SFPD COVID-19 ISOLATION & QUARANTINE
DECISION TREE FOR CHILDREN (TK-12 and Childcare) UPDATED 3/18/2022

**Child with symptoms**
- (potential case, NOT a close contact)
  - Send child home if at school, with the parent handout on Returning to School After Symptoms. Recommend testing.

**Child with positive test**
- NEGATIVE TEST: Stay at home until they feel better and get their test result. Child can return if they test negative and must show proof of negative test.
- POSITIVE TEST: Child must stay out of school until:
  - 10 days have passed since their symptoms first appeared AND
  - 24 hours with no fever, without taking medicines for fever, like acetaminophen (Tylenol) or ibuprofen (Advil or Motrin) AND
  - Their symptoms are getting better. Their symptoms do not have to be completely gone.
  - Follow isolation instructions

**Child is not tested**
- NO QUARANTINE (if no symptoms)
  - If child has completed the primary series of the COVID-19 vaccine, or has had confirmed COVID-19 in the last 90 days (e.g. tested positive on a viral test for COVID-19), the child does not need to quarantine. However, child should:
    - Test on/after Day 5.
    - Strongly recommend wearing a well-fitting mask around others for 10 days.
    - Monitor symptoms for 10 days since last date of Close Contact.
  - Isolate immediately and get tested

**Exposure at school/program**
- if symptoms develop at any point
  - POSITIVE TEST: Isolate immediately and get tested
  - NEGATIVE TEST: Follow isolation instructions
  - Stay home until symptoms improve and no fever for 24 hours

**Exposure at home**
- If symptoms develop during day 6-10
  - TEST: Isolate immediately and get tested
  - STAY HOME UNTIL SYMPTOMS IMPROVE AND NO FEVER FOR 24 HOURS

**Standard quarantine**
- Stay home for at least 5 days. Can return if no symptoms and test on/after Day 5 is negative (No test = 10 days).

Purple boxes also apply to childcare.
1. ANYTIME a test is positive (regardless of vaccination status or absence of symptoms), isolate at home for at least five (5) days after any symptoms began (or date positive test collected) and no fever for at least 24 hours and until symptoms improve.

2. All FDA-approved COVID tests can be used for diagnosis or to end isolation/quarantine (Antigen preferred to end isolation or when you have a close contact but have had a recent infection with COVID-19 in the last 90 days.) Children may be required to verify at-home test results.

3. Testing is usually the fastest way for your child to go back to their school or program. You must show proof of your child’s negative test, for example, the test result or a message from your clinic or test site that the test was negative. When your child gets tested, let the clinic or test site know that you will need this.

4. Close contact is being within 6 feet of an infected person for a total of 15 minutes or more in 24 hours, even if both people were wearing masks, during the time the person was infectious. You may consider also testing immediately after learning of a Close Contact. Testing early allows you to have earlier access to treatment options, especially if you are immunocompromised, and to let people around you know that they might have been exposed.

5. Modified Quarantine: if asymptomatic, unvaccinated children who have a close contact while in a supervised school or childcare setting may continue to attend if the program if they get tested twice for COVID-19 (once as soon as feasible after notification and once on or after 5 days from contact) and, if over the age of 2, continue to wear a well-fitting mask for 10 days, except when eating or napping. See #8 for CDPH Modified Quarantine.

6. Group Tracing: Schools or childcare programs should notify students who spent more than a cumulative total of 15 minutes (within a 24-hour time period) in a shared indoor airspace (e.g., classroom) with someone with COVID-19 during their period of infectiousness. Exposed students, regardless of COVID-19 vaccination status or prior infection, should get tested for COVID-19 with at least one diagnostic test obtained within 3-5 days after last exposure. Exposed students who participate in testing may continue to take part in all aspects of K-12 schooling, including sports and extracurricular activities, unless they develop symptoms or test positive for COVID-19. For more information visit CDPH Group-Tracing Approach to Students Exposed to COVID-19 in a K-12 setting.