How to empty your JP Drain

After Surgery, you will have a drain(s) called a Jackson-Pratt (JP) drain. This device suction and collects fluid from your surgical area. The drain promotes healing and recovery, and reduces the chances of infection. The drain will be in place until the drainage slows enough for your body to reabsorb fluid on its own. While you are hospitalized, the nursing staff will care for the drain and teach you to continue to do so at home.

Empty the bulb when it is half-full or every 8 to 12 hours.

- Wash your hands with soap and water.
- Remove the plug from the bulb.
- Pour the fluid into a measuring cup.

```
Empty the Jackson Pratt Bulb
```

- Clean the plug with an alcohol swab or a cotton ball dipped in rubbing alcohol.

```
Squeeze the Bulb and Close the Stopper
```

- Squeeze the bulb flat and put the plug back in. The bulb should stay flat until it starts to fill with fluid again.

- Measure the amount of fluid you pour out. Write down how much fluid you empty from the JP drain and the date and time you collected it.

- Flush the fluid down the toilet. Wash your hands.

Do not clean inside the drain ever. You do not have to clean it at all. You can clean the outside only with sterile alcohol swabs, which you can buy over-the-counter in the pharmacy.
Jackson-Pratt Drainage Record

Date of Surgery:________________________

<table>
<thead>
<tr>
<th>Left Drain</th>
<th>Right Drain</th>
</tr>
</thead>
<tbody>
<tr>
<td>Date</td>
<td>Date</td>
</tr>
<tr>
<td>Time</td>
<td>Time</td>
</tr>
<tr>
<td>Amount</td>
<td>Amount</td>
</tr>
<tr>
<td>Color</td>
<td>Color</td>
</tr>
</tbody>
</table>

- Fill in the table with the details of drainage.