



**SCHEDULE OF SERVICES: April 2018**

**COMMUNITY ASSESSMENT & SERVICES CENTER**

**564 Sixth Street, San Francisco, CA 94103 (415) 489-7300**

MONDAY			TUESDAY			WEDNESDAY			THURSDAY			FRIDAY		
<b>2</b>	<b>9am - 5pm</b>	OTTP Intakes CASC Rm 116	<b>3</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>4</b>	<b>9am-4:30pm</b>	HSA Benefits CASC Rm 116	<b>5</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>6</b>	<b>9am - 11:30am</b>	HSA Benefits CASC Rm 116
	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116		<b>9:30am-10am</b>	Morning Check-in CASC Social Space		<b>9am-930am</b>	Morning Check-in CASC Social Space		<b>9:30am - 10am</b>	Morning Check-in CASC Social Space		<b>9:30am - 10am</b>	Morning Check-in CASC Social Space
	<b>9:30am - 10am</b>	Morning Check-in CASC Social Space		<b>9:30am - 12:30pm</b>	AW JRT CASC Rm 111		<b>9:30am-12:30pm</b>	AW JRT CASC Rm 111		<b>9:30am - 12:30pm</b>	AW JRT CASC Rm 111		<b>9:30am - 12:30pm</b>	AW JRT CASC Rm. 111
	<b>9:30am - 12:30pm</b>	AW JRT CASC Rm 111		<b>9am-1pm</b>	AW Drop In CASC Rm 110		<b>10:30am-12pm</b>	STOP* CASC Rm 112		<b>9am-1pm</b>	AW Drop In CASC Rm 110		<b>10:30am-12pm</b>	STOP* CASC Rm 225
	<b>10:30am-12pm</b>	STOP* CASC Rm 225		<b>10:30am-12pm</b>	STOP* CASC Rm. 225		<b>12pm-1pm</b>	Harm Reduction Grp CASC Rm 112		<b>10:30am-12pm</b>	STOP* CASC Rm 225		<b>10:30am-12pm</b>	STOP* CASC Rm 225
	<b>11am - 12pm</b>	Anger Management* CASC Rm. 226		<b>11am-12pm</b>	Women's Group CASC Rm 112		<b>1pm-2pm</b>	MH Process Grp CASC Rm 225		<b>11am - 1pm</b>	Raw Talk CASC Rm 112		<b>11am - 12pm</b>	Healthy Relationships CASC Rm 112
	<b>11am - 1pm</b>	Raw Talk CASC Rm. 112		<b>12pm-1pm</b>	T4C* CASC Rm 225		<b>1pm-3pm</b>	Manalive CASC Rm 112		<b>12pm-1pm</b>	T4C* CASC Rm 225		<b>12pm -1pm</b>	Art Club CASC Rm 225
	<b>1pm-2pm</b>	Drama Therapy CASC Rm 226		<b>12 pm-1 pm</b>	Yoga CASC Rm 227		<b>2pm-3pm</b>	TAY Group CASC Rm 225		<b>1pm-3pm</b>	SEEDS CASC Rm 111		<b>1pm-2pm</b>	Stress Reduction CASC Rm 226
				<b>1pm-5pm</b>	AW Drop In CASC Rm 110		<b>3pm- 4:00 pm</b>	Anger Management* CASC Rm 225		<b>1pm-2:30pm</b>	Seeking Safety CASC Rm 225			
				<b>1pm-2pm</b>	Client Planning CASC Rm 112					<b>1pm-5pm</b>	AW Drop In CASC Rm 110			
				<b>1pm-3pm</b>	Father's Matters CASC Rm 225					<b>2:30-4:00pm</b>	Changing Your Mind* CASC Rm112			
				<b>2:30pm-4pm</b>	Changing Your Mind* CASC Rm 112									
<b>9</b>	<b>9am - 5pm</b>	OTTP Intakes CASC Rm 116	<b>10</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>11</b>	<b>9am-4:30pm</b>	HSA Benefits CASC Rm 116	<b>12</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>13</b>	<b>9am - 11:30am</b>	HSA Benefits CASC Rm 116
	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116		<b>9:30am-10am</b>	Morning Check-in CASC Social Space		<b>9am-930am</b>	Morning Check-in CASC Social Space		<b>9:30am - 10am</b>	Morning Check-in CASC Social Space		<b>9:30am - 10am</b>	Morning Check-in CASC Social Space
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	<b>9:30am - 12:30pm</b>	AW JRT CASC Rm 111		<b>9am-1pm</b>	AW Drop In CASC Rm 110		<b>10:30am-12pm</b>	STOP* CASC Rm 112		<b>9am-1pm</b>	AW Drop In CASC Rm 110		<b>10:30am-12pm</b>	STOP* CASC Rm 225
	<b>10:30am-12pm</b>	STOP* CASC Rm 225		<b>10:30am-12pm</b>	STOP* CASC Rm. 225		<b>12pm-1pm</b>	Harm Reduction Grp CASC Rm 112		<b>10:30am-12pm</b>	STOP* CASC Rm 225		<b>10:30am-12pm</b>	STOP* CASC Rm 225
	<b>11am - 12pm</b>	Anger Management* CASC Rm. 226		<b>11am-12pm</b>	Women's Group CASC Rm 226		<b>1pm-2pm</b>	MH Process Grp CASC Rm 225		<b>11am - 1pm</b>	Raw Talk CASC Rm 112		<b>11am - 12pm</b>	Healthy Relationships CASC Rm 112
	<b>11am - 1pm</b>	Raw Talk CASC Rm. 112		<b>12pm-1pm</b>	T4C* CASC Rm 225		<b>1pm-3pm</b>	Manalive CASC Rm 112		<b>12pm-1pm</b>	T4C* CASC Rm 225		<b>12pm -1pm</b>	Art Club CASC Rm 225
	<b>1pm-2pm</b>	Drama Therapy CASC Rm 226		<b>12 pm-1 pm</b>	Yoga CASC Rm 227		<b>2pm-3pm</b>	TAY Group CASC Rm 225		<b>1pm-3pm</b>	SEEDS CASC Rm 111		<b>1pm-2pm</b>	Stress Reduction CASC Rm 226
				<b>1pm-5pm</b>	AW Drop In CASC Rm 110		<b>3pm- 4:00 pm</b>	Anger Management* CASC Rm 225		<b>1pm-2:30pm</b>	Seeking Safety CASC Rm 225			
				<b>1pm-2pm</b>	Client Planning CASC Rm 112					<b>1pm-5pm</b>	AW Drop In CASC Rm 110			
				<b>1pm-3pm</b>	Father's Matters CASC Rm 226/227					<b>2:30-4:00pm</b>	Changing Your Mind* CASC Rm112			
				<b>2:30pm-4pm</b>	Changing Your Mind* CASC Rm 112									
<b>16</b>	<b>9am - 5pm</b>	OTTP Intakes CASC Rm 116	<b>17</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>18</b>	<b>9am-4:30pm</b>	HSA Benefits CASC Rm 116	<b>19</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>20</b>	<b>9am - 11:30am</b>	HSA Benefits CASC Rm 116
	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116		<b>9:30am-10am</b>	Morning Check-in CASC Social Space		<b>9am-930am</b>	Morning Check-in CASC Social Space		<b>9:30am - 10am</b>	Morning Check-in CASC Social Space		<b>9:30am - 10am</b>	Morning Check-in CASC Social Space
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				<b>2:30pm-4pm</b>	Changing Your Mind* CASC Rm 112								<b>2pm- 3pm</b>	Sister's Circle CASC Rm 227
<b>23</b>	<b>9am - 5pm</b>	OTTP Intakes CASC Rm 116	<b>24</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>25</b>	<b>9am-4:30pm</b>	HSA Benefits CASC Rm 116	<b>26</b>	<b>9am - 4:30pm</b>	HSA Benefits CASC Rm 116	<b>27</b>	<b>9am - 11:30am</b>	HSA Benefits CASC Rm 116
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				<b>2:30pm-4pm</b>	Changing Your Mind* CASC Rm 112								<b>2pm- 3pm</b>	Sister's Circle CASC Rm 227

**\*Please note the following classes are CLOSED to non-probation clients: Anger Management\*, STOP\*, Thinking For a Change (T4C\*), Changing Your Mind\***

Updated: 03-APR-2018

<p>30</p> <p>9am - 5pm OTTP Intakes</p> <p>9am – 4:30pm HSA Benefits</p> <p>9:30am – 10am Morning Check-in</p> <p>9:30am – 12:30pm AW JRT</p> <p>10:30am-12pm STOP*</p> <p>11am – 12pm Anger Management*</p> <p>11am – 1pm Raw Talk</p> <p>1pm-2pm Drama Therapy</p>				
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# COMMUNITY ASSESSMENT AND SERVICES CENTER

## Table of Services: April 2018

SERVICE	DESCRIPTION	SCHEDULE
<b>America Works</b>	Employment readiness classes, job search assistance, referrals, direct placement, and follow-up support.	<b>Monday–Friday: 9am–5pm</b> Contact: James Hutchinson (America Works)
<b>Anger Management</b>	Treatment model with a cognitive behavioral therapy approach that employs cognitive, communication, and relaxation skills.	<b>Monday: 11am-12pm</b> <b>Wednesday: 3 pm- 4pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b>Art Club</b>	Art Club is a therapeutic form of expressive therapy that uses the creative process of making art to improve a person’s physical, mental, and emotional well-being.	<b>Friday: 12pm-1pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b>Batterer Intervention Program (BIP)</b>	Focuses on accountability and assists men confront attitudes about control and violence. Teaches other strategies for dealing with partners.	<b>Thursday: 5:30pm-7:30pm</b> Contact: Ramona Massey (SFAPD)
<b>Benefits Assessments</b>	An HSA staff member will assess eligibility and help clients enroll in CAAP, CalFresh, and Medi-Cal.	<b>Monday-Thursday: 9am- 4:30pm</b> <b>Friday: 9am-12pm</b> Drop-in and by appointment. Contact: Sheree Miller (HSA)
<b>Changing Your Mind</b>	Changing Your Mind is a cognitive behavioral therapy group for clients with mental health disorders. Clients learn how to work with their thoughts, feelings, and behaviors in ways that can help them change their lives.	<b>Tuesdays and Thursday: 2:30-4pm</b> This is a cohort based class please contact Alex Weil for information. Contact: Alex Weil (Citywide)
<b>Client Planning Committee</b>	Clients will take part in a planning committee, which will help oversee the roll out of services, groups, celebrations, and other milieu activities at the new CASC.	<b>Tuesday: 1pm-2pm</b> Drop-in. All clients are encouraged to attend Contact: Alex Weil (Citywide)
<b>Department of Child Support Services</b> [DCSS]	Services pertaining to court-ordered child support.	<b>Wednesday: 9am -11am</b> Drop-in
<b>Drama Therapy</b>	Drama therapy is a creative process used to achieve therapeutic goals. This approach can provide the context for participants to tell their stories, set goals and solve problems, express feelings, or achieve catharsis.	<b>Monday: 1pm-2pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)

<b>Fathers Matter</b>	Provides support, information, and motivation in life skills, parenthood, relationships, and health.	<b>Tuesday: 1pm-3pm</b> Contact: Victor Williams (SFAPD)
<b>Five Keys Charter School</b>	Classes provided to obtain a GED or high school diploma, as well as in literacy, math, and art. Course available to acquire a Food Handler card required for employment in food services.	<b>Monday – Friday: 9am-4pm</b> Contact: Anthony Pereira
<b>Healthy Relationships</b>	Healthy Relationships group focuses on the importance of effective communication, the characteristics of unhealthy relationships, and factors that influence everything in between.	<b>Friday: 11am-12pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b>Housing Resource Workshop</b> Tenderloin Housing Clinic	Monthly workshop supplies information on housing resources.	<b>Last Tuesday of every month 12pm- 1:30pm</b> Located at the Drake Hotel Contact: Alisea Wesley-Clark (THC)
<b>Harm Reduction Group</b>	Clients will be given the opportunity to compassionately explore stages of behavior change as it relates to high risk behaviors and addiction.	<b>Wednesday: 12pm-1pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b>Manalive</b> Community Works West	Three-stage domestic violence curriculum designed to explore roots of violence and provide tools necessary to stop the cycle.	<b>Wednesday: 1pm-3pm [SF Probation Clients Only]</b>
<b>Mental Health Process Group</b>	Semi-Structured process group where clients experiencing symptoms of mental illness can speak about their issues in a safe, strengths/recovery focused environment, and get feedback from both clinical staff and peers.	<b>Wednesday: 1pm -2pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b>Stress Reduction</b>	The Stress Reduction group helps clients gain focus in their lives through a variety of techniques including meditation and guided imagery.	<b>Friday: 1pm -2pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b>Raw Talk</b>	Series of programs that address overcoming barriers that clients face during post-release transition back into society.	<b>Monday &amp; Thursday: 11am-1pm</b> Drop-in group. No referral necessary Contact: Eli Crawford/Sharmaine (Raw Talk)
<b>Seeds</b>	A post-release employment workshop hosted by Federal Probation	<b>Thursday 1pm-3pm</b> Contact: Michael McFarland (Federal Probation)
<b>Seeking Safety</b>	Seeking Safety is a present-focused therapy that helps clients attain safety from trauma (including PTSD) and substance abuse by emphasizing coping skills, grounding techniques, and education.	<b>Thursday: 1pm-2:30 pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)

<b><i>Sister's Circle</i></b>	The program is designed to educate and empower women to move to the next level of Recovery. To overcome the barriers of Homelessness, Domestic Violence, Substance Abuse and chronic illnesses.	<b>Fridays: 2pm- 3pm</b> Contact: Alex Weil (Citywide)
<b>STOP</b>	STOP ( <b>S</b> ubstance <b>T</b> reatment <b>O</b> utpatient <b>P</b> rogram) is designed for clients with severe and persisting mental illness. Targeted, structured daily groups as well as 1:1 support available.	<b>Monday-Friday 10:30am-12pm</b> Contact: Alex Weil (Citywide)
<b>TAY Group</b>	A support group for transitional age youth which helps them achieve the tools to succeed in adult hood—life skills, coping tools, healthy communication, and managing emotions.	<b>Wednesday 2pm-3pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b><i>Thinking for a Change (T4C)</i></b>	Cognitive behavioral change model to increase awareness that thinking controls behavior. Learning skills to replace past risk thinking with new, pro- social thinking to eliminate or minimize negative consequences.	<b>Tuesday &amp; Thursday: 12pm-1pm</b> Contact: Deborah Turner (SEOP)
<b><i>Women's Support Group</i></b>	A weekly support group for women where common life experiences and challenges are addressed in a safe, gender responsive, environment.	<b>Tuesday 11am-12pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)
<b>12 Step Recovery Yoga</b>	Combines the wisdom of yoga with practical tools of 12 step recovery programs.	<b>Tuesday 12pm-1pm</b> Clients can be referred at any time—this is not a cohort based class. Contact: Alex Weil (Citywide)