



## SAN FRANCISCO MENTAL HEALTH BOARD

Mayor Edwin Lee

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### EXECUTIVE COMMITTEE MINUTES

Tuesday, March 28, 2017

1380 Howard Street

Room 226

10:00 AM

**BOARD MEMBERS PRESENT:** Ulash Thakore-Dunlap, MFT, Co-Chair, Harriette Stevens, EdD, Co-Chair, Idell Wilson, Vice Chair, Judy Drummond, MA, David Elliott Lewis, PhD, Gene Porfido, Richard Slota, MA.

**MEMBERS ABSENT:** none

**MEMBERS ON LEAVE:** none

**OTHERS PRESENT:** Helynna Brooke, Executive Director, Farahnaz K. Farahmand, Ph.D, Assistant Director and Director of Practice Improvement, Children, Youth & Families System of Care (CYF)

The meeting was called to order at 10:10.

#### 1.0 REVIEW OF EXECUTIVE COMMITTEE MINUTES

For discussion and action

##### 1.1 Public comment

No public comment

1.2 **PROPOSED RESOLUTION:** Be it resolved that the minutes of the Executive Committee meeting of February 21, 2017 be approved as submitted.

Approved unanimously

#### 2.0 NEXT MENTAL HEALTH BOARD MEETING AND ACTION ITEMS

For discussion and action

##### 2.1 Issues regarding the content of the agenda

The committee chose to hold a town hall style meeting to hear youth speak about services. Youth will be invited to speak about five minutes. Providers will be encouraged to attend to listen. Ms. Thakore-Dunlap will chair the meeting.

David will give an update on the Mobile Wellness Committee. He said the committee discussed the Van doing outreach in the community as well. It was suggested that an MHSA

pilot study be created. The pilot will focus on one or two groups who are higher users and integrate with the system of care. The Van could be put next to mental health clinics one or two days a month. There could be a peer staff member.

2.2 Board Planning for future MHB meetings

None discussed

2.3 Public comment

2.4 PROPOSED RESOLUTION: That the Executive Committee adopt the agenda for the Mental Health Board meeting on April 19, 2017, as discussed. The title will be: Youth Speak Out About Mental Health and Substance Use Services

Unanimously approved.

### 3.0 BUSINESS

For discussion and possible action.

3.1 Chair's report.

3.2 Additional business regarding the duties, mandates, and operations of the Board.

3.2. a New business for future Executive Committee meetings

3.2. b Discussion of developing issues for the MHB

3.2. c Other MHB business

**Data Notebook:** Dr. Farahmand, Ph.D presented briefly about the work she has been leading with the Data Notebook. She has been with CYF for two and a half years. She will be meeting with the management team which includes child crisis, foster care, juvenile justice, and undocumented youth. She invited board members to attend the April 10<sup>th</sup> meeting with the Management Team. In response to a question about youth access without parental permission, for youth 12 – 18 dealing with substance use, pregnancy, STD's and abuse, they can talk with a professional without parental consent.

**Annual Report:**

Richard gave an overview of his plans for the Annual Report. He has proposed ten pages maximum length. For example, two pages for officer letters, perhaps focusing on children's services, two pages for highlights and new innovations from BHS, maybe a half page focused on the new director. He would like a picture of the full board on the cover.

3.3. Public comment

None

**ADJOURNMENT: 11:45**