CANNABIS EDIBLES are food or drink items made with cannabis or cannabis oils.

START LOW. When using cannabis edibles, you may want to start with a small serving of the product.

GO SLOW. You may feel fine for several hours after consuming a cannabis edible, and then suddenly feel very high. Don’t eat or drink more of a cannabis product until you have waited at least 2-4 hours.

DO NOT GIVE CANNABIS TO ANYONE UNDER 21 YEARS OLD WITHOUT A PHYSICIAN RECOMMENDATION.

STORE AWAY SAFELY. Lock it up and out of reach from children and pets.

AVOID IF YOU ARE PREGNANT OR BREASTFEEDING. Consuming cannabis can harm the health of your baby and is not recommended for women who are pregnant or breastfeeding, or who plan to become pregnant soon.

1ST TIME USING? BE CAUTIOUS!
Consuming too much cannabis product at once may lead to unwanted physical and/or mental effects:

- extreme confusion
- anxiety
- panic
- paranoia
- hallucinations
- delusions
- increased blood pressure
- fast heart rate
- severe nausea
- vomiting

If you or someone you know has any of the symptoms above, call the Poison Control Hotline at 1 (800) 222-1222 for free, fast, expert help anytime. If the symptoms are severe, call 911 or go to an emergency room.