
DAAS programs and SDDT

- SDDT funded DAAS programs are providing healthy, nutritious meals, healthy physical activities, and nutrition and health related information to consumers in their community.
- These benefits are being delivered in a community setting, an alternative to limited nearby options; programs also foster a culture of healthy living
- Through home delivered meals, we are able to reach isolated populations with very limited access to healthy options

**SF Department of Aging & Adult Services
Service Site Map
FY 16/17**



**Guide to
Supervisory Districts**



Updated 3/1/2017