

SAN FRANCISCO MENTAL HEALTH BOARD



**Mayor
Edwin Lee**

1380 Howard Street, 2nd Floor
San Francisco, CA 94103
(415) 255-3474 fax: 255-3760
mhb@mhbsf.org
www.mhbsf.org
www.sfgov.org/mental_health

Harriette Stallworth Stevens, EdD, Co-Chair
Ulash Thakore-Dunlap, MFT, Co-Chair
Idell Wilson, Vice Chair
Gene Porfido, Secretary
Terezie "Terry" Bohrer, RN, MSW, CLNC
Carletta Jackson-Lane, JD
Judy Zalazar Drummond, MA
Judith Klain, MPH
Gregory Ledbetter
Susan Page
Toni Parks
Angela Pon
Richard Slota, MA
Marylyn Tesconi
Njon Weinroth
Benny Wong, LCSW

ADOPTED NOTES

Mental Health Board Meeting
Saturday, [December 02, 2017](#)

1380 Howard Street, 5th Floor, Room 515
San Francisco, CA
9:30 AM – 4:00 PM

BOARD MEMBERS PRESENT: Harriette Stevens, Ed.D.; Co-Chair; Ulash Thakore-Dunlap, MFT, Co-Chair; Idell Wilson, Vice Chair, Gene Porfido, Secretary; Terry Bohrer, RN, MSW, CLNC; Judy Zalazar Drummond, MA; Judith Klain, MPH; Carletta Jackson-Lane, JD; Gregory Ledbetter; Susan Page; Toni Parks; Richard Slota, MA; Marylyn Tesconi; Njon Weinroth; and Benny Wong, LCSW.

BOARD MEMBERS ON LEAVE: Angela Pon.

BOARD MEMBERS ABSENT. [None.](#)

OTHERS PRESENT: Helynna Brooke (Executive Director); Loy M. Proffitt (Administrative Manager); David Elliott Lewis, Ph.D., MHA-SF, NAMI; and Linda Ross, Toastmaster, Lift Every Voice and Speak (LEVS), <https://peersnet.org>.

CALL TO ORDER

Dr. Stevens called the meeting of the Mental Health Board to order at [9: 30 PM](#).

ROLL CALL

Ms. Brooke called the roll.

AGENDA CHANGES

Item 8.0 moved before Item 4.0.

ITEM 1.0 GETTING TO KNOW YOU ICEBREAKER

The complete power point presentation is at the end of the December 2, 2017 Notes.

Board members took a turn going around the table to share their brief personal stories and their current involvement in various communities.

ITEM 2.0 BOARD RESPONSIBILITIES, OVERVIEW OF SUNSHINE ACT

Brief overview of the California legislative mandate for Mental Health Board duties and responsibilities; Sunshine Act

Ms. Brooke provided an overview of the Sunshine Act. She encouraged board members to complete the Self-Assessment Tool of the Sunshine Act.

Mr. Porfido and **Ms. Wilson** co-facilitated the responsibilities of board members.

Ms. Bohrer requested board members to review the Welfare and Institutions Code (WIC) of the State of California. She asked the members to peruse the WIC 5604.2 items 1-8b.

2.1 Public Comment

No public comments.

ITEM 3.0 REVIEW OF 2017-18 STRATEGIC PLAN AND ACCOMPLISHMENTS

- Resolutions
- Programs Reviewed
- Visits to Supervisors

Mr. Wong proposed board member consider shortening the time for director's reports and presentations to allow the board more time to discuss board work.

Ms. Bohrer suggested a 10-minute presentation from various MHSA groups at each monthly board meeting under the MHSA item.

3.1 Public Comment

Dr. David Elliott Lewis congratulated board members for their commitments and accomplishments in 2017.

ITEM 4.0 YEAR 2017 COMMITTEE UPDATES AND DISCUSSION

- Wellness Van Committee
- Youth Committee
- Senior Committee

Members discussed whether the Mobile Wellness Van should consider a fundamental change toward client-centered focus, where intervention services come directly to clients, rather than requiring clients go to program sites. Besides considering doing outreach on streets, the

committee should explore collaborative partnerships among various community groups to bring medical services. When people with mental illness are too decompensated, they may lack self-awareness for self-referrals into a treatment facility themselves.

A few board members would like to substitute the words “Older Adult” in the Senior Committee to the Older Adult Committee.

4.1 Public Comment

Ms. Ross would like the board to consider supportive services for the female transgender population.

ITEM 5.0 WHERE DO WE GO FROM HERE? WHAT ARE OUR PRIORITIES?

Discussion regarding the continuation of the same goals and committees or developing new priorities and committees for 2018.

Ms. Bohrer led a review of the 2017-2018 priorities and board members prepared post-it notes indicating their interest areas for the coming year.

General Interests

- Women’s mental health and homeless
- Holding four board meetings a year in different communities
- Looking at services in outlying communities
- Meetings in each district
- Advocacy, outreach and education committee
- More program reviews

Service Population

- Senior Mental Health and care, homeless
- Disparities in mental health services in low-income communities
- Integrated Care and services in line with BHS, including substance use
- Integrated services – mental health and addiction
- Mental Health Crisis/target population, women 30-64, need for mental health services for women in jail, homeless women and children, incarceration/mental health services in and out
- Support and target women’s health and affordable housing
- Advocate services for undocumented immigrants with mental disorders: financial assistance, housing, etc.
- Youth Committee connecting with other youth organizations to see what youth need
- Youth committee venture into different cultures and see their needs
- Possibly connect with one youth from each program review and see if they are interested in talking to committee
- Connect with programs like Guardian Scholars for foster youth to see mental health needs of foster youth
- Get Youth committee name out there at schools and organizations

Meetings

- How can our monthly meetings reflect and support our goals? What are the objectives to meet in 2018?
- Have 3 public meetings at 101 Grove
- Need more time at Board meetings for committee reports
- Hold 4 meetings in different communities

Site Focused

- Have more onsite services in SROs, etc.
- 1 person – 1 district 1 issue 1 goal, each member concentrate on an issue and pursue a goal
- Have more influence on home placement services and mental health services
- Form site visit committee
- More program reviews
- Committee 2: program review, special populations, program selection, strategic plan

Outreach/Advocacy

- Outreach to supervisors
- Board of Supervisor presentations
- Supervisor contact/Involvement Committee
- Have Committee reports before presentation at monthly meetings
- Committee: Advocacy/supervisor, Outreach, Education. Public/special populations/supervisor/mental health director
- More use of city-employed peers for outreach
- Youth voice in youth committee
- Instead of vans, have backpacks with supplies for medical care
- Educate the public
- Need more mobile outreach to bring behavioral health services to people in need, where they are at, wherever they are at.

BHS Data

- Get numbers from Grievance Department to learn where the problems exist
- Connect with City Hall Homeless Director with board
- Change the salaries for staff in grants
- Write RFP's so BHS rewards collaboration and cooperation among agencies
- BHS's contracts with agencies, reward outcomes rather than encounters and satisfaction surveys

5.1 Public Comment

No public comments.

ITEM 6.0 COMMITTEE BREAKOUT GROUPS

The Board chose to stay as a full group rather than breaking out into committees to talk as a group about the committees they wished to have for the coming year.

ITEM 7.0 COMMITTEES REPORT OUT

Ms. Klain proposed having two committees: Advocacy & Evaluation (program reviews).

Mr. Slota will have a Mobile Wellness Van presentation to the full board on January 17, 2018.

The board agreed to the following committees in 2018 with the following initial board members. Each committee will develop its own goals and objectives.

1. **Senior (Older Adult) Committee:** Terry Bohrer, Chair; Idell Wilson, Gregory Ledbetter, Richard Slota; Marylyn Tesconi, and Benny Wong.
2. **Youth Committee:** Judy Drummond, Co-Chair; Susan Page, Co-Chair; Carletta Jackson-Lane; and Marylyn Tesconi.
3. **Substance Use:** Njon Weinroth, Chair; Judith Klain; Marylyn Tesconi and Gregory Ledbetter.
4. **Executive Committee:** Harriette Stevens, Co-Chair; Ulash Dunlap-Thakore, Co-Chair; Idell Wilson, Vice Chair; Gene Porfido, Secretary; Toni Parks, and Richard Slota.

7.1 Public Comment

No public comments.

8:0 CHANGING NAME TO BEHAVIORAL HEALTH BOARD OR COMMISSION

Discussion to consider changing the Mental Health Board name to Behavioral Health Board or Commission.

Mr. Weinroth facilitated the discussion about considering the changing the Mental Health Board name to Behavioral Health Board or Commission. The renaming process is formal and could require the San Francisco Board of Supervisors' approval.

Ms. Jackson-Lane was concerned that the name change requires more public education and awareness of the connotation between behavioral health and mental health.

Ms. Parks shared that the name change would reduce the stigma.

Ms. Klain strongly discouraged the changing of the name. The “behavioral” word has more stigma than the “mental” word. People get judged for their behaviors, and accordingly, labeling evokes the response of either empathy or pathology.

Mr. Porfido said that judgemental words could be a contributory factor to health inequities. Once people with mental illness get pathologized because of their “bad” behavior, they are seen as less valuable and less desirable.

Mr. Ledbetter believed that behavioral health is the buzz word for “bad.”

Ms. Drummond preferred the word “behavior” more than the word “mental” health.

Ms. Bohrer preferred the word “behavior” rather than “mental.”

Ms. Wilson shared that there is already a momentum moving from mental towards behavior health.

Ms. Jackson-Lane suggested that board makes a recommendation to DPH Director Barbara Garcia.

Mr. Proffitt mentioned that the State of California mandated that each California County has a mental health board/commission. Reviewing the State laws would have an enabling legislation for an administrative body to choose its own naming without the approval from the San Francisco City’s Board of Supervisors. Since many cities form a county, jurisdiction over organizational naming could be in the purview of the county board/commission itself.

8.1 Public Comment

Ms. Ross shared that mental health is a choice while behavior has a clinical term and feels very authoritative.

Dr. David Elliot Lewis felt that the “mental” word is more appropriate than the “behavior” word.

9.0 HOW TO CREATE RESOLUTIONS AND FOLLOW THROUGH

Ms. Bohrer presented suggestions on how to create resolutions and how to use them to advocate for change. The issue needs to be researched for why it is needed and the direct action that is needed to respond. She suggested that each resolution have a strong cover letter when it is sent to the Supervisors and the Health Commission. After the resolution is approved by the board, all board members need to go to their respective supervisors to highlight the resolution. She has planned for an advocacy workshop in January 2018.

9.1 Public Comment

[No public comments.](#)

ADJOURNMENT

Adjourned at: 4:37 PM


HS1

San Francisco Mental Health Board Retreat December 2, 2017

1380 Howard Street
Conference Room 515
San Francisco, CA 94103
9:00 am – 4:00 pm

MHB Board Co-Chairs

Ulash Thakore-Dunlap, MFT
Harriette S. Stevens, Ed.D.



2017 MHB Retreat


☞ **Board Responsibilities, Overview of Sunshine, Board Protocol**

- California mandate for mental health board's duties and responsibilities
- Robert's Rules of Order
- Board protocol

STRATEGIC PLAN & ACCOMPLISHMENTS

MHB Resolution

May 17, 2017



☞ **Resolution (MHB-2017-02):** The Mental Health Board urges the Mayor, the Health Commission and the Board of Supervisors to expand the current budget for Behavioral Health Services, while expanding housing options for people with mental illnesses.

MHB Resolution

November 15, 2017



☞ **Resolution (MHB-2017-3):** The Mental Health Board commends Concrn for its work with people living on the streets.

MHB Retreat: *Programs Reviewed*



- ☞ **Richardson Apartments:** Virginia Lewis, February 2017
- ☞ **Golden Gate Senior Center:** Terezie Bohrer, Idell Wilson, Gene Porfido, February 2017
- ☞ **Larkin Street Routz:** Angela Pon, Susan Page, Marylyn Tesconi, Judy Drummond, July 2017
- ☞ **Horizons Unlimited:** Angela Pon & Marylyn Tesconi, August 2017

Programs Reviewed



December 2017

- ☞ **BHS–Transitional Age Youth:** Marylyn Tesconi & Judy Drummond
- ☞ **BHS–Central City Older Adult Clinic:** Terezie Bohrer, Gene Porfido, Richard Slota
- ☞ **Southeast Mission Geriatric Services:** Terezie Bohrer & Idell Wilson

MHB Retreat: *Presentations*

January 18, 2017



- ☞ **2016 Mental Health Board Accomplishments & Board Member Introductions** to Behavioral Health Services Director, Kavoo Ghane Bassiri, LMFT, LPCC, GGP.

MHB Presentation

February 15, 2017



- ☞ **Review of Board Accomplishments for 2016 and Strategic Plan for 2017:** Dr. Harriette Stevens, MHB Board Co-Chair
- ☞ **Assisted Outpatient Treatment (AOT) Update:** Dr. Angelica Almeida, AOT Director
- ☞ **Crisis Intervention Team Training Update:** Dr. David Elliott Lewis

MHB Presentation

March 16, 2017



- ☞ **Foster Youth and Mental Health Services in San Francisco:** Annabelle Gardner, Young Minds Advocacy in partnership with California Youth Connection & Susan Page, Youth Advocate and Mental Health Blogger.

MHB Presentation

April 19, 2017



- ☞ **Youth Speak Out About Mental Health and Substance Use Services:** Judy Drummond, Mental Health Board's Youth Committee Chair

MHB Presentation
 May 17, 2017

☞ **Warm Line, Mental Health Association of San Francisco:** Peter Murphy, Staff; Claudia Mendez, Program Manager

MHB Presentation
 June 21, 2017

☞ **Housing Options for People with Behavioral Health Needs:** Kelly Hiramoto, LCSW, Director of Transitions, San Francisco Health Network

MHB Presentation
 July 19, 2017

☞ **Two new programs:** Dr. Angelica Almeida

- ❖ Law Enforcement Assisted Diversion program (LEAD-SF)
- ❖ Promoting Recovery and Services for the Prevention of Recidivism (PRSPR), assisting people released from prison as a result of Prop 47

MHB Presentation
 September 20, 2017

☞ **The Mental Health Services Act – A Three-Year Integrated Plan for Fiscal Years 2017/18 – 2019/20:** Imo Momo, MPA, Director, Mental Health Services Act

☞ **Innovative Outreach Programs for People who are Homeless:** Neil Shah, Executive Director, CONCRN; Jacob Savage, CONCRN; David Rado Hato, City Resource San Francisco; Ashley Thomas, City Resource

MHB Presentation
 October 18, 2017

☞ **HIV Homeless Outreach Mobile Engagement, Issues and Experiences:** Dr. Deborah Borne, Medical Director & Scott Carlisle, Consumer

MHB Retreat: Visits to Supervisors

☞ **Scheduling time and meeting with supervisors**

- **Judy Drummond:** Scott Weiner
- **Richard Slota:** Aaron Peskin; Sandra Fewer
- **Angela Pon:** Sandra Fewer
- **Ulash Thakore-Dunlap:** Katy Tang
- **Njon Weinroth:** Norman Yee
- **Gregory Ledbetter:** London Breed
- **Benny Wong:** Hilary Ronan



2017 MHB Retreat



Committee Updates & Discussion Regarding Ongoing Committees

Committee Structure from Strategic Plan



1 Seniors Committee (Older Adults Committee)

- ☞ Resource Directory
- ☞ Homeless Mental Health / Substance Use
- ☞ Custody
- ☞ Long-term Indigent Care

Committee Structure



2 Youth & Transitional Age Youth Committee

- ☞ Wrap-around services: summer and winter vacation periods
- ☞ Resource Directory for families (e.g., family therapy resources, etc.)
- ☞ Wellness Care Engagement
- ☞ Peer Services

Committee Structure



3 Continuum of Care Committee

- ☞ Advocacy for Mobile Wellness Van
- ☞ Substance Use Services: wet house, safe needle clinic, community education, stigma reduction, harm reduction
- ☞ Mega Department of Public Health (DPH) Request for Proposals (RFP)

2017 MHB Retreat



- ✓ Where do we go from here?
- ✓ What are our priorities?

MHB Retreat 2017



Committee Discussion: Goals for 2018, meeting times, agendas

2017 MHB Retreat



- Discussion regarding changing name to Behavioral Health Board

2017 MHB Retreat



- How to Create Resolutions & Follow Through**

