



City and County of San Francisco  
Edwin M. Lee, Mayor

## San Francisco Department of Public Health

Barbara A. Garcia, MPA  
Director of Health

### Director's Report for Health Commission Meeting of

February 18, 2014

*A current overview of issues affecting the state of public health in San Francisco*

<http://www.sfdph.org/dph/comupg/aboutdph/insideDept/dirRpts/default.asp>

#### **Contra Costa Health Department – Measles Exposure (February 13, 2014)**

A UC Berkeley student identified with measles attended class and commuted to school on BART from home in Contra Costa County before being diagnosed with measles. Measles is a serious, highly contagious disease. An infected person is contagious for several days before and after the rash appears. Measles symptoms can begin one to three weeks after exposure to an infected person and can include high fever, runny nose, coughing and watery red eyes. A rash develops on the face and neck two to three days after the fever begins, and spreads down the body. The rash usually lasts five or six days. It spreads through the air, when an infected person coughs or sneezes. Fortunately, the measles vaccine is highly effective in preventing infection.

The measles virus can stay in the air for up to two hours. Because BART cars circulate throughout the Bay Area, anyone who used the transit system from Tuesday, Feb. 4 to Friday, Feb. 7 during the morning commute hours and late evening was potentially exposed to measles. People who are previously vaccinated or have had measles before are unlikely to catch measles, even if they had contact with a contagious person. But those who were not previously vaccinated are at risk for catching measles if exposed to the virus. Health officials urge anyone who shows symptoms of measles to contact their healthcare provider immediately and to wear a face mask if they go into a health care facility.

Contra Costa Health Services, the California Department of Public Health, UC Berkeley and City of Berkeley Public Health are investigating the student's movements and notifying people who were in close contact with the student. So far, the agencies have identified no other measles infections related to this case.

#### **SF Chronicle covers General Medicine Clinic at SFGH**

The General Medicine Clinic received coverage in the San Francisco Chronicle for their Care Management Program's success in reducing hospitalizations among chronically ill patients. The program focuses on a small group (2.7%) of patients who account for a disproportionately large number (35%) of the clinic's hospital admissions. An interdisciplinary team of doctors, nurses, social workers and health coaches work with these patients, many with multiple chronic illnesses, to better manage their diseases and as a result have spent 59% fewer days in the hospital and were 55% less likely to end up in the ER.

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The story can be found at this link: <http://www.sfgate.com/default/article/Hospitals-use-hot-spotting-to-zero-in-on-5204973.php>

### **Heroes and Hearts; Hearts After Dark**

The annual Heroes & Hearts and Hearts After Dark benefits for the San Francisco General Hospital Foundation (SFGHF) took place Thursday, February 13 under a tent on the ball field at AT&T Park. This year's recipients of the Heroes & Heart Award – an award that recognizes those who have demonstrated exceptional service and leadership within their community -- have a special connection to SFGH. The 2014 heroes are volunteer Joe Drake, a former SFGH patient whose work has significantly reduced violence and crime among his peers; owner and operator of Dudley Perkins Company, Thomas Perkins, another former SFGH patient who for 30 years has organized an annual toy run for children at San Francisco General Hospital and Trauma Center; and, Joan Varney, retired gardening supervisor at The General who helped to initiate HeartBeets and other programs utilizing produce grown at the hospital.

The Heroes & Hearts Luncheon is an outgrowth of 2004's Hearts in San Francisco series – a city-wide art installation and fundraiser project. In addition to celebrating exceptional community heroes at the February 13 luncheon, 27 new heart artworks were on display including four “table-top” and 15 mini-mosaic hearts that will be auctioned. Hearts in San Francisco artworks, combined with proceeds from Heroes & Hearts and Hearts After Dark (2006 – 2013) have raised nearly \$10 million for the SFGH Foundation.

### **Smoke Free Laguna Honda Campus**

On Friday February 14, 2014 Laguna Honda (LHH) will become a Smoke Free Campus. No smoking will be allowed anywhere on LHH grounds, including the parking areas or inside cars in the parking areas. E-cigarettes, smoked cannabis and chewing tobacco are also prohibited.

Harmony Park, the only area at LHH where residents can currently smoke, will close on Thursday February 13th at 8 p.m. The area will be under construction over the three day weekend. Over the weekend there will be additional volunteers, activities staff, nursing and SATS/psych staff to assist with any problems that may arise. There will be a full calendar of hospital wide activities as well. On Tuesday, February 18th starting at 10 a.m. there will be Harmony Park reopening festivities with live music, snacks, a renaming contest and a ribbon cutting ceremony. Everyone is encouraged to attend.

The smoke free message line, 682-5678, or 4-5678, will become a hot line on Friday morning February 14th. This will be routed to the nursing office, where the call will be answered and triaged to the appropriate staff (SATS, AT, etc). Please use this number 24/7 for help with smoking related problems starting Friday morning.

Badge sized cards will be distributed by Friday to staff with the LHH smoking policy on one side and a sample script for speaking to anyone who is violating the smoking policy on the other. Everyone in the Laguna Honda community is encouraged to do their part by abiding by the policy and speaking to those who are in violation of the policy.

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There are a small group of residents who have been identified as having the ability to leave the LHH campus independently. Once off campus these residents may chose to smoke. They may also securely store their own smoking materials as long as they comply with the policy. Residents who are able to take the shuttle independently to leave hospital grounds may do so. There has been no change in the shuttle policy.

### **ACA employer provisions modified**

The “employer mandate” under the Affordable Care Act (ACA) requires businesses with 50 or more full-time employees to offer insurance to at least 95% of their full-time employees, or to face penalties. Originally slated to take effect in 2014, this provision was delayed to 2015 last year, and has been modified again as the Administration hopes to ease the transition. Per federal regulations issued on February 10, 2014:

- Firms with more than 100 employees are required to comply with the requirements in 2015, but will not face penalties if they offer insurance to at least 70% of their full-time employees.
- Businesses with 50-99 employees are not required to offer insurance to their full-time employees until 2016.
- All businesses with more than 50 employees are expected to comply with the full requirements starting in 2016.

While providing transitional relief to the small fraction of firms with 50+ employees that have not offered insurance before, these changes are projected to have little effect on the overall employer sponsored insurance market. Nationally, 96% of businesses have fewer than 50 employees and are not required to comply with the employer mandate at all. However, more than 70% of the American workforce is employed by businesses with more than 100 employees, the vast majority (94-98%) of which already offers health insurance.

### **Moving Toward Wellness - Healthier Vending Machine Launch at SFGH**

In alignment with our Healthy Food in Health Care pledge and in effort to create a healthier food environment for San Francisco General Hospital’s patients and staff, we will be transforming the vending machines in building 90 to provide healthier options. To support our community’s wellbeing, we recognize the importance of incorporating health foods and drinks into one’s diet.

Previous vending choices were not promoting health, but contributing to poor eating habits. By providing access to healthier options, it will be easier to make better food choices. Currently all our choices stand at the mid-to-healthy range.

SFGH’s vending machine committee has surveyed patients and staff of building 80/90 regarding their snack preferences. Based upon the results, they worked with the vendor to provide snacks and drinks which are healthier than the previous options. New options have less sugar, fat and sodium.

To further healthier vending machine efforts, in the future, SFGH will be getting a refrigerated vending machine offering healthier foods like fruit and vegetables, string cheese, sandwiches, yogurt. The focus will be to provide nutritionally dense and minimally processed foods.

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### **Influenza update**

Influenza activity appears to have peaked for the year, though flu season is expected to continue for another month or so. This year's flu season was notable for the predominance of the H1N1 influenza virus strain. The H1N1 strain, which first circulated in 2009, is more likely than other flu strains to cause serious illness in young and middle-aged individuals, especially those with chronic medical conditions. Statewide, influenza deaths among individuals under the age of 65 are approximately double the number seen in the 2012-2013 influenza season. San Francisco has confirmed three deaths in individuals under the age of 65. San Francisco hospitals experienced a high volume of influenza-related admissions, but there was adequate capacity to deal with this increased demand. There was significant media attention to influenza this season, and SFDPH personnel were quoted in multiple newspaper, radio, and television stories. The key message shared through these media interactions was the importance of influenza vaccination for prevention.

### **Public Managerial Excellence Nominee**

ChiaYu Ma, Laguna Honda's Finance Manager, was a DPH nominee for the 2013 Municipal Fiscal Advisory Committee (MFAC) Public Managerial Excellence Award. The MFAC award recognizes individuals who demonstrate outstanding leadership, creativity and distinction in San Francisco government. A reception will be held on March 12 at City Hall. Congratulations Chia.

### **SFGH Eligibility Management Team**

Special recognition goes to the SFGH Eligibility Management under the leadership of Vanda Baptista as Director. Jenine Smith and Omar Carvallo, eligibility managers at SFGH and at Community Primary clinics, have been at the forefront of implementing many changes to their operations to accommodate Affordable Care Act new State program enrollments and the LEAN process to improve the hospital and clinics patient care access.

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The Whistleblower Program, operated by the Controller's Office, receives complaints regarding the misuse of City funds, improper activities by City officers and employees, deficiencies in the quality and delivery of government services, and wasteful and inefficient City government practices. There are a number of ways to file a complaint. Go to [www.sfcontroller.org](http://www.sfcontroller.org) and click on the Frequently Requested tab to access the Whistleblower complaint instructions in the drop down menu.

**COMMUNITY HEALTH NETWORK  
SAN FRANCISCO GENERAL HOSPITAL & TRAUMA CENTER**

**February 2014**  
**Governing Body Report - Credentialing Summary**  
**(1/16/14 BUSINESS-MEC)**

	<b>02/2014</b>	<b>07/2013 to 06/2014</b>
<b>New Appointments</b>	<b>17</b>	<b>183</b>
Reinstatements		
<b>Reappointments</b>	<b>41</b>	<b>376</b>
Delinquencies:		
Reappointment Denials:		
<b>Resigned/Retired:</b>	<b>12</b>	<b>156</b>
<b>Disciplinary Actions</b>		
<b>Administrative Suspension</b>		
<b>Restriction/Limitation-Privileges</b>		
<b>Deceased</b>	<b>1</b>	<b>2</b>
<b>Changes in Privileges</b>		
Voluntary Relinquishments	<b>22</b>	<b>95</b>
Additions	<b>9</b>	<b>94</b>
Proctorship Completed	<b>22</b>	<b>128</b>

<b>Current Statistics – as of 1/6/14</b>		
Active Staff	<b>545</b>	
Courtesy Staff	<b>496</b>	
Affiliated Professionals (non-physicians)	<b>253</b>	
<b>TOTAL MEMBERS</b>	<b>1,294</b>	

<b>Applications in Process</b>	<b>45</b>
<b>Applications Withdrawn Month of February 2014</b>	<b>0</b>
<b>SFGH Reappointments in Process 3/2014 to 5/2014</b>	<b>146</b>

# LAGUNA HONDA HOSPITAL AND REHABILITATION CENTER

## FEBRUARY 2014

### Health Commission - Director of Health Report

(February 13, 2014 Medical Exec Committee)

	February	(FY 2013-2014) Year-to-Date
<b>New Appointments</b>	<b>1</b>	<b>10</b>
Reinstatements	0	0
<b>Reappointments</b>	<b>3</b>	<b>33</b>
Delinquencies:	0	0
Reappointment Denials:	0	0
<b>Resigned/Retired:</b>	<b>1</b>	<b>9</b>
<b>Disciplinary Actions</b>	<b>0</b>	<b>0</b>
<b>Restriction/Limitation-Privileges</b>	<b>0</b>	<b>0</b>
<b>Deceased</b>	<b>0</b>	<b>0</b>
<b>Changes in Privileges</b>		
Additions	0	0
Voluntary Relinquishments	0	0
Proctorship Completed	3	8
Proctorship Extension	0	0

<b>Current Statistics – as of 1/31/2014</b>		
Active Medical Staff	37	
As-Needed Medical Staff	15	
External Consultant Medical Staff	42	
Courtesy Medical Staff	1	
Affiliated Professionals	6	
<b>TOTAL MEMBERS</b>	<b>101</b>	

<b>Applications in Process</b>	<b>0</b>	
<b>Applications Withdrawn Month of February 2014</b>	<b>0</b>	