



City and County of San Francisco
Edwin M. Lee, Mayor

San Francisco Department of Public Health

Barbara A. Garcia, MPA
Director of Health

Director's Report for Health Commission Meeting of September 15, 2015

A current overview of issues affecting the state of public health in San Francisco
<http://www.sfdph.org/dph/comupg/aboutdph/insideDept/dirRpts/default.asp>

California Legislative Update

The State Legislature adjourned for the year on Friday, September 11, 2015. Governor Brown now has until October 11th to act on most bills passed by the Legislature. Among the high-profile health bills passed by the Legislature are:

- a set of bills to create a statewide regulatory system for medical cannabis,
- a physician-assisted right to die bill,
- a set of bills aiming to reduce the high rate of prescription of antipsychotics for foster youth,
- a bill allowing the State to request amendments to the current 1115 Medicaid Waiver, in case the Waiver renewal deadline is not met,
- and a bill to delay the planned transition of the California Children's Services program to Medicaid managed care.

The Legislature failed to reach an agreement on the \$1.1 billion Managed Care Organization tax, which is at the crux of the Special Session on Health, called by the Governor earlier this year. The Special Session also included several bills aimed at regulating e-cigarettes as tobacco products and raising the state's tobacco tax. Special Session committees may continue to meet over the next few months, and the Special Session may be called back if needed before the Legislature reconvenes in January. SFDPH will update the Health Commission as more information becomes available.

Mayor Lee to Expand Innovative Homeless Navigation Sites with Additional Funding

The Navigation Center is the City's pioneering approach to help homeless individuals find stable housing or residential treatment programs and get access to the services needed to stabilize their lives. Located in San Francisco's Mission District, this unique program has served about 200 homeless persons since its launching in March of this year. Last week, Mayor Lee reiterated his

support for the Navigation Center by adding an additional 3 million dollars of City funding to expand the program to other sites in San Francisco, noting that the program has been very successful and encouraging the private sector to lend financial support to his efforts.

Mayor Lee Announces Affordable Housing Plan

On Tuesday, September 8, 2015, Mayor Lee, Board President London Breed and other members of the Board announced a plan to increase affordable housing options in San Francisco by 10,000 units by 2020. To achieve this critical goal, the plan relies on both existing housing stock and brand-new options along five main legislative dimensions:

1. reconstruction of over 1,000 distressed housing units
2. preservation of expiring affordable units
3. housing priority options for neighborhood residents
4. amendments to the City's Inclusionary Housing Program, and
5. the establishment of additional developer incentives for affordable units

This bold and innovative plan outlines the Mayor's sincere dedication to addressing the affordability crisis in San Francisco.

Maternal and Child Health Given "Healthy Mothers Workplace" Award

Maternal and Child Health was among 31 San Francisco employers recently recognized for family-friendly work policies. Family-friendly policies include parental leave, lactation accommodation and work-family balance. The employers were recognized with awards from US Department of Health and Human Services Regional Health Administrator, Betsy Thompson, MD, DrPH, The Office of Mayor Lee, and Assessor-Recorder Carmen Chu. The ceremony was held Monday, September 14th at the Federal Building in San Francisco.

Publicity plus Enforcement Reduces Pedestrian Fatalities

A recent Vision Zero study was just featured in the SF Chronicle. The Department of Public Health, working with the Municipal Transportation Agency, found that a marketing campaign — promoting the message "It stops here" and stressing that pedestrians have the right of way at intersections — was successful in increasing by 3.2 percent the number of vehicles yielding for pedestrians when paired with enforcement.

The study focused on four of the city's most dangerous intersections: Kearny and Clay streets; Sixth and Folsom streets; Mission and 20th streets; and Geary and Arguello boulevards. Ad campaigns, including bus ads, billboards and flyers, were displayed along streets leading to the intersections, while police cited drivers. Observers recorded whether or not drivers followed laws requiring them to yield to pedestrians.

At the end of the 31 week study, the number of drivers yielding to pedestrians increased between 3 percent and 4 percent at each of the intersections. Four similar intersections, which saw no publicity or enforcement, were also studied — but drivers didn't improve their behavior at those.

Megan Weir, SFPDPH representative to Vision Zero SF, said the results showed that “combining education and targeted enforcement can result in modest but significant benefits on the leading cause of pedestrian injury in San Francisco.”

Recognizing Administrative Staff

Administrative staff from all over the DPH gathered at 101 Grove September 4th for a celebratory luncheon to acknowledge their hard work, which is often behind the scenes, but makes this organization move. In attendance were: Mary Lou Remo, Virginia Van Patten, Annette Gargollo, Faye DeGuzman, Lawrence Lee, Mary May Beltran, Cindy Garcia, Stephanie Aquino, Maria Fu-Vong, Delores Sanchez, Stephanie Hon, Nina da Silva, Madeleine Chanbanchong, Linda Hmelo, Martha Benioff, Molly Bode, Kathy Aquas-Aclan, Amber Masselot, Vita Ogans, Edmund Carnercer, Wesley Chow, Aida Flandez, Carmen Nolasco, Fidez Bituin, Isela Ford, Delia Molloy, Alicia Leon Jhong, Vicky Beltran, Josephine Muir, Nora Macias, Mark Morewitz, Denise Lopez, Teresita Francisco and Michaela Varisto. Please take a moment to thank administrative staff for the great work they do every day.

Hiring for Diversity

The Public Health Human Resource Team has participated in two out-of-state hiring events to fulfill its goal of strengthening and diversifying the current workforce. They participated as exhibitors for the National Association of Hispanic Nurses (NAHN) annual convention held in Anaheim, California on July 8 – July 10, 2015. The event was a well-attended, featured 77 exhibitors and had 400 attendees from all over the bay area and other eastern and western states. They had an overall sign up of 60 interested experienced nurses for San Francisco General Hospital.

They also participated in the National Black Nurses Association (NBNA) held in Atlanta Georgia from July 28 – August 2, 2015. This event was attended by 800 nurses. There were over 200 exhibitors. There were 81 experienced nurses in different specialties including some leadership that indicated their interest in joining San Francisco General Hospital.

They will also participate in the Assembly of Men in Nursing National Event to be held in Minneapolis, Minnesota on September 24 – 26, 2015. There are over 500 registered attendees. The goal is to increase gender diversity in the department.

Performance Appraisal Trainings

The DPH HR Department presented Department-wide trainings on the Performance and Appraisal Planning. These trainings were hosted for an integrated management audience, and were well attended and received. Additional trainings are planned through September. The sessions focus on the elements of an effective Performance Appraisal cycle and:

- How to apply the appraisal cycle as part of daily practice
- How to write meaningful reviews that help improve employee performance and morale
- How to minimize conflict and labor relations issues

Consumer Affairs whom Richard will represent at the Board meetings. This will help to develop and enhance working relationships with CAMTC and local agencies.

UCSF at SFGH Research Building Approvals

On Tuesday, July 21, 2015 the Board of Regents of the University of California approved funding for initial design of the proposed UCSF research building at SFGH. The San Francisco Board of Supervisors unanimously approved the non-binding term sheet.

These approvals allow UCSF and SFGH to begin the planning process for the building and to move forward with the environmental review process. It is anticipated that complete the Environmental Impact Report (EIR) will be completed next spring and the ground lease finalized with the City and County of San Francisco in Summer 2016.

There are over 300 UCSF Post-Docs, Specialists and Research staff working at SFGH. This includes over 200 Physician Researchers. These approvals demonstrate that the strong and long-standing partnership between UCSF and SFGH will continue to thrive for generations. The important research done here will continue to improve the lives of our patients, citizens of San Francisco and the world.

Security Operations Center Opens at SFGH

San Francisco General Hospital celebrated the opening of its new Security Operations Center (SOC) on Thursday, July 9, 2015. Staffed 24 hours a day and outfitted with CCTV cameras of all high risk areas, SOC staff will provide timely security and law enforcement service to patients, visitors and staff of San Francisco General Hospital. The SOC will also operate as the dispatch and security call center for all Department of Public Health facilities.

Crisis Prevention Institutes at SFGH

Basil Price, DPH Director of Security, initiated the first in a series of Crisis Prevention Institutes (CPI) Non-violent Crisis Intervention course trainings in the Emergency Department at SFGH. The course was well attended by a mix of ED nursing, ancillary and medical staff. The staff were engaged throughout the session and more staff are excited to attend the next three additional training sessions.

SFGH Holds Racial Humility Courses Led by Dr. Ken Hardy

SFGH held the first Racial Humility cohort during the week of August 3rd for Emergency Department and Executive Staff. The four-day courses aim to increase awareness and continually improve the care we provide our patients and their families. Dr Ken Hardy, who leads the courses, is an internationally recognized clinician, author and trainer. Dr Hardy helped develop the training manual and curriculum used in New York City to train licensed clinicians in Trauma Based Family Therapy.

2015 Hearts Grants Awards Ceremony

On August 13, the SF General Foundation hosted the 2015 Hearts Grants Awards Ceremony. They awarded over one million in support to programs at SFGH. Programs funded through the 2015 Hearts Grants include the Health Advocacy and Navigation Desk Expansion (\$75,465), which is designed to improve care by providing volunteers, social workers, and legal aid for patients. One program will improve medical education for high-risk patients through 'Meducation'

(\$25,200), an online tool that creates patient specific information in eighteen languages. The Hearing Aid Program for School-Aged Children (\$17,161) will provide the necessary equipment to fit hearing aids for school-aged patients, addressing many risks these children face. And free legal services for patients will be made available through the San Francisco Medical Legal Partnership at the Family Health Center (\$5,218).

Milka Rols Gift to Laguna Honda goes Before Board of Supervisors

The Board of Supervisors voted today to authorize the Department of Public Health to accept and expend gifts from Dr. Milka Rols to Laguna Honda Hospital and Rehabilitation Center Resident Gift Fund in the amount of \$400,000 and to the Development Fund for Quality Improvement, Education, and Training in the amount of \$100,000.

Annual Certification Survey Starts at Laguna Honda

CDPH surveyors arrived at Laguna Honda on Monday morning to conduct the annual certification survey. The survey team consists of a team leader, seven health facilities evaluation nurses and a dietitian. They are expected to complete the survey process by next Tuesday, September 22nd.

Laguna Honda Priorities FY2015-2016

Each year, Laguna Honda's Executive Committee sets forth and agrees upon priorities, based on the Department's and the SF Health Networks goals. This year, they agreed to three priorities: 1) SF Health Network 2) Service Delivery Improvements and 3) Wellness. As part of their SF Health Network support, they welcomed three new leaders: John T. Grimes as Chief Operating Officer, David Snyder as Rehabilitation Manager and Chris Lai as interim Director of Food Services. Also part of priority one: a Sugar Sweetened Beverage Initiative and Vision Planning for Strategic Planning Goals and Objectives, focusing on a 2016 celebration of 150 years of Laguna Honda. Service Delivery Improvements include: signage improvement, ICD-10 Implementation, Hospital-wide hand hygiene, In-home Support Services (IHSS) Transitional Mentorship, and an improvement in parking. As part of Wellness, they are focusing on learning circles for behavioral care planning, to empower staff in developing interventions that are safe and to decrease reliance on prescribing and administering psychotropic medications.

Laguna Honda Walks

Laguna Honda Campus participated in the AIDS walk on July 19. Laguna Honda has been participating in the AIDS Walk SF for the past 12 years. Many former staff and volunteers pitch in to make it a great day. This allows more than 20 residents of the Positive Care program to participate in this wonderful event. This year was one of the warmest on record with not a cloud in the sky. Laguna Honda will also be participating in the Alzheimer's Walk on Saturday, September 19th. The Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. The event will take place at Fort Mason Great Meadow of San Francisco.

Laguna Honda Sugar and Sweetened Beverage Ban goes into effect

Laguna Honda followed SF General and the SF Board of Supervisors in banning sugar sweetened beverages from campus. Sugar-sweetened beverages (SSB) are those that contain one or more added sweeteners and more than 25 calories per 12 ozs. As of September 1, patients, staff, visitors and volunteers will not be able to purchase SSBs on campus. Under the SSB ordinance, 100 percent fruit and vegetable juices, unsweetened beverages, diet beverages, waters, sparkling waters, milk, coffee and teas will still be available.

Castro Mission Turns 50

The Castro Mission Health Center was established in 1965, along with Medicaid and Medicare. It was the first of the five public health clinics built in the county. Originally called “Health Center 1”, it hosted a TB Clinic, dental services, women’s clinic, children’s clinic, family services, and housed the home-visiting Public Health Nurses and the Environmental Health inspectors. Retired physician Fred Strauss recalls providing physical exams to gay men in the area: “At the time it was unknown why gay men were coming down with a very rare form of cancer, Kaposi’s Sarcoma, and a rare lung infection, Pneumocystis Pneumonia. It was the beginning of the AIDS epidemic and Castro Mission became a leader in HIV care. In 1993 they began to integrate mental health services into the growing primary care services. They also began using harm reduction models with substance users, which was adopted city-wide in 2000. In the 1990's Castro Mission helped develop the Dimensions Clinic for LGBTQI Youth. Participants in the program helped evolve a new model for care for gender non-conforming individuals. Castro Mission continues to demonstrate adaptability and innovation. They were the first clinic to participate in Lean training, focusing on minimizing waste and maximizing value, in this case value is based on optimal patient experience. A celebration is being planned at Castro Mission to celebrate 50 years of Primary Care.

Healthy Hearts SF Goes Live

Eighty percent of the city’s most serious heart disease is concentrated among some 23,500 low-income African American and Latino residents in 20 census tracts. Healthy Hearts SF, a campaign managed by Population Health and funded by the CDC, mobilizes health care providers to give patients prescriptions for free physical activity programs throughout the city. They will be holding a media event on Tuesday, September 29 from 11am to 1pm at the World Affairs Council, 312 Sutter Street, and will feature presentations by clinicians, fitness providers, and SFDPH Population Health leaders including Health Officer Tomas Aragon and Jacque McCright, Community Health, Prevention & Promotion.

Environmental Health assists with Noise Pollution in SF

Environmental Health recently assisted the San Francisco Police Department to regulate noise from amplified sound systems on unenclosed tour buses. The City’s Noise Ordinance requires that noise from the amplified systems not be audible at a distance of 50 feet from the tour bus in operation. In a joint enforcement venture last month at Union Square, one of the most popular tour bus destinations, DPH worked with SFPD to identify tour buses that were not in compliance, and bus companies that were in violation were issued citations. Follow-up testing opportunities were provided by DPH to make sure that the tour buses had reduced their amplified sound to the

appropriate levels. Because of collaborative enforcement efforts like this, noise complaints associated with tour bus amplified sound have been greatly reduced over the last year.

Awards

The Community Action Board of Santa Cruz County is celebrating 50 Years of service and is honoring community members who have been game changers in the community. For the past 5 decades, CAB has been focused on fighting poverty and improving lives in Santa Cruz County. DPH Health Director Barbara Garcia will be honored for her commitment during the 1970's for her service to Santa Cruz County.

Richard Lee, Interim Director of Environmental Health, has been selected to sit on the Board of Directors of the California Massage Therapy Council (CAMTC). The Council licenses the majority of the massage practitioners in California. DPH interacts closely with the CAMTC through our enforcement work for massage establishment permitting and massage practitioner certifications. Richard was selected by Director Kidane of the California Department of

Getting Healthy!

We spotted staff on their way to Zumba class at City Hall last week. The group of Zumba fans include Joanne Williams, Susan David, Sonia Perez, Myra Olmos and Betty Reyes. Most staff the Tom Waddell Urgent Care Clinic at 50 Tom Waddell Place, with the exception of Myra Olmos who works for South of Market Mental Health. They attend Zumba at City Hall on Mondays and Fridays at noon.