

Fiscal Year 2016-2017 ANNUAL REPORT
THE MENTAL HEALTH BOARD OF SAN FRANCISCO



PRESENTED TO

**THE MAYOR AND BOARD OF SUPERVISORS OF THE
CITY AND COUNTY OF SAN FRANCISCO**

JUNE 2017



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EXECUTIVE SUMMARY

The Mental Health Board of San Francisco (MHBSF) submits this Fiscal Year (FY) 2016-17 Annual Report in accordance with the California Welfare and Institutions Code, Section 5604.2. The Board met 11 times during this period with a robust attendance on the part of the membership. Board meetings consisted of salient topic presentations and public participation.

Educational presentations included Mental Health Services Act program updates, Mental Health Association of San Francisco Warmline, foster youth and mental health services, youth with mental health issues and substance use, community violence, mobile treatment, Assisted Outpatient Treatment Program, and Street Violence Prevention Program and access to Behavioral Health services for people who are homeless. As mandated, a representative of the Board participated in the selection of the new Director of the Department of Public Health Behavioral Health Services (DPH/BHS) Kavous Ghane Bassiri, LMFT, LPCC, CGP; Board input and feedback was used in preparing the California Planning Council Data Notebook; seven program reviews were conducted by Board members with recommendations forwarded to the Director of BHS.

In FY 2016-17, the Board focused on three priorities: (1) Access to behavioral health services and housing for people who are homeless; (2) Identifying barriers to health services; and, (3) Understanding the impact of community and societal violence on behavioral health. Additionally, the Board concentrated on the following issues: the need for increased funding for DPH/BHS; improving quality assurance measures developed and utilized by BHS; improving services for youth with mental health issues, including gangs, foster, and homeless youth; innovative community violence programs for youth; the need for 24/7 mobile treatment services; reviewing and analyzing the first year of Assisted Outpatient Treatment (AOT) program; and increasing the number of Crisis Intervention Team trained San Francisco Police Officers and Sheriffs.

Mental health needs in the County continue to increase despite innovative programs (e.g., isolated seniors living in the Tenderloin, transgender support, vocational training, school-based mental health programs). The MHB recommends adopting a comprehensive continuum of care system; establishing culturally affirming and evidence based practices for all services; strengthening the integration of substance use and mental health treatment to ensure both disorders are treated effectively; access to same day services for prescription medications; ensuring every client has a WRAP Plan and an advanced directive; and increasing the number of therapists, psychologists and psychiatrists.

In 2017-2018, the Board is focusing on youth issues, elderly mental health services, and research funding sources for a Mobile Wellness Van Program to bring behavioral health services to specific San Francisco underserved neighborhoods. The Board has developed a two-year Strategic Plan to guide its activities during this time.

INTRODUCTION

The Mental Health Board (MHB) of San Francisco, established in 1983, as mandated by the Bronzan-McCorquodale Act within the Welfare and Institutions Code, Section 5604.2, is responsible for the following:

- Review and evaluate the community's mental health needs, services, facilities, and special problems.
- Review County agreements entered into pursuant to Section 5650.
- Advise the Board of Supervisors and the Director of Behavioral Health Services (BHS) as to any aspect of the local mental health system.
- Review and approve the procedures used to ensure citizen and professional involvement at all stages of the planning process.
- Submit an Annual Report to the Board of Supervisors on the needs and performance of the mental health system.
- Review and make recommendations on applicants for the appointment of the director of mental health services prior to the vote of the governing body. The Board shall be included in the selection process prior to the vote of the governing body.
- Review and comment of the County's/City's performance outcome data and communicate its findings to the California Mental Health Planning Council.
- Assess the impact of the realignment of services from the State to the County on services delivered to clients and on the local community.

The Mission

The Mental Health Board of San Francisco represents and ensures the inclusion of the diverse voices of consumers, citizens, and stakeholders in advising how mental health services are administered and provided.

Through its State and County mandates, the Mental Health Board advises, reviews, advocates, and educates; with the aim of having that advice integrated, incorporated, and reflected in implementation of mental health policy; with the ultimate goal of ensuring quality mental health services.

Adopted October 12, 1994

The San Francisco Mental Health Board Members and Staff

The San Francisco Mental Health Board, 2016-17 and 2017-18, Members

2016-17	2017-18
Seat 1, Christine James	Seat 1, Susan Page
Seat 2, Njon Weinroth	Seat 2, Njon Weinroth
Seat 3, Kara Chien, JD, Chair	Seat 3, Carletta Jackson-Lane, JD
Seat 4, Terezie Bohrer, RN, MSW, CLNC	Seat 4, Terezie Bohrer, RN, MSW, CLNC
Seat 5, Virginia Lewis, LCSW	Seat 5, Judith Klain, MPH
Seat 6, Gene Porfido	Seat 6, Gene Porfido, Secretary
Seat 7, David Elliott Lewis, Ph.D., Secretary	Seat 7, Gregory Ledbetter
Seat 8, Benny Wong, LCSW	Seat 8, Benny Wong, LCSW
Seat 9, Richard Slota, MA	Seat 9, Richard Slota, MA
Seat 10, Harriette Stevens, Ed.D.	Seat 10, Harriette Stevens, Ed.D., Co-Chair
Seat 11, Judy Zalazar Drummond, MA	Seat 11, Judy Zalazar Drummond, MA
Seat 12, Toni Parks	Seat 12, Toni Parks
Seat 13, Marylyn Tesconi	Seat 13, Marylyn Tesconi
Seat 14, Angela Pon	Seat 14, Angela Pon
Seat 15, Ulash Thakore-Dunlap, MFT, Vice-Chair	Seat 15, Ulash Thakore-Dunlap, MFT, Co-Chair
Seat 16, Idell Wilson	Seat 16, Idell Wilson, Vice Chair
Seat 17, Supervisor Mark Farrell	Seat 17, Vacant

Staff

Helynna Brooke, Executive Director

Loy Proffitt, MBA, Administrative Manager

For more information about board members, please go to www.mhbsf.org.

A Word from the Co-Chairs

The Mental Health Board (MHB) of San Francisco consists of volunteers who work hard to support the behavioral and mental health needs of our San Francisco community. Each board and staff member brings unique talents. I want to thank our 2015-16 Chair Ms. Kara Chien for providing great leadership; her passion and vision helped the board meet our committee goals. In 2015-16, the Board worked on the following committees: Access to Behavioral Health Services for People who are Homeless, Identifying Barriers to Behavioral Health Services and Impact of Community Violence on Behavioral Health. My personal passion lies in exploring ways we can better support and serve our children, adolescents and transitional age youth. I have enjoyed meeting many community-based organizations that are doing amazing work in supporting our community. I urge each of you to do your part to advocate for enhanced behavioral health services. Our Board meetings are open to the public and a great opportunity to come share your thoughts and ideas on behavioral health needs. It is only when we work collaboratively that change truly occurs.

Ulash Thakore-Dunlap, MFT

As Co-Chair of the San Francisco Mental Health Board, I have played a leading role in helping to guide the implementation of our strategic plan. For the last two years (2015-17), I have had the opportunity to serve as chair of the Annual Retreat Committee where we developed our strategic plan, and the Barriers to Behavioral Health Services Committee in which we examined many of the systemic barriers to eligibility and access to services for seniors with mental illnesses.

As documented in this 2016-2017 Annual Report, the Board has found that stronger connections are needed between San Francisco mental health programs and the delivery of services. Hence, we have established two committees in response to these findings.

- ✚ The Youth Committee seeks to identify existing wraparound services for youth and develop a resource directory for families, including family therapy resources.
- ✚ The Mobile Wellness Van Committee is researching the use of vans as a way to expand access to behavioral health services for people in targeted neighborhoods.

I am excited about working with my colleagues and providing guidance and leadership to the Board. My priorities as co-chair will include: interpreting the findings of our program reviews and developing recommendations to improve programs; moving effective findings into policy through recommendations and resolutions to the Board of Supervisors, Mayor and Behavioral Health Services Director; and helping to shape innovative behavioral health programs so that San Francisco is at the forefront of the behavioral health arena.

Harriette S. Stevens, Ed.D.

MENTAL HEALTH BOARD ACCOMPLISHMENTS

FY 2016-17 Resolutions

1. **MHB Resolution (MHB 2016-06):** The Mental Health Board advocates funding for five Wellness Mobile vehicles with sufficient staffing for FY 2017-2018, to provide underserved neighborhoods with 24 hour, 7 day a week safe walk-in spaces for people in crisis or in need of walk-in behavioral health services.
2. **MHB Resolution (MHB-2016-05)** The Mental Health Board commends The Street Violence Intervention Program for its exceptional work with youth.
3. **MHB Resolution (MHB 2016-07):** The Mental Health Board advocates adequate funding for Crisis Intervention Training for the San Francisco Sheriff's Department in FY 2017-2018.
4. **MHB Resolution (MHB 2016-08):** The Mental Health Board urges the Mayor and Board of Supervisors to allocate sufficient funds for the San Francisco Police Department's Crisis Intervention Training in FY 2017-2018.
5. **MHB Resolution (MHB 2017-01):** The Strategic Plan for the Mental Health Board for FY 2017-2018 be approved as submitted.
6. **MHB Resolution (MHB 2017-02):** The Mental Health Board urges the Mayor, the Health Commission and the Board of Supervisors to increase the current budget for Behavioral Health Services, while expanding housing options for people with mental illnesses.

Program Reviews

In FY 2016-17, Board members conducted seven site visits/program reviews: Felton Institute/Family Service Agency of San Francisco; Golden Gate for Seniors; Jelani Family Program; Southeast Mission Geriatric Services; Citywide Richardson Team; Mental Health Rehabilitation Center and the Curry Center. Board Members used a standardized format, consisting of program staff and confidential client interviews. Generated recommendations were forwarded to the Director of Behavioral Health Services for follow-up actions.

Board Member Activities

Board members contributions to the mission of the Board included:

- Membership on the San Francisco Police Department Crisis Intervention Team (CIT) Work Group provided leadership and training.
- Membership on the California Association of Local Behavioral Boards and Commissions chaired the Legislative Committee and prepared the Association's Strategic Plan.
- Membership on the selection committee for the new Director of Behavioral Health Services (BHS).
- Met with members of the Board of Supervisors and their staff.
- Met monthly with the Director of BHS.

- Represented the MHB on the Assisted Outpatient Treatment Advisory Committee.
- Represented the MHB on the MHSA Advisory Committee.
- Attended community meetings representing the MHB.

Programs and People Honored

- Street Violence Intervention Program, Executive Director Arturo Carrillo
- Jo Robinson, past Director of BHS
- Kara Ka Wah Chien, past MHB Chair
- Helynna Brooke, Executive Director, MHB

BEHAVIORAL HEALTH SERVICES (BHS) HIGHLIGHTS

- **New BHS Director appointed:** In February 2017, Kavooos Ghane Bassiri, LMFT, LPCC, CGP, was hired. He has over twenty years' experience leading community based behavioral health services in San Francisco. The BHS Director oversees Behavioral Health Services with a nearly \$400 million budget, that provides behavioral health services to children, youth, families, transitional age youth, adults and older adults, with a civil service staff of 600, a private provider network of approximately 400 individual providers, 200 community based programs and 21 civil service programs. The FY 16-17 budget was \$371,311,372 and served 33,546 people.
- **New MHSA Director appointed:** In January 2017, Imo Momoh, MPA, was appointed Director of the San Francisco MHSA program in the Department of Public Health, Behavioral Health Services (DPH/BHS). The Mental Health Services Act (MHSA) was enacted January 2005, to provide funding (1% tax on millionaires) to create fundamental changes to the access and delivery of mental health services in California.
- **Faces for The Future:** This year marked the successful launch of MHSA-funded FACES for the Future program at John O'Connell High School. Thirty-three graduating seniors participated in internships at various SFDPH units, clinics and programs.
- **First Impressions:** First Impressions is a basic construction and remodeling vocational program that assists BHS consumers in learning marketable skills -- while remodeling DPH clinic waiting rooms, and creating a welcoming environment.
- **First Annual Vocational Summit:** The summit provided 130 attendees education and information about vocational and employment programs in San Francisco, and acknowledged the work of staff in 42 programs.
- **6th Annual Mental Health Services Act (MHSA) Award Ceremony:** The October 2016 ceremony celebrated the achievements of current and former behavioral health consumers in MHSA-funded programs.
- **Assisted Outpatient Treatment (AOT):** The Assisted Outpatient Treatment (AOT) program completed its first year. The program received 211 requests for which 108 were referrals to the program. AOT engaged 19 individuals in voluntary services,

and filed four court petitions. Most referrals were made by family members and treatment providers and, while there was a lot of diversity among referred individuals, clients were predominantly white males, ages 26 to 45.

- **Children, Youth and Families (CYF)**
 - **SFDPH Trauma Informed System Initiative:** The SFDPH Trauma Informed System (TIS) Initiative began implementing foundational trauma training in 2014. Two key aspects of the TIS initiative were the Commitment to Change project and the Organizational Champions pilot. Both aspects have shown promising results to become a successful trauma informed system.
 - **Lifting and Empowering Generations of Adults, Children and Youth (LEGACY):** Eighteen parents participated and 14 graduated from the Parent Café program. The Parent Café is a parenting support group derived from the Strengthening Families model.
- **Developed new mental health outreach materials for cultural populations:** In January of 2017, BHS developed cultural adaptations of mental health outreach materials for members of the Punjabi, African American and Chinese American communities. These materials were developed under the Each Mind Matters campaign, which is part of the Statewide MHSA Prevention and Early Intervention Initiative, addressing mental health stigma and discrimination reduction.
- **Annual Peer and Family Conference:** 100 peers and family members attended the 9th Annual Peer and Family conference focused on “Create Your Wellness Tools for 2017.”
- **Annual Trans Health and Wellness Fair:** 110 attendees, including 30 agencies attended the fourth annual Trans Health and Wellness Fair held in December 2016. The purpose of the fair was to link trans-identified individuals to community services in a safe and culturally responsive environment.
- **San Francisco Transitional Age Youth (TAY) System of Care:** In recognition of the need to improve coordination of behavioral health services for transitional age youth (16-25), the TAY leadership team led a process to develop and support a behavioral health system of care designed to meet the unique needs of young adults and their families.
- **Consumer Portal started May 2017:** The Consumer Portal “sfHealthConnect” is open for adult/older adult consumers. The portal provides consumers opportunities to view their medical information and communicate with their providers and case managers.

BEHAVIORAL HEALTH SERVICES NEEDS AND RECOMMENDATIONS

The MHB identified the following needs and supports these recommendations:

- Increase Behavioral Health Services funding.
- Ensure Crisis Intervention Team (CIT) training for the Police and Sheriff's Departments.
- Expand mobile crisis behavioral health services for adults to seven days a week/24 hours a day.
- Increase behavioral health services and supportive housing for people who are homeless.
- Adopt a Comprehensive Continuum of Care System within BHS.
- Establish culturally affirming and evidence-based practices for all services.
- Strengthen the integration of substance use and mental health treatment to ensure both conditions are treated effectively.
- Provide access to same day services for prescription medications.
- Ensure every client has a WRAP Plan and an advanced psychiatric directive.
- Increase the number of therapists, psychologists and psychiatrists in BHS to decrease waiting time, increase ability to serve all in need, and offer enhanced therapeutic services including co-occurring disorder services, trauma-informed services that are culturally affirming, and TAY appropriate services.
- Support of the Mayor's office proposal to establish a 24-hour resource center that would provide homeless people with showers and hot meals, and fund a special paramedic team to intervene with people who are the subject of 911 calls more than ten times a year.
- Support of the Board of Supervisors proposal to put more funding into homeless services, mental health programs and public education than into jails by diverting low-level offenders to appropriate health and social services.

COLLAGE OF MHB ACTIVITIES FY 2016-17

