

DISTRICT 10

DEMOGRAPHIC INFORMATION

Population (Estimates)	
Total	72,560
Households	22,910
Average household size	3.1 persons
% family households	65%
% households with children	36%
% households with single person	25%
Seniors	
60+	11,359
65+	7,764
% living alone	24%
Children (0-17)	16,327 (highest)

Income and Poverty (Estimates)	
Median Income by Household	\$55,487 (9th highest)
Per Capita Income	\$28,093 (2nd lowest)
All residents below 200% of poverty level*	39% (3rd highest)
Residents below 100% of poverty level**	17% (3rd highest)
Homeless	
Total sheltered and unsheltered	1,934 (2nd highest)
Total unsheltered	1,278 (2nd highest)
Seniors (65+) below 200% of poverty level ⁹	35%

Employment	
Employed residents	34,000
Unemployment rate	11%

Housing (Estimates)	
# of Housing Units	24,950
Units lacking complete kitchens***	794 (6th highest)

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*Given the high cost of living in San Francisco, individuals and families whose income is below 200% of the Federal Poverty Guidelines are at risk for food insecurity. For a family of four in 2013, their income would be no more than \$47,100.

**In 2013 at 100% of the Federal Poverty Guidelines, income for a family of four would not exceed \$23,550.

***A "complete kitchen" must contain a sink with a faucet; a stove or range; and a refrigerator.

DISTRICT 10**PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

Food Resources	
CalFresh	
All individuals receiving	12,173 (20% of all cases Citywide), highest
Seniors (60+)	716
Children (0-17)	5,930 (highest, more than 2nd & 3rd highest combined)
Women, Infants and Children (WIC) All individuals receiving	3,667 (highest)

*Non-disabled seniors are eligible for CalFresh. However, at 65, low-income seniors – those who do not have earnings-based Social Security to draw from - receive SSI instead. In California (only), SSI recipients are ineligible for CalFresh. This policy explains in part the low numbers for CalFresh participation by seniors.

Food Access	
School Meals (daily)*	(Total enrollment: 5,033 in 14 schools)
# eligible for free or reduced priced meals	3,765 (75% of enrolled)
# eating school lunch	2,544 (50% of enrolled), 2nd highest number
# eating school breakfast	851 (17% of enrolled), highest number
Summer Lunch for Children	
# of sites (SFUSD/DCYF)	8/25
# of children/day (average SFUSD/DCYF)	348/1,023
# days open (average SFUSD/DCYF)	17/42 days
On-site Lunch (City funded) # meals/day; 5 days/week	
For Seniors	215 (6th highest)
For Young Disabled Adults (18-59)	5 (5th highest)
Home-delivered Meals (City funded) # meals/day; 6 days/week	
For Seniors	452 (2nd highest)
For Young Disabled Adults (18-59)	15 (4th highest)
Food Pantries	
Weekly food pantries	38
Residents served	22,702 (31% of residents), highest
Free Dining Rooms	3

*Note that children may not reside in the same District where they attend school.

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DISTRICT 10**PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

Shelter Meals funded by HSA (approximately 2 meals per day; 7 days/week)	107
Retail	
Supermarkets (total number)	6
- Number that accept CalFresh EBT	5 (83%)
- Number that accept WIC	3 (50%)
Grocery Stores (total number)	9
- Number that accept CalFresh EBT	5 (56%)
- Number that accept WIC	2 (22%)

Key Challenges and Recommendations**FOOD RESOURCES****Challenges key to this District**

District 10 residents have the third lowest median household income in the City - about \$55,480 compared to the City's median household income of \$71,416. About 39% of District 10 residents (around 28,000 people) have incomes below 200% of poverty, and are at risk of food insecurity.

In District 10, around 12,300 residents live below 100% of the poverty level, while 12,173 individuals access CalFresh. Almost one-half of the CalFresh beneficiaries in this District are children, representing one of three children living in the District - the highest percentage of children on CalFresh in the City. However, only 56% of the grocery stores in the District accept CalFresh, although 83% of supermarkets do.

The District has the largest number of WIC recipients in the City. Only three of the District's supermarkets and two grocery stores accept WIC benefits.

Recommendations key to this District

- Increase enrollment in CalFresh especially for families with children, families receiving WIC benefits, working adults and households with mixed immigration status.
- Support increase of SSI food supplement ("cashout") at state level.
- Develop a local food assistance supplement for food insecure San Franciscans beginning with SSI-recipients (like "Healthy SF" for health access).

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FOOD ACCESS

Challenges key to this District

Nearly 40% of District 10 residents live below 200% of poverty and are at-risk of food insecurity. About thirty percent of District 10 residents are benefiting from additional nutritious food on a regular basis distributed at 38 food pantries.

Many of District 10's residents have little access to affordable, fresh, healthy food or a full service supermarket.^{28,47}

Nearly 75% of the 5,013 K-12 students attending schools in District 10 are qualified for free or reduced meals (3,765 students). An average of 2,544 students in District 10 schools eat lunch and 851 eat breakfast each day, leaving an opportunity to serve more students healthy school meals. Children's food security suffers when school is out for the summer. In District 10, 1,371 children eat at summer lunch programs. There are approximately 55 weekdays during summer break; summer lunches are available on average in this District between 17 days (SFUSD) and 42 days (DCYF) of the summer break.

Seniors in District 10 living on a fixed income of up to \$1,862 per month (200% of the poverty level) are at high nutritional risk with only 20% accessing senior center lunch programs or receiving home-delivered meals. These seniors require 8,147 meals a day, and 6,255 are provided by City and nonprofit agencies, including CalFresh, leaving up to 1,892 daily to be funded for this most vulnerable population (the fewest needed in any District).⁹

Free dining rooms serve about 750 meals per day on average; shelters provide an additional 107 meals per day to shelter residents.

Adults (18-59) with disabilities are served through an average of five on-site congregate meals per day, and 15 home-delivered meals daily.

There are five restaurants that accept CalFresh benefits in the District 10, three of which are locally owned restaurants. However, there is a large number of residents qualified to participate in the Restaurant Meals program, leaving an opportunity for more restaurants to participate.³¹

District 10 has the highest number of community gardens at 29.⁴²

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FOOD ACCESS**Recommendations key to this District:**

- Increase the number of food retail stores selling healthy, affordable food.
- Increase outreach to ensure 90% of supermarkets, grocery stores and other affordable food outlets accept EBT cards, and 90% of supermarkets accept WIC benefits.
- Increase number and variety of CalFresh Restaurant Meal Program vendors, including local restaurants that bring cultural, nutritional and geographical choices to beneficiaries.
- Develop ways to meet high demand for neighborhood food programs that are the most respectful and least disruptive for the clients and neighborhoods in which they live.
- Increase funding for successful programs (home delivered meals, home delivered groceries, shelter meals, free dining rooms).
- Fund a mandate that all seniors and adults with disabilities on the citywide waitlist for home-delivered meals are served within 30 days.
- Incorporate affordability into the analysis of the “accessibility” of food at retail establishments.
- Explore options to continue to increase participation in school breakfast and lunch programs.
- Develop a plan to expand summer lunch and afterschool meal programs.

**FOOD CONSUMPTION****Challenges key to this District**

- Just over 96% of the housing units in District 10 have complete kitchens supporting residents’ abilities to cook more nutritious, culturally acceptable foods for themselves and their families. However, for the 794 households living in units without complete kitchens, their ability to prepare nutritious food is compromised.

Recommendations key to this District

- Increase culturally appropriate nutrition and cooking education.
- Create and maintain a centralized city resource website for healthy food access and preparation in San Francisco. Include special recommendations for those without complete kitchens and locations of grocery stores, healthy corner stores, and information on EBT and WIC acceptance.
- Support educational efforts around healthy food choices, healthy food preparation, nutrition, and how to find/access affordable healthy food outlets.
- Improve food recovery for use in food programs, and reduce food waste.

DISTRICT 10**Needs of Vulnerable Subpopulations in this District**

- **Seniors and Adults with Disabilities:** 35% of seniors live below 200% of poverty level - the 5th highest in the City, and 24% of seniors live alone. Seniors in this District may benefit from additional meal programs.
- **Children and Families:** 36% of the households in this District have children - the second highest in the City, and twice the citywide average of 18%. District 10 has the largest number of children receiving CalFresh benefits (30% of the children receiving CalFresh citywide).
- **People Who are Homeless:** District 10 has the 2nd highest number of unsheltered residents. Almost 30% of our City's unsheltered residents live in the District (1,278 without shelter). The District with the highest, District 6, has 1,364 unsheltered residents with access to seven free dining rooms providing 5,387 daily meals compared to District 10, with only three free dining rooms providing 763 daily meals. Additional free dining rooms would benefit residents of District 10 who do not have homes.