Health Monitoring

How to Complete Health Monitoring Tool: Quick steps

- Health Monitoring Admin Tab – Today’s date automatically entered
- Click the yellow tabs to go to “Vitals” or “Labs” or “Other”
- **Click “Add New Item” to start entering data on each screen**
- Set date to when data was collected/measured
- Enter data
- Go to other tabs (if needed)
- Click Submit when done

**Purpose:** The Health Monitoring tool allows for documentation of health monitoring parameters including:

- Vital signs
- Metabolic monitoring parameters
- Smoking status
- Linkage with primary care
- Pertinent labwork.

Both Adult and Child Health Monitoring tools are available. The data is readily retrievable to support clinical care and quality management.

**Access:** All users with a clinical level permission have access to view and enter data into this tool.

Contact CBHS Pharmacy Services at 415-255-3659 with any questions or comments.
**Opening Health Monitoring Tool**

Menu Path → Avatar CWS → MD and Health Monitoring → Health Monitoring Adult or Child

**TIP** – Same menu is available by right clicking on name of client listed in My Caseload.
How to Add Health Monitoring tool to “Favorites”
Using Help → Search for Option

1) To search for an item, click the word Help in the upper right corner, then click Search for Option

2) Type in “Health Monitoring” or a partial of this phrase into the search feature

3) Select Child or Adult tool by clicking the desired item

4) Clicking on the item then clicking on “Add to Favorites”. A pop-up screen listing your favorites will appear. Click OK to save.

TIP – Double clicking the desired tool can also open item
Selecting Client and Episode

1) Select client using Client Name, BIS # or Alternative Lookup

1) Select episode by clicking appropriate episode then ok

TIP – Double clicking the desired episode can also select episode
TIP – To advance to any health monitoring tab, click on the tab

Today’s date automatically entered.
Note: Entered date is arbitrary. It is not necessary to change.
Health Monitoring Tool Tab 2 – Vitals

1) Click Add New Item
   This is a **REQUIRED STEP**
   - A new item must be created in order to add measurements

2) Enter date measured
   May use the “T” button for today’s date
   This is a **REQUIRED STEP**

3) Enter measurements in appropriate fields

**TIP** – Clicking “Calculate BMI” generates a value based on the entered height and weight. This BMI value is informational only and does not populate the table and is not saved.

**TIP** – Click to view current Metabolic Monitoring Guidelines

**TIP** – If you are finished entering data, you may Submit and Close anytime.
**Health Monitoring Tool Tab 3 – Labs**

1) Click Add New Item
   - This is a **REQUIRED STEP** for data entry

2) Enter date measured
   - May use the “T” button for today’s date
   - This is a **REQUIRED STEP**

3) Enter measurements in appropriate fields

**TIP – If you finished entering, you may Submit and Close anytime**
Health Monitoring Tool Tab 4 – Other
- This tab allows users to document other labwork for ongoing monitoring
- Fields are free text

1) Click Add New Item
   This is a REQUIRED STEP for data entry

2) Enter date measured
   May use the “T” button for today’s date

3) Enter measurement type and value in “Other #” field

4) – When finished entering data, click Submit and Close

TIP – If continually tracking the same labs, use the same “Other #” field for a particular lab. This allows for easier trending