

## DISTRICT 4

### DEMOGRAPHIC INFORMATION

| <b>Population (Estimates)</b>   |                      |
|---------------------------------|----------------------|
| Total                           | 72,490               |
| Households                      | 25,970               |
| Average household size          | 2.8 persons          |
| % family households             | 64% (3rd highest)    |
| % households with children      | 27% (4th highest)    |
| % households with single person | 22% (2nd lowest)     |
| <b>Seniors</b>                  |                      |
| 60+                             | 16,246               |
| 65+                             | 11,529               |
| % living alone                  | 26%                  |
| Children (0-17)                 | 10,942 (3rd highest) |

| <b>Income and Poverty (Estimates)</b>                  |                        |
|--|------------------------|
| Median Income by Household                             | \$77,376 (4th highest) |
| Per Capita Income                                      | \$33,810 (7th highest) |
| All residents below 200% of poverty level*             | 21.3% (8th highest)    |
| Residents below 100% of poverty level**                | 7% (2nd lowest)        |
| <b>Homeless</b>  |                        |
| Total sheltered and unsheltered                        | 136                    |
| Total unsheltered                                      | 136                    |
| Seniors (65+) below 200% of poverty level <sup>9</sup> | 27.4% (9th highest)    |

| <b>Employment</b>  |        |
|--------------------|--------|
| Employed residents | 37,360 |
| Unemployment rate  | 8%     |

| <b>Housing (Estimates)</b>         |                   |
|------------------------------------|-------------------|
| # of Housing Units                 | 27,470            |
| Units lacking complete kitchens*** | 396 (9th highest) |

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\*Given the high cost of living in San Francisco, individuals and families whose income is below 200% of the Federal Poverty Guidelines are at risk for food insecurity. For a family of four in 2013, their income would be no more than \$47,100.

\*\*In 2013 at 100% of the Federal Poverty Guidelines, income for a family of four would not exceed \$23,550.

\*\*\*A "complete kitchen" must contain a sink with a faucet; a stove or range; and a refrigerator.

**DISTRICT 4****PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

| <b>Food Resources</b>              |                                  |
|------------------------------------|----------------------------------|
| CalFresh                           |                                  |
| All individuals receiving          | 2,350 (4% of all cases Citywide) |
| Seniors (60+)                      | 414                              |
| Children (0-17)                    | 831                              |
| Women, Infants, and Children (WIC) | 565 (fewest in the City)         |
| All individuals receiving          |                                  |

\*Non-disabled seniors are eligible for CalFresh. However, at 65, low-income seniors – those who do not have earnings-based Social Security to draw from - receive SSI instead. In California (only), SSI recipients are ineligible for CalFresh. This policy explains in part the low numbers for CalFresh participation by seniors.

| <b>Food Access</b>                          |  |
|---|--|
| School Meals (daily)*                       | (Total enrollment: 7,114 in 10 schools)              |
| # eligible for free or reduced priced meals | 3,576 (50.3% of enrolled, 9th highest)               |
| # eating school lunch                       | 2,072 (29% of enrolled)                              |
| # eating school breakfast                   | 434 (6% of enrolled)                                 |
| Summer Lunch for Children                   |  |
| # of sites (SFUSD/DCYF)                     | 1/4  |
| # of children/day (SFUSD/DCYF average)      | 183/422  |
| # days open (average SFUSD/DCYF)            | 22/29 days   |
| On-site Lunch (City funded)                 |  |
| # of meals/day; 5 days/week                 |  |
| For Seniors                                 | 223 (4th highest)                                    |
| For Young Disabled Adults (18-59)           | 0 (tied for last in the City with 4 other Districts) |
| Home-delivered Meals (City funded)          |  |
| # of meals/day; 6 days/week                 |  |
| For Seniors                                 | 247 (7th highest)                                    |
| For Young Disabled Adults (18-59)           | 6.5 (7th highest)                                    |
| Food Pantries                               |  |
| Weekly food pantries                        | 4  |
| Residents served                            | 3,918 (5.4% of residents)                            |
| Free Dining Rooms                           | 1  |
| Average number of free meals per day        | Data not available                                   |

\*Note that children may not reside in the same District where they attend school.

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**DISTRICT 4****PROGRAMS AND SERVICE COVERAGE (continued from previous page)**

|   |          |
|---|----------|
| Shelter Meals funded by HSA<br>(approximately 2 meals/day; 7 days/week) | 0        |
| Retail  |          |
| Supermarkets (total number)   | 5        |
| - Number that accept CalFresh EBT                                       | 5 (100%) |
| - Number that accept WIC  | 1 (20%)  |
| Grocery Stores (total number)   | 5        |
| - Number that accept CalFresh EBT                                       | 2 (40%)  |
| - Number that accept WIC  | 0        |

**Key Challenges and Recommendations****FOOD RESOURCES****Challenges key to this District**

The median household income in District 4 is the fourth highest in the City (\$77,376) as compared to the City median household income of \$71,416. More than one in five District residents (around 15,400 people) live at risk of food insecurity based on income below 200% of the poverty level.

Seven percent (5,073 residents) live below 100% of the poverty level. While it is not possible to ascertain precisely how many District 4 residents are eligible for the program, at least 4,085 appear qualified based on income and age, not accounting for other disqualifiers.<sup>v</sup> However, there are only 2,350 people receiving CalFresh benefits in the District.

**Recommendations key to this District**

- Increase enrollment in CalFresh.
- Develop a local food assistance supplement for food insecure San Franciscans beginning with SSI-recipients (like “Healthy SF” for health access).

<sup>v</sup>Not accounting for other disqualifiers such as receipt of SSI benefits by people under 65 years of age, minimally 5,073 residents are qualified based on incomes below 100% of the poverty level (this sum does not include those residents whose income is between 100% and 130% of the poverty level, also qualified by income for CalFresh). From this number are subtracted the 988 seniors, aged 65 or over (low-income seniors without Social Security to draw from, receive SSI, rendering them ineligible for CalFresh benefits).

## DISTRICT 4



## FOOD ACCESS

**Challenges key to this District**

Many families in the District are challenged to meet their nutritional needs. While 21.3% of District 4 residents live below 200% of poverty and are at risk for food insecurity, food pantries in the District serve only 5.4% of the population. District 4 has the third highest number of children (10,942), and the fourth highest percentage of households with children (27%).

One-half of the over 7,000 K-12 students attending schools in District 4 are qualified for free or reduced meals (3,576 students). About 2,000 students eat lunch but only 430 eat breakfast. Children's food security suffers when school is out for the summer. In District 4, 605 children eat at summer lunch programs. There are approximately 55 weekdays during summer break; summer lunches are available in this District on average between 22 days (SFUSD) and 29 days (DCYF) of the summer break.

The seniors living below 200% of poverty who are at risk of food insecurity in District 4 require 9,463 meals a day, but only 2,167 are provided by City and nonprofit agencies, including CalFresh, leaving up to 7,296 daily to be funded for this most vulnerable population.<sup>9</sup> Meal programs serve approximately 220 meals each day to seniors, while approximately 250 seniors receive home delivered meals.

Food services for individuals who are homeless consist of one free dining room, and no shelter meals.

Meal programs for adults (18-59) with disabilities serve 21 meals a day on average, while home delivered meals serve six.

There are three national chain restaurants in District 4 (2 in the Sunset and 1 in the Parkside district) that accept CalFresh EBT, while 371 residents of these neighborhoods are qualified to participate in restaurant meals.<sup>31</sup>

There are three community gardens in District 4.<sup>42</sup>

**Recommendations key to this District**

- Increase number and variety of CalFresh Restaurant Meal Program vendors accepting EBT, including local restaurants that bring cultural, nutritional and geographical choices to beneficiaries.
- Increase funding for successful programs (home delivered meals, home delivered groceries, shelter meals, free dining rooms).
- Fund a mandate that all seniors and adults with disabilities on the citywide waitlist for home-delivered meals are served within 30 days.
- Explore options to continue to increase participation in school breakfast and lunch programs.
- Develop a plan to expand summer lunch and afterschool meal programs.

## DISTRICT 4



## FOOD CONSUMPTION

**Challenges key to this District**

- Although only 396 (2%) housing units counted through the Census do not have complete kitchens, this figure may underrepresent additional secondary units.

**Recommendations key to this District**

- Increase culturally appropriate nutrition and cooking education.
- Create and maintain a centralized city resource website for healthy food access and preparation in San Francisco. Include locations of grocery stores, healthy corner stores, and information on EBT and WIC acceptance.
- Support educational efforts around healthy food choices, healthy food preparation, nutrition, and how to find/access affordable healthy food outlets.

**Needs of Vulnerable Subpopulations in this District**

- **Children and Families:** District 4 has the fourth highest percentage of households with children (27%), and third highest number of children (10,942). Children in this district would benefit from additional meal programs like summer lunch and after school meals.
- **People Who are Homeless:** District 4 has a low percentage of the City's homeless population, but 100% of those homeless are unsheltered, meaning that 136 residents have no access to shelter meals, or to cooking facilities. District 4 has one free dining room.
- **Seniors and Adults with Disabilities:** District 4 has the highest number of seniors (65+). These seniors may benefit from additional meal programs.