The initial consultation appointment is for **YOU**

At this appointment the doctor will examine you and talk to you about your surgical options.

You will get to know the surgeon and clinic staff.

You are your best ADVOCATE!
  - If you do not understand something it is okay to ask again or ask the doctor to repeat it in another way.
  - Bring a friend, family member, or case manager who can help you to remember your questions and make sure to get the answers you need.
  - If you don’t understand why the doctor gave a particular answer, ask “why?” That may help you get an answer you’re satisfied with, or help you to challenge an answer that was not satisfactory.

Before your consultation appointment, set goals:
  - Organize your thoughts and concerns and questions.
  - Write your questions down ahead of time and bring them with you.

Good questions to ask at your consultation appointment are:

**Questions about anatomy and the body**
  - What choices do I have about what my body will be like after surgery?
  - How do I make my final decision about these choices?
  - Do you have pictures of your surgery results?
  - Will I have any change in function or my sexual response?

**Questions about preparation and aftercare**
  - What are the possible complications of this surgery?
  - Where will my surgery take place and how long will it take?
  - How many nights will I spend in the hospital?
  - What can I expect healing to look like?
  - How long will I need to take off work/school?
  - What can I do to prepare my body now for surgery?
  - What medications do I need to stop before surgery?

Make sure you have a phone number to follow up with surgeon if you have more questions:

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