

# SAN FRANCISCO MENTAL HEALTH BOARD

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Mayor Edwin Lee

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## YOUTH COMMITTEE MINUTES

Thursday, May 11, 2017  
1380 Howard Street  
MHB Office, Room 226  
10:00 AM

**BOARD MEMBERS PRESENT:** Judy Drummond, Chair; Angela Pon, and Marylyn Tesconi.

**MEMBERS ABSENT:** [None](#)

**MEMBERS ON LEAVE:** [None](#)

**OTHERS PRESENT:** Helynna Brooke, Executive Director; Loy Proffitt, Administrative Manager; Micaela Scofield, CCSF student; MHA-SF; Nisha Ajmani, JD, Young Minds Advocacy; Aisa Villarosa, JD, Young Mind Advocacy; Susan Page, Young Mind Advocacy.

### CALL TO ORDER

**Ms. Drummond** called the meeting of the Youth Committee of the Mental Health Board to order at 10:16 AM.

### ROLL CALL

**Mr. Proffitt** called the roll.

### AGENDA CHANGES

[None](#)

## 1.0 DISCUSSION OF GOALS FOR YOUTH COMMITTEE

For discussion

- Program Reviews  
A list of programs serving youth was distributed. Board members will review the list to determine which programs they will visit during the FY 2017-2018 program review period.
- A two-year commitment  
The committee hoped to accomplish the following goals during the next two years: a comprehensive list of agencies serving youth, improve linkage and communication among agencies, collaborate with technology businesses for communication flow, sustainable funding sources and increasing youth involvement.

### 1.1 Public comment

**Ms. Villarosa** shared that of 56 California counties; there are only six California counties that have Youth Advisory Boards/Commissions. She would like to see more youth presence at the

county level to give them a voice in shaping policies, and day-to-day operation of youth programs and services. For example, Alameda County has a Youth Advisory Board.

**Ms. Page** mentioned that she uses her lived experiences to advocate for youth with mental illness.

**Ms. Ajmani** suggested board members should visit San Francisco's Juvenile Justice to gain better insight into youth from disenfranchised communities who are disproportionately incarcerated.

**Ms. Scofield** would like to see youth programs stay connected with youth who attend colleges to offer support and care.

**Ms. Ajmani** concurred that there should be a continuum of care for aged out youth to help them with the transition time period.

**Ms. Tesconi** suggested a database for youth to maintain access to care. She would like youth with co-occurring disorders to receive parallel services.

**Ms. Drummond** has a son with co-occurring disorders and has been trying for three months to get him into a co-occurring program on Treasure Island.

**Ms. Brooke** shared that MediCal only reimburses co-occurring providers for services that have qualified Medicaid codes.

**Mr. Proffitt** mentioned that in co-occurring disorders the stigma of mental illness is still prevalent. The committee can influence the general public's attitude with community education and reducing stigma.

**Ms. Page** shared that mental illness stigma is still very strong.

**Ms. Ajmani** would like to see more awareness in cultural sensitivity messages.

## **2.0 NEXT STEPS**

For discussion

**Ms. Drummond** suggested a campaign to provide youth with a voice.

The committee agreed to brainstorm some form of mixed media campaign on mental illness awareness for youth. They would like to see a catchy hashtag. They would like to do more community education and outreach at Sunday Street events in San Francisco. The committee would like board members to do more outreach with San Francisco supervisors to get their support in expanding services for youth with mental illness.

### 2.1 Public comment

None

## **ADJOURNMENT**

The meeting was adjourned at 12 PM.