

## SAN FRANCISCO MENTAL HEALTH BOARD

---



**Mayor Edwin Lee**

1380 Howard Street, 2<sup>nd</sup> Floor  
San Francisco, CA 94103  
(415) 255-3474 fax: 255-3760  
[mhb@mhbsf.org](mailto:mhb@mhbsf.org)  
[www.mhbsf.org](http://www.mhbsf.org)  
[www.sfgov.org/mental\\_health](http://www.sfgov.org/mental_health)

Kara Ka Wah Chien, JD, Chair  
Ulash Thakore-Dunlap, MFT, Vice Chair  
David Elliott Lewis, PhD, Secretary  
Terezie "Terry" Bohrer, RN, MSW, CLNC  
Mark Farrell, Board of Supervisors  
Wendy James  
Virginia S. Lewis, LCSW  
Toni Parks  
Gene Porfido  
Harriette Stallworth Stevens, EdD  
Vanae Tran, MS  
Njon Weinroth  
Adrian Williams  
Idell Wilson  
Benny Wong, LCSW

## MEETING OF THE MENTAL HEALTH BOARD AGENDA

Wednesday October 21, 2015  
City Hall  
1 Dr. Carlton B. Goodlett Place  
Room 278  
6:30 PM – 8:30 PM

**Call to Order**

**Roll Call**

**Agenda Changes**

**Item 1.0 Report from Behavioral Health Services Director**  
For discussion.

1.1 Discussion regarding Behavioral Health Services Department Report, a report on the activities and operations of Behavioral Health Services, including budget, planning, policy, and programs and services.

1.2 Public Comment

## **Item 2.0 Mental Health Service Act Updates and Public Hearings**

For discussion.

The passage of Proposition 63 (now known as the [Mental Health Services Act](#) or MHSA) in November 2004, provides increased annual funding to support county mental health programs. The Act addresses a broad continuum of prevention, early intervention and service needs and the necessary infrastructure, technology and training elements that will effectively support this system. This Act imposes a 1% income tax on personal income in excess of \$1 million. One of the requirements of the Act is that the county must provide annual updates as well as hearings for changes in the way the county implements the funding.

2.1 Mental Health Services Act Updates: Hearing

2.2 Public Comment

## **Item 3.0 Action Items**

For discussion and action.

3.1 Public comment

3.2 Proposed Resolution: Be it resolved that the minutes for the Mental Health Board meeting of September 16, 2015 be approved as submitted.

3.3 Proposed Resolution (MHB 2015-06): Be It Resolved the Mental Health Board of San Francisco urges the Mayor and Board of Supervisors to allocate sufficient funds for the SFPD's CIT in FY 2016 -2017.

3.4 Proposed Resolution (MHB- 2015-07): Be it resolved that the Mental Health Board commends Sandra Robison and the Pathways to Discovery Program

## **Item 4.0 Presentations:**

San Francisco Behavioral Health Services After Hours Telephone Access to Services, Eve Meyer, Executive Director, and Erin Hiscock-Wagner, San Francisco Suicide Prevention

United Way of the Bay Area 211 Information and Referral Hotline, Kelly Batson

4.1 Presentations: San Francisco Behavioral Health Services After Hours Telephone Access to Services, Eve Meyer, Executive Director, and Erin Hiscock-Wagner, San Francisco Suicide Prevention; United Way of the Bay Area 211 Information and Referral Hotline, Kelly Batson

4.2 Public Comment

## **Item 5.0 Reports**

For discussion

5.1 Report from the Executive Director of the Mental Health Board.

Discussion regarding upcoming events, conferences, or activities that may be of interest to board members; Mental Health Board budget issues and update on staff work on board projects.

5.2 Report from Chair of the Board and the Executive Committee.

Discussion regarding Chair's meetings with Community Behavioral Health Services staff, meetings with members of the Board of Supervisors and community meetings about mental health or substance abuse.

5.3 People or Issues Highlighted by MHB: Suggestions of people and/or programs that the board believes should be acknowledged or highlighted by the Mental Health Board.

5.4 Report by members of the Board on their activities on behalf of the Board.

5.5 New business - Suggestions for future agenda items to be referred to the Executive Committee.

5.6 Public comment.

## **6.0 Public Comment**

## Adjournment

### DISABILITY ACCESS

1. City Hall is accessible to wheelchairs. Elevators, doorways, restrooms, and meeting rooms are wheelchair accessible. Accessible curbside parking has been designated on One Dr. Carlton B. Goodlett Place. Room 278 is accessible to persons using wheelchairs and others with disabilities. Assistive listening devices, materials in other alternative formats, American Sign Language interpreters and other accommodations will be made available upon request. Please contact Darlene Daevu, Community Behavioral Health Services, 415-255-3426 or by email: Darlene.daevu@sfdph.org. Providing at least 72 hours notice will help to ensure availability. To reach a TTY line, call (415) 255-3449. Large print copies of the agenda will be made available upon request; please call (415) 255-3474.
2. The closest accessible BART station is the Civic Center station, at the intersection of Market, Grove and Hyde Streets. The closest Muni Metro station is the Van Ness Station. Accessible MUNI lines serving the location are the 9 San Bruno, 47 Van Ness, and 71 Haight/Noriega. Also, the J, K, L, M, and N lines underground. For more information or updates about the current status of MUNI accessible services, call (415) 923-6142. For information about Paratransit Services call (415) 351-7000.
3. Special Hearings are usually held at the Department of Public Health, 101 Grove Street, 3<sup>rd</sup> Floor, Room 300. The same public transportation options as above apply. It is wheelchair accessible.
4. For Special Hearings at other locations, please call for directions or bus information. All locations will be accessible.
5. In order to assist the City's efforts to accommodate persons with severe allergies, environmental illnesses, multiple chemical sensitivity or related disabilities, attendees at public meetings are reminded that other attendees may be sensitive to various chemical based products. Please help the City accommodate these individuals.

### POLICY ON CELL PHONE, PAGERS, AND ELECTRONIC DEVICES

The ringing of and use of cell phones, pagers, and similar sound-producing electronic devices are prohibited at this meeting. Please be advised that the Chair may order the

removal from the meeting room of any person(s) responsible for the ringing or use of a cell phone, pager, or other similar sound-producing electronic devices.

### **KNOW YOUR RIGHTS UNDER THE SUNSHINE ORDINANCE**

Government's duty is to serve the public, reaching its decisions in full view of the public. Commissions, boards, councils and other agencies of the City and County exist to conduct the people's business. This ordinance assures that deliberations are conducted before the people and that City operations are open to the people's review. For more information on your rights under the Sunshine Ordinance (Chapter 67 of the San Francisco Administrative Code) or to report a violation of the ordinance, contact:

Sunshine Ordinance Task Force  
City Hall, Room 244  
1 Dr. Carlton B. Goodlett Place  
San Francisco, CA 94102-4689  
Telephone: (415)554-7724  
Fax: 4(15) 554-5163  
E-mail: [sotf@sfgov.org](mailto:sotf@sfgov.org)

Citizens interested in obtaining a free copy of the Sunshine Ordinance can request one from the Task Force or by printing Chapter 67 of the San Francisco Administrative Code from the internet at: [www.sfgov.org/sunshine](http://www.sfgov.org/sunshine)

To view Mental Health Board agendas and minutes, you may visit the MHB web page at: [www.sfgov.org/mental\\_health](http://www.sfgov.org/mental_health). You may also go to the Government Information Center at the Main Library at Larkin and Grove in the Civic Center. You may also get copies of these documents through the MHB office at 255-3474.

### **Lobbyist Registration and Reporting Requirements**

Individuals and entities that influence or attempt to influence local legislative or administrative action may be required by the San Francisco Lobbyist Ordinance [SF Campaign & Governmental Conduct Code 2.100] to register and report lobbying activity. For more information about the Lobbyist Ordinance, please contact the San Francisco Ethics Commission at 30 Van Ness Avenue, Suite 3900, San Francisco, CA 94102; telephone (415) 581-2300; fax (415) 581-2317; web site [www.sfgov.org/ethics](http://www.sfgov.org/ethics)

**MENTAL HEALTH BOARD RESOLUTION**  
**October 21, 2015**

**PROPOSED RESOLUTION (MHB 2015-06):** Be It Resolved the Mental Health Board of San Francisco urges the Mayor and Board of Supervisors to allocate sufficient funds for the SFPD's CIT in FY 2016 -2017.

WHEREAS, the San Francisco Police Department CIT works throughout the City to provide crisis services to individuals with behavioral disorders – people with mental health and/or substance abuse problems – 24 hours a day, seven days a week – to decrease police officer and/or citizen injuries or fatalities; and,

WHEREAS, San Francisco has a high number of people with mental illness who are homeless and therefore who have a high likelihood of interactions with police officers; and,

WHEREAS, Officers who received the training said they were better able to identify symptoms and behaviors, resulting in more accurate assessments and timely referrals to services; and,

WHEREAS, Officers reported that their communication skills have improved as a result of the training. They feel they are able to deescalate a crisis situation, to maintain a mentally ill person calm and to keep the situation under control by talking and listening to the person; and,

WHEREAS, between 2001 and 2010, nearly 1,000 officers received the 40 hour training, and within the past three years, and additional 350 officers have been CIT trained. The goal is to train 425 by the end of 2015, with the ultimate goal for all officers to receive CIT as well as the cadets currently enrolled in the Police Academy; and,

WHEREAS, research has demonstrated the effectiveness of CIT in providing efficient crisis response times, increasing diversion from jails and hospitals, assisting with treatment continuity, and decreasing untoward police officer and/or community member injuries; and,

WHEREAS, in 2015 CIT training has been offered to police officers every three months provided by volunteer CIT Faculty from numerous agencies, e.g., San Francisco Suicide Prevention Center, Campbell Police Department, Cordilleras Mental Health Center, NAMI/San Francisco, Coalition for the Homeless, Public Defender's Office, Veterans Administration, DORE Urgent Care, Sobering Center, Private Mental Health Practitioners, Harm Reduction Center, UCSF Division of Geriatrics, Palo Alto University, San Francisco Police Department, UCSF Psychiatry and Law Program, Department of Public Health, Crisis Response Team, and the Office of the District Attorney Victim Services; and,

WHEREAS, the San Francisco CIT Work Group is comprised of representatives from the following agencies/organizations: San Francisco Police Department; Mental Health Association of San Francisco; NAMI/San Francisco; Mental Health Board/San

Francisco; Asian Americans Advancing Justice; Citywide Case Management; Tenderloin Housing Clinic; San Francisco Coalition for the Homeless; San Francisco Public Defender; Veterans Administration; SF Police Commission; DORE Urgent Care; Disability Rights, and Concerned Citizens; and,

WHEREAS, the SFPD's CIT training program has set a gold standard for other jurisdictions and agencies, and this training program may be offered to other law enforcement personnel, e.g., Sheriff's Department and BART police officers; and,

**THEREFORE, BE IT RESOLVED** that the Mental Health Board of San Francisco urges the Mayor and Board of Supervisors to allocate sufficient funds for the SFPD's CIT in FY 2016 -2017.

**MENTAL HEALTH BOARD RESOLUTION**  
**October 21, 2015**

**RESOLUTION (MHB- 2015-07): BE IT RESOLVED THAT THE MENTAL HEALTH BOARD COMMENDS SANDRA ROBISON AND THE PATHWAYS TO DISCOVERY PROGRAM**

**WHEREAS**, ten years ago, Sandra “Sandi” Robison created a peer-run behavioral health organization providing supportive peer services to residential care homes, Single Room Occupancy Hotels (SRO’s) and other spaces where connection and community were impaired; and,

**WHEREAS**, out of these efforts, Pathways to Discovery was born; and,

**WHEREAS**, Ms. Robison created a dynamic, supportive community to inspire, nurture and sustain peers on their individual paths of career development; and,

**WHEREAS**, the program has developed a strong team of peers who provide support, counseling, and leadership to consumers to engage and inspire them in their individual paths to health and wellness; and,

**WHEREAS**, as of July 2015, Pathways to Discovery has now become a part of the Division of Peer-Based Services under Richmond Area Multi-Services (RAMS) Peer Counseling Services; and,

**THEREFORE, BE IT RESOLVED** that the Mental Health Board of San Francisco commends Sandra Robison and Pathways to Discovery for their extraordinary contribution to San Francisco Behavioral Health Services and the City and County of San Francisco.