

## Health Monitoring

### How to Complete Health Monitoring Tool: Quick steps

- Health Monitoring Admin Tab – Today’s date automatically entered
- Click the yellow tabs to go to “Vitals” or “Labs” or “Other”
- **Click “Add New Item” to start entering data on each screen**
- Set date to when data was collected/measured
- Enter data
- Go to other tabs (if needed)
- Click Submit when done

**Purpose:** The Health Monitoring tool allows for documentation of health monitoring parameters including:

- **Vital signs**
- **Metabolic monitoring parameters**
- **Smoking status**
- **Linkage with primary care**
- **Pertinent labwork.**

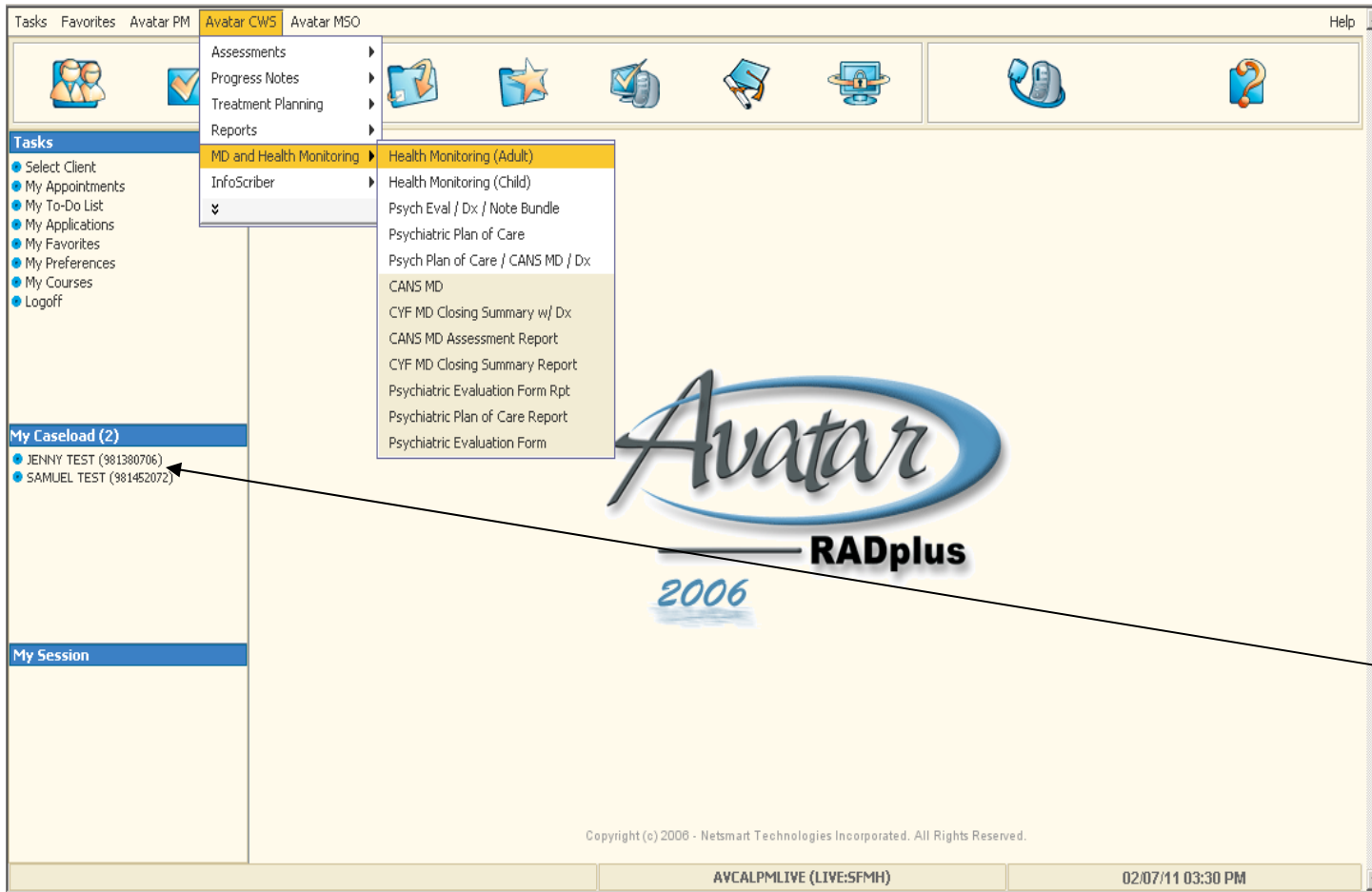
Both Adult and Child Health Monitoring tools are available. The data is readily retrievable to support clinical care and quality management.

**Access:** All users with a clinical level permission have access to view and enter data into this tool.

Contact CBHS Pharmacy Services at 415-255-3659 with any questions or comments.

## Opening Health Monitoring Tool

Menu Path → Avatar CWS → MD and Health Monitoring → Health Monitoring Adult or Child

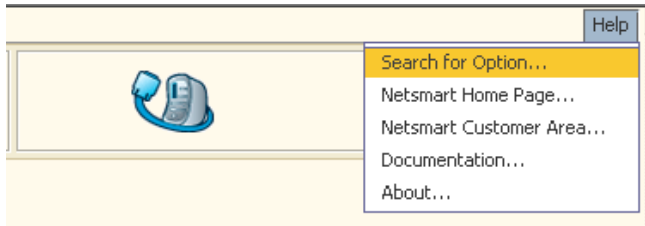


**TIP – Same menu is available by right clicking on name of client listed in My Caseload**

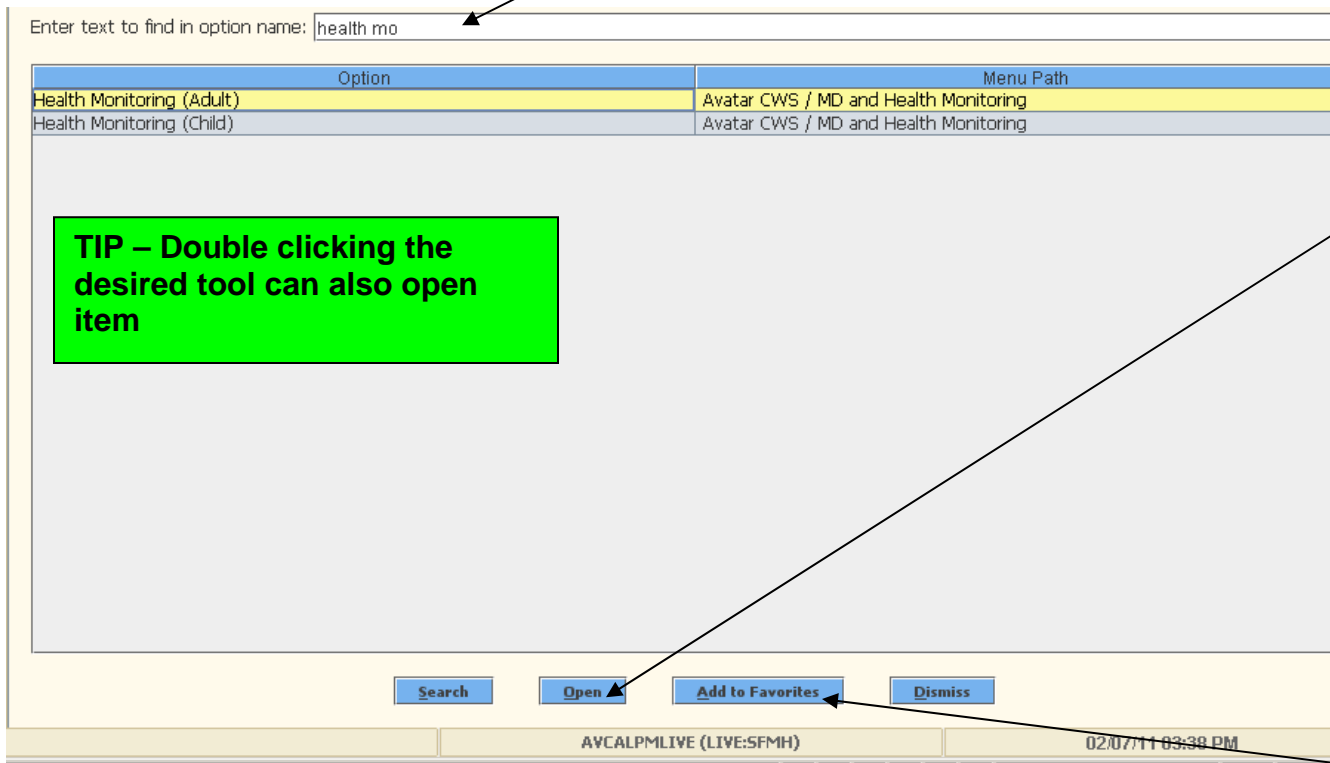
## How to Add Health Monitoring tool to “Favorites”

### Using Help → Search for Option

1) To search for an item, click the word Help in the upper right corner, then click Search for Option



2) Type in “Health Monitoring” or a partial of this phrase into the search feature



**3) Select Child or Adult tool by clicking the desired item**

**4) Clicking on the item then clicking on “Add to Favorites”.**

- A pop-up screen listing your favorites will appear. Click OK to save.

## Selecting Client and Episode

**1) Select client using Client Name, BIS # or Alternative Lookup**

Episode	Program	Start	End
4	Chinatown North Beach (38723)	07/27/2010	
3	RAMS Outpatient Services (38943)	04/09/2010	07/08/2010
2	Team II Adult OP Svc Monterey (38033)	07/02/2008	07/14/2010
1	Team II Adult OP Svc Monterey (38033)	03/15/2006	06/11/2007

**1) Select episode by clicking appropriate episode then ok**

**TIP – Double clicking the desired episode can also select episode**

## Health Monitoring Tool Tab 1 – Health Monitoring Admin

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JENNY TEST (981380706) Episode: 4 Program: Chinatown North Beach (38723); DOB: 05/03/1972

**Health Monitoring Admin** Vitals Labs Other

Health Monitoring Start Date

10/27/2010

**TIP – To advance to any health monitoring tab, click on the tab**

Today's date automatically entered.  
*Note: Entered date is arbitrary. It is not necessary to change*

## Health Monitoring Tool Tab 2 – Vitals


**1) Click Add New Item** This is a **REQUIRED STEP**

- A new item must be created in order to add measurements

**2) Enter date measured**  
May use the “T” button for today’s date  
This is a **REQUIRED STEP**

**3) Enter measurements in appropriate fields**

**TIP – If you are finished entering data, you may Submit and Close anytime**



**TIP – Clicking “Calculate BMI” generates a value based on the entered height and weight. This BMI value is informational only and does not populate the table and is not saved**

**TIP – Click to view current Metabolic Monitoring Guidelines**

### Health Monitoring Tool Tab 3 – Labs

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JENNY TEST (981380706) Episode: 4 Program: Chinatown North Beach (38723); DOB: 05/03/1972

Health Monitoring Admin Vitals Labs Other

Adult Health Monitoring Labs

Date Measured	Glucose (mg/dl)	A1C (%)	HDL (mg/dl)	LDL (mg/dl)	TG (mg/dl)
10/12/2010	97		50	100	150

Add New Item  
Edit Selected Item  
Delete Selected Item

Date Measured  T Y

Glucose (mg/dl)

A1C (%)

HDL (mg/dl)

LDL (mg/dl)

TG (mg/dl)

Metabolic Monitoring Guidelines

1) Click Add New Item  
This is a **REQUIRED STEP**  
for data entry


**TIP – To edit or delete previous items**

- Click to highlight the item
- Click Edit Selected Item or Delete Selected Item

2) Enter date measured  
May use the “T” button for today’s date  
This is a **REQUIRED STEP**

3) Enter measurements in appropriate fields

**TIP – If you finished entering, you may Submit and Close anytime**



### Health Monitoring Tool Tab 4 – Other

- This tab allows users to document other labwork for ongoing monitoring
- Fields are free text

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JENNY TEST (981380706) Episode: 4 Program: Chinatown North Beach (38723); DOB: 05/03/1972

Health Monitoring Admin Vitals Labs **Other**

Adult Health Monitoring Other Labs

Date Measured	Other 1	Other 2	Other 3	Other 4	Other 5	Other 6	Other 7
07/10/2010	Scr: 1.2	Li: 0.9					
10/27/2010	Scr: 1.1	Li: 1.1					

**Add New Item**

**Edit Selected Item**

**Delete Selected Item**

**TIP – If continually tracking the same labs, use the same “Other #” field for a particular lab. This allows for easier trending**

Date Measured: 10/27/2010 [T] [Y]

Other 1: Scr: 1.1

Other 2: Li: 1.1

Other 3:

Other 4:

Other 5:

Other 6:

Other 7:

**1) Click Add New Item**  
This is a **REQUIRED STEP** for data entry

**2) Enter date measured**  
May use the “T” button for today’s date

**3) Enter measurement type and value in “Other #” field**

**4) – When finished entering data, click Submit and Close**

