SFUSD BeWell - SDDTAC Presentation

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(Team effort Hannah Smith, SNS & Mark Elkin, Health Education)
We gather today on the traditional, ancestral and stolen land of the Ohlone Peoples past and present, and honor with gratitude the land itself and the people who have stewarded it throughout the generations

Especially, during this settlement/Thanksgiving Fall season
Presentation Focus

- Wellness Policy Vision and Mission
- Student-Led Action
- Water Access & Beautification
- Oral Health (previous presentation)
- Wellness Policy Call-to-Action
- Q&A
SFUSD’s Wellness Policy

**Vision:** To make the healthy choice the easy, most desirable, choice.

**Mission:** To implement a framework to actively promote an environment that encourages and supports students, staff, families, and communities to make healthy choices.

**Equity Focus:** We have committed to creating more school environments where the healthy choice is the easy, most-desired choice, particularly focusing on our most vulnerable youth: African-American students with academic achievement and health disparity gaps.
What do these numbers represent?

300

600

≈ 250K
Youth in action at the Farmer’s Market - Partnership with Nonprofits, SFUSD & SDDTAC

Youth leading a mindful activities for less - Mindfulness throughout the day - Student Projects

Youth Podcast - to raise awareness about Type II diabetes through his own struggles as a teen

~$200 - 300K
Student-Engagement & Student-Led work

- Water Champions work - Middles School Contest all 6th, 7th, & 8th Health classes, Surveyed 30+ schools
- Student Activity and Youth-Led Action - Harvest of the Month
- Youth Speaks - Spoken Word Poetry to eliminate Type II diabetes
- SFUSD Youth Opportunities
12% - 20% African-Americans

30% - 45% Asian (Chinese, Vietnamese, Korean, )

30% - 45% Latinx

7% - 15% Pacific Islanders

6% - 10% Other (Native American, Multiracial, Asian Indian, White)

Note - Some groups specifically focused on Black and Brown students in order to uplift their voices due to systemic oppression, some groups have 20% of each
“Support student led (stipend) efforts to:
● decrease consumption of sugary drinks,
● Increase consumption of water, and
● increase awareness of sugary drinks consumption among students,
with focus on schools with the largest populations of high-risk students that are disproportionately targeted by the sugary drinks industry, SFUSD should provide to SDDTAC a proposal of how the funding will be spent through student led action.”

Foundation for college and career readiness and food justice
Water access and beautification
### MODIFIED PRIORITIZATION

<table>
<thead>
<tr>
<th>TIERS</th>
<th>Schools</th>
<th>Early Ed</th>
<th>Income</th>
<th>#</th>
<th>Names</th>
<th>Lead</th>
<th>Final Count</th>
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<tr>
<td>I</td>
<td>x</td>
<td>x</td>
<td>x</td>
<td>2</td>
<td>Moscone, Parks/Weil, Rodriguez, Noriega, Havard</td>
<td>+ Rodriguez, Noriega, Havard, Cooper</td>
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<td>7</td>
<td>Serra, Hilltop, Las Americas, McLaren</td>
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<td>8</td>
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<td>III</td>
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<td>x</td>
<td>8</td>
<td>Francisco</td>
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<td>8</td>
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<tr>
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<td></td>
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<td>Community, Civic Center, Parker, Hoover, Ulloa, Independence, Marshall</td>
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<td>IV</td>
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<td></td>
<td>3</td>
<td>Argonne, Montessori, Jefferson</td>
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<td>V</td>
<td></td>
<td>x</td>
<td></td>
<td>1</td>
<td>Presidio</td>
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<td>1</td>
</tr>
<tr>
<td>VI</td>
<td>x</td>
<td></td>
<td></td>
<td>8</td>
<td>Sloat, New Traditions, Chinese Immersion, Wo, Lawton, AFY, Key, Sherman</td>
<td></td>
<td>8</td>
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<td><strong>TOTAL</strong></td>
<td>29</td>
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<td><strong>33</strong></td>
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10 Schools received Water Bottle Filling stations ~20 stations
23 Schools left if funding is received.
33 schools to receive Hydration Stations at the Silver or Gold standard for Hydration Stations are:

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23 Schools left if funding is received.

SY 20-21 Installations efforts

Water Access $450K
Location of public hydration stations

Diagnosed Diabetes among adults in San Francisco, 2016


www.waterfillme.com
SF Loves Learning - Potter the Otter
O’Connell High School Water Project
Oral Health
$200,000 still needed

“Support School-based and school-linked preventative oral health programs within SFUSD schools serving high-risk target populations. This should also support SFUSD dedicated oral health staffing”
Wellness Policy Update History

2003: SFUSD Passed First Wellness Policy

2004: School Wellness Policies Now Required with the WIC Reauthorization Act

2007: SFUSD Wellness Policy Revised

2015: SFUSD Wellness Policy Updated & Adopted by BOE

2020: Proposed Updates to the SFUSD Wellness Policy

2016: Wellness Policy Project Manager & Mngt. Assist. Hired
Future Wellness Policy Update with SDDTAC help

- Timeline TBD
- Will be more involved than this administrative, linguistic update
- The next Wellness Policy update will, for example:
  - Include public, stakeholder, student and youth input
  - Align with District priorities
  - Incorporate anti-racist practices
  - Include most up to date research findings
  - Be visionary (including representation from i.e. SDDTAC, PAC, SHAPE UP SF, etc.)
  - Aim to align with the Whole School, Whole Community, Whole Child (WSCC) model

- Wellness Policy Call-to-Action
- Q&A
CDC School Health Index Tool

- Assessment with SF State Interns I
- Youth Risk Behavior Survey
- Water Champion Survey
- CA Healthy Kids
- Social Emotional Climate

SFUSD (priorities 21-22 and 22-23)

- Attendance
- Sense of Belonging
- Achievement Gaps
- Impact on Project-Based Learning Initiatives

Our Children Our Families (OCOF)

- Healthy Bodies Goal C
- Physical Activity - FitnessGram Aerobic Capacity Gaps

Continued Focus on the following:

- Historically Underserved Schools (Zip Codes)
- High Equity Gap Schools
- Messaging going home to parents