

# SAN FRANCISCO MENTAL HEALTH BOARD

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Adrian Williams  
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## **MEETING OF THE MENTAL HEALTH BOARD AGENDA**

Wednesday, January 21, 2015  
City Hall  
One Carlton B. Goodlett Place  
2nd Floor, Room 278  
6:30 PM – 8:30 PM

### **Call to Order**

### **Roll Call**

### **Agenda Changes**

#### **Item 1.0 Report from Community Behavioral Health Services Director** For discussion.

1.1 Discussion regarding Community Behavioral Health Services Department Report, a report on the activities and operations of Community Behavioral Health Services, including budget, planning, policy, and programs and services.

## 1.2 Public Comment

### **Item 2.0 Mental Health Service Act Updates and Public Hearings**

For discussion.

The passage of Proposition 63 (now known as the [Mental Health Services Act](#) or MHSA) in November 2004, provides increased annual funding to support county mental health programs. The Act addresses a broad continuum of prevention, early intervention and service needs and the necessary infrastructure, technology and training elements that will effectively support this system. This Act imposes a 1% income tax on personal income in excess of \$1 million. One of the requirements of the Act is that the county must provide annual updates as well as hearings for changes in the way the county implements the funding.

#### 2.1 Mental Health Services Act Updates

#### 2.2 Public Comment

### **Item 3.0 Action Items**

For discussion and action.

#### 3.1 Public comment

**3.2 Proposed Resolution:** Be it resolved that the minutes for the Mental Health Board meeting of November 19, 2014 be approved as submitted.

**3.3 Proposed Resolution:** Be it resolved that the notes from the December 6, 2014 Mental Health Board Retreat be approved as submitted.

**3.4 Proposed Resolution:** Be it resolved that the following Mental Health Board Goals and Priorities for 2015 be approved as submitted.

Board members will take the lead for each priority area and develop agendas that will inform the board about the issues. Kara Chien will lead Incarcerated Mentally Ill, Vanae Tran will lead Information Services, and Adrian Williams and Terence Patterson will co-lead Chronic Trauma.

#### 1. Issues Concerning Incarcerated Mentally Ill

- Indigent people

- Family member visits
- Jail psychiatric housing and facility for men similar to that for women
- Re-entry housing and programs
- Senior issues

## 2. Information Services for Behavioral Health for Special Needs Populations

- Evaluate Network of Care – information referral services
- How new consumers get access to care
- How new consumers find a peer support provider
- Barriers to accessing services
- How integration of mental health and substance abuse is working
- Cultural diversity
- Impact of mental health parity legislation

## 3. Chronic trauma as related to violence and youth and family Issues

- Follow up of the Southeast Trauma Report done by Lena Miller
- Grief counseling for youth and family members
- What are successful programs for replication
- Explore trauma citywide
- Trauma informed care related to children’s mental health
- Establishing collaboration with SFPD and providers on early recognition and mental health first aid

### **Item 4.0 Presentation: Trauma Informed System of Care, Ken Epstein, PhD, Director of Children, Youth and Families, Community Behavioral Health Services.**

4.1 Presentation: Trauma Informed System of Care, Ken Epstein, PhD, Director of Children, Youth and Families, Community Behavioral Health Services..

4.2 Public Comment

### **Item 5.0 Reports**

For discussion

5.1 Report from the Executive Director of the Mental Health Board.

Discussion regarding upcoming events, conferences, or activities that may be of interest to board members; Mental Health Board budget issues and update on staff work on board projects.

5.2 Report of the Co-Chairs of the Board and the Executive Committee. Discussion regarding Chair's meetings with Community Behavioral Health Services staff, meetings with members of the Board of Supervisors and community meetings about mental health or substance abuse.

5.3 Report from the Nominating Committee. The Nominating Committee will propose the slate of officers to be voted on at the February 2015 Board Meeting. Additional nominations can be taken from the floor in February.

5.4 People or Issues Highlighted by MHB: Suggestions of people and/or programs that the board believes should be acknowledged or highlighted by the Mental Health Board.

5.5 Report by members of the Board on their activities on behalf of the Board.

5.6 New business - Suggestions for future agenda items to be referred to the Executive Committee.

5.7 Public comment.

## **6.0 Public Comment**

### **Adjournment**

#### **DISABILITY ACCESS**

1. City Hall is accessible to wheelchairs. Elevators, doorways, restrooms, and meeting rooms are wheelchair accessible. Accessible curbside parking has been designated on One Dr. Carlton B. Goodlett Place. Room 278 is accessible to persons using wheelchairs and others with disabilities. Assistive listening devices, materials in other alternative formats, American Sign Language interpreters and other accommodations will be made available upon request. Please contact Darlene Daevu, Community Behavioral Health Services, 415-255-3426 or by email: [Darlene.daevu@sfdph.org](mailto:Darlene.daevu@sfdph.org). Providing at least 72 hours notice will help to ensure availability. To reach a TTY line, call (415) 255-3449. Large print copies of the agenda will be made available upon request; please call (415) 255-3474.

2. The closest accessible BART station is the Civic Center station, at the intersection of Market, Grove and Hyde Streets. The closest Muni Metro station is the Van Ness

Station. Accessible MUNI lines serving the location are the 9 San Bruno, 47 Van Ness, and 71 Haight/Noriega. Also, the J, K, L, M, and N lines underground. For more information or updates about the current status of MUNI accessible services, call (415) 923-6142. For information about Paratransit Services call (415) 351-7000.

3. Special Hearings are usually held at the Department of Public Health, 101 Grove Street, 3<sup>rd</sup> Floor, Room 300. The same public transportation options as above apply. It is wheelchair accessible.

4. For Special Hearings at other locations, please call for directions or bus information. All locations will be accessible.

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Sunshine Ordinance Task Force  
City Hall, Room 244  
1 Dr. Carlton B. Goodlett Place  
San Francisco, CA 94102-4689  
Telephone: (415)554-7724  
Fax: 4(15) 554-5163  
E-mail: [sotf@sfgov.org](mailto:sotf@sfgov.org)

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To view Mental Health Board agendas and minutes, you may visit the MHB web page at: [www.sfgov.org/mental\\_health](http://www.sfgov.org/mental_health). You may also go to the Government Information Center at the Main Library at Larkin and Grove in the Civic Center. You may also get copies of these documents through the MHB office at 255-3474.

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**MENTAL HEALTH BOARD**  
**Proposed Resolution**  
**November 19, 2014**

RESOLUTION: (MHB -\_) **Proposed Resolution:** BE IT RESOLVED that the Mental Health Board commends Eve Meyer, Executive Director of Suicide Prevention, for 26 years of dedicated leadership, advocacy and training in suicide prevention and support.

WHEREAS, Eve Meyer is an extraordinary leader and educator on the issue of suicide and of San Francisco Suicide Prevention, the oldest suicide and crisis hotline service in America, and;

WHEREAS, Eve Meyer serves with integrity, kindness, inclusiveness, a warm sense of humor, and a sincere belief in the extraordinary capacity of people helping people, and;

WHEREAS, Eve Meyer has profound respect for people and deep understanding of the challenges they face, making them feel they are important, and;

WHEREAS, Eve always listens to, gives support to, and identifies the needs and aspirations of the community, celebrating and sharing in its achievements, and;

WHEREAS, Eve Meyer expanded and grew San Francisco Suicide Prevention to become one of the most well-known and well respected organizations in the City and County of San Francisco that saves lives every day, and;

BE IT RESOLVED that the San Francisco Mental Health Board commends Eve Meyer for her extraordinary leadership, compassion, and ongoing commitment to saving the lives of people facing their darkest moments.