



# SAN FRANCISCO SHERIFF'S DEPARTMENT TRANSITIONAL AGE YOUTH (TAY) RESOURCE GUIDE

## 1) Young Men's Reentry Program

*County Jail #4, County Jail #5 and Community Programs*

*Ages: 18-25*

The Young Men's Reentry Program provides comprehensive, gender-specific case management and supportive services that are developmentally and culturally appropriate for young men ages 18 to 25 years old. Services are delivered pre-release and post-release. In custody, clients develop an exit plan and participate in life skills training. In the community, clients receive comprehensive case management and participate in restorative justice circles, with a focus on accountability, healing harm and strengthening families and communities.

## 2) Women Rising / Rising Voices

*County Jail # 2 and Women's Resource Center*

*Ages: 18-25*

The Women Rising/ Rising Voices Reentry Program provides comprehensive, gender-specific case management and supportive services that are developmentally and culturally appropriate for young women ages 18 to 25 years old. Services are delivered pre-release and post-release. In custody, clients develop an exit plan and participate in life skills training. In the community, clients receive comprehensive case management and the opportunity to participate in Rising Voices, a restorative theater program that develops community theater projects as a means of addressing and healing from violence and trauma.

## 3) Discovering Your True Self

*County Jail #4 and Community Programs*

*Ages: 18-30*

The Discovering Your True Self Program (DYTS) was founded in 2002. This unique and innovative program allows young men between the ages of 18 to 30 to pledge to take stronger stands on changing their lives. They pledge to set goals and accomplish them. DYTS allows these young men to feel safe to talk about the mistakes they have made in addition to learning what they need to do about correcting these mistakes, in order that they may live and not die. Discovering Your True Self breaks down self-hatred and promotes self-love, desire, dedication and determination of ascertaining their identity and potential, giving them the opportunity and the ability of being restored with their families and their communities.



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### 4) Resiliency Programming

*All Jails*

*Ages: 18-24*

Five Keys Charter High School was recently awarded a contract with San Francisco Department of Children Youth and Families to expand case management support services for young adults beyond the Roadmap to Peace population. Five Keys' Resiliency program will provide a mix of individualized care management and small group instruction for 18 to 24 year olds who are in custody of the San Francisco County Jails in order to increase their resiliency as they prepare for safe and self-determined futures upon reentry. The program will also coordinate collaborations with grassroots neighborhood organizations with whom TAY relate culturally in order to build relationships and coordinate seamless services that can continue post release. Programming will be meaningful and relatable to TAY, drawing upon life circumstances, relationships and conditions of their families, neighborhoods and communities. Through coordination with the Sheriff's Department, the TAY who are enrolled in the program will have access to high school and college bridging.

### 5) Roadmap to Peace (RTP) Programing

*All Jails*

*Ages: 18-24*

The Five Keys Charter High School provides in-custody care management to clients ages 18 to 24 who are enrolled in the community-based Roadmap to Peace/Opportunity Works (OW) collaborative. Staff provide targeted case management to help these young adults become connected to neighborhood organizations who provide support that can lead to violence-free self-sufficiency upon release from jail. Five Keys helps to facilitate reentry planning as well as coordinated releases to out-of-custody case management. RTP/OW partner agencies include:

- *Institute Familiar de la Raza*
- *CARECEN*
- *CHALK/BACR*
- *Mission Neighborhood Centers*
- *HOMEY*
- *Horizons, Inc.*
- *Mission Neighborhood Health Center*
- *Five Keys Charter High School*



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### 6) Trauma Therapy

*All Jails*

*Ages: 18-25*

In July of 2015, the justice partners of San Francisco decided to repurpose its Board of State and Community Corrections Justice Assistance Grant (JAG) to focus on incarcerated transitional age youth population, which led to the implementation of the Young Adult Court. The San Francisco Sheriff's Department's JAG allotment was targeted for .85 full time equivalent transitional aged youth therapist to conduct trauma screenings and provide ongoing individual therapy and linkage services when clinically indicated.

### 7) Young Women's Freedom Center Girls Detention Advocacy Project

*County Jail #2*

*Ages: 18-24*

The Girls Detention Advocacy Project provides curriculum-based sessions in juvenile hall for young women ages 13 to 18 and in San Francisco county jail for women ages 18 to 24. The curriculum is designed to enhance critical thinking, coping mechanisms and life skills to help young women in successful re-entry. One hour sessions are held in the jail and juvenile hall each week. Additional services include 1-1 meetings and court accompaniment. Once released, re-entry services include Sisters Circle support groups, case management services, internship opportunities through the Sisters Rising Program, training opportunities, referrals and support.