Behavioral Health Services
Agenda

- Behavioral Health Services in San Francisco
  - Mental Health Services
  - Substance Use Disorder Services
  - Levels of Care

- Behavioral Health Services in San Francisco County Jail
  - Mental Health Services
  - Coordination of Services
What are Behavioral Health Services?
- Mental Health Services
- Substance Use Disorder Services

Includes co-occurring mental illness and substance use disorder diagnoses
A diagnosable mental, behavioral, or emotional disorder that:

- causes serious functional impairment
- examples include major depression, major anxiety disorders, trauma related disorders, schizophrenia, and bipolar disorder

*As defined by the federal Substance Abuse and Mental Health Services Administration, 2016*
Definition of Substance Use Disorder*

Recurrent use of alcohol and/or drugs that causes clinically and functionally significant impairment, including:

- health problems
- disability
- failure to meet major responsibilities at work, school, or home

*As defined by the federal Substance Abuse and Mental Health Services Administration, 2016
Behavioral Health Services

- **Mission**
  - Maximize recovery and potential for healthy and meaningful lives in the community

- **Principles of Service Delivery**
  - Consumer-centered and integrated to meet complex needs
  - Recovery and wellness
  - Trauma-informed care
  - Harm reduction
  - Care in the least restrictive environment
Behavioral Health Service Sites

- Mental Health Civil Service
- Mental Health Community Based Organization
- Substance Use Disorder Community Based Organization
Individuals may move between different levels of care dependent on their need.
Mental Health Services Capacity

- **Case Management**
  - Outpatient Case Management
    - Drop in Hours at clinic
    - No waitlist
  - Intensive Case Management/Full Service Partnership
    - Average wait is more than two months
    - Community based organizations have not completed hiring for increased staffing levels

- **Residential Treatment**
  - *Total Beds: 146*
  - Acute Diversion Unit (2 weeks)
    - 34 beds
    - Average wait is 1 week
  - Residential Treatment (60 days to 1 year)
    - 112 beds
    - Average wait 2 weeks to 1 month
Mental Health Services Capacity

- **Inpatient Psychiatry**
  - *Total Beds: 130*

- **Locked Facility**
  - Approximately 200 beds
  - Average 6-9 months wait
Substance Use Disorder Services Capacity

- **Outpatient Treatment**
  - Estimated 13,000 slots
  - No wait

- **Residential Treatment**
  - 373 beds
  - Average 6 weeks wait

- **Medical Detox**
  - 62 beds
  - Average 5 days wait
ACCESS POINTS

PATIENTS

MENTAL HEALTH + SUBSTANCE USE DISORDER

Behavioral Health Services

24 hr Phone Line
(800) 750-2727; (415) 503-4730

Walk into Behavioral Health Clinic or Behavioral Health Access Center (BHAC)

Referrals from Primary Care

Referrals from Criminal Justice (including jails and courts)

Referrals from Assisted Outpatient Treatment (AOT)

Comprehensive Mobile Crisis

Hospitalizations
## Behavioral Health Services FY15-16 Budget

### MENTAL HEALTH

<table>
<thead>
<tr>
<th>Source</th>
<th>Amount</th>
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<tbody>
<tr>
<td>Local General Fund</td>
<td>$77,230,675</td>
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<tr>
<td>State Funds</td>
<td>$76,386,945</td>
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<tr>
<td>Revenues</td>
<td>$67,789,655</td>
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<tr>
<td>Grants/Workorders</td>
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### SUBSTANCE USE

<table>
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<th>Source</th>
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<td>Local General Fund</td>
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<tr>
<td>State Funds</td>
<td>$ 8,515,285</td>
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<tr>
<td>Revenues</td>
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<tr>
<td>Grants/Workorders</td>
<td>$ 5,835,345</td>
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<td><strong>TOTAL</strong></td>
<td><strong>$69,420,583</strong></td>
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**TOTAL BEHAVIORAL HEALTH SERVICES BUDGET:** $347,747,148
Questions?
Who We Serve
Behavioral Health Services
Consumers

Mental Health Treatment

Substance Use Disorder Treatment

Total

29,917

22,453
Behavioral Health Services by Age

- **18-24**: 8% Mental Health Treatment, 7% Substance Use Disorder Treatment
- **25-44**: 37% Mental Health Treatment, 48% Substance Use Disorder Treatment
- **45-64**: 45% Mental Health Treatment, 42% Substance Use Disorder Treatment
- **65+**: 10% Mental Health Treatment, 4% Substance Use Disorder Treatment

**Legend**:
- Gray: Mental Health Treatment
- Orange: Substance Use Disorder Treatment
Behavioral Health Services
Current Gender Data

- Male: 55% Mental Health Treatment, 67% Substance Use Disorder Treatment
- Female: 45% Mental Health Treatment, 33% Substance Use Disorder Treatment
- Unknown: 0%
Behavioral Health Services by Ethnicity

- **White**: 40% (Mental Health Treatment) 31% (Substance Use Disorder Treatment)
- **African American/Black**: 33% (Mental Health Treatment) 35% (Substance Use Disorder Treatment)
- **Latino/a**: 35% (Mental Health Treatment) 16% (Substance Use Disorder Treatment)
- **Asian**: 5% (Mental Health Treatment) 3% (Substance Use Disorder Treatment)
- **Native American**: 0% (Mental Health Treatment) 2% (Substance Use Disorder Treatment)
- **Pacific Islander**: 3% (Mental Health Treatment) 1% (Substance Use Disorder Treatment)
- **Multi-ethnic**: 3% (Mental Health Treatment) 1% (Substance Use Disorder Treatment)
- **Other**: 1% (Mental Health Treatment) 1% (Substance Use Disorder Treatment)
- **Unknown**: 4% (Mental Health Treatment) 15% (Substance Use Disorder Treatment)
Questions?
Behavioral Health Services in the San Francisco County Jail
Mission

- To provide respectful and compassionate, high quality health care in the San Francisco county jails from an individual and community health perspective.

Principles of Service Delivery

- **Linkage** to community based services
- **Integrated services** to meet complex needs
- **Recovery and wellness**
- **Trauma-informed care**
- **Harm reduction**
San Francisco Department of Public Health

San Francisco Health Network

Jail Health Services

Medical Services

Behavioral Health Services

Reentry Services
<table>
<thead>
<tr>
<th>Category</th>
<th>Count</th>
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<tbody>
<tr>
<td>Total 2015 Jail Population</td>
<td>13,544</td>
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<tr>
<td>~36% had contact with Jail BHS</td>
<td>4,918</td>
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<tr>
<td>~24% had &gt;1 contact with Jail BHS</td>
<td>3,213</td>
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<td>~7%-14% with serious mental illness</td>
<td>1,025-1,900</td>
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Civil and Criminal Commitments

- **Criminal Commitments**
  - Misdemeanor Incompetent to Stand Trial
    - 22 individuals
  - Felony Incompetent to Stand Trial
    - 47 individuals
    - Wait in custody for placement at State Hospital

- **Civil Commitments**
  - Murphy Conservatorship
    - 1 individual
  - Lanterman-Petris-Short (LPS) Conservatorship
    - 12 individuals

2015 Data
The discrepancy is related to complex factors, which include:

- Placement at the State Hospital
- Eligibility for Pretrial Release
- Types of charges
- Attempts to divert to treatment and waits for treatment beds
- Additional Assessments (psychosocial assessments to assist with court process, assessment to determine competence to stand trial)
Average Wait for Residential Treatment from Custody

- The discrepancy is related to complex factors, which include:
  - Prioritization of hospital patients
  - Types of charges
  - Delays in legal resolution of case
  - Additional assessments by program staff

2015 Data
Jail Behavioral Health Services
Current Gender Data

- Male: 80%
- Female: 20%
- Designated Housing

- Behavioral Health Services (as indicated)

- Application for grants
  - e.g., previous partnership with San Francisco Sheriff’s Department and Health Right 360 to provide case management and transgendered specific reentry planning
Jail Behavioral Health Services by Ethnicity

- White: 41%
- African American/Black: 38%
- Latino/a: 10%
- Asian/Pacific Islander: 6%
- Filipino/a: 1%
- Native American/Eskimo: 1%
- Other: 2%
- Unknown: 2%
Behavioral Health by Ethnicity
Community and Jail

- **White**
  - Community: 40%
  - Jail: 41%
- **African American/Black**
  - Community: 31%
  - Jail: 38%
- **Latino/a**
  - Community: 10%
  - Jail: 16%
- **Asian/Pacific Islander**
  - Community: 4%
  - Jail: 6%
- **Filipino/a**
  - Community: 1%
  - Jail: 1%
- **Native American/Eskimo**
  - Community: 2%
  - Jail: 1%
- **Multi-ethnic**
  - Community: 1%
  - Jail: 1%
- **Other**
  - Community: 1%
  - Jail: 2%
- **Unknown**
  - Community: 2%
  - Jail: 4%

- **Community Behavioral Health**
- **Jail Behavioral Health**
Referral to Jail Behavioral Health Services (BHS)

- Health Screening
- Behavioral Health Screening
- Ongoing Behavioral Health and Reentry Services
Individuals may move between different levels of care over dependent on their need.
Existing Partnerships with Collaborative Courts

- Veterans Court
- Drug Court
- Dependency Drug Court
- Behavioral Health Court (BHC)
- Transitional Age Youth (TAY) Court
- Intensive Supervision Court
- Community Justice Center (CJC)
Collaboration between the Adult Probation Department and Behavioral Health Services to promote wellness and recovery to individuals exiting criminal justice settings.

DPH staff provides:
- Assessment
- Treatment authorization
- Referral
Questions?
Future Enhancements/
Areas of Growth
Behavioral Health Services

- Prevention and engagement in services
  - Assistance Before Law Enforcement (ABLE)

- Diversify workforce
  - Supporting education programs within the community and support for consumers

- Continued innovative interventions
  - Continued work with community based organizations and MHSA

- Reduce wait for residential treatment beds and intensive case management
  - Partnering with Mayor’s Office to prioritize consumers of Behavioral Health Services for housing and reduce strain on residential treatment
  - Working with Community Based Organizations to hire and train staff
Jail Behavioral Health Services

- Communication with higher levels of care
  - Plans of care for individuals returning from hospitalization

- Collaboration between behavioral health staff
  - Closer collaboration of psychiatrists and behavioral health teams
  - Continued multidisciplinary team meetings

- Refinement of policy and procedures

- Continued communication/training with deputized staff
  - Ensuring all deputies receive Crisis Intervention Training (CIT)
  - Collaboration to develop plans of care (e.g., behavioral plans)

- Expansion of current Reentry Services model
  - Increased collaboration with courts and its officers to provide comprehensive reentry plans to those being released from custody

- Creating a Dashboard to assess trends with the population
Questions?